Candidate Shares Platform with UR

By Grace Di Leo
Contributing Writer

Dr. Jim Maxwell, chief of neurosurgery at Rochester General Hospital and Republican candidate for Congress in the upcoming election, described why he would rather choose politics over his current occupation in a town hall meeting at the Gowen Room this past Thursday.

During the meeting, Maxwell said he wanted to mend the government to prevent any future destruction, and he believes it necessary for US politics to become anchored down now for the sake of his grandchildren and all future generations.

Maxwell also has four goals if elected into office: grow the economy, fix healthcare, lower the national debt, and eliminate waste so soon, but we can be completely zero-waste movement on campus to push forward the zero-waste movement on campus and empower other groups that support similar ideas and empower other groups.

This year, the membership is making it possible to push forward the zero-waste movement on campus and empower other groups that support similar ideas and empower other groups.

“Productivity will rise and everyone should get more money in their paycheck,” Maxwell responded. Another audience member asked, “Given identity politics, how might a congressman approach unification?”

In response, Maxwell stated he plans to solve any unjust inequality in the US. Moreover, he wants to join the problem solvers caucus that has equal number of Democrats and Republicans, who attempt to face identity and equality problems in the US. Moreover, he wants to join the problem solvers caucus that has equal number of Democrats and Republicans, who attempt to face identity and equality problems in the US.

One topic that was especially impressive to me, was the identity politics,” first-year Yulin Han said. She came to the meeting because she found the comparison between the US and China’s election processes interesting. “It seems to explain the culture cleavages in today’s society; most groups do not get along like Republicans and Democrats, and finding the common ground is important,” Han said. The meeting was an interesting one for members of the Post Landfill Action Network (PLAN), an organization that aims to reduce plastic waste stream through their actions,” Zilke said.

This year, the membership for PLAN was funded by the EcoReps on campus. However, if this pilot membership is successful, Dining Services plans to fund it for subsequent years.

Membership in PLAN is available to everyone on campus, from students to faculty. “The administration of the school is open to looking at these issues, so it was a good time to initiate this membership,” Zilke said.

However, these services can only be beneficial if the students on campus know about PLAN. So, the group is taking efforts to use an array of platforms to spread awareness.
PUBLIC SAFETY UPDATE

Burnt Food in Brooks (1)
SEPT. 22—Burnt food caused a fire alarm at Brooks Crossing.

Burnt Food in Riverview (2)
SEPT. 23—Burnt food caused a fire alarm in Riverview D.

Motor Vehicle Accident on Library Rd (3)
SEPT. 25—DPS responded to a motor vehicle accident on Library Road near Fauver. No injuries occurred.

Eastman Suspect Arrested (4)
SEPT. 27—The Rochester Police Department has arrested the suspect in connection with the assault and robbery that took place in the Eastman School of Music annex on Sept. 15, 2018. The suspect is currently in custody and is not a member of the UR community.

COLUMBIA PROFESSOR HOLDS EVENT ON JOURNALISM AND ETHICS

Columbia Professor Nick Lemann discussed real news versus fake news as part of the Humanities Center’s “Expertise and Evidence” series this past Thursday at Hawkins-Carlson Room in Rush Rhees.

THIS WEEK ON CAMPUS

TUESDAY | OCT. 2
BECOME A SAFE ZONE TRAINER
DOUGLASS COMMONS ROOM 401, 8:45 A.M. - 10:45 A.M.
The Medallion Program will be training students to train allies for the LGBTQ community in an interactive workshop.

TRANSITIONING LEADERSHIP
DOUGLASS COMMONS ROOM 401, 6:30 P.M. - 7:30 P.M.
The Medallion Program will be educating students on how to transition leadership from one executive board to the next.

WEDNESDAY | OCT. 3
ARABIC CONVERSATION HOURS
DOUGLASS COMMONS 305, 12:45 A.M. - 1:45 P.M.
The Language Center will be hosting conversation hours in Arabic.

OPENING SESSION: THE PRACTICES OF LEADERSHIP
WILSON COMMONS ROOM 122, 4 P.M. - 5 P.M.
The Medallion Program will be hosting a session to help attendees identify their unique leadership style and how that can benefit their organizations.

THURSDAY | OCT. 4
HARTNETT GALLERY PRESENTS: AM/PROJECTED RELATION
RIVER CAMPUS, WILSON COMMONS/HARTNETT GALLERY, 10 A.M. - 7 P.M.
In this exhibition, viewers are able to dialogue with AM, a fictional character created from data debris. In this exhibition, viewers are able to dialogue with AM, a fictional character created from data debris.

CELEBRATION OF THE BARBARA J. BURGER IZONE
BARBARA J. BURGER IZONE, 5:15 P.M. - 6:30 P.M.
After a dedication to the IZone, students will be welcomed to share their solutions to “problems that keep them up at night,” and receive feedback.

FRIDAY | OCT. 5
RIVER CAMPUS LIBRARIES EXHIBITIONS
RIVER CAMPUS, Rush Rhees Library, GREAT HALL, 8 A.M. - 12 A.M.
The exhibition will create timeline of the 1960s using student publications, administrative records, and images.

MELIORA VILLAGE
RIVER CAMPUS, WILSON QUADRANGLE, VILLAGE, 11:30 A.M. - 4 P.M.
Enjoy family activities, food trucks, reunion gatherings, student performances, and live music from JumpeoShrimp in the Wilson Quad.

STUDENTS TEAM UP WITH UR PLAN
TOWN HALL FROM PAGE 1
the word about it.
Aviste and Zilke reiterated the importance of plastic waste reduction on campus, especially in light of the restrictive waste policies that have been implemented in the Monroe County. The county now has zero tolerance toward contamination for recycling waste.

