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WELCOME, CLASS OF 2023



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Front page photo taken by
Photo Editor Daniel Cajé.

CORRECTION

An article in Commencement Issue titled “Inside Rochester’s Police Accountability Struggle” (News, Page 3) was ammended to remove comments regarding and names of individuals not contacted for comment.

Campus Times

SERVING THE UNIVERSITY OF ROCHESTER COMMUNITY SINCE 1873

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Mangelsdorf Talks
Background and Plans

By SHWETA KOUL
PUBLISHER

For President Sarah Mangelsdorf, college life started before she enrolled. Her childhood home was close to Swarthmore College, where her father was a professor.

Mangelsdorf took swim and dance lessons on the campus, and watched movies there. As a high schooler, she got a job in the college dining hall, serving “overcooked peas” from behind a steam table.

Now, Mangelsdorf said, she thinks of these experiences as subtle messaging for her career in university administration, and especially her latest role as UR’s first female president. And since she assumed the post on July 1, she said, she has been learning about UR.

“What I’ve been trying to do and will continue to do throughout this year is to meet with different groups of people — any groups that will meet with me — to tell me [...] what do they love about Rochester, what do they think makes it a great University to be a student, to be faculty, to be a staff member, and what are the things that they think we should work on,” Mangelsdorf said.

So far, she’s met students, faculty, staff, and groups on and off campus through various events as part of her “listening-and-learning tour,” which started the day she took office. Some events include a boat tour on the Erie Canal, an undergraduate research symposium, Dean Jonathan Burdick’s farewell reception, and a trip to the UR Medical Center.

The city of Rochester is another area of interest for Mangelsdorf, she said, as she plans to find ways to strengthen UR’s connection with it.

Mangelsdorf told of meeting with Mayor Lovely Warren and Rochester’s Congressman Joe Morelle. She also talked about a recent dinner with business leaders from the Rochester area and beyond where she said they discussed the economic development of the city, keeping and attracting start-up

companies here, and increasing the number of employment opportunities.

While Mangelsdorf said her various meetings with community members have given her ideas of issues she wants to tackle, she also spoke of her own plans, like expanding access and affordability.

“A high priority for me will be to raise more money for scholarships,” Mangelsdorf said. “In order to support those efforts and say, ‘We want you regardless of whether you can pay,’ we need to put resources behind that.”

Mangelsdorf cited getting more donations from alums as a source of scholarship aid.

Mangelsdorf said she wants to work on ensuring that separate schools of UR are better publicly known to be a part of UR.

“I think we have all these wonderful units, but it’s almost like they all act sort of like separate little entities,” Mangelsdorf said. “I mean I’ve met musicians who think very highly of Eastman and have no idea [that] it’s a part of [UR]. That, to me, is a problem.”

On top of improving UR’s national and international visibility, Mangelsdorf wants to focus on integrating UR’s different entities for students.

When asked about creating a culture of trust and transparency at UR, Mangelsdorf praised former president Richard Feldman for laying groundwork, and said she wants to discover the best way to communicate with students about possible policy changes and important information.

“There will be some instances where there might be something that is being discussed that for legal reasons might have to be kept confidential and it’s not for my lack of wanting to be transparent,” Mangelsdorf said. “But I will do my best to share as much information as I can with the campus community.”

Koul is a member of the Class of 2020.

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It is our policy to correct all erroneous information as quickly as possible. If you believe you have a correction, please email editor@campustimes.org.

A Bite of UR: Campus Food

By KATIE KARABETSOS
STAFF WRITER

By SING CHAN
CULTURE EDITOR

Douglass Dining Hall, or “Douggie,” is on the first floor of Douglass Commons. Arguably the main dining hall, Douggie serves three meals on weekdays, but only brunch and dinner on weekends. The hall boasts a variety of food stations, including one allergen-free and one Kosher. Beware of the lengthy lines for omelets, pasta, and the dessert station, which can be dangerous for the sweet-toothed.

With its casual vibe and central location, is an ideal meetup spot between classes or a place for a sit-down meal. The music ranges from top 40 to retro hits and EDM tracks. During peak hours it can be difficult to find a seat, but Douggie is perfect for those seeking something more sub-

stantial than a coffee shop.

Danforth, or “DFO,” (pronounced “deef-o”) is UR’s other dining hall. It’s located on the first floor of Susan B. Anthony hall, making it a convenient location for first-years who live there. Danforth does not serve breakfast, is closed on weekends, and has shorter operating times. This might work in DFO’s favor, as the limited hours can make it feel a bit more special than Douglass. While it lacks allergen-free and Kosher Danforth has a vegan station, a Halal station, and a salad bar. If you are interested in international foods, DFO will be a great choice (though don’t bet on authenticity).

Danforth has a casual atmosphere, but its red-and-white color scheme makes it a bit brighter. The music is toned-down compared to Dougie, but upbeat. DFO is less of a casual meetup spot and more of a destination where you might go to hang out with friends

during dinner. If you are in a rush, you can avoid long lines at the salad station, which is the only one with short waits during rush hours.

Grab & Go, is perfect just to grab some food and head to class. It is convenient for first-years since you can grab a bit of everything with one swipe. Open for breakfast and lunch on weekdays, its options include soups, sandwiches, flat-breads, and salads plus bottled drinks, coffee, and tea. With the option to get two swipes a day, many find that Grab & Go is perfect for picking up extra food or drinks to stash away for late night snacking. However, there is only outdoor seating, and the lines are sometimes very crowded. The seating is wonderful towards the beginning and the end of the year, but useless during the blustery winter. But with Rush Rhees and Eastman Quad right around the corner, it is a great option for eating on the run.

The Pit is right next to

Douglass on the lower level of Wilson Commons. The Pit has a variety of options and takes swipes after 8:00 p.m. Unlike a dining hall, it is not all-you-can-eat and might be suitable for students with smaller appetites. The Pit has more of a fast-food vibe, with stations serving burrito bowls, pizza, Chinese food (American style), and burgers, fries, and hot dogs.

Often considered part of The Pit is **Rocky’s Sub Shop and Lounge**, comparable to a combination of a Subway and a sports bar. They serve sub sandwiches made to order. Rocky’s also has a pool table, TVs, and board games, making it an ideal hangout spot after enjoying some Pit food. You’ll also find watch parties and trivia night here.

At Simon Business School, the elusive **California Rollin’ II** has limited hours and a declining-hungry menu, making it a rare treat for most students. Although the quality is not satisfying for its price, it’s an option if you’re craving sushi. The lines can get quite

long, but many find that the unique options are worth it. **The Medical Center dining area** is the perfect “getaway” for those needing to mix up their meals. They take declining, and while the fare is similar to The Pit, there is a greater variety of options. This is perfect for students near the Hajim Quad or anyone who wants a break from campus meals without breaking the bank in College Town.

The Eastman Living Centre dining area is across the Eastman Theatre, making it convenient for students attending concerts. The ELC is a combination of The Pit and Hillside Market, with more to-go food packaged food, and snacks. The ELC accepts declining and swipes, but you can usually get more food with swipes compared to The Pit. While the ELC may be more cost-efficient, there are fewer options and the food can be greasy.

*Karabetsos is a member of the Class of 2022.
Chan is a member of the Class of 2022.*

From the Archives: Larry Fine and the Empty Closet

By AN NGUYEN
FEATURES EDITOR

Not many end their first year of college by confronting their identity and hitchhiking cross-country.

Fewer return to start a local liberation movement. But Larry Fine did just that.

In 1968, Fine had excelled academically and musically in high school. But his first year at UR did not go well.

“It was tough, in part, because I wasn’t doing well in physics. But it was also tough because I was very lonely,” Fine admitted in a 2013 interview. Fine, though he knew he liked men, didn’t know the word “gay,” or that a gay community existed.

In a 1971 essay published by the “Empty Closet,” an LGBTQ+ newspaper Fine helped start, he wrote, “The loneliness, the frustration of being unable to share my thoughts completely with someone, was extremely painful. How I managed to endure ten years of it is beyond me.”

That all changed in the beginning of his sophomore year when he met Jay Efran, his psychology professor. Efran was conducting an experiment about counseling, and he needed test subjects. Fine volunteered.

In these counseling sessions, Fine came to terms with his loneliness and then his sexuality. The experiment ended, but Efran and Fine kept meeting.

“I finally got the courage to tell him that I thought I was a homosexual,” Fine recalled. “He had me repeat it several times to get used to saying it. And then he told me that it was okay, and that blew my mind.”

Through Efran, Fine met another gay student, a senior named Jeff.

Jeff told Fine about the gay community, San Francisco, and

the nationwide movement in its infant stages. Fine resolved to go to San Francisco, come back to UR in the fall of 1970, and start Rochester’s own gay liberation group.

