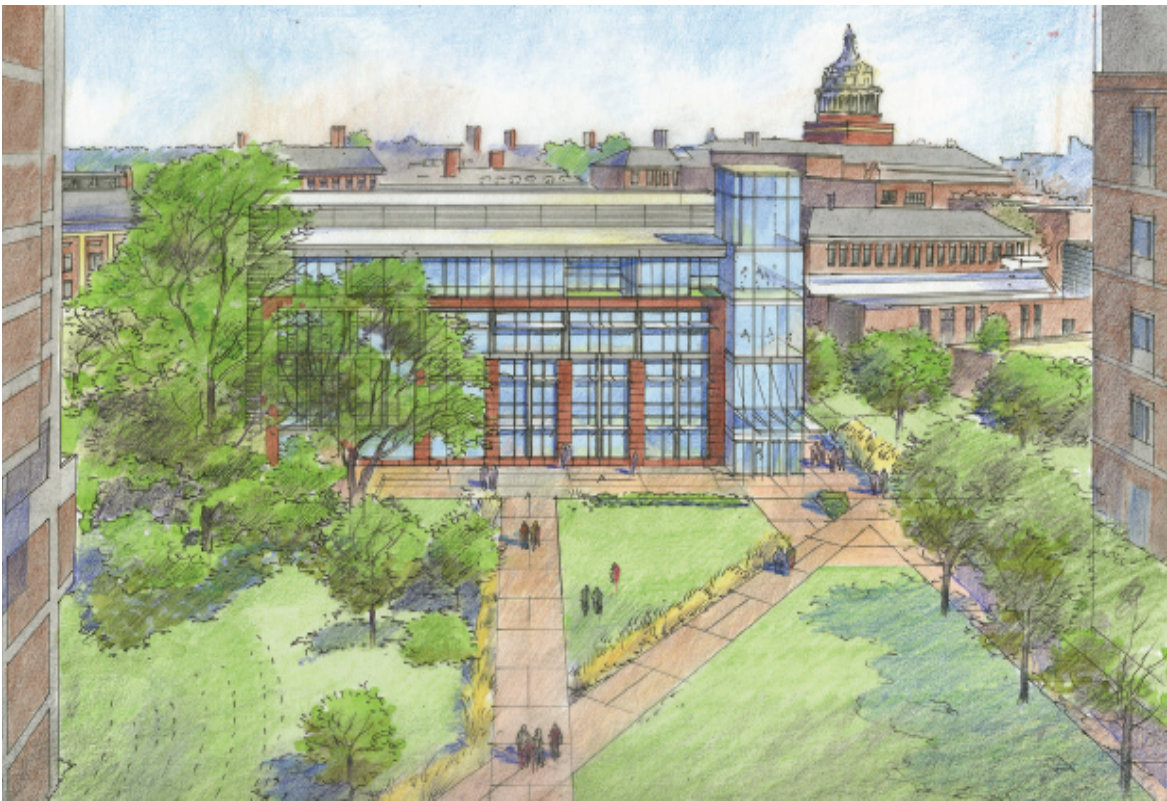


Campus Times

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COURTESY OF UR COMMUNICATIONS

The University announced plans to build an Institute of Data Science on Hutchison Road near the existing Hopeman Hall.

Data Science gets additional \$50 million

BY JULIA SKLAR
NEWS EDITOR

In a strategic move to keep pace with the burgeoning field of data science, University President Joel Seligman committed an additional \$50 million to expanding the University's resources in this area last Friday.

The announcement included details of how this funding will be appropriated: UR plans to create an Institute for Data Science with a new facility to

house it and up to 20 new faculty members to support it.

With the \$50 million recently committed to data science, the University expands its financial support for the discipline, pushing its total funding to \$100 million.

Data science is an interdisciplinary field that pulls from mathematics, statistics, pattern recognition, and modeling. UR's plan for the Institute of Data Science is pinned on three main pillars: predictive health analysis, cognitive sys-

tems, and artificial intelligence and analytics.

Last fall, UR's Health Sciences Center for Computational Innovation (HSCCI) installed the first IBM supercomputer in the nation dedicated to health sciences called Blue Gene/Q. The hope is that this machine will be one of the many resources that UR and the HSCCI have in their arsenal to complement this new initiative, Seligman said.

"The HSCCI is intimately

SEE **INSTITUTE** PAGE 3

Trustees approve five-year Strategic Plan

BY AARON SCHAFER
PHOTO EDITOR

On Oct. 11, the University Board of Trustees approved the Strategic Plan for 2013-18, which outlines UR's vision for the next five years.

Drafted by President Joel Seligman and Provost and Dean of Faculty Peter Lennie, the plan is a comprehensive framework detailing goals to strengthen UR's position as a leader in research, implementation of new technologies in the classroom,

and predictions for future university expansion abroad.

"I'm very proud of where we are," Seligman said, adding that the plan acknowledges future challenges in areas such as health care, federally sponsored research, and rising costs of higher education.

The plan also sets benchmarks to further selectiveness in admissions by increasing SAT scores, faculty, applications, and graduation rates. In addition, the plan offers ways to strengthen the wider Rochester commu-

nity, reiterates a commitment to completing the Capital Campaign, and offers sustainable financial models university-wide.

Throughout the plan, administrators attempted to show concern for future financial burdens, such as those created by the Affordable Care Act (ACA) and the recent federal shutdown.

In response to concerns about the cost of the ACA, Seligman emphasized the resilience of UR throughout the 2008 financial

SEE **GOALS** PAGE 4

Confederate flag sparks controversy

BY JULIANNE MCADAMS
STAFF WRITER

On Friday, Oct. 11, junior Amber-Danielle Baldie posted a photo of a Confederate flag hanging in a window of the Psi Upsilon house on the Class of 2017 Facebook page, sparking a University-wide controversy.

At the time of publication, almost two weeks after it was originally posted, the photo has received 151 comments.

Sophomore Matthew Papay, who hung the flag from his room, said his reasons for hanging it were rooted in his identity as a southerner, not because of racism or a lack of allegiance to the United States.

"I put it up because, honestly, it's the biggest reminder of my home...in a place that is nothing like my home," Papay said.

According to Papay, he has decided not to re-hang the flag.

"I am choosing to not put it back up because of the fact it is offending people," Papay said. "That doesn't mean that me or anybody [else] in this university does not have the right to hang it up in their window if they want to."

Papay said he originally placed it over his window during fall break. It was not until Meliora Weekend that he re-

ceived an email from his Graduate Housing Adviser (GHA) requesting that he remove the flag. The email cited the flag as a violation of the fire code since it could be classified as a "drape." Papay contacted the University fire marshal and verified that hanging paper over the window would, in fact, be permitted.

Papay's GHA sent him another email after the flag was not removed, delineating that it was not simply a matter of fire code compliance.

"It should not be in your window because it does not represent the heritage of the whole house," the email read, adding that it was sent at the request of the GHR's supervisor.

After receiving the second message, Papay complied and took the flag down.

The controversy was covered by the Democrat and Chronicle and USA Today, both of which approached the incident as an issue of freedom of speech.

"Several hours after I took it down, I noticed this post," Papay said, referencing the photo of his window posted on Facebook by the president of the Douglass Leadership House (DLH).

Papay responded to the Facebook reaction with his own

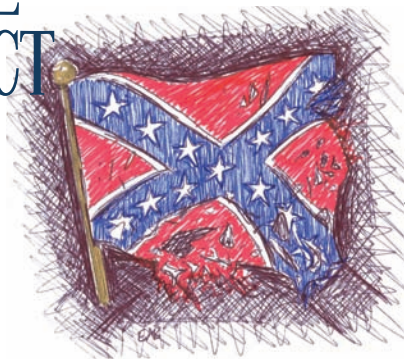
SEE **FREEDOM** PAGE 4



AARON SCHAFER / PHOTO EDITOR

Sophomore Matthew Papay found himself at the center of a University controversy surrounding his decision to hang a Confederate flag from his dorm window.

INSIDE THIS CT



HERITAGE, NOT HATE

Sophomore Matthew Papay explains his reasoning for hanging a Confederate flag from his window.

PAGE 6 OPINIONS

BDUBD ENTERPRISES

Two UR grads began a business centered around nightlife that has become central to students' daily lives.

PAGE 9 FEATURES

IRON & WINE CONCERT

Iron & Wine made up for a lackluster opener with a powerful acoustic performance.

PAGE 13 A&E

FIVE-DAY FORECAST

COURTESY OF WEATHER.COM

FRIDAY



Few Showers
Chance of precipitation: 50%
High 48, Low 36

SATURDAY



Showers
Chance of precipitation: 60%
High 49, Low 36

SUNDAY



Few Showers
Chance of precipitation: 30%
High 47, Low 37

MONDAY



Partly Cloudy
Chance of precipitation: 10%
High 48, Low 29

TUESDAY



Cloudy
Chance of precipitation: 20%
High 49, Low 39



AARON SCHAEFFER / PHOTO EDITOR

SMASHING PUMPKINS A SMASHING SUCCESS

Members of The American Society of Mechanical Engineers participated in their annual pumpkin launch last Friday.

THIS WEEK ON CAMPUS

THURSDAY
OCTOBER 24

FILM SCREENING: 'CALL ME CRAZY'

7:30 - 9:30 P.M., HOYT AUDITORIUM

The film addresses bipolar disorder, schizophrenia, depression, and post-traumatic stress disorder. The screening is sponsored by Active Minds.

'APPALACHIAN SPRING'

7:30 - 9:30 P.M., EASTMAN THEATRE, KODAK HALL

The Rochester Philharmonic Orchestra will perform an evocative depiction of the American countryside, Copland's "Appalachian Spring."

FRIDAY
OCTOBER 25

E-CYCLE DAY

6:30 A.M. - 2 P.M., PARK LOT

Bring old, broken, or unwanted electronics to be recycled responsibly by University Facilities and Sunnking Electronics Recycling.

THE ALTERNATIVE SHOW

9 - 11 P.M., WILSON COMMONS, MAY ROOM

No Jackets Required will cover the music of Nirvana, The Pixies, Passion Pit, MGMT, Radiohead, and more. Tickets are \$3 for UR students.

SATURDAY
OCTOBER 26

VIENNESE BALL

8 - 11:45 P.M., WILSON COMMONS, MAY ROOM

Enjoy live music, waltzing in the style of old Vienna, a best dressed competition, and an unforgettable atmosphere. Tickets are \$12 for UR students. Formal attire requested.

SUNDAY
OCTOBER 27

HISPANIC HERITAGE FAMILY DAY

12 - 5 P.M., MEMORIAL ART GALLERY

Celebrate Hispanic Heritage Month with hands-on activities, guided tours, performances, and art displays.

ROCK REPERTORY ENSEMBLE

7 - 9 P.M., LOWER STRONG AUDITORIUM

The show will be directed by John Covach of the Department of Music. The concert is free and open to the public.

MONDAY
OCTOBER 28

LUNCH 'N' LEARN: WEIGHT LOSS

12:15 - 12:45 P.M., LOUISE SLAUGHTER CONFERENCE ROOM, UR MEDICAL CENTER

Chiropractor Bill Blanchard will discuss weight loss methods and their respective pros and cons. The talk is sponsored by Well-U and the URM Fitness and Wellness Center.

Please email calendar submissions or announcements to news@campustimes.org.

It is the policy of the *Campus Times* to correct all erroneous information as quickly as possible. If you believe you have a correction, please email editor@campustimes.org.

PUBLIC SAFETY UPDATE

MERT gets four calls during rugby match

BY REI RAMOS
STAFF WRITER

Local man panhandles outside Eastman

1. On Saturday, Oct. 19, between 11:30 a.m. and 12:45 p.m., Medical Emergency Response Team (MERT) received four calls from Fauver Stadium during an ongoing rugby match.

The first call was for a visiting player who had dislocated his shoulder. His parents took him to the Strong Memorial Hospital Emergency Department.

The second call was for an undergraduate bystander with a bloody nose. Public Safety officers later took him to Strong.

The last two calls were for two other players, one from each respective team, who had collided with each other and complained about shoulder pain. MERT examined them but left after the players refused further medical attention.

Good Samaritan returns missing traffic sign

2. On Saturday, Oct. 19, at 12:52 a.m., Public Safety officers saw a student outside LeChase Hall carrying a crosswalk yield sign.

The student told officers that he had found the sign near Wilson Commons and was returning it to its rightful location at Alumni and Fraternity Roads. Officers returned the sign and advised the student to contact Public Safety for future incidents.

3. On Sunday, Oct. 20, at 11:41 p.m., a student at the Eastman School of Music alerted a Public Safety officer to a man harassing students outside the Eastman Commons Building.

Officers found a man matching the student's description fleeing the scene by bike. They stopped him and discovered that he had been soliciting students for money.

Officers told the man not to solicit money from students anymore and to leave University property. The man cooperated and left.

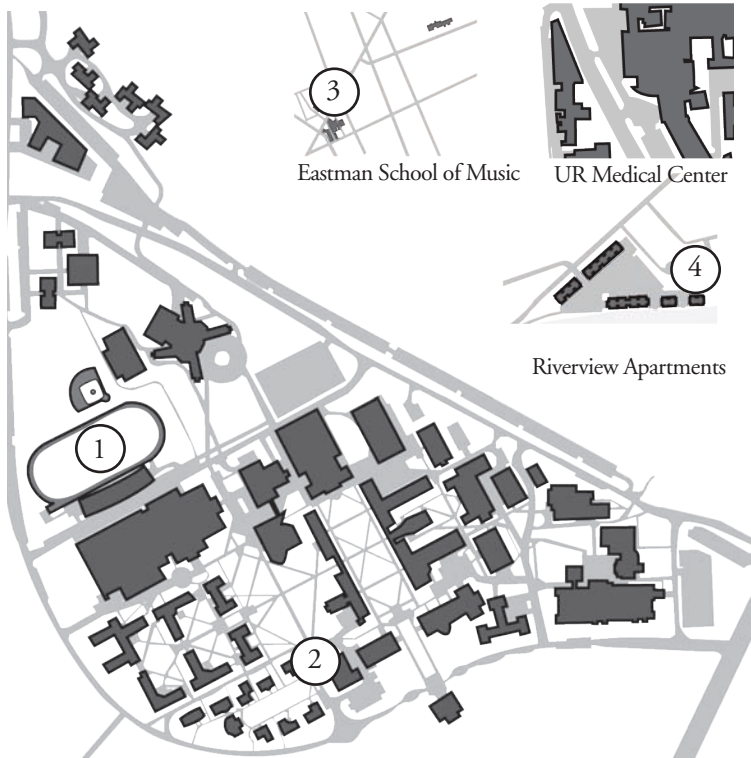
Student pees in public

4. On Friday, Oct. 18, at 1:58 a.m., Public Safety officers found a student urinating outside the Riverview Apartments, near Building D.