According to the new restrictive policies, Starbucks cups, clamshells from The Pit cannot be thrown into recycling bins because they contaminate recycling waste.

Aviste and Zilke advised students to keep this in mind.

Mansoor is a member of the Class of 2020.

CAMPUS SERVICES ENCOURAGES SUSTAINABILITY
SA FROM PAGE 1

of peer advisors, as well as possibly updating handling of pre-major advising, are things the academics committee expressed interest in. It hopes these will alleviate first-year students’ confusion on picking classes that best help them on their chosen path, or alternatively, will help them decide which path they want to go down.

Lastly, Campus Services had plenty of topics to discuss. After speaking to the Director of Dining, the committee decided its main goals in relation to campus dining were to increase and improve the amount and quality of food cooked directly on campus with more use of local food sources.

The committee has just begun to look at meal plans, but it expects it will take at least a year before any major change will come of it.

Campus Services is also looking to improve the sustainability and environmental friendliness of the campus.

One plan was to change the shower heads, so that less water would be lost spraying out of them. Another plan is to add solar panels to the Athletic Center.

Executive Director of Campus Services and junior Anne Marie Cortes stressed the need for student feedback and support in convincing the University to take action on sustainability issues, calling on students with ideas for a more eco-friendly campus to contact SA and get involved.

Cherki is a member of the Class of 2022.

TRICK OR TREAT YOURSELF
WRITE A 800-TIFUL ARTICLE
FOR CAMPUS TIMES
COME HAUNT THE CAMPUS TIMES.
EMAIL PUBLISHER@CAMPUSTIMES.ORG

E-cigarette Users
Earn $100 by participating in our study!

Two visits ($50 per visit)
There will be lung function test and blood draw (two tablespoons), saliva, breath condensate, and urine collection at each visit.

You may be eligible if:
• You are between the ages of 18-65 years
• You have been using e-cigarettes

Contact Research Coordinator at (585) 273-2843
Senior Enriches Community Through Linguistics

By AUDREY GOLDFARB

Senior Julianne Kapner at the Balme Library in Ghana.

PHOTO COURTESY OF JULIANNE KAPNER

Kapner queried a massive database of all the print publications in the US to find patterns in how these nouns were used. She recently submitted an abstract to the Linguistics Society of America with the theory that these weak definers behave in more than one way—a more nuanced view of our previous understanding.

Kapner performed roughly 10 90-minute oral history interviews. Recordings from these interviews will be made public at the end of this month by the Rochester Voices Project, and can be accessed through the Rochester Public Library. As one of several projects within the Rochester Accent Project, Kapner’s study will likely be the first to be completed.

These recordings will provide insight into our local accent and its interaction with socioeconomic and historical factors, and additionally serve the local community by providing first-hand accounts of Rochester history.

“One’s accent affects how others perceive them, both socially and professionally. Many of the individuals Kapner interviewed experienced discrimination due to their pronounced Rochester accent, and some even tried to suppress it in job interviews. Kapner’s research combats this discrimination by bringing the community together, as well as by de-mystifying the Rochester accent. Defining and characterizing components of our local accent may change the prejudiced way in which some people view us.”

Working outside of the University bubble changed Kapner’s perspective on linguistics research and its impact. She was captivated by the fascinating stories she heard from members of the 19th ward community.

“Being as quiet as you can and just listening to what they have to say is important,” Kapner said. “Working with speakers reminds me why linguistics research is powerful. Kapner’s work, has spanned both the intrinsic nature of language and the ways in which people’s experiences have been especially influential for her.

“A lot of research is research-centric rather than subject-centric projects booked in Kapner’s community in her research broadened the focus beyond data, and allowed her to connect with the people behind the researching people, so let’s do research that benefits people.”

For Kapner, language is about the civilizations that created it, the people who speak it, and the scientists who study it. “Everybody has some kind of stake in it — everyone has a language.”

Goldfarb is a member of the Class of 2019.
Rochester Running Company Jogging Group Brings People Together

By OLIVIA BANC

You guys, this week has been so long in the making! I know I’m a naturally dramatic person, but I swear more than half has ever sworn before that I am not exaggerating! This was actually the very first place I wanted to review this semester. One of my goals for this column is to expose local gems and fun favorites, and Addis Ababa is certainly a fun fa- vorite from what I’ve so enthusi- astically been told. I’ve been try- ing to plan this trip over for some supposedly grade A Ethiopian food with a couple of friends, but it just kept falling through for one reason or another. But, this week... magic was made.

Now, I had never attempted Ethiopian food prior to Ad-dis Ababa, but I went in having absolutely no idea what really characterizes Ethiopian cuisine. Honestly, I still don’t, but I do know that I really enjoyed this outing — and not just because it turned into a super adorable mini cast party for a show I’m acting in. None of the seven of us, save one person that had been to Ad- dis Ababa a few times before, had too great a familiarity with Ethiopian food, so we found ourselves quite confused reading the menu. But, through asking said minor league expert tons of questions and also through a tiny bit of panic ordering, I ended up requesting the Beef Fir-Fir. Ad- ditionally, my boyfriend Ryan and I agreed to share two entrees, and he ordered the Lamb-Yebeg We’t (Key We’t) to contribute to our meal.