“On the last day of Passover, I met, for the first time, a person who was openly gay,” Fine wrote in his essay. “As the sun set on that Jewish holiday of freedom, I set down a ten-year burden and was set free.”

Fine took out a *Campus Times* ad by dropping through the office door an envelope with fifty cents and a message: “Take heart, brothers, gay lib is coming.”

That August, he hitchhiked to San Francisco, even once sleeping by the side of a highway. He stayed for a couple of weeks, experiencing the gay liberation subculture there before heading back.

The journey took its toll and he became sick, unable to start his group. But Bob Osborn, a graduate student in astrophysics, had the same idea, and it was Osborn that organized that first meeting of the Gay Liberation Front on October 3, 1970.

Within a couple months, Osborn, Fine, and some other students set up an office in Todd Union, got SA recognition, hosted dances, began a speakers bureau where members would speak to classes and local organizations, and held regular meetings, often about topics like homosexuality and the law.

They also created the “Empty Closet,” now one of the longest running LGBTQ+ newspapers in the country.

With typewriters, a hand stapler, and a mimeograph machine, the “Empty Closet” was compiled, assembled, and distributed nearly every month. The newsletter consisted of news bulletins, literary essays, poetry, and coming-out stories.

In Fine’s words, “It wasn’t one group that just did legislative work,

and one group that did social work, et cetera. One group had to do everything. And so the organization did a little of everything. And the ‘Empty Closet’ had a little of everything in it.”

Fine never graduated from UR. He dropped out of college in April 1971 and lived all over the country. The impetus was his “realization that I was getting so much more of an education out of my [Gay Liberation Front] work than of my coursework,” Fine said. “I was taking courses in psychology and sociology, where gays were seen as being deviants and all that.”

He went to trade school, did years of work in AIDS, started his own publishing company, and tuned pianos. For roughly the past 40 years, Fine has been a piano technician, publishing “The Piano Book,” a detailed guide to pianos.

Fine’s “Empty Closet” essay “Feeling Gay” — about his personal journey from coming out to his parents to gay liberation — is part of his UR legacy.

Twenty years after “Feeling Gay” was first published, Fine reconnected with some UR students. “I thought they wouldn’t even remember me — much to my surprise I was a hero to them,” Fine said. “The article I had written and other things I had done made a profound effect on them, and it helped them come out a few years later.”

Fine did not revolutionize the gay movement; his mark on the world was that he simply lived as himself. As he wrote in “Feeling Gay”: “So, you see, we are real people, with real human feelings (even some schmaltz). Surprise!”

He added, “We are capable of loving in the deepest sense members of our own sex, and our love is beautiful.”

Nguyen is a member of the Class of 2022.

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UR Snapshots Vol. 1: The Professors

By AN NGUYEN
FEATURES EDITOR

By ABHISHEK MAKHUN
FEATURES EDITOR

For the inaugural volume of UR Snapshots, the Campus Times decided to ask a number of our faculty the following question: “What is the strangest or most memorable job you had as a teenager?”

JIM MEMMOTT: “My mother hated to see her children idle, and, for that reason, or perhaps just to get us out of the house, she always got my brother and me summer jobs. The most toxic involved poisoning trees on behalf of the New York State Conservation Department. It was the early 1960s, long before concern about the dangers of chemicals, and we were sent into state forests armed with axes and vats of a purple poison [...] Presumably, the trees would be killed and the forest would be thinned, though in hindsight, I suspect the liquid presented a danger to us, and to the woodlands. But the upside of the job was that our boss would only show up once a week. We paced ourselves, arriving late, leaving early, resting between trees, doing just enough to show progress. Beyond the poison, it wasn’t a bad gig.”

ALAN TOPOLSKI: “I worked at Knobel’s Amusement Park for three summers. I ran the rides. The first summer was in Kiddy-Land, the second one was standing in for others during their breaks from the larger rides — Roto-Jet, Jet-Sky-Fighter, Paratrooper, and the Whipper among others. The third summer was the best — the Haunted Mansion. (Jerry Tomaschik and I learned to navigate it in the total dark so as to supply added scares for the people we knew.)”

ALISON FRONTIER: “I was hired to answer the phone in a brand new company; now I don’t even remember what the business was. Some kind of contracting I think. So I had a desk by myself in a room for 8 hours a day, my boss had an office a couple rooms away, the building was otherwise empty. And the phone never rang. I read about a book a day, never spoke to anyone, and considering I was reading a lot of Stephen King at the time, I began to doubt my perception of reality. Definitely a strange experience.”

NAOMI GREGORY: “Between ages 14 and 18, I worked as a rehearsal pianist for an amateur operatic society in my home town of Manchester, UK. The society performed a production every semester, always from the great tradition of Ameri-



PHOTO COURTESY OF JIM MEMMOTT

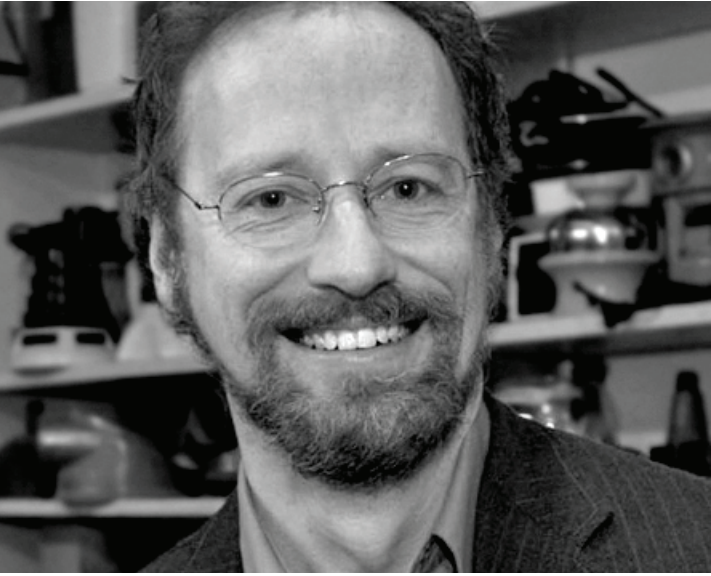


PHOTO COURTESY OF ALAN TOPOLSKI



PHOTO COURTESY OF ALISON FRONTIER



PHOTO COURTESY OF NAOMI GREGORY



PHOTO COURTESY OF NICHOLAS GRESENS

can stage and film musicals. I played for shows such as ‘Hello, Dolly!,’ ‘The Student Prince,’ and many more. We rehearsed in a sports hall, with a drinks bar. As I listened to their attempts at American accents (most not very good), little did I know that many years later, I would actually live and work as a musician in America! This job paid for a visit to Russia with my school, improved my sight-reading skills, and was great fun.”

NICHOLAS GRESENS: “Like most teenagers in the early 90s, at least in the upper midwest, I had a number of different summer jobs — I delivered papers for a short time, I washed windows, I worked as a short-order fry cook in a honest-to-god drive-in restaurant (complete with roller-skating carhops). But my all-time favorite job was working on a small dairy farm [...] Our main responsibility was ‘putting up hay,’ that is, taking the bails of hay off the trailer and stacking it in the barn. We also mucked out calf stalls, planted, cut, and hung tobacco, and trimmed grass along fence-lines. The work was hot and tiring, but never has anything been more refreshing than that first drink of water after stacking a load of hay, and only a few dinners since then have ever tasted better than a home-cooked meal after a day’s work. It’s

perhaps cliché to say that I learned the value of hard work on the farm, but I did, and gained a better appreciation for my home state and the people that work the land there.”

Nguyen is a member of the Class of 2021
Makhun is a member of the Class of 2022

Captions from top to bottom: Memmott, a Journalism Professor with his granddaughter Alyssa at her summer job bartending at Kilpatrick’s Publick House. “She works hard, makes a mean Bloody Mary, and does far less lasting damage than I did all those many years ago,” Memmott said. “I think my mother would approve.”

Topolski, who no longer frightens people in amusement parks, is an Associate Professor in the Department of Art and Art History, an undergraduate adviser, and a Meliora Scholars adviser.

Frontier teaches and researches in the Department of Chemistry. She also enjoys giving lectures about organic molecules that shape our history, literature, and bodies.

Naomi Gregory is an adjunct instructor for the Department of Music. She is also currently completing a PhD in musicology at the Eastman School of Music.

Nicholas Gresens (center) is a Professor in the Department of Religion and Classics, where he teaches classes on Latin, Ancient Greek, and a Meliora Seminar on Athenian democracy, among others.

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COMMUNITY

Hidden Gems on the Orange Line

By EFUA AGYARE-KUMI
NEWS EDITOR

By AN NGUYEN
FEATURES EDITOR

Hello, new students! Welcome to Rochester. This city will be your home for more-or-less four years, so you may want to get acquainted with it.

