

Campus Times

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Welcome
Class of
2019!

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TO COME TO UR**

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Celebrate
YELLOWJACKET
WEEKEND

FRIDAY 9/4

- 3:30-5PM** **ACTIVITIES FAIR** – DANDELION SQUARE
- 10PM** **DRIVE-IN MOVIE** *The Big Lebowski* – WILSON QUAD
Sponsored by Cinema Group, 2016 & 2018 Class Councils
- 10:30PM** **COFFEEHOUSE:** *Luke Me+zler* – STARBUCKS – Sponsored by UR Concerts

SATURDAY 9/5

- 11AM** **MEN'S CROSS COUNTRY FLOWER CITY OPENER (6K)** – GENESEE VALLEY PARK
- 11AM** **WOMEN'S CROSS COUNTRY FLOWER CITY OPENER (4K)** – GENESEE VALLEY PARK
- 11AM** **FIELD HOCKEY VS. OBERLIN COLLEGE** – FAUVER STADIUM
- 1:30PM** **MEN'S SOCCER VS. RUTGERS-NEWARK** – FAUVER STADIUM
- 2:30-6:30PM** **YELLOWJACKET CARNIVAL** – WILSON QUAD
Sponsored by CAB, WSCA, UR Concerts, Dining Services, Blimpie and Kappa Alpha Theta
- 2:30PM** **STUDENT MUSIC SHOWCASE** – WILSON QUAD – Sponsored by UR Concerts
- 2:30PM** **FEEL THE STING SHIRTS** – WILSON QUAD
Sponsored by Wilson Commons Student Activities and Class Councils
- 5PM** **SIG EP LUAU DINNER** – HIRST LOUNGE
Sponsored by Sigma Phi Epsilon, Wilson Commons Student Activities, Dining Services, and Pepsi
- 7 / 9:15 / 11:30PM** *ex machina* – HOYT AUDITORIUM – Sponsored by UR Cinema Group
- 7PM** **WOMEN'S SOCCER VS. UNION COLLEGE** – FAUVER STADIUM
- 8PM** **BILL NYE** – STRONG AUDITORIUM – Sponsored by Campus Activities Board

SUNDAY 9/6

- 11AM** **WOMEN'S FIELD HOCKEY VS. DENISON UNIVERSITY** – FAUVER STADIUM
- 4PM** **MEN'S SOCCER VS. MORRISVILLE STATE COLLEGE** – FAUVER STADIUM
- 8PM** **BLACKOUT** – RUSH RHEES LIBRARY – Sponsored by Black Students' Union

MONDAY 9/7

- 11AM-1PM** **WHAT ARE YOU BUZZING ABOUT?**
HIRST LOUNGE – Sponsored by CAB
- 1-4PM** **SPARK ENTREPRENEURS FALL KICKOFF LAWN PARTY**
WILSON QUAD

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Photonics institute to be headquartered in downtown Rochester

BY SAM PASSANISI
NEWS EDITOR

Aferalmostayearofdeliberation, Rochester was announced in July as the headquarters for the federal government’s new Integrated Photonics Institute for Manufacturing Innovation. The photonics institute, which was first announced to the public in Oct. 2014, will encompass a coalition of state and private universities including UR, Rochester Institute of Technology (RIT), and State University of New York Polytechnic Institute (SUNY Poly). Funding will come in part from the U.S. Department of Defense, which committed \$110 million to the project.

Rochester’s photonics institute is the sixth such project to be announced since 2012, when the government began an initiative to fund Integrated Manufacturing Institutes in various fields including an institute for 3-D printing, in Youngstown, Ohio, and an institute for research into lightweight metals, in Detroit, Michigan. The goal, as stated in a White House press release from last year, is to develop “an end-to-end photonics ‘ecosystem’ in the U.S., including domestic foundry access, integrated design tools, automated packaging, assembly and test, and workforce development,” in hopes of keeping the U.S. up-to-date in cutting edge fields.

The field of photonics, for instance, encompasses the study of light, lasers and fiber optics. With applications in telecommunications, computers and manufacturing, photonics is coming to be an important part of sustained technological innovation in the modern world.

The institute is likely to be headquartered in either Legacy Tower, which was formerly the headquarters of Bausch & Lomb, or the Sibley Building, both in downtown Rochester, although there was some confusion over the actual location. SUNY Polytechnic professor Michael Liehr released

a statement that the institute’s headquarters would be located in the Legacy Tower, formerly the headquarters of Bausch + Lomb. In response to Liehr’s statement, UR President Joel Seligman, Wegmans CEO Danny Wegman and state Sen. Joseph Morelle announced that the location had not in fact been finalized, and that the Sibley Building was being investigated as another option. In a statement from the President’s Office on Thursday, Seligman said only that the headquarters would be located “in downtown Rochester.”

The photonics institute brings with it more than \$600 million dollars in total funding, from federal and state sources as well as private investors. This influx of funding is expected to be a tremendous boost to Rochester’s economy. In an email interview, Seligman’s office expressed confidence that “photonics will grow Rochester’s and the region’s workforce, and create many new jobs in research, development, and manufacturing, not to mention the entrepreneurial ventures that will arise,” adding that “photonics will serve as an economic engine to draw researchers and skilled workers to Rochester and the region.” U.S. Sen. Charles Schumer was also quoted on the institute’s potential impact, saying “This could create, over the years, thousands and thousands of good-paying jobs.”

The announcement is particularly relevant to UR because of its long history of research in the field. The Institute of Optics, founded in 1929, is recognized as one of the strongest players in the optics and photonics field. “The University of Rochester is a pioneer in the field of optics,” Seligman said, “we had the first optics degree and the University has graduated more than 50 percent of all the world’s optics graduates. RIT is also exceptionally strong in optics, and, of course, we have the professional base built by Eastman Kodak and others in the city.”

Passanisi is a member of the class of 2017.

