

Blog 2

Objective:

To demonstrate the ability to search and understand the literature around a topic of interest to you, analyze it within a public health framework, and identify an empirical study testing a solution to the problem.

Instructions:

1. Topic Selection and Research

- Choose a public health topic you are curious about.
- Conduct outside reading to thoroughly understand the topic.
- Ensure your sources are reliable (avoid Wikipedia). Refer to the provided list of reliable sources.

2. Problem Definition:

- Define the public health problem and describe its scope using epidemiological data from a reliable source.

3. Impact on Specific Group:

- Identify a group that is severely impacted by this problem. For example, obesity affects children differently than adults, and has distinct determinants in low-income neighborhoods or among Native Americans.
- Note the health impacts of the conditions

4. Application of Public Health Framework:

- Describe a public health framework discussed in class (e.g., social ecological framework, social cognitive theory, health behavior model, etc).
- Use this framework to analyze the social factors contributing to the problem.
- You **MUST** use a different framework (Cannot use the same framework you described in the first blog)

5. Solution

- Cite one (1 – UNO) empirically tested solution to the problem.

6. Personal Perspective:

- Provide your perspective and thoughts about the solution.

7. Peer Interaction:

- Read and comment on at least one other student's post.
- Ensure your comments are respectful, thoughtful, non-intimidating, and evidence-based, following the same ground rules as in-class discussions.

Word Limit and Penalties:

- **The essay must not exceed 500 words.** Points will be deducted for exceeding the word limit.

- Late submissions will incur a penalty of .3 points per day.

Citations:

- Use AMA style for citations (refer to [AMA citation guide] (<http://guides.lib.uw.edu/c.php?g=99161&p=642357>) (<http://guides.lib.uw.edu/c.php?g=99161&p=642357>))

- Two to three citations are recommended for an essay of this length.

By following these instructions, you will create a well-structured, insightful essay that demonstrates your understanding of public health concepts and frameworks.

*If you have any questions at all please reach out to your TA's (preferably your assigned TA), we are here to help you to the best of our ability

GRADING RUBRIC

CRITERIA	# Points	# Given	NOTES
Identified a public health problem of interest and list the health consequences of the condition	2		
Provided epidemiological evidence on the scope of the problem Identify a vulnerable group on which to focus	2		
Cite information from credible sources	2		

<p>Discussed the problem in terms of a public health framework.</p> <p>Identify a relevant model and define how it works. Use the framework to discuss the different factors that contribute to the problem.</p>	3		
<p>Identify and summarize a study in the empirical literature that tested a solution.</p>	3		
<p>Provided your thoughts on the solution</p>	.5		
<p>Clear writing and logical presentation of facts/thoughts; stuck to word limit</p> <p>Use AMA citation style correctly</p>	2		
<p>Responded to 1 classmate's post saying how it expanded your thinking of the topic or model</p>	.5		
<p>Total Points/Grade (Out of 15)</p>	15		