The UR Orange Line bus hits many hot spots of Rochester and surrounding neighborhoods. The *Campus Times* visited some stops so we could describe only some of what brings vibrancy to Rochester’s streets.

Gregory & South

You’re now in one of Rochester’s oldest neighborhoods: the South Wedge. Lots of the buildings are made of brick, and clustered close together.

Along Gregory street is the Historic German House and Needle Drop Records. South Avenue hosts some beauty and leisure spots. The fried chicken at Toasted Bear Tavern looks mouth-watering, and you can lose all the tiny hairs on your face at Sujana Beauty and Brows, if you’re so inclined.

The street is a patchwork of styles. Some stores, like Fine Wine and Spirits, use color sparingly, others are rainbows like Equal Grounds, and a few have earthy tones like Leaf Tea Bar (a bar that serves just tea) and Coffee Connection. You can feed a sweet tooth at Hedonist Artisan Ice Cream and Chocolates, or Cheesy Eddies.

Recommendation: The serene garden spot tucked into an alley in the middle of South Avenue. It has a vine-covered gateway, and inside, a small wooden stage and picnic benches. Bring friends and food, or your book — or take advantage of the mural for a photoshoot.

South & Alexander

One highlight is Nathaniel Square Park, a peaceful corner



Top: The outside of Boulder Coffee Shop on South Clinton and Alexander Street. Bottom: A snapshot of Monroe Ave. near Boardman St.

with lots of green, flowers, and benches. It’s named after — and has a statue of — the city’s founder, Nathaniel Rochester.

On South Clinton Avenue, you’ll find Kamikaze Tattoo, Mexican restaurant La Casa, and Next Level - House of CBD.

Recommendation: Boulder Coffee Co and Lounge is just next to Kamikaze. They have friendly baristas, coffee, cocktails, food, and events (like live music or comedy) almost every day.

Monroe & Alexander

In immediate view are Dunkin’ Donuts, Arbys, a bank, but strolling up and down Monroe reveals some gems. About a block past Dunkin’ is Bug Jar, a bar with live (typically indie) music, also

hosting comedy and trivia nights. It welcomes 18+ customers from Sunday to Thursday, while Friday and Saturday are 21+.

In the direction of Arby’s, there’s some interesting options, and things pick up once you reach Bruegger’s Bagels. This section of Monroe was notable for its cluster of international restaurants (and vape shops). You can get Asian cuisine at Han Noodle Bar, Plum House, and SEA restaurant; Mexican food from Neno’s and the Empanada shop; or Greek food from Aladdin’s Natural Eatery. There’s also a sprinkling of tattoo shops and piercing studios. To get here quicker, get off the Orange Line when it stops at Monroe and Goodman.

Recommendation: Book lovers

check out Rick’s Recycled books to get new reads for as little as \$2.

Park Avenue (starting from Park & Culver)

You can walk all of Park Avenue without getting bored. Many stores decorate their porches with fairy lights, giving the street a soft glow. The air is filled with smells from the restaurants (pricey, but affordable for a lovely night out) lining the street. If you’re determined to stay thrifty, Chester’s Cab pizza claims it’s “the best in Rochester,” charging \$4 for a huge slice.

You can hang in coffee shops Cafe Sasso or Glen Edith, or one of the dessert shops (one doubles as an African art gallery).

Walking down Park from Culver to Alexander revealed a

number of intriguing specialty shops: a skateboarding shop, an exotic piercing shop, an African clothing store, a bridal lounge, and a candle-lit wine bar.

Recommendation: Parkleigh is an upscale, local gift shop reminiscent of Target (but cuter and slightly pricier). They sell niceties that could brighten up your room, kitchen, skincare regime, and more. You can find paintings, windchimes, soaps, bags, jewelry, stationary, sweets, and coffee.

East and Barrington

A tree-lined street with old, beautiful houses. This is East Avenue and in front is the George Eastman Museum, once the eponymous philanthropist’s house. It’s home to the world’s oldest photography collection, a film archive, gardens, and the Dryden Theater.

Recommendation: If you’d like to do something active and sleuthy, the Great Escape Room is a twelve-minute walk from this stop.

East and Alexander

This stop connects the quiet, foliage-filled side of East Ave with its more urban side. After some wandering, you can find some restaurants, a small concert venue named Anthology, and the Little Theater. With its small size and vintage vibe, the Little is a go-to stop for foreign films and indie movies you don’t see in mainstream cinemas. They also have a Saturday Night Rewind series for any nostalgia-hounds.

The Rochester Museum and Science Center is an eight-minute walk from the stop. Be sure to visit the Strassenburgh Planetarium connected with the museum.

Recommendation: Pop Roc is a hangout spot that sells coffee and huge bowls of gourmet cereal, and houses rows of the latest comics and collectible figures.

Nyugen is a member of the Class of 2022.

Agyare-Kumi is a member of the Class of 2021.

Eating in ROC for Dummies

By OLIVIA BANC
COLUMNIST

For the fresh faces in Rochester: Hi, I’m Olivia, a junior, and your new life coach. Food is life, so I have taken the liberty of planning a food tour to start you on the right path. These establishments have been reviewed by CT Eats in the past and are some of my favorites.

Let’s begin with the most important meal of the day, serving it up Gary’s way: breakfast. I adore Blu Wolf Bistro. I recommend Blu Wolf’s chicken and waffles or one of their many bowls. Each bowl is comprised of different things all piled on top of each other. The first one that I remember ordering had macaroni and cheese, gravy, breakfast potatoes, and meat in a melting pot tasted better than it

could ever sound.

If you visit Blu Wolf around lunch or dinner time, their burgers are to die for, and they make a fabulous garbage plate with macaroni and cheese if you want a Rochester garbage plate but don’t like pasta/potato salad (like me).

For lunch, the two places I frequent most are Osaka and Yummy Garden. Osaka offers an all-you-can-eat sushi experience where you pay a low entrance fee, they hand you a menu without prices, and you order until you can’t eat anymore. I have never left Osaka without stuffing myself beyond capacity, and I intend to keep it that way.

Yummy Garden serves up a variety of Asian food, delicious and dirt cheap — making it a great place for broke students. My recommendation is the bento

box, a huge and cheap customizable plate. My favorite menu items (which you can get in the bento box) are the General Tso’s chicken, egg rolls, and the taro bun.

If you’re in search of a sweet mid-day snack, Pittsford Farms Dairy is your place. Their fresh pastries are splendid. I particularly recommend the lemon bar. Another favorite Rochesterian sweet treat is Coco Garden’s taro milkshake. Coco Garden, a Malaysian restaurant, is a great place to grab a full meal, but their bright purple taro milkshake needs its own shoutout for its unique earthy flavor and its creamy decadence.

If you’re not full yet, here are some dinner favorites. If your folks are in town for Orientation and you’re looking for a family dinner, I recommend both Lento

and Amaya. Lento features classy farm-to-table cuisine. I strongly recommend the seafood dishes (namely the Jon Dory and the octopus salad) and any of the desserts. Amaya might be the best Indian food I’ve ever had, and my family said the same thing when I took them there. The best way to do Amaya is to go family-style: Order a plethora of dishes for everyone and share everything — don’t forget your garlic naan. Whether you’re going with family or just friends, I have to mention the Old Toad, which offers classic British pub fare. When I reviewed the Old Toad for CT Eats, I sampled multiple traditional dishes — all were delicious — but the one item I urge you to order no matter what is the scotch egg.

And if you’re still not too full, complete your UR student rite of

passage by grabbing a late-night meal at Jay’s Diner. The best way is to get either pancakes or a waffle sundae with a milkshake, but truthfully, Jay’s is a big mood, so if you’re feeling like getting lasagna or fried shrimp in the middle of the night, that’s valid.

There are some great options in Rochester to satisfy those with dietary restrictions — my favorite is Red Fern, a vegan establishment. From when I was vegan to now, Red Fern has been one of my most cherished restaurants. They also offer options — like gluten-free — for those with additional dietary restrictions. So, be you vegan or omnivorous, in search of brunch or lunch, really hungry or just sorta in the middle, Rochester’s got your back.

Banc is a member of the Class of 2021.

ROCHESTER TRADITIONS

Thursday 8/29

- 7 - 8PM

MINI MEDITATION RETREAT
MAY ROOM
Take a moment to unwind with meditation and mindful movement. No experience necessary. Sponsored by the Mindful University Project.
- 8:30 - 9:30PM

SEXPERTS
HAVEN'S LOUNGE
Have questions about sexual health, pleasure, sexuality, and hooking up? The Sexperts are here to have honest and inclusive discussions. No questions are off limits. Sponsored by UHS Health Promotion Office.
- 9PM - 12AM

ANNUAL FIFA TOURNAMENT
ROCKY'S SUB SHOP & LOUNGE
Free food and prizes for winners. Sponsored by Chi Phi and UR Late Night.
- 10PM - 12AM

INFLATABLE GLADIATOR
JOUSTING
HIRST LOUNGE
Sponsored by Phi Kappa Tau and UR Late Night.