New building lays foundation for Data Science at UR

BY ANGELA LAI
NEWS EDITOR

On the first day of classes, Aug. 31, construction workers will begin laying the foundation for Wegmans Hall, the planned 58,000-square foot building which will house the Goergen Institute for Data Science. The Institute itself will continue to expand this year, offering a Masters program in Data Science for the first time as well as planning another faculty search and a monthly colloquium series. It also plans to formally announce an industrial affiliates program in the next month or so.

Henry Kautz, the Robin & Tim Wentworth Director of the Institute for Data Science and a professor of computer science, explained, “One of the new things we wanted to do with our data science degree programs, at both the Bachelors and Masters level, is to really incorporate some real-world, industry-based, problem-solving directly in certain classes.”

So far, the Institute’s industrial affiliates include 15-20 local companies and a number of national companies. Some of these affiliates, Kautz said, will help “sponsor and mentor a student

research project that will be part of their course work for their degree.”

Kautz added that the Institute is working on providing “more support and organization for students’ internships,” with plans for an industrial affiliates fair in the winter where students interested in data science and its related fields can interact with companies and learn about internship opportunities.

For the wider student body, Kautz said that organizers of the monthly colloquium series are seeking “themes of broad interest.”

Rather than pure data analytics or computer science, the talks could help illustrate the many applications of data science through topics like data analytics in health care or applications in political science or law.

“We want to open people’s eyes and educate them about the range of possibilities,” Kautz said.

Kautz, along with assistant professor of computer science Mohammed Hoque and Brain & Cognitive Sciences professors Greg DeAngelis and Robert Jacobs, received a National Science Foundation research traineeship award in April for a new graduate education program exploring

the connection between artificial intelligence and neuroscience.

While the Data Science program emphasizes graduate education, its classes and research projects will also involve undergraduates. Kautz foresees “a lot more opportunities for student research” in general.

Outside of the classroom, students will notice major changes to the science and engineering quad. The new Wegmans Hall will be located next to Hopeman Engineering Building and at the midway of Hutchison Road, so that Hutchison Road will no longer connect Wilson Boulevard and Inter-campus Drive.

Construction will go on during classes, typically from 7 a.m. to 3:30 p.m., and will be continuous through the fall of 2016. By November of this year, project manager Greg Meyer said that students will “start seeing the structure of the building.”

Meyer expects that the building will be complete and ready for occupancy in December 2016, and that the completion of Wegmans Hall will overlap with the redesign of the Science and Engineering Quad.

Lai is a member of the Class of 2018.

Bill Nye to visit UR for Yellowjacket Weekend

BY SAAD USMANI
SENIOR STAFF

On July 31, Campus Activities Board’s (CAB) announced on Facebook that Bill Nye would be this year’s Yellowjacket Weekend Speaker, appearing on the River Campus on September 5. Nye is a renowned scientist and television personality, better known to fans by his full title “Bill Nye the Science Guy.” His credentials include working in the aeronautics industry, starring in an eponymous television show, and appearing on “Dancing with the Stars.”

He is currently the CEO of The Planetary Society, a non-profit organization founded by Carl Sagan and others advocating for research in astronomy related fields.

CAB Administrative Chair and senior Samantha Lish said in an email, “We always try to get someone who is relevant to college students’ lives. We feel that Bill Nye is really fitting. He’s recently appeared on many shows and, of course, is someone that many of us grew up watching. There were definitely others in the running; however, we thought Bill Nye would be

the best choice for our campus.”

“Each year CAB brainstorms a list of comedians and speakers for our community weekends and speaker events. Then [we] work with our agent to see who’s available and whether or not our ideal choices are within our budget.” Lish added, “Audience members should expect Bill Nye to speak about the thing he knows best—science!”

Tickets for the Bill Nye event go on sale at the Common Market beginning August 31.

Usmani is a member of the class of 2017.

Campus Times

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FEATURES

Orchestrating Orientation



COURTESY OF UR COMMUNICATIONS

This year's Orientation Leaders helped design and plan this year's Orientation. They work very closely with Senior Orientation Volunteers to ensure a smooth Orientation Week.

BY JUSTIN TROMBLY
OPINIONS EDITOR

When he was a freshman, junior Tristan Ford noticed something wrong with one of his hallmates. An international student, the girl was sleeping through classes and spending long nights awake talking to family and friends from home. Concerned about her transition to college, Ford filed a CARE report. While the student ended up transferring, the experience allowed Ford to realize the importance of early freshmen connections. He began mentoring incoming international students and volunteering for Orientation.

Now, he's a Senior Orientation Volunteer (SOV) and an International Student Mentor (ISM), working with Orientation staff to welcome students to campus.

"For me, Orientation is about connection," Ford said Sunday, the move-in day for international students. "Not only an opportunity to learn about the University's resources, but also introduce incoming students to each other and foster new friendships."

Orientation runs from Tuesday, Aug. 25, to Sunday, Aug. 30, with a full flight of events scheduled.

As an SOV, Ford helps "bring all the pieces of Orientation that the leaders have designed together." SOVs arrive earlier than other volunteers and work closely with the leadership, assisting with specific tasks and becoming their partners in a way.

To Ford, SOVs are problem-solvers; they deal with day-to-day issues.

Senior Jessica Rose, another SOV, confirmed this: "The Senior Orientation Volunteers are given more responsibility and are the people that the Orientation Leaders can turn to for assistance."

Like Ford, Rose was inspired to get involved with Orientation after her freshman year. She joined UR Bhangra and Ballet Performance Group and, wanting to dig deeper into campus life, began volunteering for Orientation. "I

remember my Orientation helping me feel connected and welcomed into the college community," she said, echoing Ford's thoughts. "I wanted to give back and be a part of that experience."

Propelling Rose's efforts has been her passion for UR, which she has enjoyed sharing with incoming students for three years. "It is so rewarding to know that all of the hard work the Orientation staff and volunteers put in makes a difference to the freshmen class," she said.

As a bonus, Rose usually gets to perform with one or both of her dance groups during Orientation, boosting to her excitement for the week.

Ford feels similarly about his orientation role as an ISM. Incoming international students are split into groups and paired with mentors with similar majors to the ones they're considering. For Ford, that means his 20 students are all looking to study fields similar to Biomedical Engineering. "Throughout fall semester I will help guide these students academically, socially, and mentally through the obstacles of transitioning to not only college life, but U.S. life as well," he said.

