

Campus Times

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APA elects URMC professor

JULIANNE MCADAMS
NEWS EDITOR

The American Psychological Association (APA) recently elected Susan H. McDaniel, PhD, of the University of Rochester Medical Center (URMC) as its new president.

“It’s a great honor, and I’m very excited about it,” McDaniel said.

McDaniel is a Dr. Laurie Sands Distinguished Professor of Families & Health, Associate Chair of the Department of Family Medicine, and Director of the Institute for the Family in the Department of Psychiatry at UR.

One of her main objectives for her upcoming term is “the integrated primary care initiative,” which will focus on incorporating a more patient-based approach to healthcare.

“I think a lot of the difficulties in the country have to do with not seeing the patient as a whole person and not including their psychosocial context when it comes to understanding their illness,” McDaniel said of the initiative. Another one of her goals is to decrease health disparities.

As APA president, McDaniel will be responsible for not only the internal governance of the APA but also for acting as a representative of the APA and of psychologists in general. McDaniel said she will be “representing American psychologists in a variety of ways.”

To run for president of the APA, a person must first be nominated by other members. The five candidates with the most nominations then travel and campaign for several months, answering questions from each of the 56 divisions of the APA.

“It’s quite the process,” McDaniel noted. With regards to the work it took to appeal to all of the divisions, she said, “Psychology is such

SEE **APA** PAGE 4

Tibetan politicians and refugees address UR

ADAM KADIR
NEWS EDITOR

Author Gordon Chang was joined via Google Hangout by two Members of Parliament (MPs) for the Central Tibetan Administration (CTA) and two Tibetan refugees living in Nepal in a panel held on Thursday, Nov. 6 to discuss the political state of Tibet.

The talk, entitled “Understanding the Tibetan Issue: Dialogue and Unity,” was organized by junior Se Hoon Kim and sponsored by the Undergraduate International Relations and Political Science Council, the Association for Development of Interest in the Indian Subcontinent, and the Hindu Students’ Association, among others.

Kim introduced the speakers and gave a brief presentation on Tibetan history. He detailed the ongoing struggle for Tibetan autonomy, which began in 1950 when the People’s Republic of China (PRC) invaded Tibet, which had previously been independent. In 1959, many Tibetans, including His Holiness the Dalai Lama, fled the country. Most fled to India and Nepal, though their treatment has been different in the two countries.

After he explained some of



PARSA LOTFI / PHOTO EDITOR

Sonam Pema and Tenzin Wangdue address the issue of Tibetan refugees in Nepal. Their faces have been redacted and their names have been changed to protect their anonymity.

Tibet’s past, Kim introduced the guest speakers, starting with MPs Karma Yeshe and Dhardon Sharling, who were video-chatting from Dharamsala, India, and Boston, Massachusetts, respectively.

Dharamsala, a city in the northern Indian state of Arunachal Pradesh, has been the home of the Tibetan government-in-exile since the 1959 exodus.

Founding Father and first Prime

Minister of India Jawaharlal Nehru let the Tibetan refugees into India, and he has been admired by the Tibetan community ever since. The event was held in part to celebrate Nehru’s birthday on Nov.

SEE **TIBET** PAGE 4

Veteran and Military Family Service Office opens on Veterans’ Day



YIWEN FAN / CONTRIBUTING PHOTOGRAPHER

President Seligman and Dean Burdick stand at the opening of the new Veteran and Military Family Service Office.

SARAH TEITELMAN
SENIOR STAFF

President Joel Seligman, Dean of Admissions and Financial

Aid Jonathan Burdick, and UR Medical Center Vice President and Chief Operating Officer and Executive Director Peter Robinson, welcomed veteran

students, faculty, and staff to celebrate the opening of the new Veteran and Military Family Service Office in Wallis Hall on Tuesday Nov. 11.

The main goal of the Veteran and Military Services Office is to provide support to veterans through a successful transition from military life to the classroom. VA-certified officials will help military students use supplemental programs like the Yellow Ribbon Program.

The Yellow Ribbon Program, implemented in 2009, is designed to help students with up to 100 percent of the out-of-pocket tuition and fees that may exceed GI Bill tuition benefits.

The office will be staffed by two full-time Veterans Association-certified officials and will serve as a liaison between veterans and a number

of services provided across campus.

In a press release, Dean Burdick stated that there has been a 50 percent increase of veteran students since 2010. “Currently there are 84 veteran students enrolled at the University,” Burdick said. Dean Burdick also noted that the numbers are expected to increase as more post-9/11 veterans return to civilian life.

“We are proud to now provide veterans at the University with a centralized resource to better help them navigate the educational system and success after graduation,” Burdick said.

The new office is located in Room 107 of Wallis Hall.

Teitelman is a member of the class of 2015.

INSIDE THIS CT



COLLEGE TOWN EXPRESS

Read about which locations are newly accessible with College Town Express.

PAGE 7 FEATURES

AN OPEN LETTER TO UR STUDENTS

Not an essay, but an informative letter nonetheless.

PAGE 11 HUMOR

LINK BENEFIT CONCERT

Liberty In North Korea held a benefit concert for North Korean refugees in China.

PAGE 12 A&E



CHI HUANG / STAFF PHOTOGRAPHER

LOUVRE SHOW, “RUNAWAY”

This past weekend, Louvre Performance Ensemble performed their fall show, “RUNAWAY.”

THIS WEEK ON CAMPUS

THURSDAY
NOVEMBER 13

MEDIEVAL SOCIETY TALK: PETER MATTOLA

RUSH RHEES ROBBINS LIBRARY, 5:00 PM - 6:00 PM
Father Mottola, Parochial Vicar for St. Benedict Parish in Ontario County, speaks on “Unum ex profetis: The motif of the Old Testament prophet in The Life of Saint Martin by Sulpicius Severus.”

RPO: VAN CLIBURN GOLD AND MOZART’S “JUPITER”

KODAK HALL, 7:30 PM - 9:30 PM
The program features Mozart’s 41st and final symphony, an intricate and innovative work that showcases a creative genius at the height of his powers.

FRIDAY
NOVEMBER 14

EASTMAN SCHOOL SYMPHONY ORCHESTRA

KODAK HALL, 8:00 PM - 10:00 PM
First and second year undergraduates comprise the Eastman School Symphony Orchestra, performing a rigorous schedule of classic orchestral repertoire. Conducted by Neil Varon, the program will feature Ravel’s “Mother Goose Suite” and Gershwin’s “An American in Paris.” This event is free and open to the public.

SIHIR BELLYDANCE: ENSEMBLE PERFORMANCE

DRAMA HOUSE, 8:00 PM - 9:30 PM
Tickets will be on sale at the Common Market, and a limited amount of tickets will be available for purchase at the door.

SATURDAY
NOVEMBER 15

MEN’S VARSITY BASKETBALL VS. NAZARETH COLLEGE

GOERGEN ATHLETIC CENTER PALESTRA, 7:00 PM - 9:00 PM
Watch as our Yellowjackets take on crosstown rivals Nazareth College in our first game of the season.

YELLOWJACKETS PERFORMANCE

STRONG AUDITORIUM, 8:00 PM - 10:00 PM
“The YellowJackets Present: Project Forte” is a benefit concert to support the launch of their new initiative, which aims to bring together music and medicine. Celebrate a night of music and awareness with a cappella performances, guest groups, and speakers. All proceeds support “Project Forte: Note the Difference.”

MONDAY
NOVEMBER 17

THERAPY DOGS VISIT RUSH RHEES

RUSH RHEES LIBRARY FRIEDLANDER LOBBY, 7:00 PM - 8:00 PM
Take a break from studying to spend some time with a therapy dog. Free and open to all. Sponsored by the River Campus Libraries.

TROMBONE CHOIR

KILBOURN HALL AT EASTMAN SCHOOL, 8:00 PM TO 10:00 PM
The Eastman Trombone Choir was established as a pedagogical extension of the private trombone class to include a musical ensemble experience. Professors Mark Kellogg and Larry Zalkind are the current co-directors of the ensemble.

WEEKEND FORECAST

COURTESY OF WEATHER.COM

FRIDAY



Light snow
High 39, Low 28
Chance of rain: 80%

SATURDAY



Mostly cloudy
High 40, Low 31
Chance of rain: 0%

SUNDAY



Cloudy
High 42, Low 33
Chance of rain: 20%

PUBLIC SAFETY UPDATE

Plundering perp pilfers panties

BY ADAM KADIR
NEWS EDITOR

lockup for arraignment on Monday, Nov. 10.

1. On Saturday, Nov. 8 at 10:15pm, Department of Public Safety officers observed an individual on a bicycle entering the campus from the footbridge over the Genesee River. The suspect matched the description of someone who had twice entered Goler House that evening and was seen looking at individuals’ laundry on the ground floor of the laundry room. The individual was stopped and after being identified as unaffiliated with the University, it was learned that he had been previously banned from the University. A search incidental to arrest revealed three pairs of ladies’ underwear on his person. The individual was transported back to 612 Wilson Blvd., where he admitted to having entered University dorms on approximately four other dates and times before and stealing over thirty pairs of ladies’ underwear. The individual was charged with second-degree burglary and petit larceny and remanded to City of Rochester

Repeat offender trespasses in Miller Center

2. On Nov. 6 at 2:00pm, a Public Safety officer observed a male inside the Miller Center at the Eastman School of Music. The officer recognized the male from a prior encounter on the property when the male had been arrested for trespassing. The officer also knew that the male was banned from the property. Before the office could make contact with the suspect, he left the area on foot towards the downtown area. The male could not be located after he left the property. Further investigation revealed that the male had been arrested and banned from the property within the last six months. Public Safety filed paperwork for an arrest warrant for the male for the charge of trespassing.

Kadir is a member of the class of 2017. Information provided by UR Public Safety.

Correction:

An article in last week’s issue about President Seligman’s Town Hall Meeting incorrectly stated that Gloria Culver was the Interim Dean of the College of Arts, Sciences, and Engineering. Culver is the Interim Dean of the School of Arts and Sciences; Robert Clark is Dean of the Hajim School of Engineering and Applied Sciences, and Richard Feldman is Dean of The College.

Campus Times

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\$50,000 goes to Warner professors for edTPA research

BY AUREK RANSOM
STAFF WRITER

UR Warner School of Education professors Jeffrey Choppin and Kevin Meuwissen received a grant of nearly \$50,000 from the Spencer Foundation for a period of one year to study the effectiveness of the Teaching Performance Assessment (edTPA). The Spencer Foundation is a national organization that awards grants to aid education research.

The study began in the wake of the 2013 passage of the edTPA requirement.

“Our research touches on an important issue in educational research and education policy: that of teaching quality and how to measure and strengthen it,” Meuwissen said. “Jeff [Choppin] and I both have examined the intersections of teachers’ practices with policies designed to regulate those practices.”

Meuwissen said he believes that the Spencer Foundation recognized the timeliness and potential contributions of the study and subsequently chose to award the grant to the Warner School.

Intended to be used, at least

partially, as a requirement for teacher certification, the edTPA has been met with both applause and contempt.

“We’ve seen a great deal of speculative rhetoric about edTPA,” Meuwissen said. “Some say it’s a tool for strengthening teacher education, others say it’s a mechanism for dismantling teacher education – but aside from our work,

‘Some say it’s a tool for strengthening teacher education, others say it’s a mechanism for dismantling teacher education.’

there are no empirical studies on the consequences of edTPA for those most affected by it: beginning teachers.”

Among the study subjects’ criticisms of the edTPA are allegations that its requirements are Procrustean, forcing student teachers to make instructional changes that often do not jibe with the circumstances of their teaching placement and classroom setting. Others

felt that the simplicity of the evaluation, a singular numeric score, did not adequately convey information about how the edTPA criteria were applied.

The edTPA is currently a licensure requirement in New York and Washington states. Developed jointly by Stanford University and the American Association of Colleges for Teacher Education (AACTE), it chiefly aims to improve student outcomes by quantifying the success of teacher preparation programs and bolstering the “information base guiding improvement of teacher preparation programs.”

The edTPA requires teachers seeking licensure to submit a portfolio of lesson plans, videos of their teaching, student work samples, and commentaries explaining and contextualizing their submissions.

In the spring of 2014, New York granted a second option to those who failed the edTPA. The Written Assessment of Teaching Skills (ATS-W) can be taken instead, but this option will be phased out in 2015.

Washington has no alternative pathway to the edTPA; however, Washington supports a lower cutoff score for passage and took a few years



COURTESY OF UR COMMUNICATIONS
Kevin Meuwissen (left) and Jeffrey Choppin (right) received a \$50,000 grant to study the effectiveness of the Teaching Performance Assessment (edTPA).

longer to implement the policy. According to Meuwissen, much of the criticism of the edTPA in New York was in response to the short time frame in which it was implemented.