The student told officers that he was from another country and did not realize that urinating in public was not appropriate in the United States.

The student apologized and left the area.

Ramos is a member of the class of 2015. Information provided by UR Public Safety.



Senate to consider expanding bus lines

BY JARED SMITH
NEWS EDITOR

In response to student requests that UR shuttles provide increased access to downtown Rochester, the Students' Association (SA) Senate proposed several potential improvements to the system last Monday.

In recent years, shuttle routes have added several stops to accommodate the demands of an increasingly large off-campus student population.

Last semester, ID card readers were added to the shuttle buses to gather information about the times of peak usage and the composition of students riding particular shuttle lines.

SA Chair of Projects & Services and junior Harika Kunchala has analyzed this data as a basis for potential changes to further benefit riders in the future.

"We've been doing a lot of

outreach," Kunchala said. "We've been looking into the card reader data to figure out who is riding what bus, when they are riding, really analyzing that data."

Senate plans to "ask a small group [of students] to think about smaller scale changes that could be possible to make to transportation," Kunchala added.

Potential changes currently under consideration include additional stops on certain lines if there is sufficient student demand and additional shuttles running simultaneously on certain lines when at their peak usage levels.

"This is very much in the preliminary stage," Kunchala said. "We're trying to figure out what is possible before asking [students] to provide us with all of these great ideas and then not being able to do anything about them. We really are looking for

the smaller scale changes."

KEY Scholar Ana Garcia has focused her project on the issue of transportation. She hopes to erect several monitors outside ITS that will track the shuttles' progress along their routes using the Transloc mobile app.

Transloc is an app designed to provide users of mass transit with the location of the bus, shuttle, or train in real time. The program is in use at dozens of universities and cities across the country.

Issues have arisen regarding the accuracy of the app in tracking the buses' location, but the developer is currently working with UR Transportation Services to address the problem.

Senate hopes to begin accepting student input after it has finished analyzing the card reader data and identifying any trends in shuttle use.

Smith is a member of the class of 2013.



AARON SCHAFFER / PHOTO EDITOR

Students board the Gold Line, one of the most frequently used bus routes at UR.



COURTESY OF PETRENKO LAB

Earth and environmental sciences professor Vasilii Petrenko earned a Packard Fellowship last Thursday for his work with ice cores in Antarctica and Greenland.

Vasilii receives fellowship for ice core research

BY WILL O'BRIEN
STAFF WRITER

The David and Lucille Packard Foundation named earth and environmental sciences professor Vasili Petrenko a Packard Fellow last Thursday.

Petrenko received the fellowship to continue his work analyzing the carbon monoxide trapped in glaciers in Greenland and Antarctica, a research proposal that deals with paleoclimatology.

"It's an important validation of my research ideas," Petrenko said of his receiving the fellowship.

This year marks the 25th anniversary of the Packard Fellowship. Each year, 16 recipients are selected from a pool of 100 applicants to receive \$875,000 in funding over five years for their proposed research project. The Packard Advisory Panel, a board of 12 nationally recognized scientists and engineers, selects the recipients.

The aim of the fellowship is to provide funding for research to professors in the first three years of their career. Fellows must be nominated by the president of their university and be "eligible to serve as principal investigators engaged in research in the natural and physical sciences or engineering," as described on the Foundation's website.

Petrenko began working at UR in July 2011 after earning his Ph.D. in earth sciences from the University of California at San Diego and completing his post-doctoral work at the University of Chicago.

"[Petrenko] is blazing new trails in ice core research," department chair Carmala Garzzone said. "He is resolving questions about how the Earth's natural system will respond to the changes that we are initiating."

Paleoclimatology is the study of changes in the Earth's climate relative to the history of the Earth. The research involved is done over a much larger time scale than most climatology research. This type of research allows for insights into the impact humans have had on the climate during specific time periods, most notably since the industrial revolution.

"Petrenko's research uses novel, high-precision measurements of carbon-14 in carbon monoxide from ice cores to estimate the change in the oxidizing capacity of the atmosphere since before the Industrial Revolution," the Packard citation said. "Atmospheric oxidizing capacity controls the amount of warming that can result from emission of greenhouse gases such as methane."

O'Brien is a member of the class of 2016.

Building aims to advance, not innovate

INSTITUTE FROM PAGE 1

involved in the development of the Institute for Data Sciences, and will be an integral part of [it]," HSCCI Executive Director David Topham said. "High performance computing is the technological glue that binds various domains of big data collection, storage, processing, and analytics. We see the HSCCI as providing some of the needed computing technologies and also being the foundation of health sciences research within the institute."

Since cognitive systems and artificial intelligence represent a primary goal of the institute, the Department of Brain & Cognitive Sciences (BCS) can expect to get a boost, according to department chair Greg DeAngelis.

"I think the data science ini-

tiative can enhance, if not revolutionize, research in BCS," DeAngelis said. "The brain is perhaps the ultimate big data problem. We have billions of neurons making trillions of connections with each other, generating vast volumes of data regarding the structure and function of the brain, in both humans and animals. We need data scientists who can develop new techniques for mining this data to discover the underlying patterns that will give us new insights into how information is processed in the brain."

This new commitment to data science is not an indicator that UR never previously held a footing in this field, however. Rather, the institutionalization of this academic discipline is an effort to centralize the existing resour-

es that are dispersed throughout different departments, making it easier to share ideas and connect with other researchers. The new faculty that will help bring these components together will be recruited from fields ranging from biostatistics to political science. In addition to strengthening the University's expertise in the field of data science, the institute is meant to also act as a resource for local companies such as Xerox and IBM through collaboration.

This commitment was made as part of Seligman's opening statement at the 2013 Rochester Big Data Forum last week and, according to Seligman, is a top priority for UR over the next five years.

Sklar is a member of the class of 2013.

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Papay defends actions as ‘Southern pride’

FREEDOM FROM PAGE 1
formal essay entitled “Caught Between Southern Pride and Southern Blame” describing his views on the matter and what his motivation was.

“Seeing Confederate flags is part of the daily life of a southerner, regardless of the race of the Southerner,” Papay wrote. “It is on our shirts, trucks, belt buckles, state-issued license plates, and more. Hell, the Carolina to the south [flies] the flag at its state capitol building.”

Papay received an overwhelming response to the paper.

“I’ve probably gotten like 50 Facebook friend requests,” he said. “I even have responses from people from other schools.”

Papay said he has not personally received one negative response to his paper, which has over 100 likes on Facebook.

Dean of the College Richard Feldman and Dean of Students Matthew Burns responded to the growing controversy on Oct. 18 with an official statement from the University.

“These inappropriate comments are in no way a reflection of the College’s views,” the email read. “The institution will refrain from prohibiting free expression, but it also cannot stand idle when that expression compromises our values.”

Papay, however, was not entirely pleased with the email’s contents.

The email also said that “the flag itself was taken down after a brief and civil discussion among some of the students involved,” which Papay contends is an inaccurate statement.

“I did not engage in conversation with absolutely anybody until the flag was taken down,” Papay said, calling that portion of the email a “blatant lie.”

In response, Dean of the College Richard Feldman said that he had been led to believe that there had been contact between other students and Papay regarding the situation.

“Discussion does suggest face to face, and if that didn’t happen that was a mistake on my part,” Feldman said.

Feldman defined the issues of the actual Confederate flag being hung and the Facebook response to it as being two separate issues. The email Feldman and Burns signed was sent in response to the reaction of students to the flag, not to Papay’s act of hanging the flag.

UR is not the first institution to face this type of controversy. In 2011, the Daily News covered the story of Byron Thomas, an African-American student at the University of South Carolina at Beaufort, who hung a Confederate flag in his dorm room as a symbol of Southern pride. University administration asked Thomas to remove the flag after receiving complaints from students and parents who had seen it while on a campus tour. The school



AARON SCHAFER / PHOTO EDITOR

Sophomore Matthew Papay received complains from administrators for hanging a Confederate flag in his window, above.

later allowed him to re-hang it.

At UR, employees in the Dean of Students office alerted Burns to the activity on the Facebook page. After reviewing the post, Feldman and Burns decided they should give an official response.

“Some students said some things that were...deeply disturbing to others,” Feldman said. “I thought [the comments] did not reflect the values of the university [so] Burns and I decided that the right response would be to send a message to students expressing our ideas about the posting.”

Feldman and Burns did not want the online controversy to affect the UR environment.

“I heard from some students that they felt that those comments affected their perception of the climate of...[UR],” he said.

The central issue behind student arguments is whether the flag is implicitly racist due to its historical context, or if it is simply a justified representation of Southern pride.

“I have never met a southerner who displays [the Confederate flag] out of hate,” Papay said.

While some students argued on Facebook that hanging the flag is “offensive and ridiculous,” others argued that it was hung out of “ignorance.”

“I feel like, generally, people in the north are quick to make assumptions about my heritage,” Papay said. “But very few actually want to take the time and learn from someone who grew up in my culture.”

Papay gave the example of the way the American Civil War is taught, which in the South is primarily presented as a battle for states’ rights, whereas schools in the north tend to interpret it as a conflict over slavery.

“[UR] gives a speech about cultural diversity, but it doesn’t seem very happy with my cultural identity,” Papay said. “If [UR] is going to accept students from all these diverse places, then it should accept that these students like me will

bring along all our cultural baggage.”

Feldman emphasized, however, that it’s his job to make UR a place where students of all different backgrounds can feel comfortable.

“It’s my goal...to create a campus culture that’s as inclusive and welcoming as we can make it,” Feldman said. “When things like that happen we need to...encourage discussion and communication.”

The major goal of administration seems to be to encourage as much student-to-student communication as possible. This is evident in the administration’s decision to leave the post and its contentious comments on the group Facebook page. Director of Orientation Eleanor Oi, who monitors the group, specifically addressed the decision online.

“Heated debate and discussion is part of why one joins a university community,” Oi wrote. “For now, this is not something I will remove.”

McAdams is a member of the class of 2017.

Seligman, Trustees release plan for ‘ever stronger’ University

GOALS FROM PAGE 1
crisis and recession. Despite that financial impact, the last five-year strategic plan was not negatively affected.

“We were able to essentially complete what we hoped to, in some cases early,” Seligman said. “I think is a tribute to the leadership team, the Board, and...the great support we’ve gotten from alumni and friends.”

Chief among the goals of the new Strategic Plan is the creation of an Institute for Data Science.

“This is the top University-wide new initiative,” Seligman said.

According to the plan, the data science program will be comprehensive, including researchers from various campuses affiliated with the University, but it will not focus solely on research.


“This is not just a research initiative,” Lennie said. “There will be big changes in both [graduate and undergraduate education],” adding that one of the obvious ones would be introducing “a new undergraduate major in this burgeoning domain.”

The plan emphasizes the unity of the UR community at large and the constant pursuit of the “Rochester ideal” in research.

“These are the means by which you get to an ever stronger university,” Seligman said.

Schaffer is a member of the class of 2016.

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OPINIONS

EDITORIAL CARTOON



ALEX KURLAND / ILLUSTRATOR

EDITORIAL OBSERVER

Address the gender inequality within STEM fields



BY MICHAELA KEREM
ONLINE EDITOR

Often, I try to ignore the obvious. I try to dismiss the trend I’m seeing: the trend that women are shying away from STEM (Science, Technology, Engineering, Mathematics) related fields. The paucity of females in these areas has, quite frankly, become a red flag.

Yet this issue is not solely within my line of sight. The controversy of Twitter only employing a single woman among its top executives has recently rekindled this observation, opening a national conversation. Facebook COO Sheryl Sandberg and Yahoo CEO Marissa Mayer have, as of late, redefined perceptions of authority and the role of women in the workplace.

The sad reality is that women are both under-recognized and under-represented in engineering and other technical fields. Only 18 percent of college students graduating with computer science degrees in 2008 were women, down from 37 percent in 1985, according to the National Center for Women and Information Technology. These numbers dwindle after race is factored in, with smaller percentages of women in IT who are African-American, Asian, or Hispanic.

This is not a question of intellect. No disparity in IQ between genders exists. But it certainly does not help when men sardonically tease the opposite sex. One of my friends, a computer science female who graduated last year, attended a tech conference where a man asked her if she was there “because of her boyfriend.” I think “shock” is a good word to describe her, or anyone’s, rational reaction.

I’ve been treated this way as well. Based on my appearance (because that’s an incredibly

accurate tool by which to judge someone), I’ve fallen prey to mischaracterizations. People I’ve met — and this is not limited to males — are incredulous to learn that I study computer science. Comments have ranged from “I never took you for computer science” to “Ah, I thought you were a liberal arts major.”

Beyond this, the core of the problem sits with how our society, particularly American culture, perceives the technical arena. Speaking from an IT perspective, the tech industry undoubtedly harbors an image problem. Computer scientists are often portrayed as lanky, anti-social, junk food-consuming, video game-playing males. This is likely enough to dissuade a large portion of women considering the field.

As early as elementary school, girls start to turn away from math and science. Not enough encouragement from parents, teachers without proper resources, and a lack of exposure are just a few factors, according to a report by the Anita Borg Institute. Innately cautious, girls tend to convince themselves that they’re not missing out on any opportunities. This demands a change in curriculum, parental mindset, and the way our society fundamentally operates.