In detailing what helping out with Orientation means to him, Ford explained the science behind it all. "Students who form better social connections early on will enjoy more resilience to stress and benefit from having peers who are also transitioning to college life," he said. "My job is to do everything I can to ensure a student's mind is at ease so they can be themselves, have fun and meet new friends."

Ford and Rose's experiences highlight the inner-workings of Orientation, which include everything from minutiae about the placement of names on programs to stuffing student bags with information and gifts.

Both described the buildup to UR's welcome week as chaotic, though still fun.

While Orientation is planned out months in advance, Ford said, "it's not until...a few days before move-in that we have enough people to bring everything together."

But for all its stress, orchestrating an event like Orientation pays plenty dividends—not only in the smiles of new students with newfound homes, but also in the friendships forged among those pulling everything together.

By the end of the week, Rose said, "[the Orientation staff and volunteers] become such great friends."

As well, both Ford and Rose picked up skills they feel will aid them in their future endeavors.

"Orientation has helped me learn how to collaborate and communicate effectively with others, how to manage my time and how to stay calm and be efficient under pressure," Rose said. "My future plan is to be a nurse, and these skills I have developed through Orientation will definitely help." Eventually, Ford said, he hopes "to take on a career helping others, and Orientation is one opportunity for me and other undergraduates to give back."

Director of Orientation Eleanor Oi '13S explained that when assembling her team, she tries to find "students and staff who want to be a part of the fun and excitement, people who care about the University and want to give back for nothing more than food and a t-shirt."

Before taking on the reins of Orientation at UR, the Simon School alumna worked in residential life capacities at other colleges and always liked seeing students move in. Welcoming people to campus appealed to her, especially at a place like UR, she said.

Looking to the future, Oi wants only to see Orientation get better and better.

"I want Orientation to be a time when the new students can learn about why the University of Rochester is an amazing place," she said. "Find their way around campus. Feel confident in selecting classes and feel happy here. To be excited to start their academic life here for the next four years."

Trombly is a member of the class of 2018.

What every freshman should do in autumn

BY JULIANNE MCADAMS
MANAGING EDITOR

If you're a freshman, you may hear during your first year at UR that there's "nothing to do in Rochester." To those of you who were looking forward to some off-campus life, that may come as a disappointment.

However, the following list (as well as the photos plastered all over the walls of Danforth Dining Hall) aims help debunk this falsehood, as well as show you the many things you can do in the City of Rochester.

One of the reasons I came to UR in the first place was because I wanted the chance to explore an American city with a beautiful, historical chip on its shoulder. Here's a list of

One of the reasons I came to UR in the first place was because I wanted the chance to explore an American city with a beautiful, historical chip on its shoulder.

10 things to hit up before the end of your first semester that may show you a bit more of the polish this rusty city has to offer.

1. Monroe Avenue: For starters, check out Archimage (books, knick-knacks, jewelry, greeting cards) and Dogtown (hot dogs, garbage plates, vegetarian options).

Directions: Take the Orange Line and get off at Monroe Avenue and Goodman Street.

2. The Little Theater: This independent movie theater has homemade baked goods and live music almost every night. Along with major blockbusters, they showcase foreign films and live screenings of performances at the National Theater in London.

Directions: Take the Red Line to Eastman and walk down East Avenue toward Spot Coffee.

3. Magnolia's Deli & Cafe: It was a big deal when President Obama ate there in 2013, but a true Rochesterian knows Magnolia's was cool long before then. Stop by Lakeshore Record Exchange next door when you're done.

Directions: Take the Orange Line to Park Avenue and Culver Road.

4. Bike the Erie Canal Path: The Students Association's City Cycles program lets you rent a

bike for free from the athletic center when the weather is nice, and believe me, you'll want to take advantage of that while you can.

Directions: Take Inter-campus Drive past Southside to reach the Erie Canal.

5. Greenwood Books: A charming and cheap, hole-in-the-wall used bookstore that is easy to explore far beyond what you'd expect from its size.

Directions: Take the Red Line, walk past Eastman, and turn left onto East Avenue. It's across the street from the Victoire Pub.

6. The Central Library of Rochester and Monroe County: Aside from being a beautiful library, there is a city historian on the second floor. And apparently it's haunted, so there's that. Look around and then head to Dinosaur BBQ next door for a great lunch.

Directions: Just take the Red Line to Eastman. It's only a 15-minute walk.

7. George Eastman House: Go see the home of the man whose statue you'll be walking by every day. Also within the house are a renowned museum of photography and the Dryden Theater, which screens art films and a versatile collection of motion pictures.

Directions: Take the Orange Line to East Avenue and Barrington Street.

8. Visit the Mount Hope Cemetery: This peaceful and sprawling cemetery is located directly adjacent to the River Campus. See if you can find famous graves: Susan B. Anthony, Frederick Douglass, and Nathaniel Rochester are all buried here.

Directions: The closest entrance is on Elmwood Avenue, east of campus.

9. Highland Park: Home of the annual Lilac Festival, this is also where you can experience the view from the highest point in Rochester.

Directions: It's within walking distance of campus. Just walk past Phase (Hill Court) to Mt. Hope Avenue.

10. Strong Museum of Play: A good place to remember your not-so-far-gone childhood, it also houses a butterfly garden and arcade.

Directions: Just take the Red Line to Eastman. It's only a 10-minute walk.

This only scratches the surface of the fine cuisine and culture that make Rochester the under-appreciated gem that it is, but it's a good place to get started.

McAdams is a member of the class of 2017.