The study’s subjects are not entirely composed of edTPA detractors. “[...] many candidates also felt that the professional competencies targeted by edTPA – for example, fostering a safe and productive learning environment, supporting students with diverse needs, monitoring student learning, and providing productive feedback – align closely with characteristics of effective teaching practice,” Meuwissen said.

The study intends to examine these variations in teachers’

experiences with the edTPA and the implications of the implementation differences between New York and Washington states.

According to Meuwissen, this is a study which the Warner School professors are eminently qualified to lead. Choppin’s and Meuwissen’s previous research has significant overlap in the sphere of public education policy, and Meuwissen testified about the edTPA at a New York State Assembly hearing on teacher certification requirements in May 2014. Meuwissen also credits two Warner School doctoral students, Hairong Shang-Butler and Kathryn Cloonan, with the anticipated success of the study.

Ransom is a member of the class of 2017.

Pulitzer Prize-winning former UR student delivers Neilly Lecture



PARSA LOTFI / PHOTO EDITOR
Pulitzer Prize-winning author Ayad Akhtar delivered the Fall 2014 Neilly Lecture. Akhtar discussed his experiences as a Muslim American.

BY ADAM KADIR
NEWS EDITOR

Pulitzer Prize-winning author Ayad Akhtar delivered a lecture entitled “American Dervish: Muslim American Culture and Family Life” on Monday, Nov. 10. The lecture was part of the Neilly Series hosted by River Campus Libraries.

Akhtar attended UR during the 1989-1990 school year before transferring to Brown University, where he finished his degree in theater. Akhtar was introduced by Professor of Religion Emil Homerin. Homerin had Akhtar as a student in the first class he taught at the University, REL 107: History of Islam. Akhtar also participated in theater at UR.

Akhtar was born in 1970 in Staten Island to Pakistani

immigrant parents and grew up in a suburb of Milwaukee. Akhtar said that his experience growing up as a Muslim American led him “to see more and more deeply how American that experience is.” He said he believes that he encompasses the two Americas: the Enlightenment’s scientific method and the religious experience. However, Akhtar doesn’t think he fits “in any one category.”

Akhtar won the 2013 Pulitzer Prize for Drama for his stage play “Disgraced,” which is currently on Broadway. The play portrays an argument about Islam between a Pakistani-American and his friends at a dinner party. Performances of the show on- and off-Broadway have starred actors such as Aasif Mandvi of “The Daily Show” and Josh

Radnor of “How I Met Your Mother.” Akhtar has also written and starred in a film, “The War Within,” which he wrote while at Columbia Film School.

Akhtar read from his 2012 book “American Dervish,” about a Pakistani-American boy in the suburbs of Milwaukee who learns about Islam from an older woman for whom he begins to lust. The first passage Akhtar read depicts the main character, Hayat Shah, having a revelation as he looks up at the sun while trying to catch a football during recess. His second reading was an excerpt from a conversation between Hayat and his mother, who teaches Hayat about the differences between Muslim men and women.

Kadir is a member of the class of 2017.

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Tibetan refugees, MPs discuss state of China-Tibet relations

TIBET FROM PAGE 1

14. To represent their cooperative relationship, both Indian and Tibetan flags were hung at the event.

Yeshe, a first-generation Tibetan-Indian, was born to parents who had to flee Tibet. Sharling is a second-generation Tibetan-Indian who, at 32, is the youngest-ever member of the Tibetan parliament-in-exile.

Kim then introduced Gordon Chang, author of the 2001 book “The Coming Collapse of China” and regular contributor to Forbes Magazine. Chang has predicted the collapse of the PRC several times in his book and since its publication. He has appeared as a pundit on TV talk shows to argue that China’s economic situation and relationship with the U.S. are weaker than they appear.

Finally, Kim introduced two Tibetan refugees living in Nepal. The refugees, who were video-chatting from their apartment in Kathmandu, did not use their real names for fear of the political repercussions of their statements. They used the names Sonam Pema and Tenzin Wangdue as their aliases.

Each of the panelists gave an opening statement, outlining their stances on the issue and their predictions for the near future.

Yeshe expanded on Tibetan history. He specifically described the Chinese government’s oppression of has beset upon Tibet, including teaching Mandarin Chinese instead of Tibetan in schools and crushing rebellions. Yeshe said that over 132 Tibetans have self-immolated in desperation, and yet the PRC is not working to resolve the issue.

Sharling described the Central

Tibetan Administration’s official role in solving these problems. Sharling described the “mutually beneficial” Middle Way Approach, endorsed by the Dalai Lama, which “exists within the framework of the PRC.” The Middle Way Approach seeks, as its name suggests, a balance between full independence and the current situation.

The Dalai Lama and the CTA are no longer asking for independence. Instead, the movement is asking for increased autonomy within the PRC and, most importantly, a restoration of rights for Tibetans. In addition, Tibetan refugees would be able to return to their homeland with impunity. Sharling expressed that this is a solution that “1.3 billion people in China would identify with.”

Next, Pema talked about the situation of the Tibetans in Nepal. She said that Nepal and China have “one of the best diplomatic relationships in the world,” and that China provides “major economic support” to Nepal, which lies between Tibet, China, and India. Pema said that the PRC gives this money with the condition that Nepal prevent Tibetans from crossing their border and immigrating to India.

According to Pema, the Nepalese government also pursues Tibetan refugees by “arresting people on the street and knocking down doors.” One can be arrested for wearing a shirt with the word “Tibet” on it. The Nepalese police also “increased their presence” on March 10, the Dalai Lama’s birthday, a day of celebration for Tibetans.

Chang then came to the podium

to give his opinion on the Tibetan issue. Chang used his perspective as a Chinese-American to convey that Han Chinese consider Tibetans one of the five ethnic groups that constitute China. The government in Beijing, “coveting the land of another people,” called their invasion of Tibet a “liberation.”

Chang described the PRC’s actions in Tibet as “colonization of one people by another,” and that the Chinese are “seeking total submission” from Tibetans. He explained the PRC’s attempts to integrate Tibet into mainland China by building a second railroad with the official purpose of “increasing tourism,” but he said he believes the true purpose is so that Beijing can more quickly bring in troops if necessary.

According to Chang, China’s imperialism doesn’t end in Tibet. Beijing calls the Indian state of Arunachal Pradesh “South Tibet” and has placed “two very large armies very close” to the border it shares with India.

Despite his acknowledgement of China’s displays of power, Chang repeatedly affirmed that “one day the regime [of the PRC] will have to withdraw.” Chang said that there are “too many things trying to change the status quo,” and that the “Chinese economy is on the verge of a debt crisis.”

Chang ended his speech by declaring that “we will see the Communist Party fail.” For Tibet, this means for Tibet that “the oppressors will become weak; the oppressed will become strong.”

Kadir is a member of the class of 2017.

URMC Psychologist becomes APA president

APA FROM PAGE 1

a diverse discipline [...] from experimental animal researchers to industrial organizational consultants to practicing psychologists.”

“I think the most challenging and the most interesting part was educating myself about the many types of psychologists and what their concerns and challenges are,” McDaniel said of the campaign. She gave the example of learning more about LGBT health, stating that she knew some things in advance. During her self-education she read the Institute of Medicine’s report



COURTESY OF UR COMMUNICATIONS
Susan H. McDaniel was elected president of the American Psychological Association.

‘I think the most challenging and the most interesting part was educating myself about the many types of psychologists and what their concerns and challenges are.’

on LGBT health.

“I had to educate myself so that I made sure that I really understood what their issues were and how that might interact with what I’m concerned about,” she said.

McDaniel said she appreciates her role at UR.

“I’m lucky to work with a lot of very talented psychologists at the University of Rochester, whether it’s on the River Campus or at the Academic Health Center,” she said. “We have many great early-career psychologists and I’m very

interested in both learning from and supporting them.”

According to the APA website, “The American Psychological Association is the largest scientific and professional organization representing psychology in the United States. APA is the world’s largest association of psychologists, with nearly 130,000 researchers, educators, clinicians, consultants and students as its members.”

Addressing the state of Psychology at UR, McDaniel said, “Psychologists are distributed around the campus, including the Department of Psychology, the Department of Psychiatry, and many other departments. It is my hope to represent, showcase, and call upon the diversity of our U of R psychologists during the time that I lead APA.”

McAdams is a member of the class of 2017.

World news recap: Nov. 6 – Nov. 13, 2014

BY JENNY HANSLER
SENIOR STAFF

Mexican protests:
Outrage at the alleged massacre of 43 Mexican students as country-wide demonstrations continued this week. Amid growing demand for the resignation of Mexican President Enrique Peña Nieto, demonstrators in Mexico City set fire to the door of the National Palace. Three gang members have confessed to the students’ murder. Iguala Mayor José Luis Abarca and his wife, María de los Angeles Pineda, are suspected of ordering the massacre and were arrested this week. Pope Francis has condemned the incident, saying “we all know it was murder.” The demonstrations are expected to continue.

US-China climate deal:
President Obama and Chinese President Xi Jinping reached a climate agreement at the Asia-Pacific Economic Cooperation (APEC) summit. Obama has pledged that the U.S. will

reduce fossil fuel emissions by 26-28% by 2025. In exchange, China aims to reach its emissions peak by 2030 or earlier and derive more fuel from alternate energy sources. Obama’s pledge is likely to face opposition from the newly-elected Congress.

School removes religious holidays:
The Montgomery County, Maryland school board voted 7-1 to remove the names of all religious holidays from 2015-2016 school calendars. The move follows requests from Muslim community leaders to add Eid al-Fitr and Eid al-Adha to the calendar. Schools will still be closed for Christian and Jewish holidays, although the district claims this is due to state requirements and not to observance of those holidays.

Net neutrality:
On Monday, Nov. 10, President Obama released a statement urging the Federal Communications Commission (FCC) to classify broadband as

a utility and adopt regulations for internet providers to protect net neutrality. Net neutrality refers to the principle that internet data should be treated equally and not charged at different rates based upon aspects like content, platform, or user. FCC Chairman Tom Wheeler reportedly intends to deviate from Obama’s suggestions for “an open Internet that doesn’t affect your business.”


Comet landing:
The European Space Agency’s Rosetta Mission has become the first in history to land a spacecraft on a comet. The lander, Philae, successfully landed on the comet on Wednesday, Nov. 12 and will travel with the comet on its orbit around the sun, making analyses that scientists hope will provide insight into the origins of life. The mission was more than a decade in the making and cost around \$275 million.

Hansler is a member of the class of 2015.

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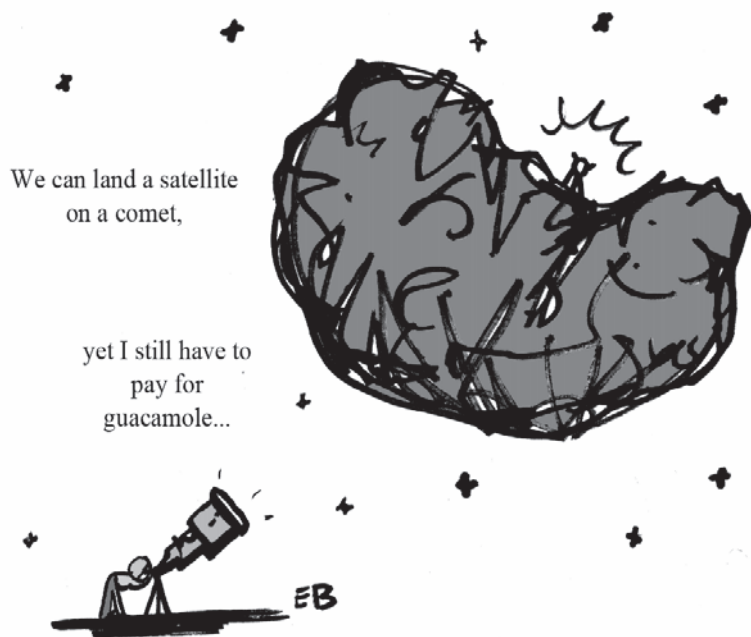
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OPINIONS

EDITORIAL CARTOON



LIZ BESON / ILLUSTRATOR

EDITORIAL OBSERVER

No bull about pitbulls



BY SAAD USMANI
COPY EDITOR

during the night, but that night in April back home, a pit bull jumped over the tall barrier separating the street from my neighborhood and attacked me. It tackled me over, and it took me a couple minutes to escape from the territory that the dog was occupying. Other than a few scratches and bruises that came from falling down on the pavement, there was no physical damage to my body. But after that night, I experienced some symptoms of post-traumatic stress disorder, such as my not being able to go out at night – forget running – without feeling afraid or anxious. I generally don't like dogs, and being chased by a pit bull caused some psychological damage which still affects me.