I say this because I’m involved in work that is simultaneously challenging, interesting, and carries the potential to impact people all around the world. I’ve collaborated with a number of people, refuting the notion that computer science involves little to no human interaction. Agile software development, a methodology emphasizing cross-functional teamwork, particularly requires solid interpersonal skills.

For any team to succeed, though, diversity is part and parcel. Today’s dynamic tech industry surges with opportunities and will continue to do so. As Sandberg points out, take the opportunity to change the inequality. Now is the time to abandon previous beliefs, eradicate assumptions, and embrace a future urging for a mixed-gender outlook.

Kerem is a member of the class of 2015.

EDITORIAL BOARD

Assess A.D.H.D. diagnoses, prevent amphetamine abuse

We live in an age when students have easy access to A.D.H.D. medication, regardless of whether they have a prescription or not. This increased availability has swept colleges across the country, including UR.a

The number of A.D.H.D. diagnoses has grown over the past few decades — 11 percent of children ages 4 to 17 have been diagnosed at some point this year. This upsurge, a 6 percent increase since the early 1990s, begs the question whether Americans have only just begun to receive the treatment they need for the pathological disorder.

To be fair, A.D.H.D. certainly has a legitimate scientific basis — there is thorough evidence indicating genetic risk factors for the disorder. Additionally, recent brain imaging studies of patients have shown a deficiency in the number of receptors for the neurotransmitter dopamine, suggesting a lack thereof in neural synapses among individuals with the disorder. With these studies in mind, there is no doubt that many Americans legitimately suffer from A.D.H.D.

The root cause for the swift increase in the number of Americans with the disorder, however, may be a sociological, not biological phenomenon.

Our society expects children and adults alike to maintain a calm and focused demeanor when performing a task. As a result, we define rowdiness and a lack of attention as symptoms of a disorder, and we employ mental performance-enhancing drugs like Adderall and Ritalin to remedy those maladies. Ultimately, the skyrocketing prevalence of

A.D.H.D. may draw from our concept of an ideal worker, out of touch with the realities of normal behavior in children and young adults.

The main issue that arises from this situation lies in the increasing availability of said drugs, which are typically some form of amphetamine. Although potentially dangerous, these drugs have been proven to increase dopamine in neural synapses, remedying the symptoms of the disorder.

Aside from the legitimate prescription of A.D.H.D. medication, there are many incentives driving the unnecessary diagnoses. On an institutional level, the pharmaceutical industry generated \$4 billion of revenue from A.D.H.D.-related prescriptions in 2011 alone. This financial potential may tempt both doctors and drug companies to excessively prescribe the drugs.

On an individual level, medication to treat A.D.H.D. often is seen as a quick fix to any number of behavioral issues. Overwhelmed parents and caretakers of rambunctious children may be enticed to use these drugs as an easy solution to their problems. Unfortunately, this leaves us with over 7 million children and young adults exposed to potentially dangerous Schedule 2 pharmaceuticals.

As this increasingly medicated generation grows older, there is a corresponding rise in college students abusing drugs like Adderall. Since so many college students have unfettered access to prescriptions of these substances, unauthorized use, for both academics and recreation, is at an all-time high.

It is becoming increasingly apparent these drugs are often used by desperate college students to enhance academic performance. In many of these cases, illicit academic users exhibit no actual symptoms of A.D.H.D. or learning deficiencies. According to New York Times columnist Roger Cohen, “Adderall has become to college what steroids are to baseball: an illicit performance enhancer for a fiercely competitive environment.”

The reason why students without prescriptions are so easily obtaining the drugs is because those with the prescriptions are highly inclined to sell their pills for massive profit. A college-based study found that more than 50 percent of students prescribed medications for A.D.H.D. were approached to sell, trade, or give away their medication last year. Further studies indicated that nearly one-third of undergraduates did sell their prescriptions.

This very phenomenon occurs at UR as well. One student anonymously said that “everyone knows somebody with a legitimate Adderall prescription — they’re more than willing to pawn off a pill or two for a fast buck.”

This drug trade is occurring relatively unnoticed by the administration, and we need to ask ourselves as a community whether it’s acceptable that dangerous A.D.H.D. medication is illicitly bought and sold so easily on our campus.

We hope that UR pursues dialogue and action on this issue as vigorously as it does for many other, often less harmful, illicit substances.

The above editorials are published with the consent of a majority of the editorial board: Casey Gould (Editor-in-Chief), Francis Hinson (Managing Editor), Matt Shinseki (Opinions Editor), Doug Brady (Features Editor), and Rachael Sanguinetti (A&E Editor). The Editor-in-Chief and the Editorial Board make themselves available to the UR community’s ideas and concerns. Email editor@campustimes.org.

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Confederate flag represents heritage, not hate

BY MATTHEW PAPAY

Confederate flags are a part of daily life for southerners, regardless of their race. The flags are found on our shirts, trucks, belt buckles, state-issued license plates, and more. South Carolina still flies both its state flag and the American flag at the capitol building in Columbia. Several southern states like Mississippi have state flags based on the Confederate flag. Popular bands such as Lynyrd Skynyrd fly the flag on stage, and popular TV shows like “The Dukes of Hazzard” help bring the flag to the entire country’s attention.

But why do we identify with this flag?

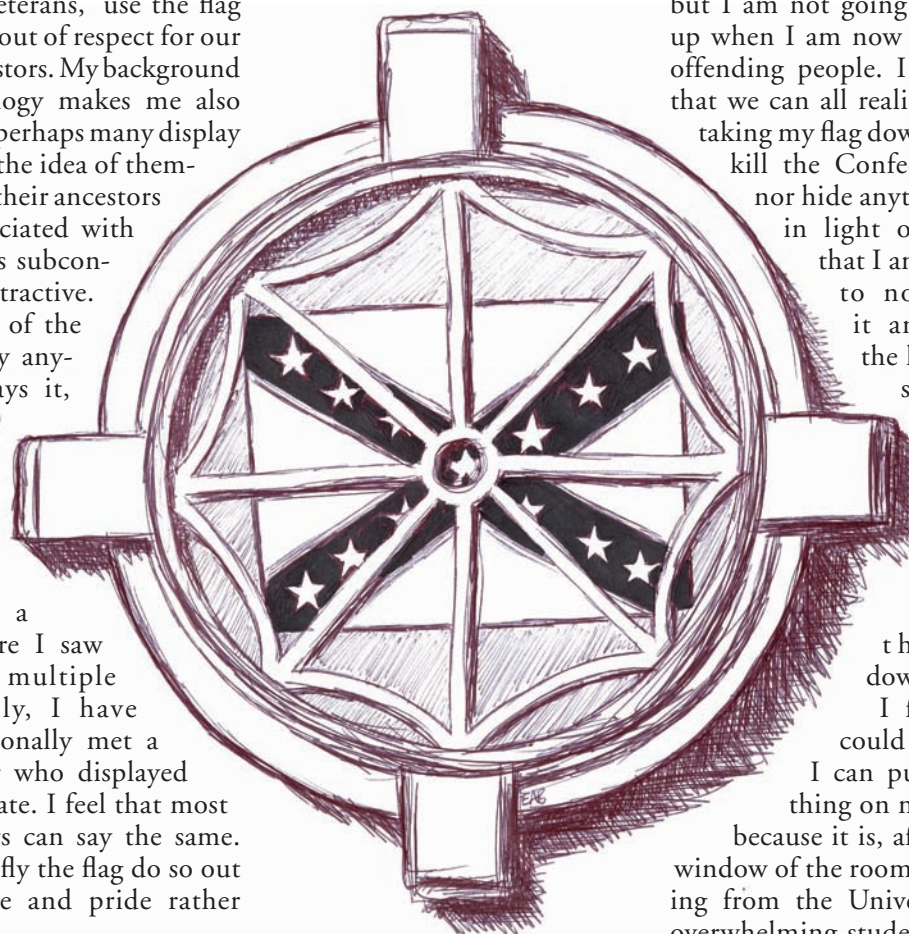
It is, in fact, a flag used by the losing side of the American Civil War. It is a flag used by a small percentage of people in certain hate groups. In spite of these unfortunate usages, what is the motive for the majority of people who proudly display it?

I cannot give a definite answer to this, but I am sure that it is something that social scientists have tried to answer. I put it up because the flag itself is the largest reminder of my home, something that helps me when I’m in a place where I’m not

really understood or accepted. My guess for why others, such as members of ‘The Sons of Confederate Veterans,’ use the flag is that it is out of respect for our fallen ancestors. My background in psychology makes me also think that perhaps many display it because the idea of themselves and their ancestors being associated with rebellion is subconsciously attractive. Regardless of the reason why anyone displays it, I can say with my hand to God that although I was raised in a place where I saw that flag multiple times daily, I have never personally met a southerner who displayed it out of hate. I feel that most southerners can say the same. Most who fly the flag do so out of heritage and pride rather than hate.

I offer my deepest apologies to all I have offended. I do not know what your experiences with the flag are, but if you have had negative experiences associated with the flag, I can

only imagine how it makes you feel. If you do not like the flag based on anything other than



LIZ BESON / STAFF ILLUSTRATOR

personal experience, I hope that maybe a view from someone with some experience with the flag helps you see how the majority

of proud Confederate flag flyers see it. I did not put it up with the intention of offending people, but I am not going to keep it up when I am now knowingly offending people. I also hope that we can all realize that my taking my flag down does not

kill the Confederate flag nor hide anything. Even in light of the fact that I am choosing

to not display it any longer, the larger issue still stands:

Does the University have the right to make me take the flag down?

I feel that I could argue that

I can put up anything on my window because it is, after all, my window of the room I am renting from the University. The overwhelming student support I have received from both this campus and others makes me feel that I should pursue this entire issue on a level above the University itself. It is hard for me to think that if I attended

any of the other institutions I was accepted into, all of which are in the south, that this would not have even been an issue due to the general acceptance of the flag in our southern culture — a culture that the northern U.S., including many at UR, can easily make assumptions about but generally does not seem to be interested in actually learning about.

It saddens me that Dean of the College Richard Feldman and Dean of Students Matt Burns did not tell the truth in the e-mail they sent to the student body. They said that “the flag itself was taken down after a brief and civil discussion among some of the students involved,” which is false. I was not involved in any discussion other than with my GHA before the flag was taken down, and that could hardly be called a discussion. I had to take it down or my GHA would have likely pursued disciplinary action against me. It was only after the flag came down that I was immersed into discussion on Facebook. This is why I think that this is a big issue, not because of the flag itself, but because University administrators seems to be choosing whose rights it wishes to uphold.

Papay is a member of the class of 2016.

U.S. must warm relations with Cold War adversary

BY JAKE SWEELY

In recent weeks, relations between the U.S. and Russia have worsened considerably. Beginning with its decision to give asylum to Edward Snowden and culminating with its opposition to limited American intervention in Syria, Russia and its foreign policy have strained the already complicated relationship between the two geopolitical rivals. When considering the position of Russian President Vladimir Putin, however, and taking into account both his international and domestic postures, his actions seem primarily political in nature.

Russia’s actions have not only made U.S. President Barack Obama look indecisive, but they have also forged Putin’s legitimacy as a leader. Russia’s role in the United Nations has largely diminished with the rise of China, whose government shares similar fundamental views and also has a stake in curbing Western influence. In the post-Soviet era, Russia has seen its role falter from a superpower in a bipolar world to a relative bystander with only moderate regional influence. China — which now has the world’s second largest gross domestic product, largest consumer market, and a military comparable to that of Russia’s — has partially filled the vacuum created after the collapse of the Soviet Union in 1991. With China’s new president, Xi Jinping, taking a less antagonistic role towards the U.S., Putin jumped at the first opportunity

possible to regain status as a world leader. When Snowden left Hong Kong for Moscow, a situation unraveled in which American prestige was slightly tarnished by Russian contrarianism simply by granting the former NSA contractor temporary asylum. Later in the year, when the use of chemical weapons in the Syrian civil war nearly prompted American military action, the Russian government’s various responses manipulated all involved parties into a deal they themselves mediated. These gambits, ranging from obstructing UN Security Council resolutions that undermine the Syrian government, to appealing the American people through an op-ed in the New York Times, effectively placed Russia once again in

the center of global leadership.

Besides restoring legitimacy for international authority, these high profile actions have helped shift attention away from Russia’s domestic issues. Putin, plagued by a lagging economy and a populace embittered by governmental corruption, has found a way to distract the people from his government’s inability to deal with issues at home. Recently, the International Monetary Fund has reevaluated GDP growth in Russia and reduced its estimate from 2.4 to 1.2 percent for the remainder of 2013. Also, due to the reduced revenue that the government will receive from slower

growth, Putin and Prime Minister Dmitry Medvedev issued statements asserting that some federally-funded social programs will have to be reduced, if not cut altogether. Already, the federal budget for 2014-16 slashes education funding by 13 percent, health care by 9 percent, and housing and public utilities by 25 percent while increasing defense spending by 19 percent compared to the previous three years. This, in addition to recent shifts in the Russian military’s focus from external to one of internal policing, demonstrates the government’s shrinking compassion for (and growing fear of) its own people. If that isn’t enough to anger the Russian citizenry, the continuation of two decades of governmental corruption and election fraud very well might be. In the Moscow mayoral election last month, the voter turnout rate was less than 30 percent, signifying the realization of the people that politics in Russia is under complete control of the Kremlin. Moscow’s mayor, Sergei Sobyenin, who was backed by Putin, was reelected among claims

of falsified vote percentages, preventing a run-off round against opposition candidate Alexei Navalny. Still, this is only the latest example of election fraud in Russia’s post-Soviet history, whose first president, Bo-

ris Yeltsin, essentially disregarded 7 million votes during the 1993 presidential election to maintain his position in office. Considering these points, it’s not surprising that Putin would attempt to oppose American imperialism, which historically has always been a way of increasing public approval in Russia.

Practically speaking, however, there is now an apparent lull in the Syrian crisis, and the U.S. and Russia have jointly negotiated a deal ridding the Syrian government of chemical weapons. It may be time for a warming of Russo-American relations. Both nations can only stand to benefit from a new era of bilateral cooperation. Russia would gain an ally in counterterrorism by partnering with the U.S., and the U.S. would find a route of negotiation for dealing with nations such as Iran and Syria, who are close allies with Russia.