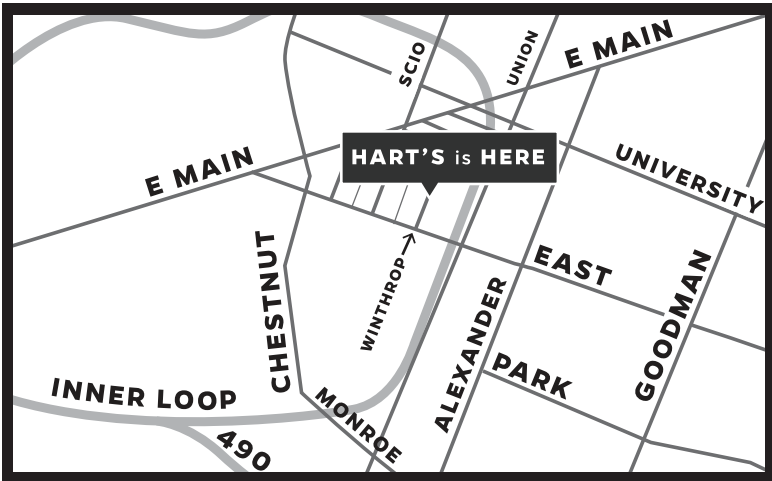
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HUMOR

Seligman speechless before Convocation

BY AUREK RANSOM
COPY EDITOR

Loosening his blue-and-yellow diamond-patterned necktie and easing comfortably into his leather wingback armchair, UR President Joel Seligman was shaken out of his brief pre-Convocation respite by the realization that he had forgotten to compose his speech.

Seligman groaned, digging the bases of his palms into his temples. He glanced at his watch: 20 minutes until Convocation. He produced a pen from behind his ear and

...he had managed only to come up with a paragraph consisting of three nouns, four verbs, two conjunctions, two instances of his own name and 63 instances of ‘meliora.’

drummed it on the desk, trying to think of something to say.

“What am I so worried about?” Seligman chuckled. “I just have to sprinkle in a few meliorae—they’ll eat that up.” Three minutes later, he had managed only to come up with a paragraph consisting of three nouns, four verbs, two conjunctions, two instances of his own name and 63 instances of “meliora.”

After a few more fruitless minutes, Seligman slunk out of his office to see if he had loaned out his copy of “101 Flubs, Gaffes, and Gaucheries.” To his dismay, no one had seen it.

His eyes searched the room as he racked his brain for a slick line.

He was, however, able to gather dog-eared copies of “Blunders to Make Your Mother Blush” and “To Err Rhetorical.”

With a mere 10 minutes left, Seligman decided that, as long as he had a trite phrase around

A few minutes later, he threw his opus on the floor. Tears of rage welled up in the corners of his eyes.

which he could organize his entire speech, the whole affair would be remembered more-

or-less fondly—or, ideally, forgotten. His eyes searched the room as he racked his brain for a slick line.

A cacophony ensued. Papers were rifled. Desk drawers were slammed.

“‘Here at UR, we enroll the very best...’ yeah, that’s decent,” he mused, “but how should I end it?” A few minutes later, he threw his opus on the floor. Tears of rage welled up in the corners of his eyes. He fell to his knees and wrung his hands above his head, gazing upward, gasping. He had been unable to arrive at a suitable rhyme for “best.”

“Well, shoot,” Seligman muttered, wiping his runny nose on his sleeve and hoisting himself up off the floor. “Maybe I can just use last year’s.”

A cacophony ensued. Papers were rifled. Desk drawers were slammed. An emphatic “Gotcha!” was followed almost immediately by cursing and a mumbled “No, wait, I did that last year. They’d definitely notice it the third time.”

Seligman groaned and sank dejectedly into his chair. Only

With two minutes left, Seligman’s mood took an upturn after he found a 1986 Admissions brochure replete with vintage UR puns.

five minutes remained until he was expected among the dignitaries at the head of the Eastman Quad.

“What’s the use, anyway?” he pouted, crossing his arms on the edge of his desk and resting his head on them. “Half these people aren’t paying attention, or else they’re asleep. I’ll just make it up as I go.”

With two minutes left, Seligman’s mood took an upturn after he found a 1986 Admissions brochure replete with vintage UR puns. To ensure a smooth delivery, Seligman decided to read the pamphlet’s contents verbatim.

Seligman’s good mood soured when, upon ascending to the podium in front of Rush Rhees Library, he realized that he had not replaced the Class Roll parchment after using the original as a barbecue sauce napkin at a summer cookout for alumni.

Ransom is a member of the class of 2017.

A treatment for freshmanitis: Some tips for freshman year

BY ERIK CHIDO
HUMOR EDITOR

Freshmanitis is an extremely contagious and potential lethal condition if left untreated. However, as someone who has personally experienced this crippling disease, I have a few remedies that may ease some of the symptoms.

Notice how I didn’t mention that the disease is curable. It has been the consensus of many scientists that freshmanitis generally lasts about a year. After that period, the symptoms will wear away until you are no longer afflicted by the illness. However, that being said, the condition can last much longer depending on what measures you take to prevent it from metastasizing to other parts of your body. The symptoms that many people experience can be broken down to three distinct phases.

Phase one, freshmanitis affects your cognitive functioning. Some common cognitive problems that people will experience are excessive naps, a desperate urge to binge Netflix and feeling hungry even if you are eating frequently. These symptoms then lead to the second phase.

Phase two, physical symptoms start to set in. In other words, the Freshmen 15 begins. You will start to gain weight, which you really hope would go to your test grades. It is still rather unclear where this phenomenon of Freshman 15 comes from, but there are two prevalent theories that seek provide some answers.

The first theory for Freshman 15 is that dining halls are unlimited and that students have the ability to eat as much or as little as they want. Since one of the common psychological symptoms of freshmanitis is increased appetite, it is believed that giving students the option to eat as much as they want will often lead to Freshman 15. The second theory is a bit more controversial and remains second banana to the aforementioned theory.

It is common that those with freshmanitis lack the motivation to exercise. Physical exercise is replaced by mental exercise as you find yourself swamped with homework assignments, papers, quizzes and tests. Among the many risks that this transition poses to your body, perhaps the

most notable is severe weight gain. These two theories for Freshmen 15 are unconfirmed, but I believe that they do hold up to academic scrutiny. Without deviating too much from the purpose of this article, which is giving all of those afflicted with Freshmanitis some methods to treat it, let me fill you in on some tips:

1. LANYARDS, LANYARDS LANYARDS! You’ve probably been given this advice, but it is worth hearing again. Although many people will tell you that lanyards with a college’s name are an easy way to distinguish freshmen from upperclassmen (and is one of the obvious ways to identify freshmanitis), I feel like that isn’t the biggest problem with wearing lanyards.