I do believe there are some very nice pit bulls out there, but it's the whole debate between nature vs. nurture. If you raise a pit bull the way it should be treated in a family setting, it should become a very friendly, non-violent dog, but one can't raise a pit bull like a more aggressive dog in a recreational neighborhood or society. I luckily did not suffer any serious physical injury from my encounters with them, but if you replaced me on that night in April with a child, I honestly would not be able to say the same. It's a very serious issue, and families should take it into consideration when getting a dog. Pit bulls, unless raised right, are not dogs suitable for families, and especially not suitable for a neighborhood that has residents venturing outside for a casual stroll or run.

Usmani is a member of the class of 2017.

I'm not a big fan of dogs – I guess I have a form of cynophobia – but I respect dog owners and the reason why they have dogs. It's the bond between an animal and a human that can't really be compared to the bond between two humans. Be honest, you're more likely to cry over a picture of a puppy or a kitten than over a human baby. They're just cute, and I completely understand that. If there is one breed of dog that I simply cannot understand though, it would be the Pitbull.

I'm not talking about the ear-irritating Hispanic rapper. I'm talking about the vicious dog that has given serious injury to its human counterparts. Let's throw some statistics out there. 94% of attacks on children by pit bulls were unprovoked, and out of 101 attacks studied in the year of 1991, 42 of them were attacks made by pit bulls – almost half the percentage of total attacks. Pit bulls have a tendency for violent behavior, something that should be on the minds of families looking for pets to adopt.

Personally, I have had a few encounters with pit bulls that have been less than pleasant. My most recent experience with one occurred this past April and caused some actual psychological damage. I normally go out for runs

EDITORIAL BOARD

Have a PH of 14? No problem.

"Milkshake with them crushed up Oreos!" Swedish cloud rapper Yung Lean spits on the track "OreoMilkshake." From an outsider's perspective, Yung Lean might seem like the male counterpart of your basic "basic bitch" – just another kid dousing his problems in sugary beverages, a hopeless product of consumer culture. Basic.

Truth is, Yung Lean is totally basic. His listless flow and mindless lyrical content encompass everything derogatory about the adjective. However, Yung Lean is also complex – his music is so devoid of meaning yet so genuine that it's as if he blocks all mental functioning beyond the brain stem and then turns it into high art. Just listen to the track "Lightsaber," where he raps "Why do I gotta be alive / I ain't 'bout the life." Never before has a lyric said so little yet so much.

Basic is beautiful. Why wouldn't it be? To make the cashier at Starbucks wait a full

minute before you look up from your iPhone to order a Pumpkin Spice Latte (#PSL) is to fully embrace what it means to be a human in America in the 21st Century. To opt out of human contact whilst scrolling through Facebook is to be evolutionarily fit. After all, the times are changing, and our experience of reality is only going to be more within the digital medium – might as well get with the program.

Of course, with change comes resistance. "Old souls" lament the so-called disconnect we experience from social media. Parents scoff at the new generation that processes life with an earbud in one ear. Most of all, our own peers toss the term "basic" – most strongly associated with the Starbucks Pumpkin Spice Latte – at anyone who embraces 2014 so thoroughly they find it unsettling. Like Miley Cyrus at the 2013 VMA's, basics are the fearless revolutionaries who we confuse

for the complacent fools. Basics remind us so strongly of our neo-primal, gratification-seeking selves it's terrifying – like the truth. Basics are Kim Kardashian and Kanye West in the "Bound 2" music video, Janet Jackson when she stripped at the Super Bowl in 2004, Katy Perry when she sang "I kissed a girl/ and I liked it" in 2007. Basics are the bearers of everything we can't bear and yet simultaneously demand – they are the future.

Life's too short to take stock in what other people think. In the big picture, up is down, left is right, and black is white. The things we need most are the things we neglect the most, while the snare of evil has a way of masquerading as our closest friend. In the end, it's hard to say where Facebook and the Pumpkin Spice Latte fall on this spectrum in an existence that's infinitely small yet infinitely large. However, it's okay because in the end all things happen and all things don't. So let's just live.

Engineers without bedtimes

It's 3:30am by the time I get back to my dorm, another night of Campus Times behind me. Desperate to get as much sleep as I can before my 9:40 class, I bound up the steps and slide the keycard into my door...

...only to discover my suitemate lying prostrate on the floor, his winter parka pulled tightly over his frail frame. Save for the occasional twitch that betrays the mental unrest of his fitful slumber, he is unmoving. From off to the right, another of my suitemates can be heard pacing around his room, by turns muttering expletives under his breath and emitting high-pitched whimpers. The first suitemate groans as his nightmare gives way to even more nightmarish reality. He struggles to sit up. "Hey," he mumbles listlessly. "How was Campus Times?" I stare. In the three semesters since I joined CT, I've never once returned to a dorm that was fully awake, though "awake" might be a bit of an overstatement. And it wouldn't be the last time either – in fact, I've beaten both of these guys to bed almost every Wednesday night of the semester so far. I would turn in around 4:30am, 5:00 even, and the lights would still be on in the common room, the distressed cries still echoing forlornly through Riverview's wafer-thin walls and into my dreams.

No, my suitemates aren't drunk, though judging from the early morning shenanigans I've witnessed, the symptoms of

hysteria are not so far from those of intoxication. Who wouldn't be hysterical when faced with a hundred problem sets due the next day and an exam the day after? And all this after spending the entirety of the previous evening cranking out not one but two homeworks? It isn't that these two guys are irresponsible students. If anything, they're dynamite workers – regardless where I find them, they almost always have their laptops or tablets out, struggling to dig themselves out of the avalanche of homework that had buried them by the second week of classes. Whenever they're not working, they're either pumping caffeine into their bodies or sprawled across a desk, trying to catch up on lost sleep. You may be tempted to dismiss their struggle as a product of poor work ethic or lack of motivation, but take one look at their assignments and you'll know the truth.

My suitemates aren't procrastinators. They're engineers.

I'm not the first to rail on the workload given by UR's engineering department, nor will I be the last. As a disclaimer, I'll mention that I myself am not an engineer and so am unfamiliar with the workings of the department. Perhaps the workload is more reasonable than it appears. Perhaps the professors have a twisted method to their madness that would reveal itself ten years down the road. Perhaps, once these UR

engineering majors have both feet planted in the job market, they'll realize that their professors were not so sadistic after all, that the merciless academic pounding was simply a way to beat them into proper shape, like a hammer smiting a steel tool atop an anvil.

Perhaps. All I know is that, because they decided to take the engineering route, my two suitemates have it tough. Really tough. One of them pulled three consecutive all-nighters a couple weeks back; this past weekend, the other slept for an uninterrupted five hours for the first time in a month. Yes, student life can be grueling from time to time, and UR should encourage its students to work through adversity. But when this "encouragement" turns its supposed beneficiaries into bug-eyed zombies who are so bone-deep exhausted that they can't function beyond submitting illegible homework stained with tears, something's clearly wrong.

I don't have much else to add except this message to the University's engineering professors: Please consider decreasing the workload for your students. I respect your vast experience in the field and even more so your desire to challenge UR's engineers-to-be, but past a certain point, even the most well-intentioned challenge can become counterproductive. Do continue to spur your students on toward bright futures, but please do so in a way that doesn't transform them into the walking dead.

The above two editorials are published with the consent of a majority of the editorial board: Rachael Sanguinetti (Editor-in-Chief), Jonah Jeng (Managing Editor), Jason Altabet (Opinions Editor), Jeff Howard (A&E Editor), and Julianne McAdams (News Editor). The Editor-in-Chief and the Editorial Board make themselves available to the UR community's ideas and concerns. Email editor@campustimes.org.

Autumn or bust: the story behind Earth’s superior season

BY JON AHO

You’ve probably had a lot of fresh experience comparing seasons, given that this is Rochester and we’ve had all of them these past few weeks. We’re in an area that knows pretty much the entire repertoire of weather available on Earth, and one that loves to show its range. Hot as hell, cold as Viking hell, and everything in between. We even had a tornado warning in Canandagua this summer. Point being, if a particular type of weather is not a disaster-level event like a hurricane or earthquake, you can safely expect to experience it within the month. And this effect is especially noticeable during our spring and fall, as I can only assume God just gets really hungover from

Given the prominence of the seasons in our lives this time of year, I figured it’d be as good a time as ever to bicker over which one’s best.

New Years and the Fourth of July, respectively, and just forgets realizes too late sometimes that, “Ooh

shit, it’s not supposed to snow in May”, or holy “Holy hell, is it not supposed to be 80 degrees in November?”

So, given the prominence of the seasons in our lives this time of year, I figured it’d be as good a time as ever to bicker over which one’s best. And it’s fall, suckers. (This shouldn’t surprise you. It’s in the gorram title.) Anyway, this argument is based on the general advantage of moderate things to extreme things. This can be seen everywhere in our daily lives. What’s that, your kid is screaming down the aisles of Toys R Us demanding the new X-Cube? Do you whip out the credit card and prepare to give tribute to His Grace? Do you punt him over the registers and prepare to block the return? No, you do the moderate, sensible thing. You just freaking leave. Cause extremes suck.

In this particular case, the extremes that are doing the suctioning are blistering heat and extremity-freezing cold. Instead, let’s take that the middle road. Instead of being stuck inside, huddled around your air conditioner/pile of burning furniture, you can actually comfortably exist outdoors. Plus, you get to wear the best clothes. Jeans? Check. Hoodies? Check. Ridiculous but comfy sweaters? Aww

yeah, check. Fall fashion is the best fashion. Now, you might be asking, other hand, fuck that, fall’s way better. Firstly, cool is totally better than warm, so



LIZ BESON / ILLUSTRATOR

“Hey Jon, spring’s also a moderate season. Why isn’t it the best instead of fall?”. Now, on the one hand, I understand, and honestly, it essentially just boils down to whether you like your moderation cool or warm, so I respect that logic. On the

much so that one’s actually a synonym for awesome, while the other is only used for games of Marco Polo. Also, you can just add a few layers of clothes to stay at optimal comfy levels, while you can’t lose body

layers. If that’s how you approach cooling off, props. Secondly, the scenery is wholesale just better. The changing leaves are just gorgeous, especially in Upstate New York (i.e. real New York). Sure, the

The scenery is wholesale just better. The changing leaves are just gorgeous, especially in Upstate New York (i.e. real New York).

budding and flowering of spring is nice too, but it’s not all that different from the usual. With fall, the entire color composition of nature just completely shifts, and it’s amazing. So, in conclusion: fall good, spring okay, summer and winter nay. Now, if you disagree with my entirelyly rational and academic approach to this pressing issue, write up a counter- article, and we can metaphorically grapple for seasonal supremacy. I look forward to fighting for an issue of such great significance. Aho is a member of the class of 2017.

Latino summit offers space to reflect, connect

BY BRIAN GRIP

It’s the fall of my senior year, which means between classes and trips to Starbucks, a bigger question is always on my mind: Where will I be when I grow up? I’ve put on my suit, tweaked my resume, and even started networking with graduate schools and

I want to make a difference in education. I want to show students that anyone can rise above the challenges we face. Easy? No. Possible? Absolutely.