The two nations clearly have opposite positions on many issues, but the results are not necessarily zero-sum. Compromises can be reached that benefit both parties. If cooperation between Russia and the U.S. over the Syrian conflict, a wide range of issues large and small can be resolved as long as cooler heads prevail. After the last two months, any process that amends the relationship between the two nations will be long and difficult, but it would assuredly and exclusively bring beneficial implications to the global community.

Sweely is a member of the class of 2017.



ALEX KURLAND / ILLUSTRATOR

Race has no place in college admissions

BY ADAM ONDO

The U.S. Supreme Court recently heard oral arguments in *Schuetz v. Coalition to Defend Affirmative Action*, a case dealing with affirmative action in Michigan state schools. The case stems from a voter-backed amendment passed in 2006, which said, “The state [and its colleges and universities] shall not discriminate against, or grant preferential treatment to, any individual or group on the basis of race, sex, color, ethnicity, or national origin in the operation of public employment, public education, or public contracting” (Proposal 06-2, Article 1, Sec. 26(2)).

After the Supreme Court allowed the continued use of race as a criterion in college admissions in its 2003 ruling, *Grutter v. Bollinger*, opponents of affirmative action in Michigan decided to put the issue up to public vote under the name of Proposal 2. The Detroit-based Coalition to Defend Affirmative Action quickly filed suit. A second group, represented by the ACLU and University of Michigan students and faculty, also sued.

In 2012, Proposal 2 was declared unconstitutional by the U.S. Court of Appeals for the Sixth Circuit “because it place[d] an unfair burden on those seeking to have race considered as one of many factors in university admissions.”

The argument was, in layman’s terms, that if athletes, legacies, students belonging to certain religious groups, and students with other unique traits are given preferential treatment, it is then unfair to deny special treatment to students based on their race. Michigan Attorney General Bill Schuette responded by saying, “It’s wrong to treat people differently based on your race or the color of your skin.”

During oral arguments early this month, Michigan Solicitor General John Bursch was confronted with the complaint that some groups, such as legacies, retain

special admittance privileges, while racial minorities are now denied those privileges. When Bursch suggested that Michigan could get rid of legacy admissions as a way to admit a more diverse student body, Justice Sonia Sotomayor said: “The minorities finally get in and have children, and now you want to do away with alumni preferences.” Instead of making snide comments, maybe Sotomayor should look at

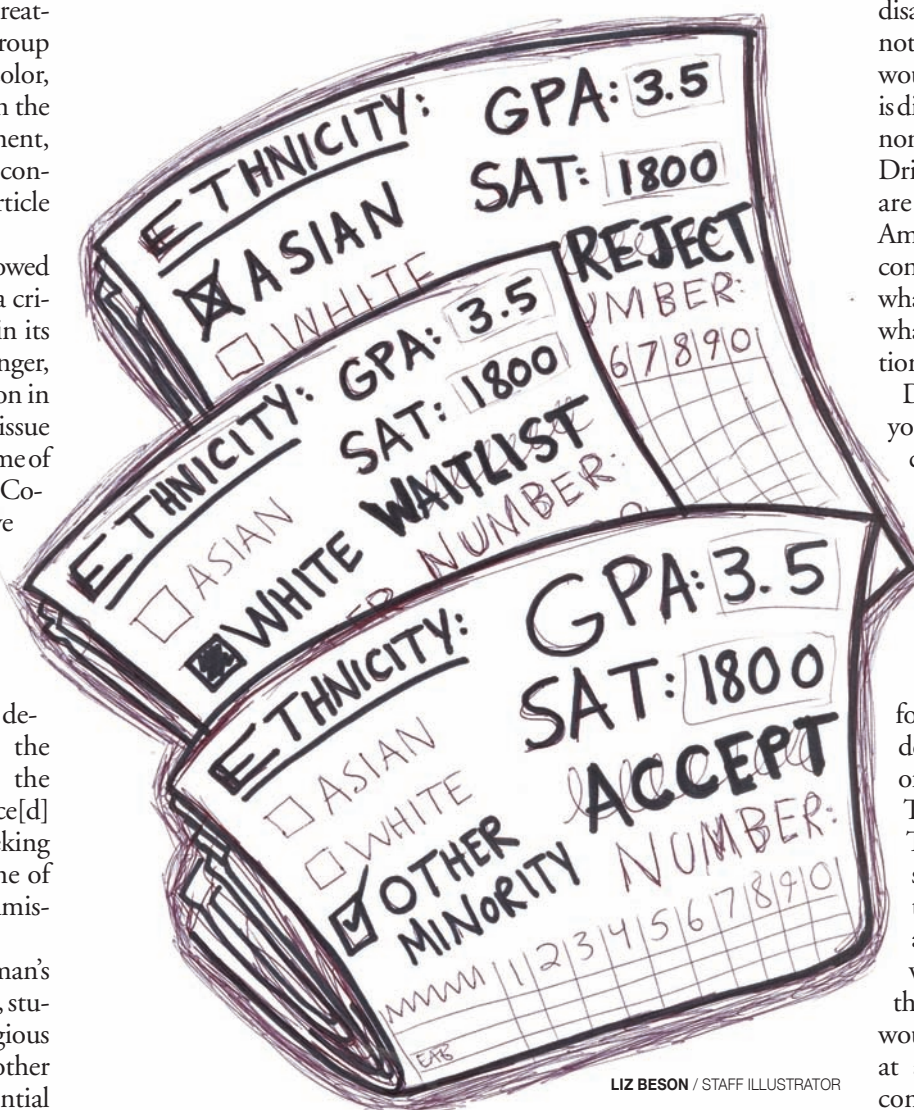
pointed out that by Rosenbaum’s logic, “the 14th Amendment itself is a racial classification.” To frame Scalia’s response a little differently, think of it this way: The difference between Proposal 2 and Jim Crow laws, for example, is that Proposal 2 singles out the concept of race, while Jim Crow laws singled out anyone classified as a “Negro.” Michigan is trying to do away with race-based processes, but ap-

must have forgotten that the 14th Amendment protects all races, not just minorities. She then said that the University of Michigan regents should be the ones to eliminate racial preferences. She also objected to letting the public decide despite their right to do so because she believes that Michigan voters are “applying [their] plenary authority in a way that is racially focused and creates a political process that is disadvantageous to minorities.” By not passing Proposal 2, the public would have created a process that is disadvantageous to hardworking, non-minority students. However, Driver doesn’t believe that whites are protected under the 14th Amendment. More importantly, constitutionality is not based on what is “advantageous,” but on what is decreed by the Constitution.

Despite what the ACLU wants you to believe, allowing race to continue to be a deciding factor in college admissions would be iniquitous. The Supreme Court should listen to Bursch’s solution of focusing on promoting socioeconomic diversity instead.

At the University of Michigan, for instance, the number of students receiving Pell grants is half of what it is at the University of Texas at Austin. In the state of Texas, minority performance at socioeconomically disadvantaged high schools has improved after a policy was implemented where a student who finishes in the top 10 percent of their class would be guaranteed acceptance at a public university. Using a combination of socioeconomic and academic factors in admissions is much fairer than using race because the poor are the truly disadvantaged and class is no longer determined by race. Thus ensuring opportunity to the socioeconomically disadvantaged should be the focus of these so-called champions of social justice, not furthering a system of racial preferences.

Ondo is a member of the class of 2014.



the statistical breakdown of alumni and realize that Bursch’s proposal would, at this moment in time, benefit minorities.

When the ACLU’s Rosenbaum presented his argument to the Supreme Court, he raised an objection to Proposal 2 on the grounds that it “singled out race for differential treatment,” and was therefore a “racial classification.” Scalia then

parently that is racist, according to the ACLU.

The arguments made by the Coalition to Defend Affirmative Action’s attorney, Driver, were even worse than Rosenbaum’s. Driver began by imploring the Supreme Court “to bring the 14th Amendment back to its original purpose, which is to protect minority rights against a white majority.” She

LETTER TO THE EDITOR

I want to express my disappointment with how Sam Freeling’s death was covered in the Oct. 17 issue of the *Campus Times*.

First, the location of Sam’s article is unprofessional. Its placement in the middle of the issue, a small blurb in the Features section, is unfitting and disrespectful considering the magnitude of the subject.

Furthermore, the fact that I was contacted on publication night to comment is inexcusable. How can Sam’s family send photos they would prefer be published when given only hours notice? I suspect that the article was so short precisely because it was written in a rush the night it was due, and for that reason, no one else was quoted, friends or family included.

I’d be willing to excuse all of this, however, were it not for a careless misconstruing of the facts.

I specifically said in my e-mail: “I went to Sam’s funeral last week in Great Valley, N.Y., and he has an incredibly warm and loving family who misses him dearly, and friends from both here and at home in Washington, D.C. who won’t be the same without him. I’m told a track in his hometown will be dedicated in his honor.”

But in the article, the writer said that Sam’s hometown was Great Valley, and that this was where the track will be dedicated.

This is incorrect. What do you think Sam’s parents will think when they realize his own university paper can’t get his hometown right?

I know production night is tough. I was Sports Editor a couple years ago and hated getting emails saying I had done a poor job. But that is no excuse for how sloppily this grave and important issue was handled. God forbid another tragedy like this should strike campus, I hope the *CT* will take more time and care.

John Bernstein is a member of the class of 2014.

Vine app offers comedians a new platform

BY DAVID WEINBERG

The newest social media apps are forcing comedians to become more creative. Apps like Vine, Snapchat, and even Twitter force users to think in ways that social media platforms like Facebook and YouTube never did.

Take Vine, where users simply create a six-second video. I’ve seen funny, sad, and cool Vines. It’s hard to say the same about Facebook statuses. The same goes for Twitter. Users have only 140 characters to set up, tell, and give the punch line to a joke.

I’ve seen some pretty creative photo album titles on Facebook, but the skill it takes to create a hilarious Vine is unmatched in social media thus far. Twitter pushes the creative mind in the same way that Vine does.

But of course, no one has per-

fect the art. The most-liked users on Vine are former child star Josh Peck, Jerome Jarre, comedians Brittany Furlan, Marcus Johns, and Landon Moss. Some of these Vine users are just regular people, yet others are comedians using this app as a publicity tool to show off their comedic chops.

But how can a story or a joke be told in six seconds? The first two seconds are used to introduce the character. The next two set the scene, prank, or riddle of the joke. The final two tell the punch line. As odd as it may seem, there is a science to Vine, and the most creative users have mastered the formula.

Today, Facebook is typically used to share photos, rant about current events, and network with friends. But these new social media platforms have become an outlet for creatives. While the most viewed videos on Vine

are from One Direction, the rest mimic social interactions. Many Viners take stereotypes from one social group, apply them to another situation, and then enact what the group would do

“The skill it takes to create a hilarious Vine is unmatched in social media thus far.

in said situation. Vines like this highlight the stereotypical differences between races and gender. Examples include “When a guy sneezes in class vs. when a girl does” or “How black guys flirt with girls vs white guys.” These Vines may further solidify racial and gender stereotypes, but they

are in the good-natured name of comedy.

This summer, Instagram released its newest feature to compete with Vine: video. The video component on Instagram now lets you film for up to 15 seconds instead of six, and the user can add filters to the video. With more users on Instagram than on Vine, many thought that “Insta-video” would spell the demise of Vine. Yet Vine has weathered the storm and made it clear that it is here to stay.

One reason is the limited time allotted on Vine. Six seconds make the video more similar to the easily shared GIF, contrary to 15 seconds which more closely resemble a YouTube video. In an age where timing is everything, the quickness of Vines allows users to experience the same with less.

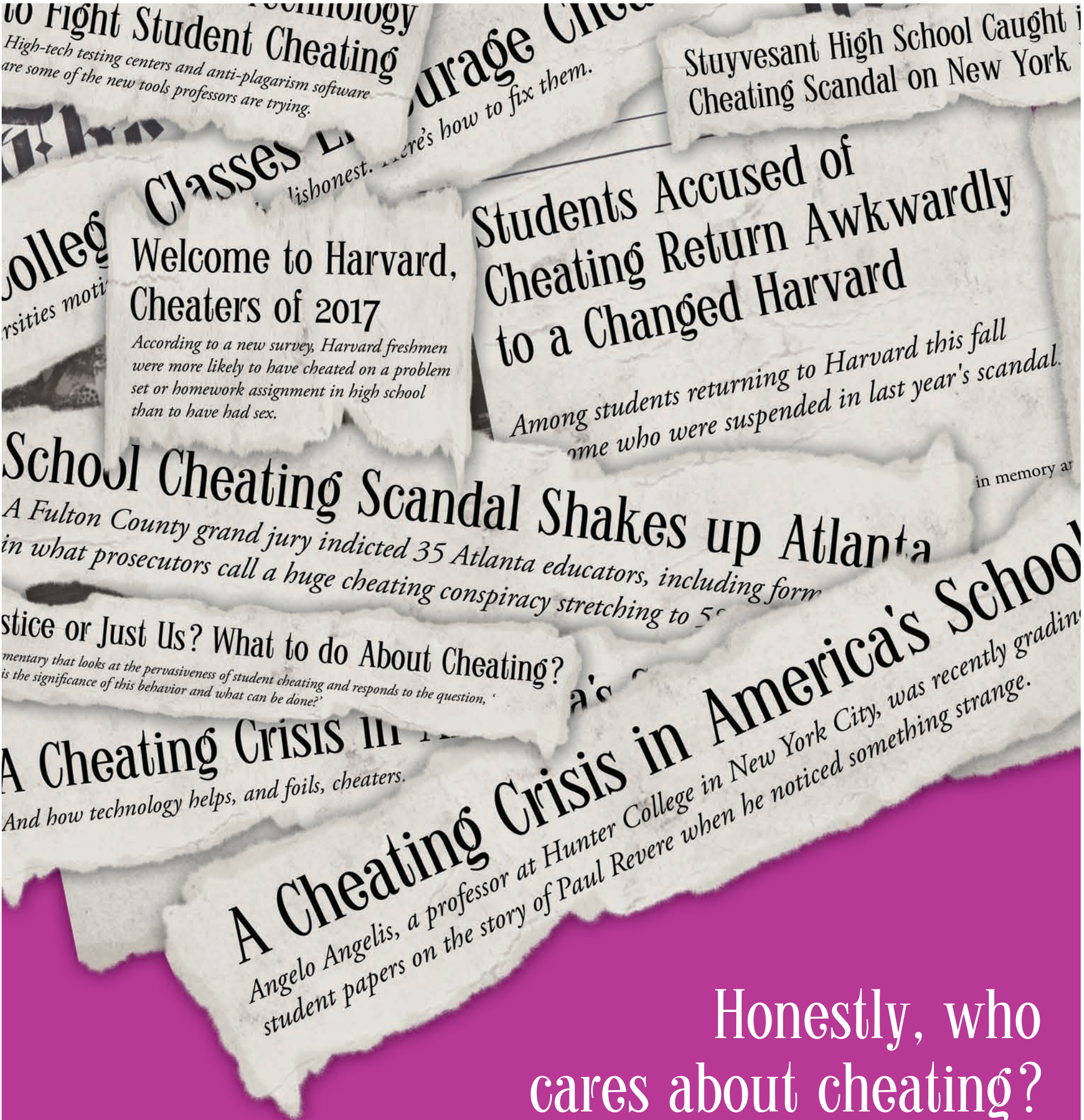
Vine is still rather new as it only took off in January this year. Not

all celebrities have yet adopted it, but it also took several years for Twitter to gain mainstream traction. Vine has yet to surpass Twitter, but it already has more average daily shares.