Friday 8/30

- 12-2PM

2ND ANNUAL DEWEYFEST
CHERRY GARDEN (BEHIND DEWEY) & HOYT PLAZA
Learn about the services and resources available in Dewey while having fun playing lawn games, enjoying delicious food, and giveaways! Sponsored by The Gwen M. Greene Center for Career Education and Connections, The David T. Kearns Center, Center for Excellence in Teaching and Learning (CETL), Office of Minority Student Affairs (OMSA), Center for Education Abroad, Ain Center for Entrepreneurship, Fellowships Office, and Office of Undergraduate Research.
- 3:30 - 5PM

ACTIVITIES FAIR
DANDELION SQUARE & WILSON QUAD
Rain location Goergen Athletic Center. Come check out all of the wonderful organizations that the University has to offer! The event will feature live demonstrations and an opportunity to get involved on campus.
- 6:30PM & 10:30PM –

AVENGERS: ENDGAME
HOYT AUDITORIUM
FREE admission. Sponsored by UR Cinema Group.
- 8PM

IN BETWEEN THE LINES
MAY ROOM
Your audience suggestions will determine the show. We don't know what it will be about, but we know it will be funny! Sponsored by Improv Club – In Between the Lines.
- 9PM - 1AM

LASER TAG & MOBILE VIDEO GAMES
WILSON QUAD
Come protect your friends...or destroy them as you compete in outdoor laser tag and a mobile gaming lounge with consoles and high-def displays. Sponsored by UR Late Night.
- 10PM - 1AM

FREE POOL, BOARD GAMES, & FOOD
ROCKY'S SUB SHOP & LOUNGE
Sponsored by Wilson Commons Student Activities, Kappa Delta, and Delta Upsilon.
- 10:30PM

FRIDAY NIGHT LIVE COFFEEHOUSE FEATURING: COOL KIDS
STARBUCKS
What happens when an alt-rock band actually calms down and unplugs their guitars? Come see a very cool trio of noise-makers! Sponsored by Student Programming Board.

Saturday 8/31

- 2PM

'FEEL THE STING' T-SHIRT GIVEAWAY
WILSON QUAD
A favorite tradition! Get in line early for a FREE shirt with your class year on it to show your pride. Keep it for years to come to remember all the fun that you had this weekend! Shirts are for UR River Campus/Eastman undergrads only, ID required. Sponsored by Wilson Commons Student Activities and Class Councils.
- 2 - 6PM

YELLOWJACKET WEEKEND CARNIVAL
WILSON QUAD
One of the biggest events this weekend! Enjoy amusement rides, novelties, and food trucks. Plus, featured activities from GreenSpace, Kappa Alpha Theta, Gamma Phi Beta, and Sigma Delta Tau. Sponsored by Wilson Commons Student Activities and Student Programming Board.
- 2 - 5PM

POWDER FETE
GOERGEN FIELD
A global Caribbean festival that highlights Caribbean culture and history, consisting of music, dancing, and throwing colorful powder. Sponsored by the Student Organization for Caribbean Awareness.
- 2:30 - 6PM

STUDENT MUSIC SHOWCASE
WILSON QUAD
Join us for the Student Music Showcase featuring a diverse sample of music acts based on the River Campus. From acoustic solo singers to jazz fusion to heavy metal. Sponsored by Student Programming Board.
- 5PM

SIG EP LUAU DINNER
HIRST LOUNGE & DANDELION SQUARE
Don't miss the last taste of summer! It's a great place to catch up with friends and share a delicious meal. Co-sponsored by Sigma Phi Epsilon, Wilson Commons Student Activities, Dining Services, & Pepsi.
- 9PM

CONCERT: AMINÉ FEATURING ARMANI WHITE
FELDMAN BALLROOM, DOUGLASS COMMONS
Tickets are \$7 for UR Undergrads, \$12 for UR Grads/Faculty/Staff, and \$20 for General Public. Purchase tickets at The Common Market or online at rochester.universitytickets.com. Sponsored by Student Programming Board.
- 10PM - 1AM

FREE POOL, BOARD GAMES, & POPCORN
ROCKY'S SUB SHOP & LOUNGE
Sponsored by Wilson Commons Student Activities.
- 10:30PM - 1AM

TERRARIUMS WITH GREENSPACE
BRIDGE LOUNGE
De-stress by creating your own terrarium with provided materials. Sponsored by GreenSpace and UR Late Night.
- 11PM

LATE NIGHT BINGO
MAY ROOM
Come out for a fun night of bingo and fun prizes! Sponsored by Wilson Commons Student Activities and UR Late Night.

Sunday 9/1

- 1PM

MEN'S SOCCER VS. JOHN CARROL UNIVERSITY
FAUVER STADIUM
- 2PM

JUGGLING WORKSHOP
MAY ROOM
Learn a new skill or improve your party tricks by joining a workshop focusing on passing props to others in crazy cool patterns. No experience necessary. Sponsored by the Strong Jugglers.

SUNDAY 9/1 CONTINUED...

- 8PM

BLACKOUT
HOYT AUDITORIUM
A tradition at the University since 1999, Blackout gives an opportunity for different underrepresented minority organizations on campus to welcome incoming first-years. Sponsored by Black Students' Union.
- TBD

ROCKY'S TV MARATHON
ROCKY'S SUB SHOP & LOUNGE
Come watch a weekend marathon!

Monday 9/2

- 9AM - 6PM

ANNUAL POSTER SALE
WILSON COMMONS PORCH
Looking for items to decorate your blank walls? The wide assortment includes the best in television, movies, music, personalities, and more. Framing options available. Sale through 9/6/19.
- 11AM

MELIORA WEEKEND TICKET SALES BEGIN
THE COMMON MARKET
Limited tickets available. UR Undergrads only. Online ticket sales at rochester.edu/melioraweekend.
- 12PM

BUSES TO EASTVIEW MALL
Buses will loop between Rush Rhees and Eastview Mall. Sponsored by ROC Tix and Student Programming Board.
- TBD

ROCKY'S TV MARATHON
ROCKY'S SUB SHOP & LOUNGE
Come watch a weekend marathon!

YELLOW JACKET
WEEKEND 2019
AUGUST 29 - SEPTEMBER 2



Anyone requiring disability accommodations should contact Wilson Commons Student Activities at 585.275.5911 or wcsa@rochester.edu. This request should be made at least five business days in advance of the event.

SPONSORED BY Student Programming Board, ROC Tix, Wilson Commons Student Activities, UR Late Night, Pepsi, Athletics & Recreation, UHS Health Promotion Office, Class Councils, Dining Services, Chi Phi, UR Cinema Group, Delta Upsilon, Strong Jugglers, Sigma Phi Epsilon, SOCA, GreenSpace, Kappa Delta, Black Students' Union, Phi Kappa Tau, Gamma Phi Beta, In Between the Lines, Sigma Delta Tau, Kappa Alpha Theta

OPINIONS

OP-ED

How to Beat the Heat When You're Stuck in a Dorm

By KEVIN SHAUGHNESSY
STAFF WRITER

A lot of people complain about Rochester's winters, but in my opinion, the summer months are far worse. When it gets cold, even polar vortex cold, you can always put on more layers. In the winter, heavy coats, long underwear, ski masks, or even goggles can become necessities outside the tunnels. When it gets hot, your only refuge is an air-conditioned building. Those tunnels are cooled in the summer, along with most academic buildings, but many dorms are not. The situation is especially bad for first-years, who only have one air-conditioned dorm available. It gets better as more dorms become available sophomore and junior year, but if you don't want to shell out for Riverview or O'Brien, your options are limited. Fans can help, but they mostly just move around uncomfortably warm, wet air without cooling it down from August to late October. To have much noticeable effect on the air, they have to be loud, which can create conflict with your roommate if they like the noise even less than the heat. Fortunately,

ly, there are a few ways to adapt if you live somewhere without central air. This might sound satirical, but the first thing you can do is give up sleeping in the dorms. The air cools down at night, but the humidity gets worse to compensate, which makes trying to sleep the worst part of not having AC. This can come as a bit of a culture shock if you've always had AC, and just assumed that it got more comfortable outside at night. It seems crazy at first, but there are plenty of buildings that are both cool and unlocked overnight, with plenty of empty couches. I've personally spent nights in Rettner and Rush Rhees when I knew the night would be especially hot and humid. The janitors probably know that students sleep there regularly when they're studying, so nobody bothered me. It was much more comfortable than sleeping with a blanket only to wake up in a pool of sweat. For off-campus residents, another way to adapt is to buy a personal air conditioner off-season. A good one right now will probably cost you north of \$300 because demand for ACs is way higher when it's hot. I bought one in January, right before we got a foot of snow

and subzero temperatures, saving me \$100. If you can't afford to buy a personal air conditioner, cold water can be the next best thing. It's a good idea to buy a small fridge in the first place, and a water filter like a Brita will hold a lot of water and make it taste a lot better than from the tap. Of course, the main issue is that the school hasn't made the best decisions on this problem. It heats all the dorms in the winter perfectly fine as far as I can tell. This is despite the fact that it's more expensive than cooling them — an 80-degree temperature difference is much harder to correct than one of 20 degrees. Even without refitting the dorms, shifting the school year would help a lot. The dorms are much more comfortable when classes end in May than when they start in August. If classes started in September and ended in June, at least a few weeks of uncomfortable dorm living could be avoided, for the cost of shifting schedules around. Either way, the school should treat the problem as a real issue to be fixed, and not just an inevitable reality for unlucky first-years. *Shaughnessy is a member of the Class of 2021.*



Staying cool without an AC may require some creativity.