Think about what can happen with anything hanging around your neck. If you’re not careful you can suffocate. This is far more lethal than freshmanitis since there have been no reported cases of death from freshmanitis.

2. Get some exercise. Go for a run, a walk, a crawl or anything forthatmatter. Do something instead of barricading yourself in your dorm watching Netflix and eating pints of Ben & Jerry’s ice cream. I suggest that during the winter you get outside and shovel the snow off the sidewalks near the Riverview Apartments.

I only suggest this because that is where I will be walking from to campus everyday and it would help to cut down my commuting time. Another popular winter activity that involves exercise is walking around Rochester with a t-shirt and shorts on. Even though I am an Economics major, I know that homeostasis is the bodily function to keep the internal body temperature stable.

Assuming that this is true, it seems like it would be a great idea to walk around in cold, wintery Rochester without a jacket to keep you warm. Your body sensing that you are cold will use energy to keep your body warm. This seems to have its set of drawbacks, but it is worth a try.

3. Nap only when it is

necessary. This may be a difficult treatment method. After coming back from class, you usually have a window of time to take a snooze. I know of a past freshman who would take ten minute naps in my suite’s lounge and then would head to class upon waking up. I know of others who take really lengthy naps during the day of up to six hours. I think they are nocturnal.

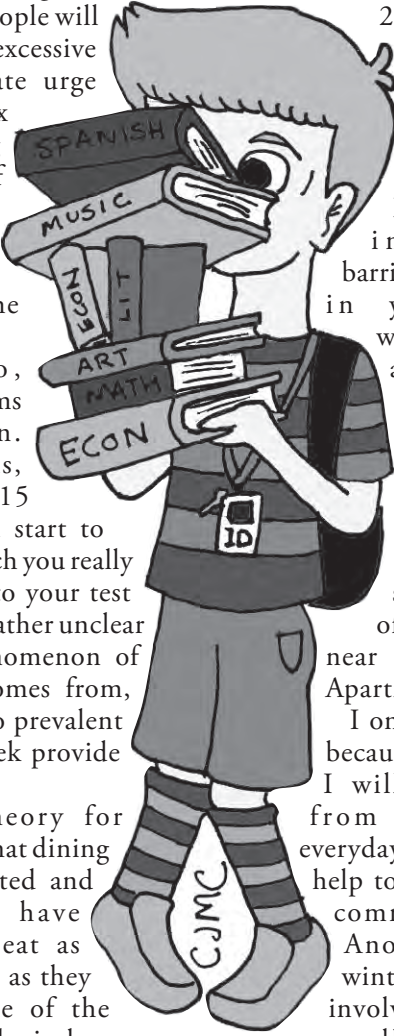
I suggest getting at least a minimum of five hours of sleep each night. However, finals week is a different story. I’ve come up with a formula that accurately converts your average hours slept per night to the average hours slept per night during finals week. What you do is take the average hours slept per night, which should be—as I said—at a minimum of five hours, and multiply that by zero. So if you on average sleep seven hours per night, you would sleep zero hours on average during finals week. So my advice is to not take too many naps: save it for the evening.

4. Try to travel in smaller groups. Orientation is a great way to meet new people, especially those that are in your hall. I was once in your position, so I understand that traveling in packs comes with the title. However, it is common for freshmen to continue to travel in these packs well into the academic year. Usually, the packs will start to disband once the temperatures start to dip into the negative figures. You’ll ask everyone in your lounge if they want to walk to the pit for dinner. This will start a large debate where those who would’ve eagerly joined you a few months ago will turn down the offer. The deciding factor is almost always the temperature. It is something of a double-edged sword.

One day, you may find the cold refreshing. Other days, you will want to post up in your room and watch Netflix while binging on Ben & Jerry’s ice cream. Getting back to the point, I would say that traveling packs are a notable symptom to look out for.

Now that you have this knowledge at your diposal, make sure to use it. It’s ultimately up to you whether or not you choose to heed my advice. There is a distinct difference between a freshman and someone who has freshmanitis. All of you will be freshmen until you make it to sophomore year, but freshmanitis is avoidable; and, if left untreated, can be extremely devastating. With this in mind, have a great freshman year and make sure to make the most of it! Meliora.

Chiodo is a member of the class of 2017.



CHRISTIAN CIERI / ILLUSTRATOR

ARTS & ENTERTAINMENT

The movies to watch this fall

BY SCOTT ABRAMS
COPY EDITOR

With the school year heating up, here are some of my most anticipated movies that will be released this semester.

“The Martian” (October 2)

Based on the Andy Weir novel of the same name, “The Martian” follows an astronaut (Matt Damon) who is abandoned by his crew on Mars after they believe him to have been killed in a firestorm. Director Ridley Scott’s output has been a bit shaky recently, but this seems like the kind of project that could change that pattern, even if Damon’s role here seems suspiciously like the one he played in last year’s Interstellar.

The great Jessica Chastain, his co-star in that film, is said to have a great role here as the captain of the space ship.

“The Martian” will debut next month at the Toronto International Film Festival.

“Crimson Peak” (October 16)

Horror extraordinaire Guillermo del Toro is back with this gothic period piece about a young woman (Mia Wasikowska) who is haunted by ghosts in her new husband’s (Tom Hiddleston) mansion. I’ve heard great things about this film, which is supposed to be less a horror movie than a drama with horror elements to it. Between Wasikowska, Hiddleston, and Jessica Chastain (again!), del Toro has assembled a wonderful cast to bring his film to life.