In an interview with Ellen DeGeneres, Viner Jerome Jarre (known for his Vine, “Why Are People So Afraid of Love”), said, “I’m always trying to make people happy. That’s really my theme on Vine.”

At the end of the day, Vine is more than just funny videos, which we know the Internet already offers. Vine is about sharing those creative and funny videos to spread the humor. Vine not only showcases the humor of upcoming comedians as well as just regular people, but also allows anyone with a smartphone to take part in the fun.

Weinberg is a member of the class of 2015.



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- RESPONSIBILITY

FEATURES



ALYSSA ARRE / PHOTO EDITOR

Ben Witten '11 (left) and Rob Chen '11 (right) founded BDubD Enterprises in 2012. The company helps organize off-campus bar parties and events primarily for students in the greater Rochester area.

BDubD Enterprises: Putting the nightlife in student life

BY JENNY HANSLER
SENIOR STAFF

It began as a hopeful experiment. Eighteen months ago, the *Campus Times* featured a story about a new, little-known event promotion company called BDubD Enterprises started by two graduates of the Simon School of Business, Ben Witten '11 and Rob Chen '11, who wanted to add a bit of silliness to the typically serious event promotion world. At the time, the duo was preparing to test their experiment at their first bar party. "It worked, and now we're here," Chen said. "It got really serious really fast."

"Here" is the point of success that BDubD has reached over the past year and a half. It has hosted a slew of bar parties and private

events. Its most recent event, a Meliora Weekend alumni party at Vinyl nightclub, had more than 600 attendees. "It was definitely an ever-better kind of night," junior Amber-Danielle Baldie said. Initially, fun was the center of the company's principles. Once the duo saw the potential for growth, they quickly dropped this strategy in favor of a "really serious, really business-like approach to partying," Chen said. To gain clientele, they targeted on-campus groups and leveraged the connections they had made in the city. In turn, they used the business of these groups to create and strengthen relationships with venue owners, which proved crucial to the rapid growth of BDubD. "The entire industry is based on reputation," Chen said. "Not

only with the bar owners, but also with the students." Witten and Chen said they continued to shape BDubD's reputation among students through their choice of DJs, inexpensive cover charges, drink specials, and party photos. It seems to have worked. "This year, one of the biggest changes I noticed is that we had a lot groups reach out to us, as opposed to us reaching out to them," Chen said, including Greek organizations, cultural organizations, and the Senior Class Council. "I think that it is one of the biggest indicators of our growth that people are starting to know who we are and what we do." There have been other changes as well. BDubD now employs a staff of UR students. Witten completed his MBA in brand

management and entrepreneurship in June and has since moved to Washington, D.C. where he serves on the board of the company. Chen, who will finish the same MBA program in December, is acting as CEO. Despite their busy schedules, the two still make the majority of the decisions for the company together. Witten and Chen agree about their goals for the company over the next 18 months. They would like to see its continued growth and interaction with the student community. They also want BDubD to successfully promote at least one concert. For this endeavor, they've teamed up with the UR Consulting Group. "We thought it was a great opportunity to give students some real-world experience," Chen said.

The pair is eager to team up with students of their alma mater, believing that the skills and knowledge they learned and the relationships they formed, both as undergraduate and graduate students, were invaluable to the creation and development of BDubD. "The entire reason BDubD exists is because I went to UR," Chen said. Witten and Chen know that running a company is not easy. It is a job that requires constant attention and follow-through. However, they encourage other aspiring entrepreneurs to go for it. "If you see something that can be done better or differently, pursue it," Witten said. "Make a positive difference."

Hansler is a member of the class of 2015.

UR OPINION

BY ALYSSA ARRE
PHOTO EDITOR

"WHERE SHOULD UR BUILD THE NEW DATA SCIENCE BUILDING?"



JULIA YURKOVIC '15
"Genesee Valley Park."



MAX KINDER '16
"Mt. Hope Cemetery."



LIZA GERWIG '16
"The Genesee River."



ALEX KANNEL '16
"Fauver Stadium."



CHRIS MERENICH '16
"Hickory, Indiana."



TARA LAMBERTI '16
"The 19th Ward."

UR Concerts brings big-name artists to campus

BY MATT SHINSEKI
OPINIONS EDITOR

I had the chance to chat with the co-directors of UR Concerts, KEY Scholar Devin Embil and senior Jennifer Yeh, to get a better sense of what the student organization is all about. Responsible for putting on some of the biggest shows on campus, UR Concerts continues to set the bar for entertainment on campus.

How does UR Concerts decide which artists to invite?

Embil: We use concertideas.com to compile a list of artists that fit our price range. We try to pick from a variety of genres that we later put in a survey that is sent to the student body via Facebook and tabling. We use the results to gauge student opinion on which music acts they would want to see on campus.

Who ultimately makes the decision?

Yeh: Based on monetary restrictions and date availability, Devin, our club advisor, Alicia Lewis, and I make the final decision about who comes to perform.



UR Concerts contracted alternative hip-hop duo Chiddy Bang to perform at the Palestra last September.

How do you contact artists?

Embil: We work with a booking agent at Concert Ideas who gets us in contact with the bands we are interested in.

Who negotiates with the artists?

Yeh: Same answer as the previous question. Our booking agent will negotiate the best price with the bands, but we review and negotiate the contract particulars.

How do you deal with scheduled artists cancelling?

Yeh: The best we can. When OAR cancelled three days before Dandelion Day 2012 we had to find a replacement fast. We worked closely with our agent to find bands travelling through the area that could possibly do a show.

How did UR Concerts originate?

Embil: A bunch of students in



ALYSSA ARRE / PHOTO EDITOR

the 1980s saw the need for concert programming on campus and formed the group. Jennifer and I met the founders last year during Meliora Weekend when they came to a UR Concerts reunion. It was fun to hear the stories, similarities, and differences of today's shows.

How did you get involved?

Embil: I joined as a freshman. I used to do some concert programming in high school, and my mom

was involved with her concerts team when she was in college.

Yeh: I joined my sophomore year at the activities fair and became Coffeehouse Chair.

What is your favorite part of UR Concerts?

Embil: Seeing a successful show run smoothly and having positive feedback from students and the UR community.

What are the group's future plans?

Yeh: We're slowly looking into possible bands for the spring concert and D-Day concert. In addition to our larger shows, we put on weekly acoustic concerts featuring student musicians every Friday in Starbucks with the coffeehouse series. We also put on monthly shows with student bands at the Drama House called ROC Thursdays.

How can students get involved?

Anyone who is interested can come to our meetings at 8 p.m. on Wednesdays in the Ruth Merrill Center.

Shinseki is a member of the class of 2015.

Looking under the hood at female orgasms

BY JADA HOWCROFT
STAFF WRITER

Oh, the ever-mystifying, elusive female orgasm. We have them, we love them, but do we understand them?

On a biological level, everything that goes down inside the body during orgasm is the same physiological process regardless of mode or location of stimulation. Though the reaction takes place mainly in the vaginal and clitoral region, a woman can be brought to orgasm by merely fantasizing. I guess your Ryan Gosling spank bank will come in handy after all. And whatever you do, never rule out your breasts.

Two very important things happen when a woman becomes aroused that, if her partner plays their cards right, will eventually

lead to orgasm: vasocongestion and myotonia.

As unsexy of a term as vasocongestion is, it's just a fancy way of describing the swelling of tissues in the sexual organs caused by an increase in blood flow. Without it, men wouldn't be able to get erections, the cute bartender wouldn't be able to make you blush, and your vagina wouldn't naturally lubricate. Praise be to vasocongestion.

Myotonia, on the other hand, is the voluntary or involuntary contraction of different muscle groups. Women have been known to make some epic o faces, and it's a physical response to rapidly increasing myotonic tension in the body. You can also blame myotonia for the scratches on your partner's back or the handprints on your headboard. Without

something to clutch on to, the hands could spasm from this overwhelming tension. Good thing your partner is such a sport.

“Sex & the CT”

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Orgasms, as earth-shattering as they may be, are nothing more than a release from vasocongestive and myotonic tension. As the tension is released, the orgasmic platform, which is simply the tissue of the outer third of the vagina, begins to contract rhythmically. The orgasmic platform experiences anywhere from three to 12 contractions. You can expect five to eight contractions to

wake up your roommate, and you can equate 12 contractions to a broken headboard, ripped sheets, or an angry note from your neighbors who live three houses down.

You may be wondering why a solo session with your Hitachi Wand gives you a much different orgasm than sex with your partner. Though the orgasms are produced the same way physically, the experience is subjective to each woman, ranging in duration and intensity. Even within the same woman orgasms tend to be unique. The g-spot orgasm? Amazing. The clit orgasm? Even better. The g-spot-clit combo? To die for.

Though there are several key players in the female orgasm, the clitoris and the mind seem to be the most powerful. The clitoris

is the most sensitive erogenous zone in the human body and is the only organ that is devoted purely to pleasure.

“No one has ever defined any other purpose,” Marvin Amstey, M.D., said. “Seriously.”

It sure as hell serves its purpose well. The clitoris, however, may as well be useless if you're in a shaky state of mind.

The female orgasm is unfortunately yet beautifully, complex. Cultural, social, and emotional distractions have been known to hinder or even stifle orgasmic attainment altogether. The good news is that if you're in a happy and healthy state of mind, orgasm, and even multiple orgasms, is attainable. So just keep calm and orgasm on. And on.

Howcroft is a member of the class of 2014.

THINGS YOU SHOULD KNOW THIS WEEK

THIS DAY IN HISTORY: OCT. 24

1777: Western Union successfully sends a transcontinental telegraph from San Francisco to Washington D.C., some 2,500 miles apart.

1945: The United Nations Security Council ratifies the UN Charter, officially creating the United Nations.

1951: President Harry S. Truman declares an end to the war with Germany.

1969: “Butch Cassidy and the Sundance Kid” opens in theaters. The film receives seven Academy Award nominations, winning four later that year.

OVERHEARD AT UR

“Got to get the d to get the B!”

—Overheard in Gleason Library

“We will swing dance on a cruise ship. I can bring my fishing rods.”

—Overheard in Munro House

Art Throughout the Ages

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AARON SCHAFFER / PHOTO EDITOR

Plum Garden, located in Pittsford Plaza, offers tasty Japanese hibachi and a lively — if not interactive — dining experience.

Plum Garden plays with your food

BY NATALYA
TAUSANOVITCH
CONTRIBUTING WRITER

If you are hungry for Japanese cuisine, Plum Garden is a fun, tasty, and accessible option, located in Pittsford Plaza. With a sushi bar, dining room, and hibachi grill area, Plum Garden offers a variety of dining experiences for its guests.

The décor emulates traditional Japanese architecture but seems to be showing its age. The atmosphere at first glance is nothing spectacular, but the food and the vibe soon made up for a lackluster first impression.

The restaurant has been a popular spot for students in the Rochester area for years. In the window are numerous awards and accolades, including a 2011 Rochester’s Choice award from The Democrat and Chronicle for Rochester’s best Japanese food. Indeed, several parties were already waiting to be seated even before opening hours.

The restaurant has plenty of space and a casual atmosphere, so reservations are probably not necessary, especially during lunchtime. If you’re looking to go out on the weekend, be prepared to spend a little more money for a bigger meal.

Before my hibachi main

course, I was curious to sample the sushi. I ordered the sushi appetizer, which includes three simple tuna rolls and three different sushi nigiri. The rolls were a bit heavy on the rice and skimpy on the fish, but the portions of whitefish, tuna, and salmon in the sushi nigiri were generous. The plate was simple yet satisfying, and the fish was of quite good quality.

Before the hibachi, I also enjoyed the onion broth soup and a complimentary garden salad.

The hibachi chefs at Plum Garden serve up more than just tasty fried rice and vegetables. They also put on an impressive, interactive show, tableside, no less. The fun began when the chef ignited the grill, sending a fireball right before my eyes. Great showmanship is put into every detail as your meal is cooked right in front of you, from twirling spatulas to balancing eggs to creating explosive onion volcanoes. The chef shot rice balls into the air for patrons to catch with their mouths.

Aside from the great show, there is something incredibly appetizing about watching the fresh ingredients come together right in front of you. As the chef fluffed an enormous pile of steaming fried rice, sliced a vari-

ety steaks, chicken, and seafood with fragrant sauces and sesame seeds, poured a brimming bowl of vegetables and served up two savory dipping sauces, my senses were so engaged that I couldn’t help but become even hungrier.