AN EVENING WITH
MIKE BIRBIGLIA
FRIDAY, SEPT. 20, 7:30 PM
KODAK HALL AT EASTMAN THEATRE

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at the Spiegeltent

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FRIDAY, SEPT. 13, 11 PM
SATURDAY, SEPT. 14, 11 PM
FRIDAY, SEPT. 20, 11 PM
SATURDAY, SEPT. 21, 11 PM

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Unpaid Internships Aren’t Always Worth It

By **TRAM NGUYEN**
STAFF WRITER

Internships are great. You get to put real work experience on your resume, have a resource when you need a recommendation letter, and sometimes even earn some cash to help pay off your student loans. Being honest, the most important point is that extra cash.

But what about the much more common unpaid internship? Is it still worth it?

I got a chance this summer to intern as an Emergency Department Research Assistant (EDRA). It entails enrolling patients in research studies in the ED. It might sound simple, but at the end of the day you’re still working in the ED with direct patient contact. There are barriers of training to go through before you can set foot in the ED, and then even more once you’re in.

“It’s not everyday you can work in the emergency room.”

The experience was great. It’s not every day you can work in the emergency room. Just being amongst doctors and nurses in the ED is a push that you pre-med students might



COURTESY OF GRID ENGINE

Internships can offer unique opportunities, but for many, the financial hurdle is too much.

need to launch into your career, or help students on the fence about their careers make a final decision. I wasn’t sure whether I wanted to save lives as a doctor or by advancing medical research. After this experience, I know I’m interested in pursuing a career in medicine, and research is my passion. The medical environment is not for everyone, and it would suck to realize that after going through all the work for pre-med and med school. Thankfully, hours working as an EDRA counts as both clinical and research hours, for those of you thinking about med school.

The internship did have its downsides. Although we were performing the same work as the actual EDRA’s, we were never paid for it, which I thought was unfair. Another problem with having no salary is that for those not local to the area, we had expenses like rent, food, and utilities. So we had to take on another job to pay the bills to be able to work unpaid in the ED. It took a huge toll on me. As soon as I got out of my day job, I’d hop straight to the ED for my night shift. I was essentially working 13 hours a day. And for all the stress you have to deal with in the ED?

Part of me thinks the internship wasn’t that worth it for the benefits I got back.

“I was essentially working 13 hours a day.”

Part of the reason I took the internship is that I didn’t want to be a couch potato over the summer. There is an undeniable culture that says “running yourself into the ground is the only indication of a hardworking student,” and it doesn’t go away when school lets out. I

half-regret — and half don’t — my choice. The ED experience was great. But working 13 hours a day and not getting paid for four and dealing with the stress? That wasn’t summer.

It’s easy to hear about your friends doing this and that and start questioning your life choices. Some peer pressure is good — it keeps us on our toes, striving to achieve things. But it’s good to let loose and take a break once in a while. Sure, you can take summer classes to get ahead. Sure, you can do research or an internship to pad your resume.

But the mind is not separate from the body, and you should be aware of your mental health. While physically you may feel fine, that stress that’s built up in the school year is still there and will burst at any moment if you don’t let some out. Now that I’m out of the internship and day job, I’m wiped out.

My advice: do your thing, take classes, apply to those internships, but make sure to leave at least a month to destress. Don’t end up like me, feeling tired and stressed after the majority of the summer, with only 3 weeks to destress. I will be coming back to class still slightly tense.

Nguyen is a member of the Class of 2022.

Dear Bushy-Tailed, Wide-Eyed, Overachieving Fresher

By **AMANDIA LIANG**
CONTRIBUTING WRITER

My first semester at UR was a shitshow — unbalanced, sleep-deprived, anxious, and toxic. Don’t get me wrong: I collected some funny stories, almost exclusively between 11 p.m. and 5 a.m. I made friends, engaged in meaningful extracurriculars, took great classes, saw “The Matrix,” found mentors, lived as an open and proud queer Asian woman for the first time, and learned a lot. I had, in retrospect, an excellent first year where I engaged in the growth people told me about, becoming a better person.

Here’s some painfully-earned wisdom for your journey. Thousands of people go here. All are smart, motivated, and diverse. You’ll vibe with some, but not all, and that’s fine. Discard your expectations of who you “should” be friends with. If you cultivate friendships based on shared values, and not just first impressions or outward appearance, it’ll be easier for you and your friends to support one another through the long road ahead.

Students here are diverse on paper, but what’s rare to find on an elite campus is a true diversity of ambition, thought, and socioeconomic background. UR has a huge spectrum of diversity. Meliora means something different to everybody — our individual goals are often different.

ent. As a result of this disunity, also known as actual diversity, there is no clear measuring stick to judge ourselves and our accomplishments.

Without it, many feel lost. Sometimes, this feeling may seem overwhelming, but it’s a gift. Abandon external notions of what you think you should be or do. Here, measure your success by your standards. Don’t underestimate the amount of resolve and self-reflection necessary to find direction in an environment that allows you to wander freely. If you can find out what fulfills you and drop what doesn’t, it’ll likely be the most useful thing you do here.

Humans are sort of like Sims characters: when their needs are not being met, the player can’t direct them. Unfortunately, you’re both the player and the Sim, and the game is way harder, and doesn’t have a save file.

When you find yourself resisting self-direction, take a step back and assess whether your physical and psychosocial needs are being met. Having to force yourself to do things should indicate something is not working, whether it’s your sleep schedule, your methods, or the activity. Our needs will differ from those of our peers, but you’ll be more productive and capable when those status bars are green.

Keep them green by committing to healthy coping habits. I

commit daily to a gym session or a spin on my longboard, one full hour of free time, at least 15 minutes of work on a long term creative project, eating one sit-down meal a day, finishing my entire liter of water before day’s end, and a morning routine.

As a result, I hate myself significantly less.

“When you find yourself resisting self-direction, take a step back and assess whether your physical and psychological needs are being met.”

You’ll find there are only a handful of things that keep you performing at optimal levels and many that don’t have much effect. Those six things are my bare minimum. I can miss anything else. Figure out what those things are for you, and once you know what works, make time.

Many students live reactionary lives. They “don’t have time” until they need to cram 12 weeks of coursework into three days. Strong habits will carry you when you have four exams in two days, a project, and a debate tournament slotted on your Google Calendar. When you prioritize habits that fulfill your needs daily, you can work proactively, and deal with the

unexpected 40-page paper or mid-reading-period breakup.

This applies to academics as well. Not everyone benefits from long lectures and regurgitating facts. It’s fine to need something completely different from the rest of the class, or the “norm” in general. Try Socratic, a chalkboard, a fake lecture to yourself alone in a Morey classroom, going to the Stacks after dinner every weekday, or office hours. Professors here are willing to work with you, but you need to do the work to understand how you best learn.

That said, we’re kids. If being a healthy, functioning adult was easy, we’d all be one. Toxic coping, toxic relationships, and self-sabotaging behaviors often get in the way of success. Violence to your psyche is just as real as any other violence. Get away from that long-lasting, insidious, drain ASAP. CARE, UCC, and your ResLife staff are great resources. Toxic situations and behaviors might “work” in the moment but are neither effective nor good for filling the void.

Speaking of filling the void, American drinking/hookup culture suggests that all fun activities are toxic.

This is largely untrue! Respecting yourself enough to figure out the difference is a part of becoming a healthy, functioning adult. You can have wild college experiences that aren’t toxic, don’t make you feel like

shit, and are with people you actually like! Wild.

“If being a healthy, functioning adult was easy, we’d all be one.”