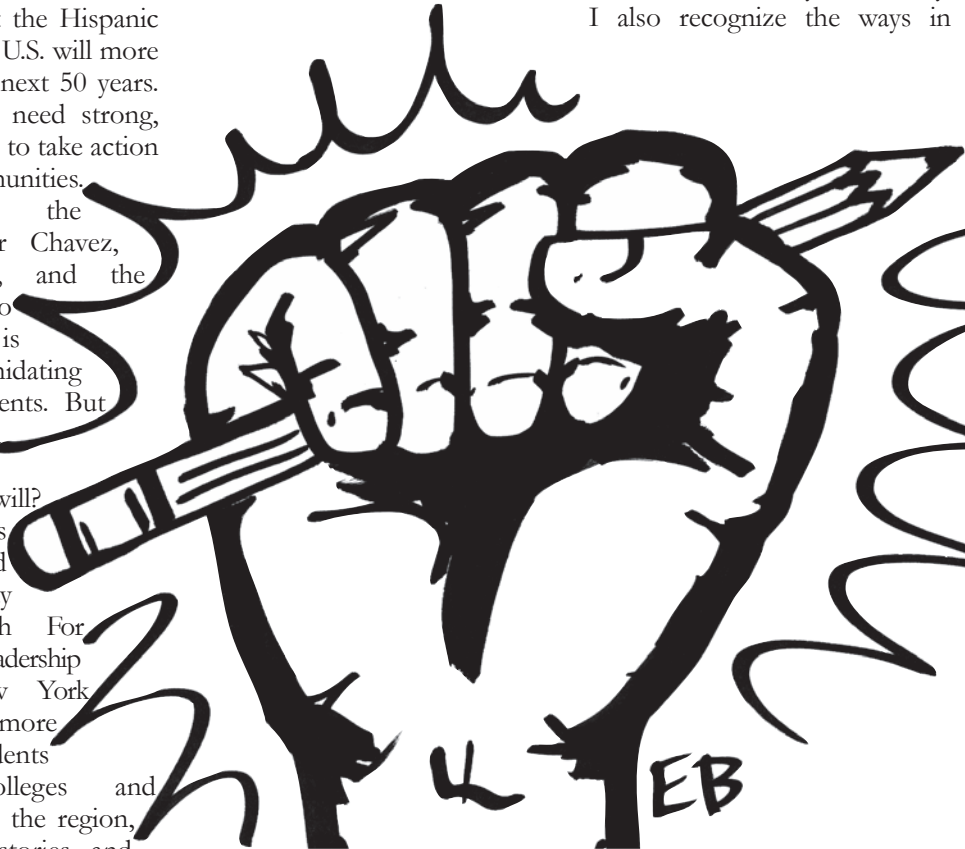
other programs. But among all of my anxiety and concern, I nearly missed the most important job opening. Who is our next national Latino leader? In a recent Pew survey, nearly 64 percent of Hispanic adults could not name the most important Latino leader in the country today. Another 10 percent believed there isn’t

a strong national Latino leader. In the coming generation, Latinos will have an increasingly important role in our nation. It’s estimated that the Hispanic population of the U.S. will more than triple in the next 50 years. This means we’ll need strong, committed leaders to take action for our communities. Stepping into the shoes of Caesar Chavez, Dolores Huerta, and the great leaders who came before us is certainly intimidating as college students. But if our generation doesn’t act with this in mind, who will? Earlier this month, I had the opportunity to attend Teach For America’s Latino Leadership Summit in New York City. Alongside more than 38 students representing colleges and universities across the region, we shared our stories and discussed the strength that exists within our communities. As we talked, we could see how far each of us had come, the significant challenges we had

to overcome to be successful. From our own stories, we then focused our attention on the current Latino education crisis.

degree by age 25. Walking away from the summit, I feel a tremendous charge to change these statistics for my community. I also recognize the ways in

my unique perspective and identity to a classroom next year. Whether or not the country ever knows my name, I want to make a difference in education. I want to show students that anyone can rise above the challenges we face. Easy? No. Possible? Absolutely. After meeting my fellow summit participants, I know I will not be alone in taking on this work. With 3,000 Latino corps members and alumni, Teach For America is one of many organizations building a force of outstanding Latino leadership answering the call to fight for social justice in the classroom. Working alongside these leaders, I am proud to be part of an organization that partners with diverse organizations and communities to advocate for students. There are many more milestones ahead of us as seniors. But the biggest challenge ahead is to not only understand our identities, but to leverage them for our communities. There are many jobs and many pathways we can take next year, but the most important one is still open. I hope you’ll join me in this charge. Grip is a member of the class of 2015.



LIZ BESON / ILLUSTRATOR

College completion rates among Latinos are the lowest of any demographic group – only 14.5 percent receive a bachelor’s

which my heritage makes me powerfully poised to serve others. Together, these experiences informed my decision to bring

FEATURES

Off the field, athletes reach out to community

BY RACHEL KAPLAN
STAFF WRITER

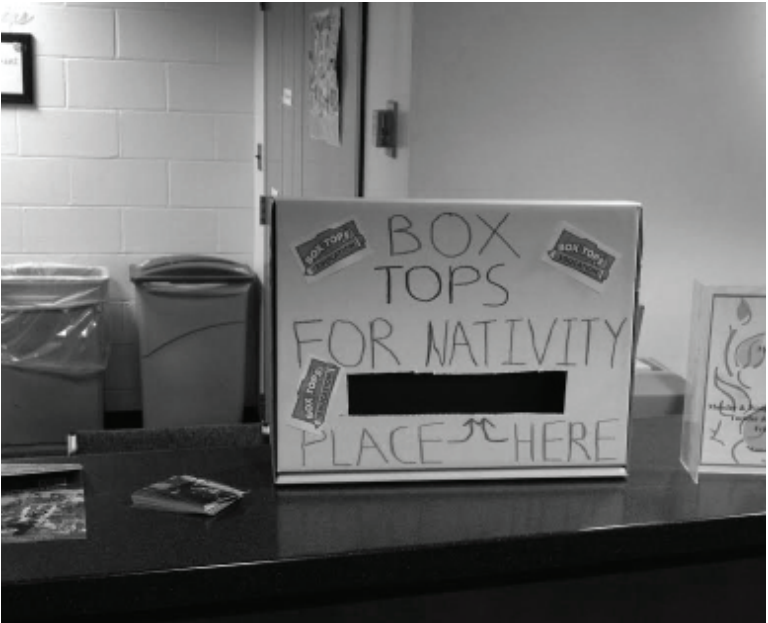
Since 2004, UR student-athletes have been working to improve the world through involvement in the St. Sebastian Society, a student organization sponsored by the Catholic Newman Community. Composed of student athletes from across all majors, the St. Sebastian Society aims to provide “leadership, spirituality, and community service” beyond the athletic field through involvement in various projects both on and off campus.

The Catholic Newman Community is a nationwide religious organization that works on various community service projects, specifically with Catholic communities on college campuses. According to their mission statement, the organization aims to “provide a welcoming Catholic family in a collaborative and inclusive interfaith environment for students and the larger University of Rochester community that promotes strong faith formation through the sacraments, education, service, and social

Other projects include mentoring at a local jail by facilitating discussion based on a book titled “Yes Pa” – a story that focuses on morality and life lessons. The group also participates in the Newman Cup soccer tournament to raise money for La Casa, an organization that provides transitional housing for migrant farm workers and their families, particularly during the winter months. Captain of Spirituality for the St. Sebastian Society and senior Vincent Michalec believes that this tournament is “one of St. Seb’s signature events.”

This past year, the St. Sebastian Society began a Box Tops 4 Education collection program, a national project run by General Mills cereal brand which entails the collection of cardboard tabs from their cereal boxes. These tabs are then sent to General Mills and, for each box top, ten cents are given back to the school where the box tops were traded in.

The St. Sebastian Society has set up collection boxes all around campus – from the Interfaith Chapel to the GAC to Sue B. Residence hall – that are available for students to donate



COURTESY OF GABBY GODETTE

The St. Sebastian Society has set up collection stations for Box Tops 4 Education at various locations around campus.

programming.”

One of St. Sebastian Society’s largest projects takes place at Nativity Preparatory Academy, a Roman Catholic middle school designed for highly self-motivated, economically disadvantaged students whose potential for academic success has been compromised by negative social and economic factors affecting their families. The school aims to provide pre-high school students with the opportunity for a profound and legitimate education.

Members of the UR St. Sebastian Society are matched with a student from Nativity Prep for volunteer tutoring sessions.

their box tops from cereal and snack boxes.

Once enough box tops are accumulated, the Society will send the Box Tops to the Nativity Preparatory Academy, who then submits them to the Box Tops for Education Foundation and will then receive financial benefits that can be put to use within the school.

“Ten cents [per Box Top] may not seem like a whole lot, but the amount builds up over time,” Student Leader of the St. Sebastian Society and junior Gabriella Goddette said. The collection boxes at UR have accumulated 300 Box Tops this

SEE ST. SEBASTIAN PAGE 9

The best of College Town Express

BY RAAGA KANAKAM
STAFF WRITER

What’s purple, rectangular, and can take you to a place that has everything you’ll ever want? The College Town Express!

The newest addition to the University’s transit system, the

soon, including Constantino’s Market, a food market that will offer fresh produce, meat and seafood, Saxbys Coffee, and Insomnia Cookies, a store that offers fresh-baked cookies and milk until 3am.

In other words, 500,000 square feet of everything a

offer a 10% discount off your meal.

All salon and spa services on Mt. Hope, including Mark and M.E. Salon, Bordeaux Salon, Pal Joey’s, and The Hair Co., also offer 10% discounts. In addition to 10% off retail purchases, The Mane



LIZ BESON/ILLUSTRATOR

College Town Express, was established to provide students with easier access to College Town and Mount Hope Avenue.

The College Town Express has seven stops: Rush Rhees, Wilmot, The School of Medicine, College Town, Jackson Court, and both Mt. Hope Ave and East/Goler. It runs every Saturday and Sunday and loops every 20 minutes, making it extremely convenient for students to find time during even the busiest of weekends to get off campus.

Since its maiden voyage during Meliora Weekend, the bus line has proved to be highly useful to the student body, giving them new options for grabbing a quick bite, picking up school supplies, and spending leisure time off campus.

Last year, we all waited in anticipation for the opening of College Town, the “500,000 square feet of retail and dining space, hotel and conference facilities, parking, and housing,” according to the College Town website.

A two-story Barnes & Noble, Hilton Inn, and Mount Hope Lofts – an apartment complex to be situated above the stores by Mount Hope – were announced as future components of College Town.

Additional services will include Hairzoo – a full service hair salon – and “breathe,” which has a spa (with massages!) and juice bar, and offers cooking classes and many other services.

An incredible array of restaurants are also coming

student would ever need or want.

As of right now, only the bookstore is open, as the rest is still under construction. While most of the stores that are planned are not yet fully finished, it is hard not to be amazed by how quickly everything has gone considering construction began just last year.

Walking down Celebration Avenue and seeing all the almost-finished stores, imagining how it will be once everything opens, can make any student excited for what the future holds for College Town.

But despite being named after the new development, the College Town Express also provides students with transportation to a wide variety of other businesses on Mt. Hope Ave. The optimal destination for whatever you are craving, Mount Hope is the home of beloved favorites like Chipotle, Brueggers, and Bunga Burger Bar. Just down the street you can also find the newly constructed McDonald’s.

Before the existence of this bus line, the only way to get to Mount Hope was to walk from campus, take the Blue Line to East/Goler and walk the rest of the way, or beg a friend with a car to take you there. Thanks to the College Town Express, such ordeals must no longer be suffered – at least on weekends.

Through the Rochester Every Day program (RED), students can receive discounts at local restaurants and services. Abbott’s Frozen Custard and Abyssinia Restaurant, both located on Mount Hope Ave,

Attraction also gives 15% discounts on all their services. Even Freewheelers, a bike shop, offers 10% off retail with RED.

Students such as senior Shiv Patel have found their early experiences with the Express to be highly satisfying. “My friends and I were gonna walk to Chipotle but realized the line was available and jumped in it instead,” Patel remembered. “It was ultra convenient and dropped us right by B&N, so we decided to pop in and check out what all the hooplah was about, and I was not disappointed. I definitely plan on ditching walking for the bus in the future and think it’ll be a real lifesaver for when I wanna get my Chipotle on this winter.”

Another important stop that is now available on the weekends thanks to the College Town Express is its Med Center stop. Café 601 and Au Bon Pain are both located at the Med Center, and both offer an amazing variety of food, perfect for when you want to eat something different than dining hall or Pit food. What’s more, both these restaurants take Declining and Flex!

In addition to food, the Med Center can also serve as a quieter study space for students when they need a change of scenery.

All in all, the College Town Express has proven to be a very important addition to the bus line system. One that, as more stores open in College Town, will certainly continue to gain more popularity, especially with winter coming up.

Kanakam is a member of the class of 2017.

Foreign Focus: New Delhi, India

An exploration of study abroad



COURTESY OF ZACHARY LEJA

During his time in the International Education of Students program in New Delhi, senior Zachary Leja was given the opportunity to ride camels on a camel safari through the Thar Desert.

BY LU LIU
STAFF WRITER

The world’s seventh largest country by geographic area, India is one of the fastest growing developing countries. It has remarkable religious diversity, including Hinduism, Buddhism, Jainism, and Sikhism, and historically has been influenced by Judaism, Zoroastrianism, Christianity, and Islam, which were brought to the country several hundred years ago.

As a double major in history and religion, senior Zachary Leja found the diversity of India to be a perfect fit given his academic focus on Asian religion, and enrolled in the Institute for International Education of Students (IES) program in New Delhi for the fall semester of his junior year.

In New Delhi, Leja enrolled in three courses: a General Hindu Religion class, which discussed Hinduism, Buddhism, Sikhism and Islam, an Indian History class, and a Film Study class.

He was also given the opportunity to participate in volunteer work, which, for the most part, took place in the office of a local non-government organization, Mobile Creshes.