The food lived up to the show. The hibachi meal comes with two succulent shrimp, and the chicken and steak I ordered were tender and well-seasoned. The vegetables were a mixture of broccoli, bean sprouts, carrots, and zucchini tossed with sesame.

In total, I spent about \$45 for a hibachi dinner, which included two entrees and an appetizer. This may be a bit pricey for a student budget, but it is worth it for an out of the ordinary meal. Plus, you do get good value for your dollar — the hibachi dinner comes with soup, salad, shrimp, two tasty sauces, vegetables, fried rice, and meat (all in generous portions), not to mention a great show.

If you are looking for a dining experience that is unique from the one offered at your standard, sit-down restaurant, hibachi at Plum Garden is the perfect choice. What are you waiting for?

Tausanovitch is a member of the class of 2016.

Charity run proceeds to help relief efforts in Peru

BY ELISE JOHNSON
STAFF WRITER

GlobeMed hosted a 5k run at Genesee Valley Park, which had almost 60 participants, last Saturday. The group donated proceeds from the run to its partner in Iquitos, Peru, also partnering with The Community Place (TCP) and Transforming Lives Worldwide (TLW) Group, philanthropic organizations based in Rochester. The event successfully raised over \$2,000 that will go toward relief efforts in Iquitos.

TCP funded the event and raffled off gift baskets, such as a studying basket and a gym basket. In addition, both organizations provided volunteers to help spearhead the run.

GlobeMed first developed a relationship with TCP when the club volunteered at an event hosted by the organization last year on Martin Luther King, Jr. Day. GlobeMed members found themselves impressed by the group’s far-reaching effect.

“We realized they were doing really innovative grassroots work in their neighborhoods,” GlobeMed co-president and

senior Ria Pal said. “We wanted to continue being involved with them.”

To participate, students paid a \$15 registration fee. Participants then met at Genesee Valley Park and made three loops around the course. All of the runners received a medal for their participation in the charity run.

Each summer, the program sends interested club members to help with projects, plan for future projects, and budget them. This allows for the partnership to be strengthened.

The proceeds will go towards current relief efforts in Iquitos, which include adding trash cans and streetlights, to offering reproductive health classes, to providing access to clean water.

“Our goal is for the projects to eventually reach self-sustainability,” co-director of communications and sophomore Karen Fu said.

Overall, GlobeMed expressed its excitement with the outcome of the event.

According to Fu, participants “had fun,” which helped with the event’s success.

Johnson is a member of the class of 2016.



KAREN FU / CONTRIBUTING PHOTOGRAPHER

UR’s GlobeMed helped sponsor a charity 5k run last Saturday at Genesee Valley Park. The event raised \$2,000, which will go toward relief efforts in Peru.

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HUMOR

Freshman fight club sweeps UR

BY DOUG BRADY
FEATURES EDITOR

A disgruntled freshman has leaked the existence of an underground fight club at UR, University administrators said Wednesday.

The fight club reportedly began hours after the release of Chemistry 131 midterm grades last week. Teary-eyed freshman men, devastated that their medical school dreams had been shattered, congregated outside Spurrier Hall. Amid the crowd, a voice shouted: “I want you to hit me as hard as you can.”

According to UR Public Safety, some 80 students became involved in the brawl, requiring nearly a dozen peace officers to defuse the situation. Similar incidents have occurred as early as mid-September, Director Walter Mauldin said.

In the past month, University Health Service has performed a record number of tongue and cheek sutures.

“They haven’t stopped coming, the little shits,” UHS Director Ralph Manchester said. “Every Wednesday, they come in more bruised than a Danforth banana.”

Fight club participation has exploded, Manchester said. Public Safety officers discovered that the fights have occupied a makeshift arena inside the abandoned Spurrier pool. Officers found the bolted door to the pool smashed and the walls inside covered in graffiti: “You are not your GPA. You are not your MCAT score. You are all a bunch of socially awkward goobers.”

But these pugilists are doing more than fighting. They disdain everything about the University and actively undermine it when possible, the anonymous freshman said.

Class attendance for males has taken a nosedive. Dandelion Day performer Busta Rhymes was supposedly stuffed into the Rocky suit and driven to Canada after a Sept. 25 show in Buffalo. The most recent incident, a Meliora Weekend punch spiking at the Class of 1968 reunion, started a fist-fight between alumni of the now-defunct Lambda Lambda Lambda fraternity and the YellowJackets a cappella group.

In a surprising move, University President Joel Seligman released a statement to those affected by the scuffle.

“They want to destroy something beautiful,” Seligman said. “Meliora.”

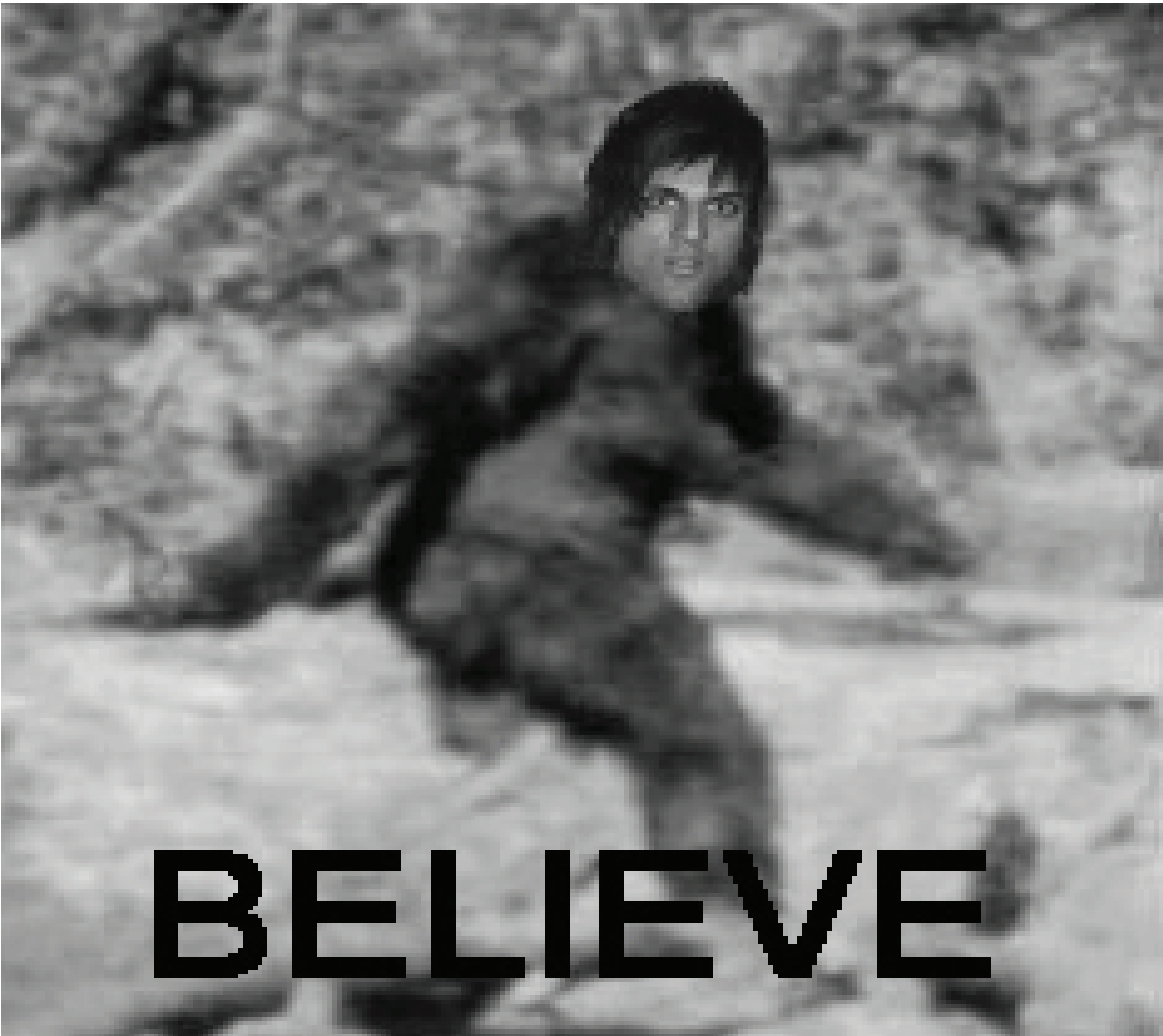
Freshman Dyer Turden has emerged as the de facto leader of this renegade bunch. Upon hearing of our investigation of the fight ring, Turden’s other half dropped off a note to the CT office.

“Join BlueCrew,” the note read.

Brady is a member of the class of 2015.

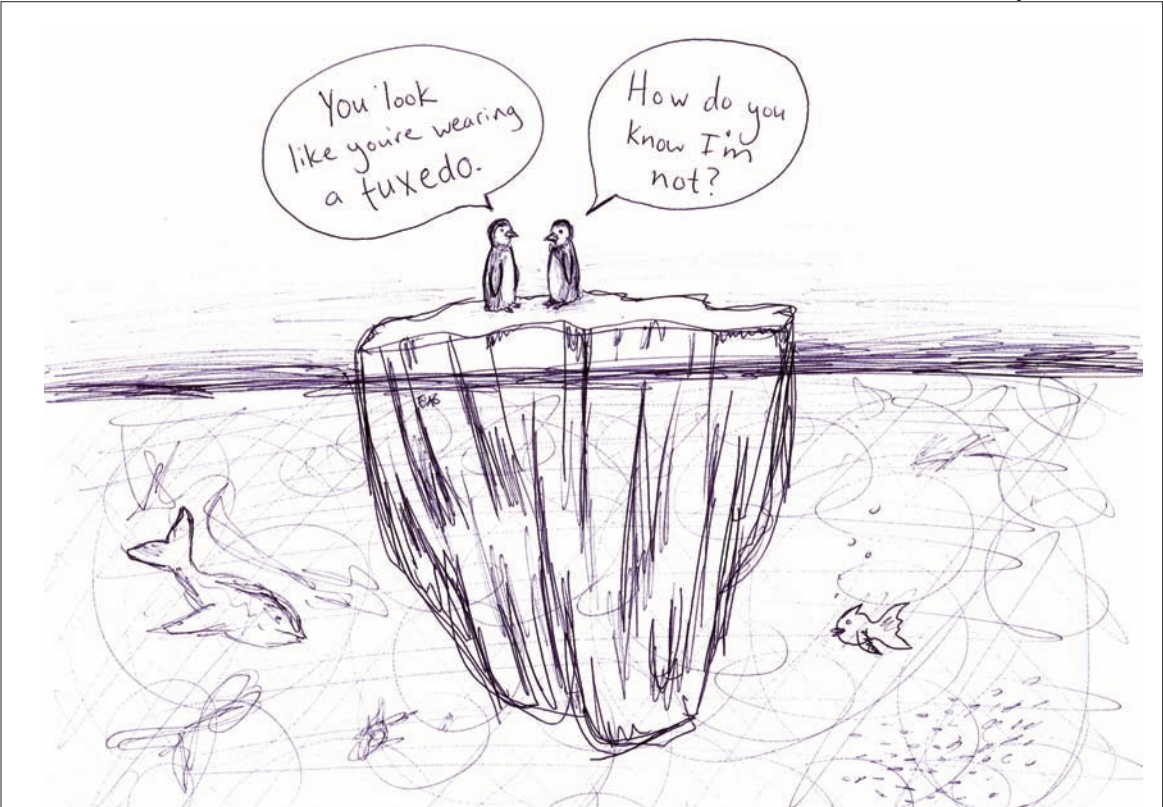
Zyzz may still be with us

By Alyssa Arre



Untitled

By Liz Beson



Why I don’t lift, brah

BY JASON ALTABET
STAFF WRITER

The Robert B. Goergen Athletic Center is an important part of plenty of students’ college life. But when I think of the gym, I roll over and go back to sleep. There is no need for lifting in my life.

For one, my laptop is already several pounds heavy, and I have to carry that thing from my room to the lounge everyday. That’s like a minute of cardio and weight lifting at the minimum. If my computer runs out of power, that’s another minute, and pretty soon, I’m beating out all those suckers doing bench presses ad infinitum.

Also think about all the stress lifting weights puts on your body. I’m clearly much safer popping pretzels on my bed then laying under hundreds of pounds of iron.

The one time I did head to the gym for a crucial intermural dodgeball game I ended up getting lost. I found myself an hour later found in Douglass with a few empty plates and a full stomach.

This is not an attack on people who do use that rowing machine or the stepmaster. It’s more of an appeal to those of us who would rather spend their time with a bowl of popcorn and “Breaking Bad.” As for athletic competition, I can get all the sports I need from the Tiernan lounge. Football? We got Bills and wings. Hockey? Sabers and pizza. Golf? Well, that’s not really a sport anyway.

To be fair, I’m sure the gym is a great place, and I could write plenty more, but right now I just finished a sandwich and could really use a nap. So piss off.

Altabet is a member of the class of 2017.

GET TERRIFYINGLY FAMOUS

We are putting out an open call for short horror stories. Submissions cannot be longer than two sentences. Our staff artists will illustrate two or three of the scariest entries, and they will run in our next issue, which comes out on

HALLOWEEN

Give us the briefest Twitter-sized glimpse into the maw of eldritch madness that you can summon, and get mild notoriety in a small campus-wide publication for your effort!



Email all entries to editor@campustimes.org by or before Tuesday, Oct. 29 with the subject line “Short Horror.”

ARTS & ENTERTAINMENT

Iron & Wine captivates packed Strong with acoustic set

BY RACHAEL SANGUINETTI
A&E EDITOR

Strong Auditorium was packed with flannel shirts, beanies, and thick sweaters last Friday. Never before have so many students with beards congregated at the same time. Many were students at UR, but others were the hipsters and folk-music-lovers from the city of Rochester. Chaos broke out as people searched for the last pair of seats together. Many resorted to sitting along the back wall on the hard, carpeted floor instead of sitting apart. They were all there to see one of the kings of modern folk music who was booked for a gig at UR.