Self-reflection and good platonic friends encourage healthy coping and positive self-worth. Be critical of your numbing agents. Spend time understanding your needs and stressors, and investigate poor outcomes. You deserve to live a healthy, balanced life where you can access everything you need without compromising your personal boundaries. These are things that you’ll figure out over time.

My first semester GPA was so low that no one believes me when I tell them. It’s still a crapshoot, but last semester, I earned a 3.8, schemed my way into New York Fashion Week, landed a paid internship, and got back into art.

All after getting kicked out of engineering, almost flunking out, staying in STEM, declaring two unrelated minors, and pulling back from extracurriculars that I didn’t really like. Even if your first semester is complete ass, you’ll figure it out. You have nothing to prove. Trust yourself. Hustle, be kind, and respect the grind.

Liang is a member of the Class of 2021.

CULTURE

Arts and Leisure: Performances

By OLIVIA ALGER
CULTURE EDITOR



JOHN MAQUI / PHOTO STAFF

UR's Xclusive Step Team performance.

Here we are again — back to Rochester after three shimmering months of summer. Some of us are arriving for the first time, while others return for their final year. Either way, our recent days of hot summertime fun are gone. Soon, the nights will get colder and, before we know it, winter will close in around us.

I'd like to acknowledge the conflict we'll soon face against our free time. Yes, the workload at our school is demanding. Rochester glows with killer STEM classes. But amidst all this math and science, do we have any room left for arts and leisure? During the first of those orientation icebreaker games, what's your answer when someone asks, "What do you do for fun?"

To any first-years reading this, I encourage you to think about what this question means. What do you do when there's nothing else to do (if you ever find yourself in that situation)? What makes you feel as alive and young as you actually are? To returning students — do you even have fun anymore?

Despite the pressure we put on ourselves, we're still a group of teens/twenty-year-olds figuring

things out. That means there's plenty of arts, entertainment, and action to explore on campus this year. Here is an overview of the performance groups on campus with shows for every personality.

1. Dance. There are 11 dance groups that offer showcases throughout the year. You can find every genre of movement from Irish, such as UR's Celtic, to hip-hop, like BSU's Indulgence dance team. In between, you'll find the Ballet Performance Group, Xclusive step team, Swing Dance Club, and Louvre, a group that bridge all the gaps between jazz, contemporary, and ballet. There are also the movement groups that seek to promote cultural and folk forms of dance into the Rochester community on campus and beyond, like Sihir Belly Dancing Ensemble, Rice Crew (from the Korean Students Association), Phoenix Fire (from the Chinese Student Association), Rochester Bhangra (Punjabi dance), Rochester Raas (South Asian folk dance), SALSEROS (part of the Spanish and Latin Student's Association), and Tinikling (a folk dance put on by the Filipino Student's Association). There's performances for everybody almost

every week.

2. Theater. Although this program has slim pickings compared to the diversity of dance groups on campus, the UR theater world still has a number of shows throughout the year. In addition to the showily produced performances staged by the International Theater Program, TOOP (The Opposite of People) is a club that puts on several shows in Drama House. OBOC (Off Broadway On Campus) is UR's musical theater revue group with peppy gatherings throughout the year and a giant performance in the spring. ROC Players also puts on musicals, typically organizing two full productions throughout the year.

3. Music and Film. Eastman (a shuttle ride from River Campus) is Rochester's golden boy of music and, during the school year, offers concerts almost every night free for students. If you don't want to breach that bubble around campus, though, our own music department has a number of performances in the fall and spring. Check out their website for a full list. If you're a movie guru, UR Cinema group has constant showings of newer movies in Hoyt Auditorium that add some wahoo to your daily life.

Regardless of your major, we can't forget that we're still in college. We all have something to say, and the performances from groups on campus prove that's the truth. It doesn't matter the reason why you came to college (or this college in particular), there's no better way to connect with your peers than to see what they have to say. Maybe you'll figure out what you have to say for yourself, too.

Alger is a member of the class of 2022.

MAG: Our own museum

By SING CHAN
CULTURE EDITOR

From music to dance and theatre to concerts, Rochester is a city filled with passionate art culture. Located in the heart of the Neighborhood of the Arts is The Memorial Art Gallery, a civic museum of the University. Founded in 1913 by Emily Sibley Watson, MAG contains a collection of more than 12,000 artworks, offering visitors an experience with 5,000 years of art history.

MAG also frequently hosts temporary exhibitions such as Monet's Waterloo Bridge, which gained significant popularity among UR students. While the museum is free to visit for all UR students, exhibitions require a five dollar ticket.

Besides the museum, the main component of MAG, there is the outdoor Centennial Sculpture Park. Some main sculptures include "Soliloquy," a 25-foot steel sculpture, and "Unicorn Family," a sculpture transformed into a grouping of usable tables and chairs.

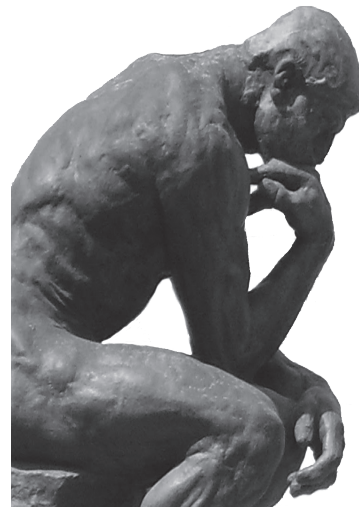
While touring the museum, visitors can use the MAG-EXPLORE service from their

phones, which provides services such as tour guides for the art collections and reminders for interested art pieces. There are also audio recordings of Poetry Talks and Story Talks that guides visitors to explore the neighborhood sidewalks with pavers that have poems and phrases.

Students who are new to Rochester should visit the museum and the Neighborhood of Art to experience local art. The first mural of local artist Sarah C. Rutherford's "Her Voice Carries," a public art project that features "women who are lifting up the voices of others," is found in the end of the MAG's collection. It's a series of murals across Rochester promoting the representation of women, with five outdoor — and one indoor — murals.

The atmosphere of MAG is casual and relaxing, and students can also enjoy some afternoon tea at MAG's botanic garden. Since a full detailed tour of the museum only takes around 90 minutes, MAG is a worthwhile place to visit in the weekends, especially since there are often free shuttles provided for students.

Chan is a member of the Class of 2022.



CULTURED?

~WRITE FOR CULTURE~
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CT Recommends: "Rango"

By EDDIE HOCK
STAFF WRITER

In 2011, Pixar was in the middle of a golden age, and with Dreamworks contenders like "How to Train Your Dragon" and "Kung Fu Panda," even if you hadn't fully tapped into the uncritical joy that comes from being a young moviegoer, you were mostly guaranteed fun with any new big names in animation. But, walking out of the Village East Cinema with my dad after seeing "Rango," 11-year-old me was pretty sure he'd seen something entirely different and special.

I'm 20 now. And I can tell you confidently that I was right. "Rango," in 2011, was the rare big-budget work of American animation to break out of the Pixar mold. Its visual style has never been replicated and remains fantastic. Its surface-level story, easy enough for a kid to

grasp, treats the viewer with respect and delivers an important message about responsibility and the necessity of political action. But where the movie makes itself immortal is in its meta-narrative structure.

The protagonist, a chameleon played by Johnny Depp, finds himself ejected from his terrarium in the back of someone's car and ends up in the town of Dirt. He adopts the persona of "Rango," a fearless gunslinger whose supposed escapades become increasingly elaborate and ridiculous as he tries desperately to be popular. He's charismatic, and it works, but the newly-appointed Sheriff Rango is unable to deal with Dirt's corrupt, water-stealing mayor and his enforcer, the sinister, stories-high Rattlesnake Jake.

(Spoiler warning for this paragraph — please just watch "Rango.") Rango flees back into the desert, but after an encounter



SING CHAN / CULTURE EDITOR

with the "Spirit of the West" — clearly Clint Eastwood's Man With No Name — learns that "no man can walk out on his own story." He returns to Dirt, gives the evil mayor the boot,

gets the girl, and ends the story having become the archetypal Western hero he was pretending to be the whole time.

"Rango" is many things — a Western, a comedy, a call for environmental and class justice — but most importantly it is an exploration of impostor syndrome. The chameleon begins the story confused and lost, mimicking the hardscrabble world around him trying to blend in, but adopts a persona that grows larger than him very quickly and runs from it. In the end, he realizes that the measure of a person is not words but deeds, and comes back to face down the problems he created, assuming responsibility, shedding his status as an outsider, and truly becoming Rango. The hero's journey is only complete when he fully adopts his identity and his duty to the people and the place that has become his home.

Director Gore Verbinski re-

unites with Depp and composer Hans Zimmer on "Rango" to create something that comments on and exceeds the project that first brought the three together, "Pirates of the Caribbean." The question "Rango" asks is, "What is Jack Sparrow's internal monologue?" How do these larger-than-life, force-of-nature heroes come to be, and who are they, really?