He worked with the organization to help “provide

preliminary education for these children by starting small daycares and schools on those construction sites,” Leja said.

Since much of New Delhi was under construction, many young women with children were hired to work on sites. The problem, however, was that their children had no access to daycare or school.

Leja worked and took classes during the week, enabling him to spend his weekends traveling throughout India. “Every day [was] a real adventure,” he said.

Soon after arriving, Leja became aware of how different his American life was from that of those in Delhi, and was faced with intense culture shock.

Visiting India during Monsoon season enabled Leja to become further immersed in Indian culture.

On his first Saturday, Leja and his friends went out to a store to buy some groceries. As they finished shopping and exited the store, it started raining heavily. The streets became filled with rushing water and the metro station became inaccessible, inconveniently at the stop they intended on using.

“We [got] off at the next metro station and tried to find our way back, and the streets were flooded [with] water [...]

as high as our knees,” he said, motioning to his legs.

Since they were not acquainted with the surrounding areas and routes of New Delhi, Leja and his friends were lost for almost two hours, trying to find their way home by asking local people who did not entirely understand English, the language with which he was most comfortable.

Leja described that after leaving the shop, they needed to cross a wide, six-lane street.

“We just crossed three lanes,” he said. “We were standing at the middle of the street waiting to cross as there were cars and buses passing by. It was flooded on the side we had not crossed, and suddenly, a bus passed by and created a five to six meter water wall. We were [drenched], and our (newly purchased) cell phones were broken.”

He experienced similar events throughout the course of the semester.

“It was very interesting during the monsoon season because [since] it rained almost every day, traffic was backed up,” he said. “It turned out that one of the most efficient ways to go around is to use animals, like donkeys, horses, and elephants. You saw people riding those animals [...] through the streets.”

In addition to wandering the

New Delhi streets by elephant, he traveled through the desert by camel. He also visited the city of Sarnath, where it was said that the Buddha gave his first teaching and where breathtaking Buddhist temples can be found.

Throughout his travels and studies, Leja learned not only from his experiences, but from the people with whom he interacted. At a small tea shop near the metro station that he visited each day to catch a train to class, Hash, a young Indian shopkeeper, asked Leja if he

could practice English with him.

After their first meeting, Leja would spend about 15 to 20 minutes before his classes at the teashop visiting Hash, their friendship growing as they talked more and more about their lives. Hash eventually came to call Leja his “little brother,” and encouraged him to visit when he is able to return to India.

“I’d recommend study abroad and India to anyone,” Leja said. “It is an amazing place with an amazing culture and people.”



COURTESY OF ZACHARY LEJA

On a trip to Amristar, Leja and a classmate pose with an Indian guard at the border of India and Pakistan.

UR OPINION

BY DANI DOUGLAS & PARSA LOTFI
FEATURES EDITOR & PHOTO EDITOR

“WHAT WOULD YOU NAME THE NEXT NEW A CAPPELLA GROUP?”



ALPHONSE MUGUISHA '17
“The Enchanted Eight.”



JOANNA WALLACE '15
“UR Singing.”



NATHAN CONTINO '17
“Oh, God!”



SURAJ SUBRAMANIAN '16
“Twerkin’ Tunes.”



STEVEN TORRISI '16
“Partisan Overtones.”



LILLY REYNOLDS '18
“High Notes.”

St. Sebastian Society supports local education

FROM ST. SEBASTIAN PAGE 7
“but we hope for a lot more,”
Goddette said.

Aside from participation in a slew of community service projects, the St. Sebastian Society hosts a multitude of educational events, including guest speakers such as a recent visit from educational activist Fred Sarkis, the creator of on of the society’s key partner organizations, Yes Pa.

Although the group’s major focus is education, as a part of the Catholic Newman Community, they inherently have strong Roman Catholic ties as well. A few weeks ago the St. Sebastian Society held a conference hosted by Veils of Salomé, an organization that retells the biblical story of the execution of John the Baptist. A distinguished group of scholars and performers worked to retell the biblical story of the execution of John the Baptist “as a focus for the

study of intersections between religion, the arts, and gender over the centuries,” according to the event invitation.

Even despite athletic and academic commitment, members of the group are consistently very dedicated to raising significant funds for their group. “The bi-weekly meetings and occasional service projects offer each of us some relief from the high-paced life at the University of Rochester,” Michalec said.

The Society, though focused on Roman Catholic ideologies, welcomes student-athletes of all ethnicities, religions, and upbringings to participate.

Through the ongoing Box Top Collection project, students can all help the Society to give back to the community, helping with the education of students of the Nativity Preparatory Academy.

Kaplan is a member of the class of 2018.



The St. Sebastian Society works with youth of Nativity Preparatory Academy.

COURTESY OF GABBY GODETTE

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Jodi Says: Coming close...

BY JODI ARMSTRONG
STAFF WRITER

I'm just going to cut right to the chase: orgasming can be hard.

Regardless of your gender, it's likely that at some point, for some reason you'll have trouble achieving orgasm. This is a hugely popular problem among women biologically. Partially, this is because it is easier for males to orgasm, but mostly because the general population isn't taught how to do it correctly. Since this problem is more directed at women, I'll focus on addressing the female orgasm.

Males: this is not time to turn the page and move on to another article! Not only is much of my advice applicable to everyone, but you may also want to learn about the lady stuff so you can

impress a partner in the future.

First, you need to consider where to find it. The quickest way to a female orgasm, almost invariably, is via the clitoris. This makes sense, since the clitoris is the female equivalent to a man's penis.

The clitoris is a little nub located inside the labia majora (the big lips), located near the labia minora (you guessed it, the little lips) and above the urethral and vaginal openings. Now, since the clit is above the vaginal opening, penetrative sex is not always going to hit the spot. If you or your girlfriend are having trouble getting off during sex, try finding a way to give the clit a little more attention—sex is not only about penetration!

I'm sure all the experienced lesbians and bisexuals are thinking, "Um, duh." You hetero couples are more likely

to have missed the message. So go, be enlightened! Grind up on it, use fingers, whatever it takes!

Okay, maybe not whatever it takes; the clitoris is sensitive. Like I said, the clitoris is the female equivalent of the penis. But it's tiny, so imagine all those penis-y nerve endings condensed into one little nubbin. Whoa. So be careful, and tread lightly at first.

Still having trouble? Maybe it's anxiety. Especially if you're with a partner, it's easy to feel a lot of pressure to get to the finish line. And ironically enough, that usually pushes the finish line further away. Like a treadmill, an evil, treadmill. Your mind is powerful.

I think the best thing to do in this case is to take away the finish line altogether. Tell yourself and your partner, "I just want to have the best sex I can, orgasm or no orgasm."

Make your goal be to achieve the most physical pleasure you can, not to have an orgasm. Without the expectation of an orgasm or the focus on getting there, you may be able to relax

My last piece of advice: get a vibrator. If all else fails, this is a tool engineered to get you to that big O, so invest. You don't have to go to a store, just go online. Adam & Eve is a good place to start. Vibrators, besides being a good time, can be an excellent way to find your orgasm. They're powerful, they're patient, and they will not give up on you.

So do not give up! Have faith in the big O, and even if you don't get there, remember that achieving orgasm is not everything—after all, if you never finish, you can go as many rounds as you like.

“Sex & the CT”

LET SEX & THE CT HELP YOU
THROUGH YOUR MOST
AWKWARD SEXUAL YEARS.

enough to let it come naturally.

Another alternative is to orgasm on your own. For many, orgasming is something you have to learn—it doesn't just happen. Face it—you are better equipped than anyone else to understand just what you're feeling, and to adjust your actions accordingly. Plus, being alone can help take some pressure off.

*Armstrong is a member of
the class of 2016.*

*To submit an anonymous
question, visit
sex-thect.tumblr.com/ask.*

UR Tech: Hacking, easy as pi

BY LUCIAN COPELAND
STAFF WRITER

I find trying to explain my work at family reunions to be a weird affair. Some relative or other will inevitably ask about my hobbies, and then the conversation usually goes something like this:

“Oh, I do a lot of work with the Raspberry Pi.”

They look at me quizzically.

“The raspberry.... pie.”

“Yeah, that. And Arduinos, Beaglebones, PICs...”

“I'm sorry, what are we talking about? I thought you said you were working with some kind of pastry.”

I forget sometimes how the circuits that form my day to day life are not even remotely ubiquitous for the average person, though I think it would be a lot easier if their parent companies didn't give them the weirdest names they can think up (the “Teensy” chip? Really?).

But if you are as confused as my baffled aunt by my references to bones and tart bakery products, I will clarify. The Raspberry Pi is not a pie, it is a computer – a very small, open-source computer that can fit in the palm of your hand but can handle nearly the same workload as the Dell Inspiron I did grade school homework on nearly a decade ago.

research some similar projects, learn or brush up on your Python coding, and get started.

It's this attitude of collaboration and self-education that's allowing the non-commercial innovation sphere to boom. Where once you would have needed to know specific and secretive corporate



LIZ BESON / ILLUSTRATOR

assembly languages to program a microcomputer, the code is now available for anyone who bothers to look it up in a search engine along with sites like Codecademy or the Arduino community pages that help you learn the syntax.

Where once you would have needed a fabrication lab to build supports and moving parts, 3D printers can now construct your prototype from software alone. And the internet gives us the freedom to share these designs with the world, letting anyone

else with similar enthusiasm take on the mantle and improve these projects with their own ideas.

That's not to say it's all fun and games. Motivation is a skill in and of itself, and the expectation that you teach yourself can be a significant hurdle for many prospective tech hobbyists.

The sheer variation in available tech can be intimidating as well – is a Raspberry Pi the right choice for your robot? Or an Arduino? Should you 3D print parts or try to buy them? Without experience, it's possible to veer off your design plan, running into a discouraging string of failures that can't seem to be pinned down. And since there's no academic oversight or official set of corporate rules, these failures can seem insurmountable.

The answer to this, of course, is that failures are how you learn. That's a hard concept to remember when you're knee deep in errors, but there's no place it's more important than the hobbyist engineering community. If you're having problems, somebody else probably is too, and thus entire communities have emerged

to assist those with technical difficulties.

Can't fix a linux bug? Post it to Stack-Overflow, a Q&A site run entirely by the collaboration of volunteer code junkies. Trying to decide between microcomputers? The folks on the Arduino and Raspberry Pi forums will be happy to assist. And if your design is brilliant, bring it back to the community, and let others learn from you.

Engineering your own designs can be more rewarding and educational than any simplistic class-assigned project. The parts are cheap (most microcomputers go for under \$50), the coding is simple to learn, and the communities are helpful and inclusive.

Owning your design will

give you a greater grasp over the concepts of any branch of engineering, whether you're computer, electrical, civil or mechanical. And the skills you learn may be desirable to institutions that care about more than what you learn in the rigors of the classroom.

But more than anything else, you are the measure of whether a project succeeds or fails. Perhaps a greater skill than any host of programming or machining experience is the ability to motivate yourself and persist past your failures. If you can practice that, everything else will fall into place eventually.

Happy hacking!

*Copeland is a member of
the class of 2015.*

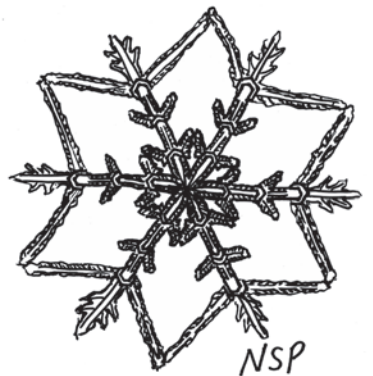
HUMOR

Weekly weather report

BY GRACIE PETERS
STAFF WRITER

This Tuesday, we can expect clear, sunny skies and a high of 66 degrees. A little odd for November, perhaps, but I'm not complaining. Wednesday's prediction drops down from Tuesday's to a chillier 46 degrees with scattered clouds. Sounds more like Rochester weather to me - definitely more expected. Thursday, we will have a predicted high of 38 degrees with snow and rain mixed in - wait, snow? Snow? In the same week as degrees? Thursday, are you drunk? Thursday, it's time to go home. And then, wait, more snow on Friday? Are you joking? I really don't know how we're supposed to dress for this weather. Ugh, and don't even get me started on those days where it's kinda warm-ish in the morning so you don't take your heavy jacket, but then it's unbelievably cold all of a sudden an hour after you leave your dorm room and you really

wish you'd taken that damn heavy jacket. Should I get a hot Starbucks drink or a cold one? Long-sleeve or short-sleeve T? Oh, it's also



NATHANIEL POTREPKA / CONTRIBUTING ILLUSTRATOR

supposed to rain fire and sulfur on Saturday, so just in case you were looking forward to going out this weekend - sorry! Everything will probably be smashed to smithereens because of this hella crazy Rochester weather. Don't bother reading next week's weather report. You're screwed no matter what.