Samuel Beam, better known as Iron & Wine, took the stage just after 10 p.m. Hailing from northern Canada, Doug Paisley delivered the decent but ultimately unremarkable opening act. He admitted to the audience that even he was excited to hear Iron & Wine and that he is a big fan. His songs all sounded similar: They featured his low, baritone voice accompanied with a guitar. It was a splash of folk stirred in with simplistic country music. The lyrics were decent but fairly predictable. He kept the audience's attention for most of his set, making jokes about his age and the things he did when he was in college, which was, according to him, a long time ago.

Finally, Samuel Beam took the stage. He had a very unassuming appearance with a long, brown, scratchy beard and a receding hairline. He was dressed in semi-casual navy pants, a matching jacket, and a white button-down shirt. The audience roared as he walked onto the stage. Beam, not missing a comedic beat, said

with a grin, "I love you too, mom. Thanks for coming out tonight. Next time, you don't have to buy a ticket."

This brought laughs from everyone and quickly shut the girls up.

The beginning of the concert was slightly frustrating. Beam asked the audience for song suggestions which led to everyone calling out their favorite song from his five studio albums. Eventually, he picked a song and silenced the crowd with the first note. "Sodam, South Georgia" is one of his more popular songs, and no one wanted to miss a single note.

Beam's soothing voice and simple melodies may not appeal to all listeners. But to his fans, Beam's voice is captivating; his lyrics are complex and compel the listener to replay the song many times, drawing unique reactions from each listen.

In between his songs, he joked with the crowd.

"Like this jacket?" he asked. "I dressed up for you all. That's 'cause I love you all."

He told the crowd about his recent move back to the East coast.

"If I'm a little foggy tonight," he said. "It's cause I don't know where any of my shit is. Yes I do, it's all in boxes."

Even through his major mess-ups on stage with slipped lyrics and forgetting chords, Beam remained a smooth performer. After starting "Jezabel," one of his most popular songs, he had to stop completely. After some chuckles, he explained that practicing is not something he does very often.

"I spend my free time writing new songs," he said.

No one in the audience seemed to mind his mistakes. When he did



AARON SCHAFER / PHOTO EDITOR

Samuel Beam, better known as Iron & Wine, took the stage at Strong Auditorium last Friday with a sold-out acoustic set.

remember the chords and lyrics, it only excited them more.

When the crowd, after many numbers, kept up their enthusiasm, he laughed and accused the audience of being high.

"You're all high off the sun," he said. "It's the last gasp of fun. It

gets pretty cold here, right? This is a cold place for cold people."

After a pause he chuckled and added, "I'm just kidding."

This was one of the highlights of the school year. Those that couldn't obtain tickets certainly missed out. Listening to his tracks on a music player is simply

not the same as seeing him live. His appearance, personality, and improvisations during the interludes of his songs were worth twice the ticket price, and anyone there would likely drive hours to see him again.

Sanguinetti is a member of the class of 2015.

Mahler performance commemorates late Dean Lowry



SAMANTHA ANDREW / CONTRIBUTING PHOTOGRAPHER

The Eastman Rochester Chorus joined the Eastman Philharmonica to perform Mahler's Symphony No. 2, "The Resurrection."

BY AMY SKJERSETH
CONTRIBUTING WRITER

As the final triumphant chords died away, a hushed silence ensued. The audience of nearly 2,000 knew that it had just heard a truly momentous performance.

The piece performed was Gustav Mahler's Symphony No. 2, "The Resurrection," and the concert was dedicated to the memory of the late Dean Emeritus Douglas Lowry.

Much like a rest in a piece preceding thunderous chords,

the momentary silence of the audience expressed more than the voluminous applause that followed. It allowed both the performers and the audience to offer a profound commemoration of the dean's tenure at Eastman.

Last Friday, the Eastman Philharmonica and Eastman Rochester Chorus, prepared by William Weinert, filled the stage of Kodak Hall. Conductor Neil Varon led the combined forces of nearly 300 musicians in the 90-minute work, the only piece on the program. Due to its length, there was an intermission between the first movement and the subsequent four.

Soprano Kimberly Merrill and mezzo-soprano Melissa Zgouridi sang the moving vocal solos in the fourth and fifth movements. Both seniors at Eastman received several bows, particularly Zgouridi, whose solo was featured in the solemn fourth movement. Zgouridi's rich, mellifluous voice and commanding stage presence effectively achieved Mahler's intended mood change from a feeling of large forces to the

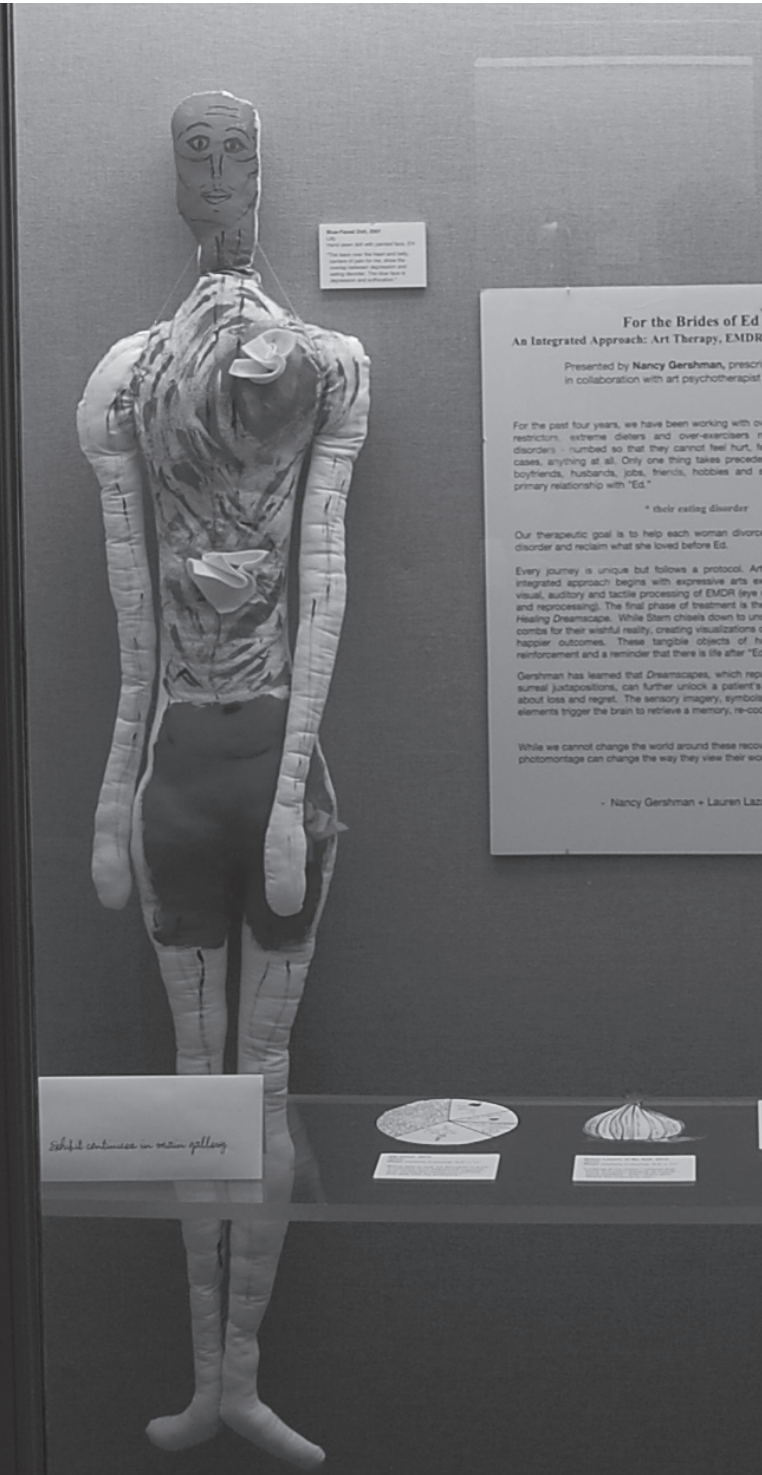
intimacy of voice and strings. The fourth movement flowed into the fifth without pause, causing the jubilant brass fanfares to be especially momentous and celebratory after the sorrow of the mezzo-soprano solo.

The opportunity to perform such a large-scale work brought an extra vigor to the Eastman Philharmonica and Eastman Rochester Chorus. The heightened energy of the strings and the dramatic union of orchestra, soloists, and chorus brought the piece to an exciting finish.

As expressed in the title, "Resurrection," the musicians gave voice to the symphony's celebration of life after death, while commemorating the memory of Eastman's cherished former dean.

Skjerseth is a member of the class of 2013.

Eating disorder exhibit ‘a game changer’



AARON SCHAFFER / PHOTO EDITOR

The “For the Brides of Ed” exhibit at URM’s Miner Library runs through Oct. 31.

BY PEDRO PINERA
STAFF WRITER

“For the Brides of Ed: An Integrated Approach to Treating Eating Disorders: Art Therapy, EMDR and Prescriptive Art,” is the title of the innovative exhibit currently on display at the Edward G. Miner Library in the UR Medical Center. Running through Oct. 31, this exhibit was created by prescriptive artist Nancy Gershman and art psychotherapist Lauren Lazar Stern.

It looks at the primary relationship with eating disorders and the women and girls suffering from them. The exhibit exposes visitors to a unique and integrated approach to treating this population.

“We felt that eating disorders are a big enough scourge and wanted to raise awareness that treatment and recovery are possible,” Gershman said. “Eating disorders can start with something insignificant or traumatic, but once it gets going, it’s like a rolling avalanche that eventually consumes them.”

Art therapy is just the first stage of treatment in Stern and Gershman’s pioneering approach. Visitors can see client artwork, including giant stuffed dolls that express the client’s feelings towards her own dysmorphia and masks created before and after recovery.

Art therapy exercises are likewise included, shedding light onto how much obsessive thinking there is in relation to thoughts about family, work, and school.

Also featured in the exhibit are photographs of the brain-body processing equipment used in the second stage — EMDR (Eye Movement Desensitization

Reprocessing). By stimulating the visual, auditory, and tactile senses, Stern hopes to “desensitize” the client’s traumatic memory that originally triggered the “ED.” The second step is to reprocess and resolve these early memories that impair their ability to enjoy life.

“Until these distressing events are reprocessed, life can be extremely rocky and unpleasant,” Stern said. “Freedom from ED comes after engaging with not one or two, but all three aspects of the approach.”

The final stage of recovery involves Gershman’s “prescriptive art,” a term she coined to distinguish her meaning-making artwork from art therapy which she describes as a means to express “the obsessive thinking and the distress but also to rediscover what brought them joy before ED and reinforcing the lessons learned through therapy.”

“[Eating disorder clients] tend to see life through a negative filter. Because they can’t write their own prescriptions,” Gershman said. “My job as a prescriptive artist is to create a positive self-belief story that the brain will buy into. Working with symbols, metaphors and sensory imagery... this is the language the emotional brain understands.”

The prescription takes the form of a “Healing Dreamscape”— a digital photomontage shaped by repurposing a client’s photographs into a story consensually shaped with the client during an interview process. The Dreamscape—as an 8 x 10 print or wallet-sized— focuses the client on a hopeful and positive scene that they will keep and refer to, ensuring recovery and avoiding relapse.

The exhibit presents several kinds of Dreamscapes. A “Guardian Dreamscape” depicts the relationship between the client and a person dear to them, typically a past provider of comfort. A “Suggestive Dreamscape” visualizes the client taking recommended steps, such as eating healthy and sleeping deeply.

In one particular Dreamscape, Sally, who is fighting anorexia, feeds her overweight and under-exercised husband a nutritious maki roll while he feeds her rich lasagna. All this is happening in the middle of an ocean where he practices his favorite sport — fishing — as if it were a cardio exercise. This “Promissory Dreamscape” depicts the couple’s promise to support one another in a time of need.

The exhibit’s guest book is a testament to the positive dynamic at work between practitioner and client, attendees describing the show as “evoking,” “touching,” and “liberating.”

“Not only is it intriguing mixed media, but it also shares a cutting-edge modality for those who suffer from eating disorder,” Susan Andersen, administrator of the URM’s libraries and technologies, said.

One important message Gershman and Stern drove home is “the value of visiting the exhibit if you suspect a friend or a member of the family to have an eating disorder.

“Seeing the young girls and women in the exhibit as role models, finding their bliss again can be a real game changer,” Gershman said.

Pinera is a member of the class of 2016.

‘Captain Phillips’ holds viewers hostage

BY JONAH JENG
A&E EDITOR

The ads and the title make “Captain Phillips” out to be a true-life hero story, but the film’s reality is less glamorous and, for that reason, more compelling.

Based on the real Phillips’ firsthand account of the Maersk Alabama hijacking in 2009, “Phillips” drills us with suspense but refuses easy resolution. Coming from the director who helmed two of the three “Bourne” films, the spy series that popularized the queasy cam as a viable action movie aesthetic, we expect and get nothing less than smart, pithy action. When Somali pirates board

Phillips’ cargo ship, the ensuing battle of wits is riveting. The movie exploits the ship’s many levels and side rooms, creating a dense, claustrophobic stage on which tension can explode.

Despite all this, “Phillips” bears more of a resemblance to the politically minded, albeit inferior, “Green Zone” than to our favorite amnesiac’s car chases and fistfights. Phillips is a resourceful man, but he’s no Jason Bourne, and this film is no action flick. The striking opening sequences present Phillips and pirate ringleader Abduwali Muse in parallel not as good and evil, but as two seafaring men trying to make a living. Playing these two characters, both Tom Hanks and

Barkhad Abdi deliver powerfully nuanced performances. Neither outshines the other. They stand toe-to-toe as two captains trying to navigate troubled waters.