“Brooklyn” (November 6)

Saoirse Ronan, the incredible actress from “Atonement,” “The Lovely Bones” and “Hanna” is said to have a great chance at a Best Actress nomination for this melancholy tale of Eilis Lacey, an Irish immigrant in the 1950s, who must choose between the promise of her new life in New York City and the stability of her home in Ireland. Emory Cohen, best known for his terrible performance as Debra Messing’s son in “Smash,” is said to also be outstanding here as Eilis’s American suitor. “Brooklyn” premiered at the Sundance Film Festival and will also screen at the Toronto Film Festival.

“By the Sea” (November 13)

Angelina Jolie-Pitt directs herself and Brad Pitt in this period story of a couple whose marriage is imploding in on itself. The recently released trailer promised an intense, beautiful story about the dark side of a relationship. Jolie-Pitt, who is making her screenwriting debut, is said to have based the story on art films of the 1970s. Early word is very strong.

“The Hunger Games: Mockingjay – Part 2” (November 20)

I’ve been trying to stay away from well-known franchise films in this article, but the end of Suzanne Collins’ series is very divisive, and I wanted to show my support of the psychological realism and prowess she shows in her handling of Katniss’s post-traumatic stress disorder. Given the mixed reactions, it’s possible that Lionsgate will

soften this angle, but I trust Jennifer Lawrence and director Francis Lawrence to give this film series (which was much better than other book-to-film series, save “Harry Potter”) the sendoff it deserves.

“Carol” (November 20th)

Based on Patricia Highsmith’s incredible 1952 novel, “The Price of Salt,” “Carol” stars Rooney Mara as a young photographer in the 1950s who becomes romantically involved with an older society woman (Cate Blanchett) on the verge of divorce with her husband.

The novel is a beautiful study of the stilted time period and builds to one of the most moving climaxes I’ve ever read. “Carol” premiered to rapturous reviews at the Cannes Film Festival, where Mara won the Best Actress award. As it’s being released by awards heavyweight The Weinstein Compnay, expect a major Oscar campaign for Blanchett, Mara and the film.

“Joy” (December 25)

Jennifer Lawrence stars in a fictionalized account of Joy Mangano, a female inventor and entrepreneur in the 1990s.

Her third collaboration with David O’Russell (who directed her to an Oscar win in “Silver Linings Playbook”), this seems poised to earn Lawrence another nomination, if not win. I’ve heard that the script is much heavier than previous O’Russell films, and that Robert De Niro has a devastating role as Joy’s father.

Abrams is a member of the class of 2018.

The summer in music: in search of the essential jam

BY JEFF HOWARD
A&E EDITOR

Maybe I am just out of touch with what’s popular, but it felt like this summer was lacking a song to call its own. In May Adam Levine released “This Summer’s Gonna Hurt...,” a slick dance-pop tune with modern-feeling production and a chorus that was super catchy. Shortly after Carly Rae Jepsen released a string of singles from her then-upcoming album “EMOTION,” and most of them were excellent. “All That” sounded like a ballad from the ‘80s and “Come Away With Me” had an amazing anthemic feel to it. However, none of these songs brought people together in the way that a “song of the summer” does.

Fortunately, this summer offered many strong releases. Among them was the new Tame Impala record, titled “Currents.” On this album, Kevin Parker secured a name for himself as a brilliant songwriter and producer. I would listen to “Currents” in my car a lot this summer, and I was always taken aback by the layers of beautiful analog synth sounds, not to mention the crisp drums and catchy melodies.

Also amazing was the new Jamie xx record, “In Colour”. This record has a killer opening track with an epic synth lead. I loved the delicate and spacey

released “Atmospheres 4,” which featured a righteous sample of Michael Jackson’s “Human Nature”. While vaporwave is not a super popular thing, fans of electronic music sounding super clean and bubbly with nostalgic ‘80s elements might find pleasure in “Atmospheres 4.” Also excellent was “SACRED GROVE ONLINE” by STAQQ OVERFLOW. This release had an extremely high-tech and tribal sound to it. If you like the kind of internet vibe that harkens back to the Windows 95 startup tones, you might like this release, out on Ailanthus Recordings.

Up in Sweden, the hip-hop cyberpunks in Sad Boys

If you’re into trap rap and are down to bask in the feeling of being misunderstood and dejected, Bladee might be your thing.

Entertainment (SBE) and Gravity Boys (GTB) had a tumultuous summer. The death of “Hippos in Tanks” label owner Barron Machat was a blow to Yung Lean and many other artists in internet music communities. Yung Lean cancelled all of his shows this summer, and one can only speculate that it had something to do with Machat’s death. However, SBE and GTB didn’t let that get in their way, as they released some of their best music to date this summer. Yung Lean released the track “Roses,” one of his moodiest songs, which had excellent production by Whitearmor. GTB rapper Bladee released the most new music this summer out of any of the GTB members, including a fantastic collab with rapper Black Kray on the track “Friday Night,” along with the track “Like a Virgin,” which had more awe-inspiring production by Whitearmor. If you’re into trap rap and are down to bask in the feeling of being misunderstood and dejected, Bladee might be your thing.

Lastly, Cal Chuchesta released his debut mixtape this summer, “The New CALassic”. I have also not listened to it yet, but I am sure it is amazing.

“The summer in music” can mean something different to everybody, but to me, this was a strong summer for music, though one had to dig deep to find it.

Howard is a member of the class of 2017.

2016 forecast: late-night surge

BY AUREK RANSOM
COPY EDITOR

Late-night television owes much of its success to politics, experiencing a boom every four years during presidential campaign season.

Why is this so? Satire gives political topics an oft-needed note of brevity. We can laugh at the folly of the political process and at the figures that inhabit the political sphere. There’s a deep irony in joking about those whom we’ve appointed to represent us.

Consider the remarkable—and usually fruitful—changes that television undergoes during campaign season. The foremost plyers of punditry know to take advantage of the quadrennial gift. Comedian Jon Stewart of “The Daily Show,” for instance, has made a career of political criticism, but expressed regret that he was retiring just as campaigns were getting started—particularly ones as turbid and unpredictable as this year’s.