According to "Rango," and in the words of (hugely underrated Seattle rap duo) Common Market's MC RA Scion, "They say life is what you make it, when really life is what makes you." We aren't always what we want to be, or who, but at the end of the day we are who we've become, and if we step up and be who we need to be, we'll make real change in the world and find, like Rango does, that our stories make a lot more sense.

Hock is a member of the Class of 2021.

HUMOR

Choose Your Own Adventure: Orientation!

By JOHN PINTO
HUMOR EDITOR

Overwhelmed by everything there is to see and do on the River Campus? Quietly terrified that everyone here is more worldly and attractive than you? Flipping over to the Humor section because you haven't been here long enough for the News and Features articles to have any context or meaning for you?

Fear not! We at the Campus Times are here to help! Play our Choose Your Own Adventure game and let us tell you how to be an independent person!

START: You're standing on the curb outside your dorm, watching your parents pull away. This is the closest you've ever been to true freedom in your entire life. How does it make you feel, champ?

Empowered (proceed to **A2**) or **Terrified** (proceed to **B1**)

A2: Hell yeah, you're master of your universe now!
Yeah! I wanna go explore! (proceed to **A3**) or **Yeah, like in those Ayn Rand books! Some of her ideas seem really cool to me!** (proceed to **A6**)

A3: You walk through campus, watching people moving in all over the place. New friends help lug around fridges and TVs, and old friends reconnect after a summer away. A new community is building itself up around you.

I want to get in there and meet some people! (proceed to **A4**) or **That's real fucking neat but I'm actually just here to party** (proceed to **B3**)

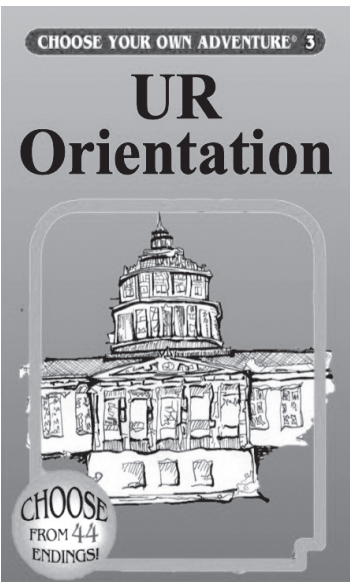
A4: Wait, like, right now? Just walk up to someone and talk to them? Wouldn't your rather go meet people through some elaborate activities fair or something?

Yeah, I'll just walk right up! (proceed to **A5**) or **On second thought, I'll try the activities fair** (proceed to **C2**)

A5: Your tremendous lack of social inhibition makes you a god at this school. You no longer need this article's help, and I for one am in awe of you.

The End

A6: As soon as you think this, a meteorite strikes you square in the forehead, killing you



DALIA MITCHELL / ILLUSTRATIONS EDITOR

instantly. No one is sad about it.

The End

B1: Totally understandable. While you were still unpacking, your RA stuck their head in your door and said something about a hall meeting. Maybe you should go to that? Kinda ease into this whole "socializing" thing?

The RA actually said it was "mandatory" and fear of breaking any rules ever is what got me into UR, so yes (proceed to **B2**) or **I think maybe I'm just gonna play Pokemon in my room for the next two to four months** (proceed to **C1**)

B2: You sit down in the common room with everyone else from your floor. The RA alternates between fire safety instructions and icebreakers. Everything stays nice and calm until one of your floor mates nudges you and asks, sotto voce, if you want to go to a party with some other people from the floor after the meeting.

You know what? Sure! Thanks to the icebreakers I now know not one but TWO people's names! I can do anything! (proceed to **B3**) or **I think I just want to take some time to explore campus on my own, actually** (proceed to **A3**) or **That scares me so much that I actually just want to run back to my room and never leave** (proceed to **C1**)

B3: Oh! Okay then. You head over to an off-campus frat, where a hundred or so people you will never see again and one person you will somehow see once a week until you graduate are milling around in what is either a driveway or a

vacant lot next to the house. Just a quick check-in, did you go to the mandatory floor meeting?

Yes! It was mandatory! (proceed to **B4**) or **...what mandatory hall meeting?** (proceed to **B5**)

B4: You have a great time! You have a support system of friends whose names you all know! You're living the collegiate dream!

I did it! (proceed to C3) or I would like to stop playing this Choose Your Own Adventure Game immediately, please (close this issue of the Campus Times, place it down next you, and walk away)

B5: Someone emerges from the human crush next to the house and starts talking to you excitedly. They know your name, your roommate's name, how you decorated your dorm, everything. You've never seen them before in your life. What do you do?

Guess that their name is Alex (proceed to **B6**) or **It's only the first day, even though it feels bad I bet if I just say I never caught their name, they won't mind** (proceed to **A6**)

B6: Holy shit! You were right! Their name is Alex!

Hell yes! (proceed to **A5**) or **Fuck yes!** (also proceed to **A5**, but in a less family friendly manner)

C1: You become one of those weird hermit kids that sleeps at bizarre hours and only eats at, like, Optikale. You never go to class and your hair is eighty percent dust. Everyone thinks you might be part lemur. At least the other hermit kids accept you as one of their own. On those rare occasions when you all step out in public together, you make far too much noise and annoy everyone around you. Is that fine by you?

Maybe I should join an improv group instead? (proceed to **C2**) or **Yeah this is basically who I am as a person** (proceed to **C3**)

C2: You join an improv group.

The End

C3: You still eventually join an improv group.

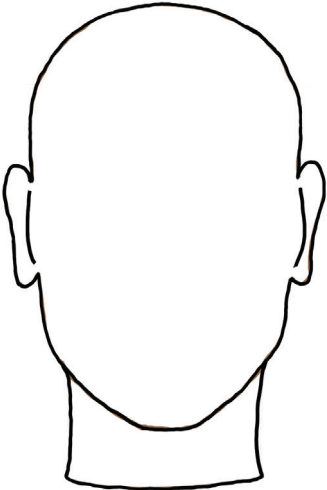
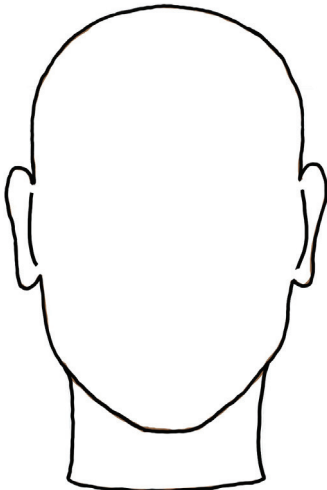
The End

Pinto is a member of the Class of 2020.

Drawing Section

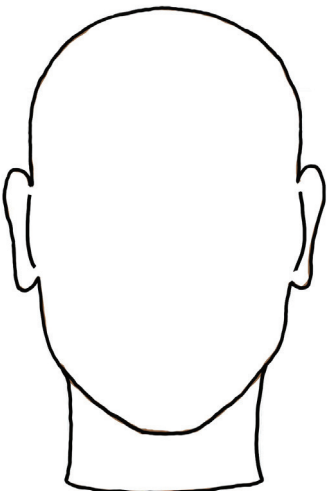
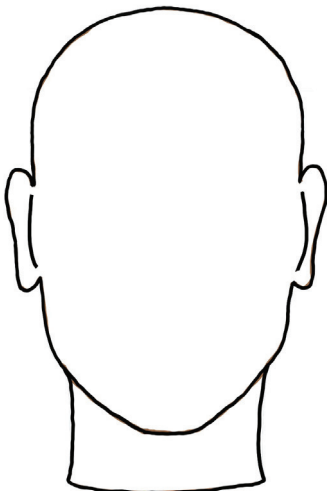
By JOHN PINTO
HUMOR EDITOR

Follow the prompts and draw the faces of people responding to you telling them that you're attending UR!



"Oh, RIT! My cousin goes there, do you know him? His name is Trent and he loves hockey. He's probably on your floor, isn't he? Here, let me buy you a metric ton of orange clothes and knickknacks, my treat! Tell Trent I say hi!"

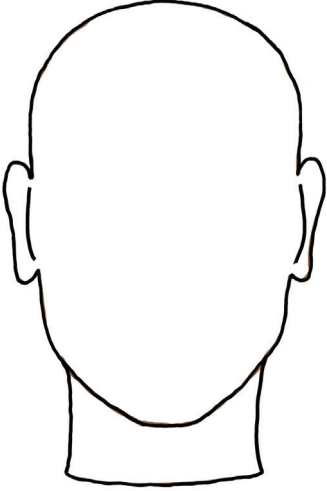
"You know it's very important that you take at least one coding class. The whole future is in coding. You said you were looking into Poli Sci and Music, but I think your dreams are stupid and that a vague racist caricature from some foreign country will take your job if you don't know Java."