As the movie progresses, Phillips becomes less and less of an active agent and more of a passenger to the unfolding events. He is our point of identification — not as a savior, but as a fellow witness to a screwed-up world where Somali pirates are forced by circumstance to rob cargo ships and the American Navy, though well-intentioned, embodies the socioeconomic imbalance that extends beyond national boundaries. The moral and political ambivalence echoes the film’s tagline as well as a personal



COURTESY OF INSIDEMOVIES.COM

Captain Richard Phillips (Tom Hanks) senses something is wrong.

remark Phillips makes at the start of the movie: “Out here, survival is everything.” It encapsulates the film’s overarching lament for an imperfect society where there are so

few heroes and so many victims. In such an environment, perhaps all we can do is fight to survive.

Jeng is a member of the class of 2016.

CT RECOMMENDS

QUIET: THE POWER OF INTROVERTS IN A WORLD THAT CAN’T STOP TALKING

BY MELISSA GOLDIN
PUBLISHER



Susan Cain has hit the nail on the head. There is a difference between being shy and being introverted, and her 2012 award-winning book “Quiet: The Power of Introverts in a World That Can’t Stop Talking” explores the often overlooked world of the more reserved among us. It is well-researched, engrossing, and has the ability to change the way you see yourself and your peers.

The book approaches the topic from multiple angles, from how extroversion became a cultural ideal in the United States, introversion in the professional world, and how introverts and extroverts can communicate more effectively. One of its biggest strengths is that it intersperses drier portions with stories and anecdotes, making it more personal and relatable.

The heart of her argument — that we don’t value introverts enough and that we lose something in doing so — is an argument that can resonate with those who may prefer solo activities or one-on-one conversation as opposed to group activities. It is not just dry research to toss aside but an accessible account of the introverted life.

Whether you’re a self-professed introvert, a gregarious extrovert, or somewhere in between, “Quiet” will open your eyes to a group of people who may not talk as much but still have plenty to say.

Goldin is a member of the class of 2013.

‘Jackets drop two on Midwest trip

BY BEN SHAPIRO
SPORTS EDITOR

The women’s soccer team embarked on its first major road trip of the season last weekend to play two University Athletic Association rivals, losing to both.

On Friday, the ‘Jackets played the University of Chicago before travelling south to take on Washington University in St. Louis on Sunday.

The ‘Jackets demonstrated a strong offense against Chicago and Washington, but it was not enough to win either match.

Both the ‘Jackets and the Chicago Maroons failed to score during the first half. Sophomore defender Katie Grasso broke the tie with her first career goal in the 49th minute, giving UR a 1-0 lead. Within five minutes, however, the Maroons equalized the score.

The 1-1 tie continued until the 76th minute, when Chicago’s Julia Ozello scored, giving the Maroons a 2-1 advantage, a lead they would keep to the end.

After travelling to St. Louis on Saturday, the ‘Jackets took the pitch against the Washington University Bears, the second-ranked team in the country. Their Division III standing did not seem to intimidate the ‘Jackets, but it ultimately proved too



COURTESY OF UR ATHLETICS

Freshman forward Lee Stagg played 68 minutes against the University of Chicago Maroons, who beat the ‘Jackets 2-1 last Friday.

much in a 4-2 loss for UR.

Unlike the Maroons, the Bears scored within 90 seconds of play. Even with goals from seniors Jessica Smith and Kathryn Rowe, the ‘Jackets failed to catch up.

The ‘Jackets’ two losses bring their season record to 5-5-3,

with four matches remaining.

The women’s soccer team will next play the Houghton College Highlanders at Edwin Fauver Stadium on Saturday, Oct. 26 at 4:30 p.m.

Shapiro is a member of the class of 2016.

LAST WEEK'S SCORES

- FRIDAY, OCT. 18**
- Women’s Soccer at University of Chicago (2-1) L
 - Men’s Soccer at University of Chicago (2-1) L
- SATURDAY, OCT. 19**
- Volleyball v. New York University at Washington University in St. Louis (18-25, 25-11, 25-15, 25-11) L
 - Men’s Cross Country at Oberlin College Inter-Regional Rumble (Fourth Place)
 - Women’s Cross Country at Oberlin College Inter-Regional Rumble (Eighth Place)
 - Football at Rensselaer Polytechnic Institute (37-31) W
 - Volleyball v. Emory University at Washington University in St. Louis (25-8, 25-11, 25-14) L
- SUNDAY, OCT. 20**
- Men’s Soccer at Washington University in St. Louis (2-1) W-OT
 - Volleyball v. Case Western Reserve University at Washington University in St. Louis (25-22, 25-13, 25-15) L
 - Women’s Soccer at Washington University in St. Louis (4-2) L
 - Volleyball v. Carnegie Mellon University at Washington University in St. Louis (25-22, 20-25, 25-17, 25-19) L
 - Rowing at Head of the Charles Regatta at Boston (Sixth Place)

THIS WEEK'S SCHEDULE

- FRIDAY, OCT. 25**
- Field Hockey at Skidmore College, 4 p.m.
 - Men’s Swimming & Diving at UR Invitational Day One, 6 p.m.*
- SATURDAY, OCT. 26**
- Rowing at Head of the Fish Regatta at Saratoga, N.Y., 9 a.m.
 - Men’s and Women’s Swimming & Diving v. New York University, Brandeis University, and Canisius College, 10 a.m.*
 - Men’s and Women’s Cross County at NYSCTC Championships at Hamilton College, 11 a.m.
 - Football v. Union College, 12 p.m.*
 - Field Hockey at St. Lawrence University, 2 p.m.
 - Women’s Soccer v. Houghton College, 4:30 p.m.*
 - Men’s Soccer v. Kean University, 7 p.m.*
- TUESDAY, OCT. 29**
- Field Hockey v. Elmira College, 6 p.m.*
- *Denotes home competition

ATHLETE OF THE WEEK

Emily Widra - Rowing

BY KARLI COZEN
SENIOR STAFF



Prior to arriving at UR, junior Emily Widra had not rowed a day in her life. Now, almost two and a half years later, Widra has slowly but surely worked her way up to being a top-four member of the University’s rowing team.

This fall, Widra helped lead her team to a first-place finish in the Challenge of the Canal Regatta, a second-place finish in the Head of the Genesee Regatta, and a sixth-place finish in the Head of the Charles Regatta last weekend. Widra rows the five seat, aka the powerhouse seat, on the women’s varsity eight boat.

What are you studying?

English, anthropology, and psychology.

How do you manage your time between rowing and your studies?

Well, I’m lucky because English and anthropology have more essays and less exams. They are also usually spaced out differently from the psychology exams, so I don’t feel like I get too overloaded at one time.

Why did you start rowing in college?

My dad went to UR, and he was on the rowing team in the 1980s. He introduced me to the coach and convinced me to try out and give it a shot.

What do you enjoy most about rowing?

I like that your hard work in the off-season can be reflected by your success in the spring racing season. You see that your output is what you put into it.

Who has most influenced you as a rower?

Nicole Felluca, my novice coach. During my freshman year, she was my only coach. She was really strict and regimental about teaching us the basics. During my sophomore year, I got to know her outside of rowing as well. I learned how hard she was working to pursue a degree in education in addition to working several other jobs. That is something I aspire to be able to do, in the sense that I hope I can balance rowing and my other interests.

Why did you choose UR?

I decided that UR really gave me the option to focus on what I wanted to learn instead of requiring specific classes. I also got a very collegiate campus feel when I visited. It made me feel like this was a school I could attend for four years.

What goals do you have for the upcoming spring season?

Participate in the N.C.A.A. Championships in Indianapolis.

What is your favorite rowing memory?

My freshman year we went to the Head of the Schuylkill regatta. I was the only novice, and we took third despite the worst

weather ever. It was snowing, sleeting, and raining.

Do you have any pre-regatta rituals?

Before we race, we do a sun salutation. Before we won the Dad Vail Regatta last spring, we were all really anxious and worried about how it would go. So two of the girls in our boat who

were in a yoga class decided to lead us in a sun salutation.

And then we won.

What is the most difficult part of rowing?

Getting up really early in the morning and going out when it is 30 degrees outside.

Cozen is a member of the class of 2015.



COURTESY OF UR ATHLETICS

Junior Emily Widra (left) rows the five seat on the women’s varsity eight boat, the ‘Jackets’ strongest this season.

SPORTS

Cross country takes top-10 spots at Oberlin



ALYSSA ARRE / PHOTO EDITOR

NYSCTC named sophomore Katie Knox Runner of the Week for her performance at the Oberlin Inter-Regional Rumble last Saturday. Knox finished 20th.

BY ETHAN PACHECK
CONTRIBUTING WRITER

The men's and women's cross country teams traveled to Oberlin College in Ohio last Saturday to compete in the Oberlin Inter-Regional Rumble, where they finished fourth and eighth overall, respectively.

The 'Jackets' participated in four events: a women's 6,000-meter run, a men's 8,000-meter run, and open races for both men and women.

Participants expected the meet to be mostly uneventful, but a steady downpour transformed most of the course into a mud pit, bringing an additional challenge to runners.

The women's varsity race opened the meet with a bang. Seven of the participating teams ranked among the nation's top 35, with UR at 28th.

The 'Jackets' secured a seventh-place finish, with sophomore Katie Knox, who ran a season-best time of 22:21, finishing 20th overall. Knox also received the New York State Collegiate Track Conference's

Runner of the Week award for her performance at the meet.

The 'Jackets' also saw record performances with senior Danielle Bessette, whose career-best time of 22:39 earned her 36th place overall at the meet.

Other notable scorers for the 'Jackets' included juniors Victoria Stepanova, Jen Klemenz, and Caitlyn Garbarino, who finished with times of 23:00, 23:04, and 23:55, respectively.

The 'Jackets' two scoring displacers, freshmen Anne Peterson and Samantha Kitchen, both finished within seconds of the 24-minute mark.

The men's varsity team followed with an equally impressive performance.

Similar to the women's run, four of the participating men's teams ranked among the nation's top 35, including the 'Jackets'.

The men's team ran to a solid fourth-place finish, with senior Adam Pacheck crossing the line first for the 'Jackets' in fifth place and a career-best time of 25:30.

Fellow seniors Yuji Wakimoto

and John Bernstein came next for the 'Jackets', both securing top-30 finishes. Junior Drew Zeccola followed, recording a season best of 26:33. Freshman Eric Franklin rounded out the scorers for UR in 75th place with a time of 26:50.

Sophomore Jeremy Hassett and senior Justin Roncioli were the men's scoring displacers.

The women's and men's open races soon followed.

Rapidly worsening weather conditions resulted in considerably slower times than what the 'Jackets' had anticipated or hoped for.

Freshman Gabby Hernandez and senior Brian Barker were the first UR runners to cross the finish line in the women's and men's races, respectively.

Both the men's and women's cross country teams look to continue their success at the Oberlin meet when they next compete in the NYSCTC Championships hosted by Hamilton College in Clinton, N.Y. on Saturday, Oct. 26.

Pacheck is a member of the class of 2017.

Women's rowing finishes sixth at Boston regatta

BY KARLI COZEN
SENIOR STAFF

Rowing teams don't just compete against other teams. They also compete within their own boat.

There's no question intra-team competition plays a key role in a team's performance, with everyone yearning for a spot in the top boat, which only offers eight rowing positions and one spot for coxswain.

"Intra-team competition is crucial for a growing team," team captain and junior Serra Sevenler said. "As a freshman, I looked up to the upperclassmen and strived to one day beat their erg times. Now as an upperclassman, it's my biggest wish for the underclassman to one day kick my ass. For a team to grow, it must build off of its members' success."

Unlike some sports, in which many different factors may be considered when positioning the team, rowing prioritizes individual racing times above all else.

"We get boated at the beginning of the season with the fastest eight people in the first boat, and the next eight fastest in the second boat," junior Allie Born said. "While the rowers in the second boat work as hard as they can to get into the first boat, this pushes the people in the first boat to also work hard to maintain their seats because they don't want to get kicked out."

Rowers strive to have the

fastest time possible to prove their power and endurance.

These numbers are measured on the ergometer, an indoor rowing machine that can be calibrated to accommodate a range of distances. The ergometer is considered by many rowers as the great equalizer, meaning only raw power and endurance. Body type, technique, and balance have no measurable effect. But in boats on the water, where the team's regattas are held, this does not hold true. Rowers with the same erg scores may not necessarily move the boat as equally fast.

For instance, a person who pulls the same time on the erg as someone 30 pounds lighter, is, in reality, a slower rower on the water because they are weighing the boat down more for equivalent power.

This is why most rowers adjust erg scores by weight, a technique used to accommodate rowers of different sizes by factoring in weight-based drag.

But rowing positions cannot be determined purely based on erg times.

There's a common saying in rowing: "Ergs don't float." Even a person with fast erg times can lack in technique, making them a weaker rower than one with slower erg times.

Height is also an advantage because rowers who are taller typically have a longer stroke, which moves more water.

This is where seat racing comes into play.



COURTESY OF UR ATHLETICS

UR's varsity eight boat finished sixth out of 24 teams at the 49th annual Head of the Charles Regatta in Boston last Sunday.

"When a rower in the second boat seems as fast as someone in the first boat, the rowers will seat race to determine who is actually faster," Born said.

A seat race is when a coach compares two rowers with similar erg scores on the water. Two boats row side by side, then one rower on each boat switches before racing the same distance again. If a boat wins by a larger margin afterward, the rower who made the switch wins, typically earning a spot on the higher boat.

Last Sunday, a single cox-

swain and the top-eight rowers on the UR team competed in the Head of the Charles Regatta in Boston.

This group, the varsity eight boat, is currently the fastest on the team and consists of seniors Rhiannon Vaughn, Kristiana Lachiusa, and Monika Cepulis, juniors Emily Widra, Serra Sevenler, and Juliana Orlov, and sophomores Clare McMahon and Bella Clemente. Senior Julia Evans is coxswain.

The 'Jackets' gave an impressive performance after receiving a lottery bid to the race, finish-

ing sixth out of 24, earning them a spot in next year's 50th annual Head of the Charles Regatta, scheduled to also be held in Boston.

"I was so excited to race there my senior year," Cepulis said. "I'm happy we could get a place for the team next year."

The rowing team will wrap up its fall season next weekend at the Head of the Fish Regatta in Saratoga, N.Y. The race will be the 'Jackets' last until March.

Cozen is a member of the class of 2015.