Peters is a member of the class of 2018.

Four ways to improve your always improving Yik Yak game

BY SAAD USMANI
COPY EDITOR

Many people, mainly freshmen, have come and asked me to provide some helpful insight to improve their "Yik Yak" game. I avoided doing this for a while—a magician doesn't reveal his secrets—but certainly I was pressurized. Thus, I reveal to you my dear "yakers," the secrets to increase your upvote average (and inherently your self-confidence, too).

Have "FedoraKid" somewhere in your yak. It is statistically proven that the mention of this term will increase your upvotes by at least 50 percent. In theory, yak-ing "Why is Chipotle not on campus?" would get you about 20 upvotes with the mentioning of Chipotle, but tagging Fedora Kid on the end would boost the upvotes to approximately 30 (with a margin of error of 0.2 percent). Your Yak would look like, "Why is Chipotle not on campus? Fedora Kid." Of course it doesn't make sense, and of course it's horrible and distasteful to minimize one student to the hat he wears in order to boost your self-confidence, but this is a business — we have no room for empathy here.

Attribute an uninformed stereotype to a fraternity. I have absolutely no idea why this works, but people love it when it happens. For example, the

yaks that attribute homosexual behaviors to a fraternity are usually the most popular. Apparently homosexuality is still funny to people, so go for it. If you really want to exponentially increase your upvotes, I would consider minimizing other fraternities as well with a dumb stereotype. So go ahead, add in the assumption that a certain fraternity disrespects women and that another is "irrelevant"—remember, it's okay to talk crap because it's anonymous!

Consider yak-ing about your GPA. Scrolling through the yak feed, there's always bound to be one yak that cleverly states the fact that their GPA is terrible. Some actual examples include, "Who needs a girlfriend when your GPA goes down on you every day?" (22 upvotes), or "My bank account and my GPA are having a race to 0" (50 upvotes). We all share the struggle, so go ahead and find another creative way to tell us how dumb you are (and financially inept).

Yake every time you see someone do something "basic," whether a Starbucks patron ordering a venti pumpkin spice latte (PSL for the uninitiated), or a sorority girl showering herself with a pile of leaves while her sorority sisters take a bunch of pictures of the act and put it on their Instagram with the hashtags #mcm #selfie #whitegirlprobs.

Usmani is a member of the class of 2017.

A letter to UR students

BY ERIK CHIDO
CONTRIBUTING WRITER

Dear Fellow Yellow Jackets,

I would like to take the time to formally apologize in advance for any humor that I attempt. As a person who was raised in a conservative environment, I don't have much exposure to humor, so I find it a tad ironic that I'm contributing to this section. I would also consider myself a poor writer having little money to buy clothes for myself, so bare with me. However, I consider myself a competitive person and heard that the humor section of *Campus Times* boasts a startling one contributor a week. According to recent surveys that I took myself, the humor section happens to be the most read portion of the *Campus Times* followed by the illustrations. It has been said that a "picture is

worth a thousand words," so by the fourth or fifth picture, I get a little bored. As you could probably tell by now, I don't really know much about how the *Campus Times* works. When I heard that there was an A&E Section in the newspaper, I wondered how they were able to



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get A&E to agree to sponsor the paper. Plus, it seemed pretty odd when the section made no mention of "Duck Dynasty", "Dog the Bounty Hunter", "CSP", or any of the other television shows that are aired on A&E. My lack

of knowledge of *Campus Times* extends to other sections as well. I found it redundant that there is separate "News" section. If the *Campus Times* is a newspaper, shouldn't everything in it have something with news? Why just limit news to just one section?

I was thinking about creating a pseudonym for myself. Like many great authors in the past who liked to keep themselves anonymous. Honestly, I thought they were psychic sadists. It makes it infinitely harder to use easybib.com and properly cite sources. How did they even know about easybib.com? Hopefully, with a little luck and a total revision, this piece may make its way into the paper.

Cheers,

Erik Chiodo (New Humor Contributor)

Chiodo is a member of the class of 2017.

I don't think anyone wants to do homework on Sunday

BY CHRIS HORGAN
HUMOR EDITOR

Trying to get work done on a Sunday is as pointless as having the Doctor regenerate into a baby. The TARDIS would require a total makeover, and every character would have to attach themselves to booster seats before traveling through time. But who knows, maybe by the end of the baby's tenure as the Doctor, everyone would be saying, "booster seats are cool." Anyways, it's beautiful outside right now and I have to write an essay. I'm starting to think I should have gone to college to become an English to English translator. It sounds silly because it is, but I could translate what

someone said into what they really thought. For example:

First person: I used to be a soap addict.

Second: What?



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Translator's translation: He's clean now.

I just came back from

Wilson Commons with my friend Alphonse. They were selling Halloween stuff so we bought this reversible jacket and let me tell you, we were disappointed how it turned out. There was a cheap looking magician's hat. I thought it would look good on Alphonse, but he doesn't know how to do any magic tricks. Fortunately, nothing seems to stress him out. So if he struggled with a trick, he wouldn't get angry enough to pull a hare out. We walked out of Wilson Commons and started heading to Phase. Alphonse thought it would be funny to walk underneath the clock tower and I haven't seen him since.

Horgan is a member of the class of 2017.

UR to build canals across campus in place of sidewalks

BY SAM PASSANISI
COPY EDITOR

University administrators unveiled an ambitious new project on Monday, when they announced plans for all campus sidewalks to be torn up and replaced with Venice, Italy-style canals.

Maintenance costs for the current sidewalks have become far too high, UR Facilities said in a press release. The press release went on to say that repairing potholes, plowing the sidewalks in the winter, and keeping them free of ice is too much work. We started looking into other, lower-maintenance materials. And water

seemed like a really good option."

The administration has worked closely with several student organizations on this project, including the varsity fishing team, UR Kayakers, and Gondoliers Without Borders.

Responding to concerns from the student body, President Seligman pointed out that, once the weather drops below freezing, students probably won't even notice the new canals.

"Numerous members of the chemistry faculty have assured me that water becomes solid at temperatures below 32 degrees Fahrenheit," Seligman said in an interview. "Students will be able

to walk or ice skate on the frozen canals, and I don't think they'll be any more slippery than normal winter conditions."

At press time, sources were unable to confirm whether the canal project would be expanded to include the Eastman School of Music. A facilities spokesperson said, "Eastman isn't really an ideal location for canals, and I'm not sure all that moisture would be good for the instruments. If enough students express interest, I suppose we could flood the basement or something."

Passanisi is a member of the class of 2017.

ARTS & ENTERTAINMENT

LINK holds benifit concert for Korean refugees

BY MEGAN KIBLER
STAFF WRITER

It's always great to experience the talent of UR's multiple student-run music and dance ensembles, but it's an added benefit when you can contribute to a great cause. In this case, each nine-dollar ticket helped to fund efforts by the LINK organization (Liberty In North Korea) to help house Korean refugees currently taking shelter in China with the intention that they may eventually obtain freedom. "The main goal of our organization is to raise awareness about the humanitarian crisis occurring in North Korea and also fundraise to benefit the cause," LINK social chair Teresa Oh noted.

The performances ranged from powerful vocal showcases by a cappella groups Trebellious and Roc Hakol to the expressive hip hop routines of UR Stylez and the synchronized Asian hip-hop moves of the Rice Crew trio. Add a mesmerizing contrast of Western Indian style dance routines from RAAS and a routine featuring a mix of cultures from Radiance, and you'll get a sense of what

this captivatingly diverse show was like. Each a cappella group presented its own style, starting with the energeti

truly emphasized the emotional turmoil that many refugees experience. The calming harmonies of Roc Hakol provided a great contrast



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and charismatic performance of the Yellowjackets. Soloist Luke Metzler, '15, delivered a powerful performance of "Hopeless Wander," which

as the group performed a blend of traditional Hebrew music with contemporary pop. Vocal Point delivered an impressive performance

featuring powerhouse soloists and seamless harmonies. Co-ed a cappella group Trebellious gave a strong vocal performance as well with their rendition of The Bravery's "Believe," which included an impressive vocal leadership of the song by soloist Mike Robin. "During a performance you can get feelings of excitement, nervousness, and accomplishment all at the same time, but when performing for a cause such as this, feelings of true satisfaction with your performance come up as well because a greater purpose for this performance has been presented to you," said Trebellious member Nathaniel Woodard, '17. No Jackets Required delivered a soulful interpretation of "Us" by Regina Specktor. "We are proud to contribute to helping those in direst need of support," said Vincent Mateo, '17.

The dance ensembles energized the crowd, particularly RAAS, who uplifted the audience's spirits with bright, extravagant costumes and a quick, exuberant routine. RAAS member Elisa Barton expressed that "it felt great dancing for a cause...especially

when you're doing it for the well-being of others." Other groups captured the audience's attention as well, with unique solo work from UR Stylez, whose members each took considerable break dancing risks. Radiance performed a routine that combined Bollywood and hip-hop dance styles, resulting in a fun and entertaining performance.

LINK was pleased with the turnout. "So many people showed up for such a good cause and we were grateful that the performers had also agreed to participate," said Oh. True gratitude was expressed, however, by Jason Kim, a North Korean refugee. "Your heart can lead you somewhere else, but it led you here," he noted. He offered multiple suggestions on how students could extend support to the refugees: "You can pray for us, you can give donations, you can give your wisdom." For those who are interested in helping these refugees find freedom, LINK holds a weekly E-board meeting on Sundays at 8:30pm in Wilson Commons 121. Everyone is welcome.

Kibler is a member of the class of 2017.

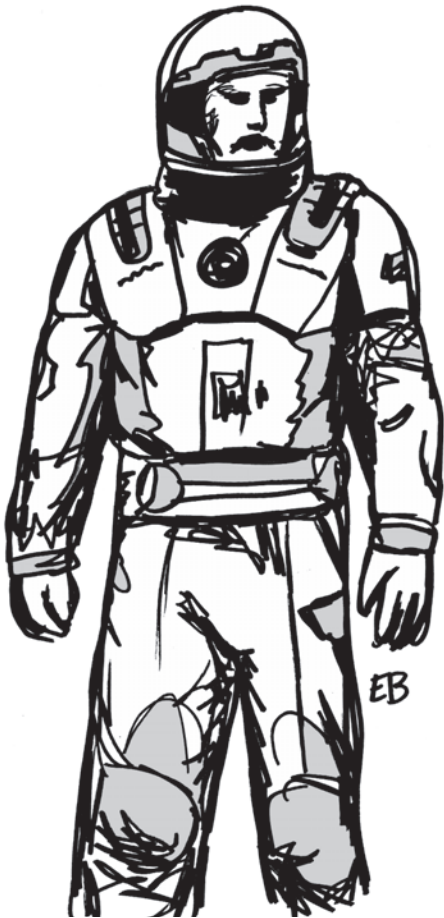
‘Interstellar’: overrated

BY JOE ALLEN
STAFF WRITER

It's often hard for even the casual movie fan to separate the circumstances surrounding a movie from the movie itself. Sometimes, it's an impossible task. It may seem odd to bring this up in reference to "Interstellar", a movie that has been generally successful and uncontroversial thus far in its run. Here, however, the circumstances relating to this movie's release are of a specific variety, something I will refer to as the "hype-factor." This hype-factor is the idea that, prior to a movie's release, viewers have notions of how well-rendered or realized a movie will be, and these notions ultimately come to affect the viewer's overall reaction to the film. Interstellar suffered tremendously from this hype-factor, with many hailing it as the next "2001: A Space Odyssey" before the film was even released. It's for this reason that many were disappointed by what the film actually turned out to be, which is an entertaining and thought-provoking, but seriously flawed, movie.

The story is one of mankind's survival, as Matthew McConaughey's Cooper and a team of scientists made up of Anne Hathaway, Wes Bentley and David Gyasi leave Earth in search of a new home for the human

race. The plot moves in many directions from here and, without spoiling anything, becomes incredibly complex as it weaves existential ideas into discussions of physics and relativity. Largely, the film's first two acts are its easiest ones to follow, and even they can sometimes challenge the audience's mind. The third act, by contrast, is one which requires the viewer to have an investment in the story in order for them to accept it



LIZ BESON / ILLUSTRATOR

as even remotely plausible. McConaughey's performance here is in line with much of the actor's recent work, in that it seems to be genuinely felt. Though I had problems with some of the generalities affecting his character, McConaughey has undoubtedly delivered another superb performance, adding some heart to Cooper's cold philosophizing. Hathaway and Jessica Chastain, who plays Cooper's adult daughter Murph, are also both excellent. Hathaway, who is charged with selling several of the film's most clunky pieces of dialogue, manages to do so in a way that seems real and urgent, and Chastain finds a human strain and deep sadness among some of the vagueness that plagues her character's writing.