"So, what are you going to be doing up there? Will you take lessons at Eastman? Will you do research? Are you pre-med? I know you haven't taken a single class yet and the average college student changes their major at least once, but I'm still gonna give you a panic attack at this chill family BBQ! My spouse is leaving me because I don't know how to communicate!"

"Aren't you worried about the cold? My cousin Trent, he went to school up there and then one day they found him inside the ice of a hockey rink, just like Captain America. Here, take this Canada Goose jacket even though it's August."

REDIETU HAILE / STAFF ILLUSTRATOR



"Where's that?" [You explain]
"Um, where?" [You explain again]
"Really, I'm just not getting it. Where are you going to school?" [You explain again and again and again, but at best the person you're talking to ends up thinking you go to RIT]

Pinto is a member of the Class of 2020.

Tired of reading the same humor writer every week?

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ILLUSTRATION COURTESY OF TOM PARKER

SPORTS

CEZ SAYS

Cez Says: NBA’s Lacking Loyalty Limits League

By CEZ GARCIA
SPORTS EDITOR

The 2019 NBA summer offseason showed a league’s shift towards a strong sense of player control, destruction of small market teams, and the absence of loyalty from players and franchises.

This summer, of 2019 we saw a massive reshaping of the NBA as almost a third of the players were up for a new contract. NBA teams follow a salary cap system, a soft limit on the amount any team is allowed to spend on contracts each year.

This is to ensure league-wide equality and to decrease the likelihood of super teams due to superstars demand-

ing large contracts. This idea was recently disproved by the Golden State Warriors, but this begs the question of loyalty.

The Golden State Warriors had just won the NBA Championship when former MVP and top 3 player in the league, Kevin Durant, left the Oklahoma City Thunder to join them. This move wouldn’t have been as controversial if not for the Thunder losing in the Western Conference Championship to the Warriors. This move of disloyalty was seemingly the start of a trend.

The current Finals MVP, Kawhi Leonard, is a prime example of a player forcing an issue and disregarding

loyalty. Having won a Finals MVP and built a reputation with the San Antonio Spurs, Kawhi forced the Spurs to trade him to the Toronto Raptors, whom he left after a year to sign with the Los Angeles Clippers.

The Raptors, in order to land Leonard, decided to trade franchise player Demar DeRozan for him. The lack of loyalty and lack of certainty around the trade created a backlash against the Raptors.

Kawhi Leonard’s ability to force a trade led multiple players to follow suit with All-Stars Anthony Davis and Paul George replicating the same trades this past off-season. Both moves forced the hand of their franchises, determining

their paths for the upcoming years. While forcing someone to play against their will is not the answer, shouldn’t players have some loyalty to the contracts that they have signed?

“The current Finals MVP, Kawhi Leonard, is a prime example of a player forcing an issue and disregarding loyalty.”

The lack of loyalty shown by players has lead to a less competitive league and the destruction of small-market

teams.

Prevalent in professional sports is this idea of market size. Large cities provide attractive locations for players and big markets for teams to profit.

The lack of loyalty in the NBA is making the success of small-market teams even more difficult. It is almost impossible for a city like Memphis to attract a superstar to come play and this forces them to build through the draft and trades.

There is no clear answer to this, but a change in culture must occur within the NBA in order to save the small-market teams and loyalty as a whole.

Garcia is a member of the Class of 2022.

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PHOTO COURTESY OF LUCA MICHETTI

Adjusting to College for Student Athletes

By MICAH GREENBERG
SENIOR STAFF

The adjustment for non-athletes is difficult enough with new independence and responsibilities, a new city (for some, a new country), new friends, and new academic formats.

But student-athletes also have to adjust to a new level of competition, new coaches, new facilities, and an entirely new group of teammates. But new teammates can be a blessing.

“I am originally from Southern California so I am basically all the way across the country from my family, and [while the] college transition is already difficult, the distance from home did

not help much,” sophomore softball infielder Alizah Ayon said. “However, the girls on the team, as well as the coaches, really made Rochester my second home and gave me a second family.”

Incoming first-year golfer Brendan Frain is looking forward to the team camaraderie. He said that at the collegiate level, golf is both a fall and a spring sport, giving more time with the team than in high school. “This gives me a great opportunity to make some of my best friends, and also I’ll be able to look up to the upperclassmen on the team and have them help me with whatever I need, which is comforting coming into my freshman

year,” Frain said.

Coaches also help first-year athletes adapt to college ball. In fact, for some athletes like Frain, their coach is part of the reason they chose to attend UR. Coaches work to ease the transition, and the recruiting process ensures that players and coaches are compatible.

Of course, one of the largest adjustments is the added competition and rigor of playing in Division III.

“In high school, almost anyone can play sports; in college, only a select few people are athletes,” Frain said. “Only the top players will become college athletes, and that’s why being successful takes endless hours of preparation and practice.”

Playing at the next level is also difficult because the bigger stage brings more pressure and higher expectations, all while handling a more difficult schedule and course load.

“Time management is a key skill of any student-athlete, and is especially important to refine.”

Time management is a key skill of any student-athlete, and is especially important to refine. “My advice to incoming first-year athletes would be to work hard and

be a team player, [but] also remember you are a student athlete: student coming first and athlete second,” Ayon said.

For incoming first-years like Frain, expectations are high. “I think that we have the talent to do great things and win some tournaments this year,” Frain said. “Our goal is to be playing our best golf in May, and hopefully go down to Florida and perform in the national championship.”

Even though there are many challenges in adapting to being a collegiate student-athlete, athletes still cherish it as a rewarding and fun experience.

Greenberg is a member of the Class of 2021.

SPORTS

Run It Back: A Fall Sports Preview



PHOTOS COURTESY OF UR ATHLETICS

Senior Maya Haigis in last season's NCAA Elite 8 game against Rowan; sophomores and 3rd-team All-East members Emma Schecheter, left, and Carolyn Richards, right.

By CEZ GARCIA
SPORTS EDITOR

With school soon to be in full swing, the Yellowjackets' fall sports teams are gearing up. The fall sports include football, soccer, field hockey, cross country, and volleyball.

Football is hoping to improve as second-year coach Chad Martinovich continues to build a culture and program at the University. Having previously coached at the Massachusetts Institute of Technology, Martinovich went from a 10–1 record to a 1–9 record in his first year with the 'Jackets. When asked about the upcoming season, Martinovich believes “we will have more depth and talent than we did last year... [and] a lot of competition for playing time at

each position, which will make us better as a team.” The ‘Jackets open the season on Friday, Sept. 7 against Case Western Reserve University at Fauver Stadium. Martinovich believes “it will be exciting to see our young team’s growth over the course of this season” and that this home opener is a great place to start, getting revenge for last year’s 38–10 loss.

While football had learning curves last season, the Women’s Field Hockey team was one of last year’s best in the nation. The ‘Jackets ended the 2018 regular season 19–1 losing only to Vassar College, who ultimately defeated them for the conference title in the Liberty League tournament. The team continued to the NCAA

Tournament but were ousted in the Elite 8 by Rowan University. Senior Maya Haigis said the team can improve on their success last season and has “the potential to go far this year in both the Liberty League tournament and the NCAA tournament.” As a senior, this upcoming season is extra special for Haigis as she describes the team as a “family” to her. “I can’t picture what my college experience would’ve been without field hockey, and especially without the amazing women I get to call my teammates and best friends,” Haigis said. The ‘Jackets open the season away at York College on Aug. 30 but opens at home on Saturday, Sept. 7 against Houghton College.

Another successful team last season was Men’s Soccer. The ‘Jackets capped a 16-win season with a deep run into the NCAA tournament. They were knocked out in the Final Four by eventual winners Tufts University. Meanwhile, the Women’s Soccer team also had a winning season with an overall record of 9–8–1. The season had its ups and downs for the ‘Jackets but saw defender Shayna Levy ‘19 make 2nd-team All-East Region and sophomore goalkeeper Emma Schecheter and forward Carolyn Richards on 3rd-team All-East. The team made it to the NCAA tournament but were handed an early first-round exit by Ithaca College. The men’s and women’s home openers are against Keuka College with the

respective games on Sept. 1 and 4.

To round out fall sports, Women’s Volleyball will look to improve last season’s conference record of 1–6. Despite an overall record of 23–12, the ‘Jackets struggled in conference. The University holds an annual invitational where the team will have their home opener against Medaille College on Sept. 6. Similar to volleyball, Men’s and Women’s Cross Country will also have their home openers in the University invitational. Both teams will compete on Sept. 14 in the Genesee Valley Park.

Garcia is a member of the Class of 2022.

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