“Lamb-Yebeg We’t (Key We’t) is too much for my fin- gers to attempt to type this many times, so I’ll just be referring to it as “the lamb” from now on, but you’ll all know what’s re- ally up. That said, the lamb was so good. Like, so good. If I had to equate the flavor to some- thing with which more people might be familiar, it would say that it had the consistency and, in some ways, the flavor of a Bolognese. Though the meat was in sort of mid-sized chunks and not ground, the sauce that wrapped it all together had that bright, acidic, tomato-y taste and feel. I found the flavor pleasantly complex. At first, you’d get that tomato sauce taste, but a certain heat would hit a moment later in your throat after you swallowed. Nicely balanced, definitely not overwhelming. Now, this may be the only review in which you’ll read me say I enjoyed the dry- ness of the meat. The chunks of lamb were sturdy and a bit dried out, but this just allowed them to soak up more of that great sauce and to fall apart at the hands of it, giving the meat almost the consistency of a brisket — saucy and slightly chewy, but not unpleas- antly so. It took me way back to my half-Jewish household. Who would have known I’d find some Ratatouille-style food-based nos- talgia in an Ethiopian restaurant? I found the Beef Fir-Fir, much like the lamb, to have a really well-crafted balance of flavor. There was plenty of seasoning and the taste from it was certainly prominent, but when I bit into a chunk of the beef, I would still get the beef flavor coming through very strongly. The seasoning added complexity to the beef and supported its natural flavor without overpowering it, which is impressive for such a heavily- seasoned dish. This dish was served on top of a large piece of injera — which I would describe as a very fluffy crepe with the exact taste of sourdough bread — and also had little cut-up bits of injera mixed into it. These bits of injera became wonderful little flavor bursts after soaking up all the surrounding goodness on the plate, but I could have done with a bit less of it. I loved the flavor of the beef so much, and I just wished there would have been more meat than injera. But, over- all, I really enjoyed this dish too and have no complaints regard- ing the actual flavors or textures. This was simply a great experi- ence, and not just due to the great company. To write this review now, I’ve been reading through my little notebook of official notes that I take while I eat, and there are just food stains all over the page because I didn’t want to stop eating as I jotted. And the Addis Ababa staff was so warm and welcoming. Our waiter chatted with us and even recognized and said hello to my friend that had been in before. Also, with our meals, he brought out a complementary plate of vegan side dishes for us that consisted of what I believe to be a lentil mash, a chickpea mash, potato stew, and some sort of cooked greens — all really wonderful.

There’s so much entwining stuff on the menu that Ryan wasn’t feeling adventurous enough to share with me, so I will definitely be making at least one trip back to Addis Ababa. Ethiopian food? — more like… actually, I’ve got nothing. Well, I tried to end with some sort of pun, but there was really nothing there. Hit me up with something cheeky if you’ve got ideas. Bye guys, until next week.

Banc is a member of the class of 2021.

Addis Ababa: Bringing Delicious Ethiopian Food to Rochester

By OLIVIA BANC

Who said it was hard to make new friends? It only takes a little exercise in Col-lege Town, apparently!

The Rochester Running Company, developed by own- er Jonathan Griffiths, is not only a place to give advice on how to meet the specific needs of each individual, but home to a community of peo- ple that come together every week to do what they love: run.

The University of Roches- ter and Collegetown area is rather special as it is close to some of the best parks in New York for running, as well as its very ‘hometown’ feeling. This running store isn’t your typical Dicks or Sports Au- thority, it is a different genera- tion of an athletic company. The store is small enough to get the best customer service, kindness, and support from a small owned business, yet it has the access for a plethora of friends, athletes, and strangers that will cheer you on with a smile.

“I wouldn’t have started run- ning without this store,” Kaity Baum, a frequent runner and shopper, said. “I kept coming back because it was an excuse to do something... it’s just a nice place to be, and there’s so much here [in Rochester] to take advantage of with a great group of people.”

The company exploded in popularity after pacers be- came available. Over the first few months, maybe ten to twelve people would show up for a run, but now the typical number is 80, and sometimes goes up to about 130. In just over two years, this local busi- ness has built a community for people of all ages and fitness levels to collaborate with and do what they love.

Volunteer pacers afford structure to group runs, so everyone has someone to run with, whether you’re a begin- ner or a veteran of the group. There is a wealth of knowl- edge seen in all these individu- al runners, which truly helps the newbies adapt to this new hobby.

Greg Casto, an employee of the company, joined this com- munity about 18 months ago by coming along for group runs, specifically the beef runs.

“It’s [a] way to have the ele- vator talk that nobody has anymore; it can be really awk- ward running with people for group runs,” he said. “There’s 120 people you don’t know, but afterwards, [talk] to at least 10 people, and eventual- ly you’ll open up and running served as a great gateway to have experiences.

After making many friends and becoming close to Griffiths, he took a job to continue making Rochester Running Company better. Befriending the people there gave him an excuse to either get a good workout in, or fin- ish up working at the store, and then grab a beer after- wards. Just coming along one day to run and get a beer after has made Casto truly appreci- ate the community that he has become a part of here.

The community was always at the forefront of Griffiths’ business.

“I wanted to have a more laid back approach of being welcoming to keep people coming back and encouraging all levels of athletes,” he said. “You don’t need to buy some- thing to be worth it, you don’t have to be a high-caliber run- ner to be worth it. We all just enjoy the store for what it is as a community.

Maynes is a member of the class of 2019.
In Defense of Being Lonely

BY ASHLEY BARDHAN
MANAGING EDITOR

Every year, I become my happiest self in October. The leaves are turning, everything is flavored with whipped cream and pumpkin, and I don’t have to feel bad for only wanting to watch Disney’s “Hocus Pocus,” the greatest movie ever made. I’m happy. But sometimes, I’m snuggled under my duvet, my space heater whispering into my face, no one will brush it back, and I miss my mom.

I was looking for a way to gain justification for my loneliness, but I found something more effective.