Comedian Trevor Noah is slated to take over for Stewart on

September 28; will he succeed in preserving “The Daily Show”’s political tone? Maybe. Noah has mentioned his excitement to be hosting the show during an election year. But he could change the format, as Stewart did when he

There’s a deep irony in joking about those whom we’ve appointed to represent us.

first took over the show from Craig Kilborn in 1999. Noah would be unwise to ignore Stewart’s seasoned format and devoted audience.

Stephen Colbert, formerly of Comedy Central’s “The Colbert Report,” will take over David Letterman’s spot hosting “The Late Show” on September 8. Colbert, who also made his name in political humor, will likely ditch his hyper-political format. He will be hosting on a major network, CBS, who undoubtedly will expect a tamer and less-partisan brand of

humor. Colbert’s focus now will need to be viewers en masse, not liberals alone. He will nevertheless be drawing a lot of material from presidential campaigns.

“Saturday Night Live,” too, is memorable for its irreverent take on politics. Since 1992, the show has experienced a spike in its share—the percentage of the nation’s televisions that are tuned in to the show—every election (or preceding) year. Despite an overall decline in share since the show’s inception, it reliably succeeds during campaign season with memorable caricatures like Tina Fey’s flaky Sarah Palin and Fred Armisen’s uncannily-accurate Barack Obama.

Late-night television can be counted upon to parody political news, or even the media that delivers it, in a palatable format. All political rhetoric—from the anodyne to the dynamite—is ample fodder for late-night prodding. We should expect late night to take advantage of the imminent political tempest.

Ransom is a member of the class of 2017.

What with the rise of Apple Music, Dre is in mogul mode to say the least, so ‘Compton’ should be an interesting reflection of where he is in his career.

textures on this thing, and the collab track with Young Thug, “I Know There’s Gonna Be (Good Times),” made for a nice surprise.

Another huge thing is the release of Dr. Dre’s long awaited third LP, “Compton”. I have not listened to “Compton” yet, but I look forward to it, especially since “Chronic 2001”, his last release, is one of my favorite rap albums of all time. What with the rise of Apple Music, Dre is in mogul mode to say the least, so “Compton” should be an interesting reflection of where he is in his career.

The Internet music world delivered this summer too. Vaporwave legend Eco Virtual

SPORTS

Varsity athletes first to experience UR



PARSA LOTFI / PHOTO EDITOR

The women's field hockey team practices before Orientation begins.

BY DANIELLE DOUGLAS
SPORTS EDITOR

Over 1,000 new freshmen will caravan onto the UR campus when 9 a.m. rolls around on the morning of Tuesday, Aug. 25, their cars filled with family members and packed with entire closets worth of clothing. While lines of vehicles run down Wilson Boulevard and Intercampus Drive, and as students attempt to maneuver hefty boxes through dorm stairwells and hallways, a select number of individuals will be pushing themselves through intense agility training and hard sprints in Fauver Stadium.

For many varsity athletes, the standard commotion of freshman move-in day is not a part of their college experience.

Each year, roughly 80 new student-athletes get a head start on their UR careers. Members of the traditional fall sports teams—soccer, volleyball, cross country, field hockey, and football—are required to arrive on campus anywhere from two weeks to a few days early to begin their intensive preseason training. These practices—often held at least twice a day—last until the commencement of fall competition schedules.

“It gives us the chance to adjust to sports first and then school second,” women’s soccer midfielder and forward and junior Jean Chakmakas said. “It’s nice to not just be thrown into everything at the same time.”

Even before Chakmakas arrived on campus her freshman year, she was, like athletes in many other sports, instructed to follow a strict summer regimen.

“I was so motivated to train before freshman year,” she

said. “You’re scared coming in because it’s so new and you don’t know what to expect.”

Summer workouts can include anything from tri-weekly lifting routines to timed miles to sprinting, and are designed to ensure that athletes come to preseason already in shape and prepared to train. The early stages of the season are also used to gage the skill sets of rookie athletes.

Prior to the start of her first UR preseason, women’s volleyball captain and senior Ashley Hunter said that she worried she wouldn’t be able to compete with her older, more experienced teammates.

“I didn’t expect to be accepted because I was a freshman, the lowest person on the totem pole,” Hunter said. “But being on volleyball, this was not the situation at all.”

Although training schedules are designed to be demanding, a key part of the preseason experience is team bonding. Without acting as a cohesive unit, it is difficult for a team to be successful.

“It’s really a true training camp where you eat meals together, you do training together, hang out in the dorms together,” men’s varsity soccer coach Chris Apple said. “It’s a great opportunity to develop the team unity that you want.”

Each team has its own unique way of creating a comfortable environment and promoting camaraderie among its players. Apple said that on the men’s soccer team, each freshman is paired with an upperclassmen mentor who shares some sort of commonality outside of sports—be it a major, an interest or a hometown. In addition to one-on-one meetings that younger players have with the coaching staff,

these mentors also check in regularly to make sure that they’re doing well on and off the field.

The field hockey and women’s soccer teams give the same type of attention to their new athletes, through sessions with a sports psychologist and similar “buddy” programs.

“Coming in and having such a great group of girls to look up to, just the quick conversations with them really meant a lot to me,” Chakmakas said of her more senior teammates. “It would be nice for me to do the same [for the new freshmen].”

The idea behind developing these relationships is to create a team environment that is both supportive and competitive in the earliest stages of the season.

“When the guys are going against each other, they’re constantly competing and pushing each other to be stronger,” Apple said of his team dynamics. “But they’re also collaborating and encouraging each other to work together to be successful.”

“One of the nice things about being an athlete is that you always have something in common with the people around you,” rookie field hockey midfielder and freshman Lauren Sharpe said. “It’s hard work but it provides really good structure, and it’s a lot of fun along the way.”

As a new player and a new student, Sharpe said that although she loves the bonds she has already created with her team, she is also excited to become oriented with the greater student body.

“It’ll be interesting to see who all [my freshmen teammates] become friends with,” she said. “We all have sports, but we have other interests as well.”

Douglas is a member of the class of 2017.