In addition to being marketed as a modern space opera akin to 2001, the film also seems to be discussed as one which is incredibly personal for Nolan. It's a film about love, ultimately, one which wonders at its existence, and what this existence means for characters who can perceive it without ever truly understanding it. This careful meditation is a thoughtful one, but it is also one which the film states explicitly several times.

‘Interstellar’: out of this world

BY SAAD USMANI
COPY EDITOR

"Do not go gentle into that good night, Old age should burn and rave at close of day; Rage, rage against the dying of the light," quotes Michael Caine from Dylan Thomas in Christopher Nolan's new sci-fi epic "Interstellar." This is a highly ambitious film, full of spectacle and gaze, emotion and tragedy, and mind-bending intellectual theory that transcends knowledge known today.

Let's get this straight. Nolan himself is an individual who gets much more scrutiny than his other fellow directors. Some say his films have "all brain and no heart," and yes, knowing the basic concepts of relativity will surely help you in understanding the scientific concepts the film explores, but they're explained in the film as

This film is the most emotional film Nolan has made to date

well. This film, all in all, is the most emotional film Nolan has made to date. The film may have a huge, space canvas, but the story can boil down to the relationship between a father

and his daughter. I saw this movie with a couple of friends and we all agreed that there are some scenes in the film that will put you on the verge of tears (manly tears, of course). Speaking of which, Matthew McConaughey seriously has come a long way from "How To Lose a Guy in 10 Days," and he especially delivers in this.

If you go see "Interstellar," I highly recommend seeing it

The images presented in the film will give you a sense of rage and awe.

in some sort of IMAX. It is imperative to see the movie in as large a screen as possible, which is really the only way to fully appreciate the technical scale of the film. From IMAX, you can see the ambition that Nolan presents and tear away that physical barrier of the screen between the you and the movie. The images presented in the film will give you a sense of rage and awe, including an incredible sequence of travelling through a wormhole and another sequence involving

SEE STELLAR PAGE 14

‘Serial’ podcast examines nature of guilt and justice

BY AARON SCHAFER
SENIOR STAFF

“Serial,” the new podcast by the creators of “This American Life,” starts out with one heck of a hook. The narrator, Sarah Koenig, says, “For the last year, I’ve spent every working day trying to figure out where a high school kid was for an hour after school one day in 1999; or if you want to get technical about it, and apparently I do, where a high school kid was for 21 minutes after school one day in 1999.”

That high school kid is Adnan Syed. His girlfriend, Hae Min Lee, disappeared on January 13, 1999. Her body was found in a park in Baltimore on Feb. 9, 1999. Adnan has been in prison since 1999, and still claims that he did not kill Hae.

From the beginning, Koenig sets the narrative around herself: how she became interested in the case, her motivations for taking it on, etc. She essentially describes herself as an amateur sleuth on a quest for the truth – whether or not Adnan is guilty.

Every episode (they are released weekly – as of publication, seven episodes out of a season of ten have been produced), the mystery seems to grow deeper. This isn’t

coincidental--Koenig is a master storyteller, and walks a fine line between the impartiality of an outside observer (her journalist side) and a partiality of a (flawed) human being who has real feelings about the case and choses to (albeit selectively) voice them.

The lure of ‘Serial’ lives in the depth of Koenig’s storytelling. She recreates situations and tests assertions, interviews witnesses and reviews police recordings and transcripts, and aligns herself with the viewer in such a way that she forces us not only to listen but to feel.

Thus far, “Serial” has appealed to a massive audience. It has spawned a meta-podcast by Slate and a dedicated following on Reddit (reddit.com/r/serialpodcast); one notable Reddit thread was titled, “Anyone else going to sleep each night to the voice of [Sarah Koenig]?” Yes, this is an example of reddit-level creepyness, but it definitely shows the level of obsession that fans of ‘Serial’ have.

Criticisms of “Serial” include Koenig’s selectivity in storytelling (some witnesses are not interviewed, as per their wishes; Koenig often omits certain details and storylines so

that she can more effectively tell them later) and the show’s focus on Adnan, instead of Hae (the literal victim).

One of the truly chilling parts of “Serial” is that it is incredibly entertaining. We know that we are being voyeurs to an act of violence, and this has tremendous, though guilty, appeal. This has been the appeal of everything from “Cops” to “Dateline,” and is a very important reason why they are still running on television.

There’s a weird feeling that comes from being entertained by an act of evil – a sense of disgust manifests itself as a voice in your head. Maybe that’s what makes “Serial” so brilliant. It is able to be a refreshingly good, nostalgic, and human mystery while at the same time forcing you to ask meta-questions about the show’s production, storytelling, and the nature of justice.

“Serial” is no doubt one of the best media productions to be released this year. New episodes premiere every Thursday morning, available at serialpodcast.org. Once you listen to it for the first time, you won’t want to stop.

Schaffer is a member of the class of 2016.

‘Interstellar’ comes off as contrived and predictable

CONTRIVED FROM PAGE 12

It makes me wish for a movie infinitely more subtle than the one we got. I want a film where we care about the characters enough to understand the way their human bonds play a role in this story, with its enormous scope, as opposed to one which tells me how important they are.

Unfortunately, the film we got is somewhat contrived and simplistic. Though Nolan dives deep and brings some amazing visuals to the story, it seems

not only in the story itself, but also in the world of the film’s existential themes. It’s hard, however, to fault Nolan too heavily for this. He’s clearly

I want a film where we care about the characters enough to understand the way their human bonds play a role in the story.

It seems as though the film he made does not have the breathtaking humanity that it should.

as though the film he made does not have the breathtaking humanity that it should. Instead, we get a film that is undoubtedly ambitious, but comes with numerous faults

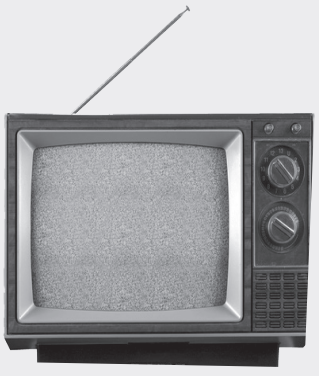
reaching for something, and even if he cannot quite grab it, I have a great deal of admiration in him for trying. As for “Interstellar”, you should still see it even though it’s flawed. It’s wildly entertaining, somewhat thought-provoking, and will ultimately prove essential to understanding Nolan’s career as a whole. See it as a building block, and hope that Nolan’s next film can improve upon it.

Allen is a member of the class of 2017.

CT
RECOMMENDS

CORPORATE MIXTAPE

BY JEFF HOWARD
A&E EDITOR



The words “balance, focus, control” repeat like a mantra on Donovan Hikaru and Corp’s track “Outdoor Seminar”, a tune whose sound palette of MIDI slap bass and gated snare drum is as sterile as the corporate rhetoric it samples. That’s the point. Enjoying “Corporate Mixtape” means giving yourself up to its squeaky clean, office-complex vibes. The EP is a collaboration between Corp and Donovan Hikaru, two artists off of the vaporwave record label “Ailanthus Recordings”. While there are a lot of ways to describe vaporwave as an emerging style of music, Corporate Mixtape encompasses what I love most about the genre: it turns into art what’s not supposed to be art. At its best, Corporate Mixtape is pure smooth jazz schlock. It’s the sound that inspired the joke “If Kenny G and Hitler were in a room, who do you shoot? Kenny G – twice.” Brutally soulless, braindead, and apathetic to the human condition, Corporate Mixtape sets the script for a whole new musical paradigm that elevates insipidness to a sublime extreme. To hear Corporate Mixtape, visit ailanthusrecordings.bandcamp.com.

Howard is a member of the class of 2017.

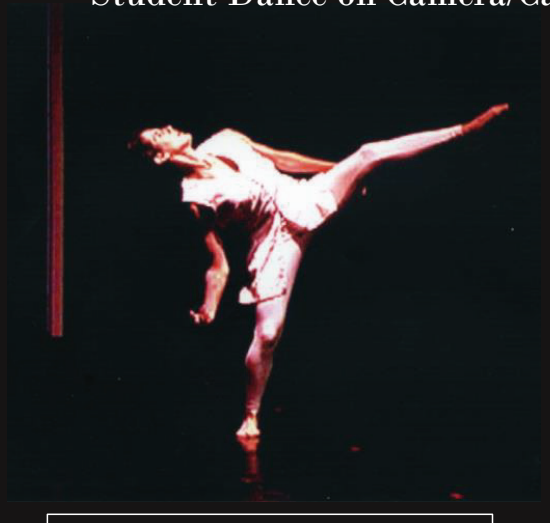
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‘Interstellar’ succeeds through polarization

STELLAR FROM PAGE 12
a black hole. Shots of space, Saturn, and the exoplanets they visit also give an edge-of-your-seat experience. Perhaps the most surprising part about the film is Hans Zimmer’s different approach to the soundtrack of the movie. At times, the score is loud and bombastic (which makes hearing dialogue sometimes

of the film. It’s the part of the film where the scientific theories developed before
It deals with questions of the unknown, our future as a race, and the forces that bind us to each other.

more ambitious, intellectual, and emotional than some other films you might have seen this year and in previous years. It is not Nolan’s best

film, but in many ways it is his first attempt as a seasoned director to weave scientific theory, humongous scale, and raw emotion in a basket that

transcends its contemporaries in cinema.
Usmani is a member of the class of 2017.

Arguably, it is Zimmer’s most experimental soundtrack to date, but also the most rewarding musically and emotionally.

difficult) but it is also very calm and soothing, especially in the more emotional scenes in the film. This score is arguably Zimmer’s most experimental to date, but it is also his most rewarding musically and emotionally.
As technically rewarding as “Interstellar” can be, it does fall a bit short in the narrative section. The movie, already three hours long, could have been about half an hour longer. More development in the first act would have helped the transition between the jump from Earth to space. Some characters in the film also appear out of nowhere in the film, including the character who Topher Grace plays, whom one can recognize from “That 70’s Show” and who comes on stage mid-way through the film with no real sense of direction or purpose.
Apart from a few mishaps with narrative structure and character development, some intense mindbending phenomena occur once you journey into the third act

the third act fall second to the more traditional “sci-fi” stereotypes. That’s not to demean the final act in any way, because there are no accepted scientific theories that could possibly explain it anyway. It’s meant to be open-ended, and some might see that as underdeveloped or confusing for the sake of being confusing, but many others will see it as thought-provoking. And, to be honest, it really is thought-provoking. It deals with questions of the unknown, our future as a race, and the forces that bind us to each other.
This is surely a movie that will be debated for the rest of the year and most likely after

“Interstellar” is far more ambitious, intellectual, and emotional than some other films you have seen this year and those before it.,

that. Perhaps that will bode well for the film, for “2001: A Space Odyssey” itself polarized critics and audiences when it was first released, and look at where the prestige of that film holds today. That being said, “Interstellar” is not a masterpiece, but it is far



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IDEAS? Email: tom@californiarollin.com

ATHLETE OF THE WEEK

Kailee Zornow - Women's Soccer

BY MAX EBER
SPORTS EDITOR

1. How did you first get involved with soccer?

When I was younger, I wanted to be just like my older brother. He played soccer and baseball, so I played soccer and baseball. I just so happened to fall in love with soccer, so when we were older and really had to commit to a sport, I chose soccer, while he went the baseball route.

2. How did it feel to play in your final game at UR?

I'm still not sure if I've come to terms with the fact that it's over yet. My final game was very emotional, though – I started crying in the last two minutes of the second half. I kept looking at the



COURTESY OF UR ATHLETICS

Senior Kailee Zornow runs up to clear the ball away.

clock – it was extremely difficult to see my athletics career come to a close with that countdown. But the game itself was phenomenal. I couldn't have asked for a better performance out of my team, and I was having so much fun with every play.

work in this sport, came to fruition. As a defender, I was never concerned with getting in the stat book or making big plays, but it was the best feeling to get a little bit of the spotlight in the last game of my career. I won't remember every game, but I will

3. What was it like to score your first goal in your final showing?

It's pretty indescribable. It seemed like four years of hard work in this program, and maybe even fifteen

years of hard

always remember that one.

4. Will you stay involved with the sport after you graduate?

I can't imagine not playing soccer in some capacity. I'll always be able to go outside and kick a ball around, which I love to do. I'll probably play in a women's league eventually, but my first retired athlete goal is to run a half marathon.