That’s when I start feeling guilty. I’m a 21st century woman in college! The artist Jenny Holzer says romantic love was invented to manipulate women! And I’m a feminist!

Being guilty doesn’t cure my loneliness, though. If anything, it’s only more lonely to do so. I’m also independent and like to be alone. I’m also needy and cry while watching “Titanic.” And that’s all okay.

A lot of my friends are also lonely. They’re ashamed, and they’re frustrated. They have so much to give, and they think they have no one to give it to — a fact that seems more apparent during the notorious “cuffing season.”

I can’t prevent myself from being a person that cares about love. I believe in romance, and I want it. I’m also independent and like to be alone. I’m also needy and cry while watching “Titanic,” and that’s all okay.

But once you accept your need for romance, instead of putting it in a restricting box of shame, it becomes an integrated part of you — what it always wanted to be. Being lonely is no longer crippling. It’s open and authentic. It’s putting on perfume before you go to bed and kissing your friends on the cheek, and calling your sister to tell her good morning.

The leaves are changing color. It’s time for UR to acknowledge its systemic failure in rodent prevention. And follow it up with drastic solutions.

And facilities failed to notify some residents on the locations of traps, increasing risk of student injury. And these issues clearly weren’t resolved. Yet, housing prices have hardly gone down. When we pay the school these fees, we do so with the expectation of security and well-being. Students are scared of staying in their dorms, and they have reason to be. Rodent droppings can spread diseases such as hantavirus pulmonary syndrome.

In fact, last week, a Hong Kong man was diagnosed with the first case of the rat variation Hepatitis E. Researchers believe it happened from infected rat droppings in his food. Point is, rats and mice aren’t just gross. They’re a health hazard.

It’s time for UR to acknowledge its systemic failure in rodent prevention. And follow it up with drastic solutions.

Let’s Trap Our Rodent Problem

BY ASHLEY BARDHAN
MANAGING EDITOR

Imagine returning to your dorm after a grueling day of classes, and opening your snack cabinet to find it ravaged by an intruder. It isn’t your roommate. She’s at some tournament or something. Seems you’ve got some new friends.

Rats. But more likely, mice.

This semester, residents of Sue B. have been repeatedly visited by these furry little fiends. This isn’t a new occurrence at the University. A former resident of Phase will be familiar with this issue.

2011 also saw a surge in pest activity, on the First-Year Quad and in Sue B.

Look, it’s impossible to prevent these incidents altogether, especially over a large timespan, but there are issues carrying over from previous infestations.

Last year, Brenna James, now a junior, caught 14 mice in her fourth-floor Munro suite. The vast majority were caught through a store-bought mouse trap, as opposed to the one provided by University pest control.

Now-junior Logan O’Connell, who had a first-floor suite in Munro spoke of how some of those UR-provided traps failed, allowing the mice to eat the bait without being captured.

Let’s Trap Our Rodent Problem

BY ASHLEY BARDHAN
MANAGING EDITOR

Imagine returning to your dorm after a grueling day of classes, and opening your snack cabinet to find it ravaged by an intruder. It isn’t your roommate. She’s at some tournament or something. Seems you’ve got some new friends.

Rats. But more likely, mice.

This semester, residents of Sue B. have been repeatedly visited by these furry little fiends. This isn’t a new occurrence at the University. A former resident of Phase will be familiar with this issue.

2011 also saw a surge in pest activity, on the First-Year Quad and in Sue B.

Look, it’s impossible to prevent these incidents altogether, especially over a large timespan, but there are issues carrying over from previous infestations.

Last year, Brenna James, now a junior, caught 14 mice in her fourth-floor Munro suite. The vast majority were caught through a store-bought mouse trap, as opposed to the one provided by University pest control.

Now-junior Logan O’Connell, who had a first-floor suite in Munro spoke of how some of those UR-provided traps failed, allowing the mice to eat the bait without being captured.

It’s time for UR to acknowledge its systemic failure in rodent prevention. And follow it up with drastic solutions.

And facilities failed to notify some residents on the locations of traps, increasing risk of student injury.

This editorial is published with the consent of a majority of the Editorial Board: Trevor Whitestone (Editor-in-Chief), James Gunn (Managing Editor), Ashley Bardhan (Managing Editor), Ayarman Majumdar (Opinions Editor), Shweta Koul (News Editor) and Ben Schmitz (Publisher). The editor-in-chief and the Editorial Board make themselves available to the UR community’s ideas and concerns. Email editor@campustimes.org.
FREE CAMPUS-WIDE BBQ ON FRIDAY, OCTOBER 5
11:30 A.M.–1:45 P.M.—DON’T MISS IT!

BECOME PART OF THE TRADITION!
SATURDAY, OCTOBER 6 | 12–2 P.M. | FRATERNITY QUADRANGLE
Pick up your limited edition Rochester Traditions memorabilia ONLY at Meliora Weekend.
(Only 500 pieces available per class; first come, first served)

First-year | Heritage banners
Sophomores | Baseball hat
Juniors | Knit soccer scarf
Seniors | Vintage sweatshirt