American League Wild Card: A contentious year

BY JESSE BERNSTEIN
STAFF WRITER

It’s nearly September, and the National League playoffs seem largely set (unless the Nationals or Giants go on an absolute tear). However, the picture isn’t so clear over on the Junior Circuit, where as many as five teams still have a more than reasonable shot at the second Wild Card spot. Here are those five teams ranked by likelihood of seeing October baseball (standings are as of August 22nd):

1. (WC) Los Angeles Angels:

Mike Trout and Co. are the current holders of the second wild card position. Though they sport a pretty weak lineup outside of Trout and the newly resurgent Albert Pujols, any batting order with those two names penciled in can’t be counted out. If Garrett Richards can regain his early season form and Jered Weaver can keep up his recent streak of strong outings, there’s no reason this team can’t hold onto their spot.

2. (2 GB) Tampa Bay Rays:

Though they don’t have much of a lineup to speak of outside of Evan Longoria and a few over-performing no-names (looking at you, Logan Forsythe), the Rays’ pitching might just be good enough to push them over the top. Chris Archer has been one of the best starters in baseball this season (2.77 ERA, 1.01 WHIP, 2.57 FIP), leading

a Tampa Bay pitching staff that has the lowest BAA in the league. Don’t sleep on this team.

3. (0.5 GB) Baltimore Orioles:

By any metric, the Orioles have had one of the best offenses in the league this year. Manny Machado, Chris Davis, and Adam Jones will continue to pick up the slack where they can, but if this team wants to stay in contention, somebody’s going to have to help Wei-Yin Chen (3 ER or fewer 14 out of his last 15 starts), Baltimore’s only reliable starter this season.

4. (0.5 GB) Texas Rangers:

They’ve had one of the worst pitching staffs in baseball this year, and Cole Hamels hasn’t exactly been the world-beater Texas thought they were acquiring. However, they’re still in it, bolstered by a killer offense led by the still-chugging Prince Fielder. They can’t field, they don’t run well, and they’re barely above .500, but they’re still in it.

5. (2 GB) Minnesota Twins:

As far as playoff teams go, they generally don’t feature middle-of-the-pack offenses and bottom five pitching staffs, but here come the Twins. They’re showing some signs of life against good teams right now, but if they want to even sniff the playoffs, they’re going to have to keep it up; nearly all of their remaining games are against teams still in the thick of the playoff race.

Bernstein is a member of the class of 2018.

The summer of women in sports

BY JACKIE POWELL
STAFF WRITER

Some of you might be scratching your heads as to why I would call this past summer an “Athenian Summer.”

This generalization has nothing to do with the Olympic Games and its birthplace. As all of the mythology nerds out there know, Athens received its name from Athena, the Greek Goddess of weaving, wisdom and warfare. This past summer, inside the world of women’s sports, we saw many reincarnations of our heroine Athena rise.

I was initially blown away on July 6, when I heard that Team USA captured their third World Cup. I was further elated when I saw how the media and Americans responded to this impressive victory and hat trick

from Carli Lloyd, who was the player of the game. Over 25 million viewers tuned in on July 5 to watch Lloyd and the Americans take on their Japanese counterparts. In a society where fewer people are watching live television, these numbers were groundbreaking. The statistic that really put this into perspective is the fact that these ladies’ historic victory attained more viewers than any game in the 2015 NBA Finals. On July 11, the revolutionary response to Team USA’s achievement continued when a ticker-tape parade was held in their honor in lower Manhattan. This was the first ever ticker-tape parade for a women’s team in the United States.

Flash forward to the end of July and three more women

SEE **ATHENA** PAGE 11

Explaining an ‘Athenian Summer’

ATHENA FROM PAGE 10
disclosed their inner Athena.
Becky Hammon became the first woman to lead an NBA Summer League team to a championship and Dr. Jen Welter became the first woman coach to hold a coaching position in the NFL. Hammon, a former WNBA star, was hired before the 2014-2015 NBA season as an assistant coach for the San Antonio Spurs. She became the first woman in North America to become a full-time paid assistant coach in any of the four major sports (Baseball, Basketball, Hockey and Football). On July 27, Dr. Welter was hired as an assistant coaching intern for training camp and the preseason to work with inside linebackers of the the Arizona Cardinals.
Although she hasn't been guaranteed a full-time coaching position on the Cardinals, the league has never seen anything like this. Who is Welter may you ask? With a PhD in psychology and a masters in sports psychology, Jen Welter has a career that spans from sports academia to motivational speaking.
Additionally, she had a 13-year professional football career in women's and men's leagues

where she played running back.
Also, on July 31, Nancy “Lady Magic” Lieberman was hired to assist the NBA’s Sacramento Kings.
So, what do all of these achievements by women mean for our society? In my mind, there are two important take-aways from these events:
1) People care and will watch women’s athletics now more than ever. Another fact about the Women’s World Cup Final is that in the United States, it was the most watched game of soccer ever recorded. This completely defies the misconception that “no one cares” about women’s competitions unless the women are sexualized. But, we do still have a long way to go; for example, amending the (formerly Lingerie) Legends Football League.
2) We are starting to realize that women aren’t just being hired or praised for their gender. This past July, UFC phenomenon Ronda Rousey was the first woman ever awarded the ESPY Award for Best Fighter. Gender roles and norms are being challenged thanks to Ms. Rousey as she’s the biggest star of a sport that is notorious for displaying masculinity. Ronda Rousey

is an athlete and is successful because of her natural talent and discipline rather than her gender.
Additionally, Amy Trask, former CEO for the Oakland Raiders, believes that Sarah Thomas (the first full-time hired female official in the NFL) “should be booed” when she makes a questionable call like any other referee would, regardless of her gender.
With an incredible Athenian Summer almost at its end, what can we look forward to? Besides continuing to watch Hammon and Dr. Welter break more barriers, we can anticipate the regular season debut of Sarah Thomas. Additionally, we can follow the college career of Sarah Hudek, an 18 year old southpaw pitcher who received a baseball (not softball) scholarship from Bossier Parish Community College.
The future is looking awfully bright for women making a mark in all fields of the sports community. This Athenian summer is just the beginning and the Goddess herself is probably looking down at us with a smirk, thinking, “I told you so.”
Powell is a member of the class of 2018.

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