5. Do you have anything in particular to say to your team?

I'm grateful to have had such amazing teammates and have built such great friendships, not just this season but all throughout the past four years. Like I said before, I won't remember every game. I absolutely will remember every teammate, though. I can't wait to follow the team's success next year and in years after that.

6. How do you feel when you look back on your years playing here?

Athletics have been an integral part of my life since I was very young, so I honestly couldn't imagine my college experience without them. I've had the best of both worlds in terms of academics and athletics here, not to mention some really thrilling victories! I'm going to miss everything about Rochester soccer so much, except fitness testing of course.

7. Would you rather go skiing with Hulk Hogan or Harry Houdini?

Definitely Harry Houdini. If we ever got stuck on the chairlift, he'd be able to pull an escape act for us.

Eber is a member of the class of 2017.

LAST WEEK'S SCORES

FRIDAY, NOV. 7

- Women's Volleyball vs Emory University L 0-3

- Women's Volleyball vs New York University W 3-1

SATURDAY, NOV. 8

- Women's Volleyball vs Case Western Reserve University L 1-3

- Football vs Worcester Polytechnic Institute W 24-21

- Men's Swimming vs Carnegie Mellon University L 73.5-214.5

- Men's Swimming vs Grove City College W 182-98

- Women's Swimming vs Carnegie Mellon University L 124-175

- Women's Swimming vs Grove City College W 194-106

- Men's Soccer vs Case Western Reserve University W 2-0

- Women's Soccer vs Case Western Reserve University W 2-0

THIS WEEK'S SCHEDULE

SATURDAY, NOV. 15

- Men's Cross Country at NCAA Atlantic Regional - 11:00 AM*

- Football vs Hobart College - 12:00 PM - Geneva, NY

- Women's Cross Country at NCAA Atlantic Regional - 12:15 AM*

- Men's Basketball vs Nazareth College - 7:00 PM*

- Women's Basketball vs Oneonta State - 7:00 PM - Oneonta, NY

- Men's Soccer vs Salisbury University - 1st Round, 7:30 PM - Lancaster, PA

TUESDAY, NOV. 18

- Women's Basketball vs William Smith College - 7:00 PM*

*DENOTES HOME GAME

Men's Soccer to Division III playoffs



COURTESY OF UR ATHLETICS

UR Men's Soccer team celebrates their playoff bid together.

BY KARLI COZEN
SENIOR STAFF WRITER

After two consecutive wins, the UR Men's soccer team earned a bid to compete in the NCAA Division III Championship for the third consecutive year.

The first win came on Sunday, Nov. 2, at an away match against Carnegie Mellon. In this game, the YellowJackets outscored the Tartans 2-1 in a come-from-behind victory.

Coming into the match after a tough loss on Halloween against Emory University, the 'Jackets were slow to start in the first half.

At halftime, the score was tied 0-0. However, as the game progressed, both teams connected with the net. The Tartans were the first team to make their mark on the scoreboard at the 70th minute, when freshman Ryan Stinebaugh shot the ball past UR sophomore goalie Michael Shatkin.

However, the Tartans did not hold onto this lead for long. The YellowJackets countered with two goals of their own. At the 83 minute mark, junior Sean Daly tied the match for UR. This momentum continued with a goal by senior Ben Keeton two minutes later.

The YellowJackets held this lead to finish out the game and earn a 2-1 victory.

The second win occurred six days later on Saturday, Nov. 8 in a home game against Case Western University. This game was the 'Jackets' last regular season game and their senior night.

At the start of this game,

the 'Jackets came out looking for blood. They took an early lead in the first half with a goal by senior Ben Keeton at the 11:14 mark. Fellow senior Alex Swagner followed Keeton with a goal of his own in the 30th minute, giving Rochester a 2-0 lead headed into the half.

During the second half of the game, the YellowJackets held onto this lead, shutting the Tartans out and earning a 2-0 victory with both goals scored by seniors on "Senior Night."

These two victories were crucial in earning the 'Jackets a bid to the tournament.

"We knew that our backs were up against the wall in terms of making the NCAA tournament," said sophomore Ben Swagner. "We were able to get the two wins that we needed."

Rochester was one of 19 schools to earn at-large bids for the tournament and will be playing in their first match against Salisbury University of Maryland. This game will be held at 7:30 p.m. on Saturday, Nov. 15 at Franklin and Marshall college.

"The team collectively wants to make it as far as possible," said Ben Swagner, "With that in mind, we are going to take the tournament one game at a time. Right now, our only focus is on Salisbury this Saturday. It should be a great match, and everyone on the team is looking forward to it. The players and coaching staff as a whole are excited for the challenges of the NCAA tournament ahead."

Cozen is a member of the class of 2015.

SPORTS

The Sanchize has come

BY JESSE BERNSTEIN
STAFF WRITER

On Monday, November 10, Mark Sanchez threw for over 300 yards and two touchdowns. In 2014. For the Philadelphia Eagles. What?

It was an odd sight, and for good reason – Mark Sanchez was the joke of sports for an inordinately long time. We'll do a quick run-through: the shirtless posing, the head scratching interceptions, the naked pictures, and the glorious, glorious Butt Fumble. Yet, here he was, playing meaningful football for the first time in two years.

People seem to forget that Sanchez was the starting quarterback for a Jets team that went to two straight AFC championships and were the first team to give Tom Brady and

Co. actual trouble in a long time. He wasn't a world-beater by any means. But for a guy in his first two years in the league, he was more than competent enough to lead a playoff-caliber offense.

His final few years in New York were as ugly as could be for a quarterback. He didn't just look bad – he looked downright awful. His head was routinely called for, and he was dumped unceremoniously after spending a whole year on the bench.

Sanchez seemed headed for NFL anonymity before the Eagles signed him for peanuts this offseason. It was a mildly interesting signing, if you're the kind of person interested by backup quarterbacks. He was to back up newly-minted savior Nick Foles and mentor a fellow USC quarterback, Matt Barkley. He'd refine his clipboard

carrying technique and get into some blowouts to show that he could still play.

Then, last week, Nick Foles was carted off with a broken clavicle, an injury that's going to keep him out for at

least two months. Sanchez came in and threw for 200 yards and 2 touchdowns in limited time, leading the Eagles to a victory over Houston. He also threw two interceptions, though one bounced off of

a receiver's hands.

Thesecondonewas indefensible, and that's what scares people. Everyone's excited to see a success story, until Sanchez starts to falter – then the jokes and ridicule can restart.

But there are real reasons to think we're seeing a new version of Mark Sanchez. He's in an offense which takes most of the decision-making out of his hands, and any quarterback can play well in an offense that calls for mid-range, high percentage passes. He can move in the pocket with the best of them, and though he's prone to untimely turnovers and some funky throws, he's still got an absolute cannon.

To make a long story short: the Sanchize hath returned.

Bernstein is a member of the class of 2018.



NATHANIEL POTREPKA / CONTRIBUTING ILLUSTRATOR

Top three MLB Free Agents

BY JESSE BERNSTEIN
STAFF WRITER

This is a wonderful time on the baseball calendar. Until Feb. 14 (when pitchers and catchers report), we get to hear about how this player dropped 20 pounds and this player put on 20 pounds in all the right places and how this guy added a cutter and this guy is recommitting himself to plate discipline...it's a glorious time.

But what's even more fun about this little hiatus is the rash of trades and signings that'll start up soon. We're not quite at that bonanza of head-scratching decisions that is the MLB Winter Meetings, but it's just around the corner. Until then, here are the top three free agents to keep an eye on this winter.

Max Scherzer, SP

It was another stellar year for 30-year-old Scherzer, and especially big for the Tigers in a year where Justin Verlander revealed that he is, in fact, mortal. Over the last two years, Scherzer's gone 39-8 (!), posted a 3.02 ERA, struck out over 10 batters per nine innings, and just generally looked like one of the top pitchers in the game. He's never had any injury problems, and he's only been in the league for seven years. The man's going to get a big deal.

You may remember that Scherzer turned down a six-year, \$144 million deal back in the spring. It was a divisive move – was he making a realistic bet on himself to earn a bigger deal, or was it wishful thinking? It helps that he employs noted villainous agent Scott Boras, but there are a few things that could work against him.

The data on pitchers over 30 is extensive and morbid – see Halladay, Roy. Heavy usage or not, there's just a certain depreciation of value and skill around that age. That, combined

with a preponderance of pitchers of not insignificant talent on the market who can be had for a fraction of the cost, could cut into his deal.

Ultimately, though, he's a pitcher who looks to be at the top of his game, and someone is going to give this guy way too much money.

What he should get: five years, \$120 million

What he will get: seven years, \$170 million

Where he'll go: The Cubs and Dodgers have been bandied about, but my Uros are on the Yankees.

Jon Lester, SP

From June 28 to the end of



LIZ BESON / STAFF ILLUSTRATOR

the year, through trade rumors, a trade, a coastal change, and an insertion into a bitter playoff run, Jon Lester put up a 1.82 ERA. Opposing hitters could only muster a .586 OPS against him, and there were grumblings of his name around the Cy Young award.

He's a tremendous pitcher. He's also the same age as Scherzer, but with a lot more mileage on him. His pitching motion is much more conducive to a long career, and has also never dealt with injury issues.

Like Scherzer, he's going to command a mammoth contract, one that'll be difficult for a lot of teams to stomach for a player of

his age. A return to Boston seems likely, but don't be surprised if he chases a better offer somewhere else.

What he should get: five years, \$115 million

What he will get: six years, \$140 million

Where he'll go: A return to the glorious Boston Red Sox.

Victor Martinez, C/1B/DH

Victor Martinez, man. 36 years old and still chugging. "Chugging" isn't even really the right word – he's actually coming off the best offensive year of his stellar career. Martinez only played 37 games in the field last year, and while he'll never win any track meets, the guy can still flat-out hit.

He had a career-high 32 homeruns last year and led the AL in both OBP and OPS, no small feat in the junior circuit. He's been around more than a few playoff teams, and that kind of veteran leadership is coveted throughout the whole league.

The only thing working against him besides his age is his immobility. Most likely, any team signing Martinez is committing 130 games at DH to one guy, which is nothing to sneeze at in a league that thrives on signing 30-somethings to come in and just hit. Are teams going to be willing to spend big money on one guy, when they could get near-comparable production out of a committee? It's unclear at this time.

What he should get: two years, \$30 million

What he will get: three years, \$45 million

Where he'll go: A team that's perpetually looking for hitting – the Seattle Mariners.

Update: Victor Martinez has signed for four years, \$70 million with the Tigers.

Bernstein is a member of the class of 2018.

Tough times for Sabres fans, but draft prospects offer hope

BY BEN SHAPIRO
SENIOR STAFF WRITER

The 2014-2015 NHL season has been nothing short of embarrassing for the Buffalo Sabres so far. Coming into their game on Thursday, Nov. 13, the team sat at a lowly 3-12-2 record, good enough for last place in the league. The team has been outplayed by the rest of the league in all facets of the game, leading



LIZ BESON / STAFF ILLUSTRATOR

Sabres head coach Ted Nolan to compare his own squad to a pee-wee team.

For Sabres fans, this team may seem like a lost cause, but despite their current inferiority, the future is bright in Buffalo.

The 2015 NHL Draft class is considered to be one of the most prolific in years, with at least two players who experts believe have the ability to turn a franchise around. The first is Canadian wunderkind Connor McDavid, who at 17 years old has been dominating the Ontario Hockey League, one of the top junior leagues in the world. Second is Jack Eichel, an 18-year-old currently playing at Boston University, who longtime

USA Today hockey columnist Kevin Allen called the top American prospect since Mike Modano, the highest scoring American-born player of all time.

Assuming the Sabres' struggles continue for the rest of the year, which is a very fair assumption, they will be in a good position to have the first overall pick in the 2015 draft, enabling them to pick either McDavid or Eichel. The NHL draft rules, however, are such that the team with the worst record is not guaranteed the first overall pick – instead, a lottery system is used that gives several of the league's bottom-feeders a chance at the top pick. Fortunately for the Sabres, with multiple top prospects available, getting to select first in the draft is not quite as high a priority.

Obviously, it's impossible to say for sure if McDavid and Eichel will develop into the superstars many believe they can become. Though if either of them do pan out, it will not be unprecedented. Take Sidney Crosby, for example, who is unquestionably one of the top players in the world. He too was a highly touted top draft pick. Within a few years of being drafted by the Pittsburgh Penguins in 2005, he led the team to a Stanley Cup, completely turning the struggling franchise around.

The case of Crosby should provide some hope for Sabres fans. While this year's team offers little to get excited about, the future may hold better days for hockey in Western New York.

Shapiro is a member of the class of 2016.