REGISTER TODAY: ROCHESTER.EDU/MELIORAWEEND
Celebrate MELIORA WEEKEND
OCTOBER 4–7
2018

FRIDAY – OCTOBER 5, 2018
11:30am - 1:45pm FREE River Campus BBQ (Wilson Quad)
11:30am - 4pm Meliora Village (Wilson Quad)
4 - 7pm Hartnett Gallery Artist Talk & Reception: “AM/Projected Relation” with Christina Smiros (Hartnett Gallery)
6 - 8pm Club Rochester at Meloria Weekend (Richard Feldman Ballroom)
7, 9:30pm & 12am UR Cinema Group’s Family Movie Night: Incredibles 2 (Hott Auditorium)
7:30 - 9pm 31st Annual Tropicana Dinner Celebration (Mar Room)
8 - 10pm A Capella Jam (Goergen Athletic Center Palestra)
9 - 11pm Strong Jugglers’ 9th Annual Fire Show (Wilson Quad)
10:30pm - 12am Friday Night Live: Root Seven (Stadiums, Wilson Commons)
10:30pm - 2am 31st Annual Tropicana Dance (Blue Coffee Co. on Genesee Street)

SATURDAY – OCTOBER 6, 2018
8am - 1pm Head of the Genesee Regatta (Grace P. Wilson Boathouse)
9:30-10:30am State of the University Address: President Feldman (Hott Auditorium)
11am - 12pm LIVE Keynote Address with Soledad O’Brien (Goergen Athletic Center Palestra)
11:30am - 5pm Meliora Village (Wilson Quad)
12 - 2pm Rochester Traditions Giveaway! (Fraternity Quad Tent)
1pm Football vs. St. Lawrence University Saints (Mayar Stadium)
1:30 - 2:30pm Talking Politics with Michael Steele (Strong Auditorium)
3 - 5:30pm Meloria Village Concert (Wilson Quad Tent)
4 - 4:30, 6 - 6:30pm TOPP Theater Company & UR Improv: Actor’s Equity Strike 2018 (Diana House, Fraternity Quad Tent)
5:30 - 7:30pm Parents and Families: Jazz Night (Wilson Quad Tent)
6:30, 9:15pm & 12am UR Cinema Group’s Family Movie Night: Solo: A Star Wars Story (Hott Auditorium)
8 - 10pm YellowJackets and Vocal Point Alumnus Concert (Interfaith Chapel, Sanctuary)
9 - 10:15pm Comedian Nasim Pedrad (Goergen Athletic Center Palestra)
9:30 - 11pm No Jackets Required Jam Night (Roch’s SunShop + Lounges)
9:30pm - 11pm UR Late Night Carnival (Wilson Quad Tent)

SUNDAY – OCTOBER 7, 2018
11am - 1pm Men’s Soccer vs. Washington University (Mayar Stadium)
1:30 - 3:30pm Women's Soccer vs. Washington University (Mayar Stadium)

WILSON QUAD TENT

rochester.edu/melioraweekend

FRIDAY
A CAPPELLA JAM
GOERGEN ATHLETIC CENTER PALESTRA
8 - 10PM

SATURDAY
SOLEDAD O’BRIEN
GAC-PALESTRA
11AM
Eastman Ensemble Wows with ‘Drumming’ by Olivia Alger

Festival goers flocked around the final outdoor happenings of the Rochester Fringe Festival while the Eastman Percussion Ensemble gathered in the atrium at Miller Center and filled the room with transformative rhythm.

Taking place Saturday, Sept. 22, it was a dazzling finale to the 11-day festival, as the ensemble, upclassification of the percussion studio, gave two performances of Steve Reich’s “Drumming.” Both sold-out performances of “Drumming” showcased the tremendous aptitude of the student musicians, as the piece features bongo drums, marimbas, glockenspiels, a whistle, a piccolo, and three singing voices. It also demonstrates Reich’s interest in the simple tonal connection. A minimalist composer, Reich has composed pieces resembling the roots of music making — “Clapping Music” solely involves two musicians clapping together, while “Music for Pieces of Wood” is arranged for five artists and blocks of wood.

“Drumming” uses Reich’s trademark phasing techniques, in which the same piece is played on multiple instruments until the players gradually shift out of sync. The musicians stunningly employed this on Saturday, shifting from instrument to instrument and moving fluidly between each other. Footsteps echoed through the atrium.

Written nearly ten years after his first composition — the soundtrack to a short black-and-white film called “Plastic Haircut” — “Drumming” was created when the percussionists backed away from their instruments and the lingering echoes rang through the atrium.

The final location before going back to Eastman was Martin Luther King Jr. Memorial Park at Manhattan Square, where photographers took photos of the playground, lawn, trees, a puddle, fountain, and the memorial man-made waterfall. Throughout the walk, it was clear that, for the photographers, the walks from location to location were almost (if not entirely) as interesting as the selected locations themselves. Moy commented that the way photography can transform seemingly uninteresting things is what interests her in the art form.

“When’s most interesting about photography to me is that you can take something that looks really ordinary — or even ugly. You can take a picture of that so it looks beautiful,” she said. “And that is just so fascinating to me.”

Aiken is a member of the Class of 2021.

Members of the UR photography Club travel into the city to take photos.

Rochester Photography Tour by Wil Aiken

When sophomore Elissa Moy was planning UR Photography Club’s Rochester Photography Tour, she took inspiration from her weekly bus rides to Eastman for violin lessons.

Moy, the secretary of UR Photography Club, noticed landmarks on the bus ride that she thought would be worth photographing — some wall art on University Avenue, for example. Using Google Street View, she mapped out the walk from landmark to landmark.

At 2:40 p.m. during the tour, which occurred Saturday, Sept. 29, Moy, fellow e-board member Oion Akif, a sophomore, and eight attendees met to board the orange bus.

The walk started with a stop at the memorial man-made waterfall. As the bus pulled away, Moy commented, “I have been in this city for downtown many times,” e-board member junior Jiaxin Zhang said.

“But with photographers we could spend our time discovering and focusing on every interesting [detail] of the city.”

The final location before going back to Eastman was Martin Luther King Jr. Memorial Park at Manhattan Square, where photographers took photos of the playground, lawn, trees, a puddle, fountain, and the memorial man-made waterfall.

Throughout the walk, it was clear that, for the photographers, the walks from location to location were almost (if not entirely) as interesting as the selected locations themselves. Moy commented that the way photography can transform seemingly uninteresting things is what interests her in the art form.

“When’s most interesting about photography to me is that you can take something that looks really ordinary — or even ugly. You can take a picture of that so it looks beautiful,” she said. “And that is just so fascinating to me.”

Aiken is a member of the Class of 2021.

Mooncakes, calligraphy, and traditional games were among the offerings by stations at the Chinese Students’ Association’s (CSA) annual Chinese Culture Expo, which celebrates and educates about Chinese culture.

The expo took place in Hirst Lounge in Wilson Commons on Friday, Sept. 28, from 2 to 5 p.m.

The event came three days after the Mid-Autumn Festival, a harvest festival celebrated in China often marked by family gatherings. Junior Ellie Tong, an organizer of the event, said the holiday is special for the Chinese international community at UR.

“The festival’s co-organizer, sophomore and secretary of CSA Sampson Hao, is also an international student, from Beijing.

The stations were set up, each with poster boards educating about different aspects of Chinese culture, as well as activities. A station about Mid-Autumn Festival, for example, featured a poster with details about the ancient roots of the festival — once a time of prayer for a good harvest — as well as mooncake samples. (Mooncake, a pastry with egg yolk and lotus seed paste, is traditionally eaten on Mid-Autumn festival.)

A station about the cultural significance of tea in China also featured appropriate samples. Tea — the presenter explained — can be used as means of relaxation, a respect, and as part of family gatherings.

Other stations were more hands-on, such as traditional Chinese games station. One of these games involved picking a marble out of a cup with a coin on top. Another required participants to unhook some small, twisted, entangled, metal bars. One challenging station was the calligraphy station, where visitors could test their skill painting Chinese characters with an inkbrush.

Another required participants to unhook some marble out of a cup with a coin on top. Another required participants to unhook some small, twisted, entangled, metal bars. One challenging station was the calligraphy station, where visitors could test their skill painting Chinese characters with an inkbrush.

For each station visited and participated in, observers were given a stamp on a slip of paper. At the end, the stamps could be exchanged for gifts. Attendees could receive a book, notebook, keychain, or pen.

Hao explained that China Expo is a preview of sorts to the Mid-Autumn Festival Show, which is a performance event hosted by CSA. This year it will be held on Oct. 20, in commemoration CSA’s 45th anniversary. But Hao says that China Expo does hold a special significance for him, particularly in relation to students unfamiliar with the cultural importance of Mid-Autumn Festival.

“I kind of feel like it’s our responsibility to tell them what this thing is.”

Aiken is a member of the Class of 2021.

Members of the UR photography Club travel into the city to take photos.

Games and Poster Board at China Expo by Wil Aiken

CULTURE
CT Recommends: Ismo

By WIL AIKEN
CULTURE EDITOR

Most people are familiar with that old cliché: “It’s not the joke it’s the way (s)he tells it.” Like most clichés, there is truth to it, a truth admirably embodied by the extraordinary Finnish stand-up comedian, Ismo.

Despite his status as the first Finnish comedian to ever perform on American television in a memorable appearance on Conan, he offers a scarce amount of English-speaking material. Only 13 of the videos on Ismo’s YouTube page are in English. A few of his videos are spent talking about the confusing nature of the English language. Two of his most clever bits detail the inconsistencies of the words “ass” and “shit.”

“How can it be, if something is bad, it’s shit. If something is really good, it’s the shit,” the bit begins.

While English is clearly Ismo’s second language, he has a mastery of it that is essential to his stand-up. His word choice and speech patterns are too precise in their humor. This is why Ismo’s material is impossible for anyone else to repeat or imitate. (And yet I keep trying.)

If the material itself isn’t entirely intricate, Ismo’s delivery is. And it pays off. Another thing I appreciate about Ismo is his purity.

My favorite bits from Ismo, however, are his simpler videos, that rely almost entirely on delivery. This is best exemplified in the minute-and-a-half-long video called “The Earthworm.”

(Warning: In the next paragraph I reveal the first 30 seconds or so of the joke. I would personally recommend watching the video first. You won’t be sorry.)

“My favorite animal of all the animals has to be the… the earthworm. The earthworm. That’s so good. It’s so accurately named. Although, I don’t know any worm from any other planet. But that one…. From the earth…. That’s our worm.”

The rest of the video is more or less an elaboration on that one joke. On its own, the earthworm joke is simply not all that funny. It’s not that the joke isn’t clear — its logic is perfectly obvious — it’s just that it doesn’t feel clever enough, really. It feels too simple to be a joke.

But the detail that Ismo delivers it with brings it to a hysterical life. The gravelly way that he says “earthworm,” the slight hesitation between “accurately” and “named,” the way he uses his hands to signify the earth, all of it is instrumental in creating the joke. If the material itself isn’t entirely intricate, Ismo’s delivery is. And it pays off.

Another thing I appreciate about Ismo is his purity. His comedy comes with no social or political message. I am not personally opposed to political or social commentary in comedy, but I do believe a comedian’s first job is to make the audience laugh. In today’s social and political climate, we all seem to be looking for brief pockets of escape.

When I watch Ismo, I feel more than a momentary reprieve. I feel emotionally rejuvenated — like I’ve been given a newer, funnier outlook on things.

Okay, reader, I openly admit that I’m not a total stranger to video games — if you put a controller in my hands, I’ll eventually figure out the controls. Whether or not I’m good at the game after I decipher those controls is not up for debate. I, in all likelihood, won’t be.

But my video game history is not comprised solely of failure — there are two games I believe I have truly mastered. I also have strong emotional connections to each game, which I feel is a hallmark of being a gamer. Those games are the two magnificent installments of Super Mario Galaxy. They expanded my imagination, had me creatively solving problems, and honestly tugged at my emotions. (We’re all friends here, so let’s not bother pretending that Rosalina’s story in the first Super Mario Galax- way wasn’t heart-wrenching and poignant.)

Those games showed me that video games have many benefits for society. I’m sick of people railing against video games because they say they promote violent tendencies in the players. To start, only a percentage of all games are violent to begin with. And to be honest, I don’t even have to argue this — in 2011, the US Supreme Court Brown vs. Entertainment Merchants Association decided the psychological connection between video games and an emergence of violent tendencies as tenacious. In other words, they didn’t buy it.

So let’s move on, reader, and talk about what I feel are the great benefits of video games.

To start, the genre of video games has developed exponentially in the past two decades. Everything about video games has gotten better — the creativity, the variety, the graphics, the market, the adver- tising — I could go on.

There are types of games to serve all purposes. There are video games that educate and enrich young children, like the LeapFrog games or iCivics, which is a game created by retired Supreme Court Judge Sandra Day O’Connor.

There are games that teach empathy and twist all your preconceived notions of right and wrong, like the indie mega hit Undertale, and games that build epic and complicated worlds like the BioShock games.

There are even gaming mega-franchises that capture people’s loyalties for life like Mario, Zelda, or Sonic. I’ll include Sonic to show that the games don’t even have to be consistently good in order to keep their fansbase.

Video games have even sprouted several companion industries. There’s the Youtube gaming industry, the video-game music industry, and the Twitch livestream industry. And video games have been involved in the pioneering of new technologies like virtual reality and other types of augmented reality.

Most importantly, video games serve a purpose. They are the kind of other type of media serves — they’re companions to people in need of companionship. They’re cherished memories, familiar friends, or an escape from an unsatisfactory life. That purpose is the main driving force of all this growth. Video games have finally become a defined type of media.

So, reader, maybe you’re doubtful like me. Or maybe you’re just confused. Sure, video games are bigger and better than ever before. So what?

I’m arguing that we have to change our view on video games. They’re no longer exclusively a form of entertainment for teenage boys. They’re played by all types of people, for all types of reasons, so they need to be given the same scrutiny and critical recognition that other media types are given. Video games have earned it. I’m not saying that the experi- ence of consuming side content is better than discussing with friends or vice versa — they’re just different experiences. Each one is a method of digesting content, and it’s only up to you, reader, to decide which method — if either — you prefer.

Pandaraboyina is a member of the Class of 2020.

New Media on the Block

By VENNELA PANADARABOYINA
COLUMNIST

Okay, reader, I openly admit that I’m not a total stranger to video games — if you put a controller in my hands, I’ll eventually figure out the controls. Whether or not I’m good at the game after I decipher those controls is not up for debate. I, in all likelihood, won’t be.

But my video game history is not comprised solely of failure — there are two games I believe I have truly mastered. I also have strong emotional connections to each game, which I feel is a hallmark of being a gamer. Those games are the two magnificent installments of Super Mario Galaxy. They expanded my imagination, had me creatively solving problems, and honestly tugged at my emotions. (We’re all friends here, so let’s not bother pretending that Rosalina’s story in the first Super Mario Galax- way wasn’t heart-wrenching and poignant.)

Those games showed me that video games have many benefits for society. I’m sick of people railing against video games because they say they promote violent tendencies in the players. To start, only a percentage of all games are violent to begin with. And to be honest, I don’t even have to argue this — in 2011, the US Supreme Court Brown vs. Entertainment Merchants Association decided the psychological connection between video games and an emergence of violent tendencies as tenacious. In other words, they didn’t buy it.

So let’s move on, reader, and talk about what I feel are the great benefits of video games.

To start, the genre of video games has developed exponential- ly in the past two decades. Everything about video games has gotten better — the creativity, the variety, the graphics, the market, the adver- tising — I could go on.

There are types of games to serve all purposes. There are video games that educate and enrich

Younger Times on the Block

By REED STEINER
CONTRIBUTING ILLUSTRATOR

Okay, reader, I openly admit that I’m not a total stranger to video games — if you put a controller in my hands, I’ll eventually figure out the controls. Whether or not I’m good at the game after I decipher those controls is not up for debate. I, in all likelihood, won’t be.

But my video game history is not comprised solely of failure — there are two games I believe I have truly mastered. I also have strong emotional connections to each game, which I feel is a hallmark of being a gamer. Those games are the two magnificent installments of Super Mario Galaxy. They expanded my imagination, had me creatively solving problems, and honestly tugged at my emotions. (We’re all friends here, so let’s not bother pretending that Rosalina’s story in the first Super Mario Galax- way wasn’t heart-wrenching and poignant.)

Those games showed me that video games have many benefits for society. I’m sick of people railing against video games because they say they promote violent tendencies in the players. To start, only a percentage of all games are violent to begin with. And to be honest, I don’t even have to argue this — in 2011, the US Supreme Court Brown vs. Entertainment Merchants Association decided the psychological connection between video games and an emergence of violent tendencies as tenacious. In other words, they didn’t buy it.

So let’s move on, reader, and talk about what I feel are the great benefits of video games.

To start, the genre of video games has developed exponential- ly in the past two decades. Everything about video games has gotten better — the creativity, the variety, the graphics, the market, the adver- tising — I could go on.

There are types of games to serve all purposes. There are video games that educate and enrich
Build a Body and We’ll Tell You What You Should be for Halloween

By SIORHAN SEIGNE
HUMOR EDITOR

□ 1. Choose One.
A. Buzz Sting ‘Em! Show your yellowjacket pride on campus this Halloween by dressing up as a yellowjacket! Be careful to get the minute details of antennae, mandibles and thorax just right. Otherwise, people might just think that you’re reproducing Paul Halflin’s 2011 hit “Black and Yellow.”
B. A witch costume will add a little magic to your boring old chemistry lab. Pretend the vials of liquid that all look the same are “dragon’s blood” and “children’s tears.” Light the bunsen burner and mumble “Double double toil and trouble, fire burn and cauldron bubble” under your breath. Sabotage the “potion” of the lab group next to you by muttering curses over it. Be careful not to forget your witch hat. Otherwise, people might mistake you for the other word that rhymes with “witch.”
C. Meow! You know yourself well enough to recognize that you’re going to leave your Halloween costume planning to the last minute anyways, just like the assignments for all of your classes. A cat costume can be thrown together in a jiffy! If you’re having trouble finding cat-colored clothing, all you really need is a pair of cat ears or a tube of mascara for some sloppily drawn whiskers.
D. The University of Rochester Student Billing Statement for September 2018 is now available in UR ePAY. Payment is due October 10th.

□ 2. Choose One.
A. Horrorscopes
B. The Year of the Witch
C. Frighteningly Common
D. The Year of the Broom

□ 3. Choose One.
B. Thank you!
C. Please do not reply to this e-mail.
D. If you answered mostly A: Buzz Sting ‘Em! Show your yellowjacket pride on campus this Halloween by dressing up as a yellowjacket! Be careful to get the minute details of antennae, mandibles and thorax just right. Otherwise, people might just think that you’re reproducing Paul Halflin’s 2011 hit “Black and Yellow.”

If you answered mostly B: Meow! You know yourself well enough to recognize that you’re going to leave your Halloween costume planning to the last minute anyways, just like the assignments for all of your classes. A cat costume can be thrown together in a jiffy! If you’re having trouble finding cat-colored clothing, all you really need is a pair of cat ears or a tube of mascara for some sloppily drawn whiskers.

If you answered mostly C: “Because it’s Halloween” is the perfect excuse to let out and be positively evil!

If you answered mostly D: Now this costume is not for the faint of heart. There is nothing so terrifyingly positive as a UR student as opening your email and seeing that chilling subject line: “UR OCTOBER 2018 BILLING STATEMENT.” Unless, of course, Daddy pays for college and you can call this costume “privilege.”

Halloween Quiz Answers

By SIORHAN SEIGNE
HUMOR EDITOR

If you answered mostly A: Buzz Sting ‘Em! Show your yellowjacket pride on campus this Halloween by dressing up as a yellowjacket! Be careful to get the minute details of antennae, mandibles and thorax just right. Otherwise, people might just think that you’re reproducing Paul Halflin’s 2011 hit “Black and Yellow.”

If you answered mostly B: Meow! You know yourself well enough to recognize that you’re going to leave your Halloween costume planning to the last minute anyways, just like the assignments for all of your classes. A cat costume can be thrown together in a jiffy! If you’re having trouble finding cat-colored clothing, all you really need is a pair of cat ears or a tube of mascara for some sloppily drawn whiskers.

If you answered mostly C: “Because it’s Halloween” is the perfect excuse to let out and be positively evil!

If you answered mostly D: Now this costume is not for the faint of heart. There is nothing so terrifyingly positive as a UR student as opening your email and seeing that chilling subject line: “UR OCTOBER 2018 BILLING STATEMENT.” Unless, of course, Daddy pays for college and you can call this costume “privilege.”

Seigne is a member of the Class of 2019.
Surround athletics. You can listen in sports and the social issues that show on WRUR’s the Sting that God for Title IX. "I have an idea," she wrote. "Funding effect of rights-based programming the privilege Title IX has guaran-
certed to empowering girls around the world."

Women Win, a non-profit dedicated to empowering girls around the world, beyond encouraging the participation of women and girls in sport. The program sends ambassadors to countries besides the United States to work with global communities such as in Egypt, India, Kenya, and beyond. In addition, they operate the Global Sports Mentoring Program.

The program operates in conjunction with Peace, and Society spurned the performance of women in sport. The program sends ambassadors to countries besides the United States to work with global communities such as in Egypt, India, Kenya, and beyond. In addition, they operate the Global Sports Mentoring Program.

The program operates in conjunction with Peace, and Society spurned the performance of women in sport. The program sends ambassadors to countries besides the United States to work with global communities such as in Egypt, India, Kenya, and beyond. In addition, they operate the Global Sports Mentoring Program.

The program operates in conjunction with Peace, and Society spurned the performance of women in sport. The program sends ambassadors to countries besides the United States to work with global communities such as in Egypt, India, Kenya, and beyond. In addition, they operate the Global Sports Mentoring Program.

The program operates in conjunction with Peace, and Society spurned the performance of women in sport. The program sends ambassadors to countries besides the United States to work with global communities such as in Egypt, India, Kenya, and beyond. In addition, they operate the Global Sports Mentoring Program.

The program operates in conjunction with Peace, and Society spurned the performance of women in sport. The program sends ambassadors to countries besides the United States to work with global communities such as in Egypt, India, Kenya, and beyond. In addition, they operate the Global Sports Mentoring Program.

The program operates in conjunction with Peace, and Society spurned the performance of women in sport. The program sends ambassadors to countries besides the United States to work with global communities such as in Egypt, India, Kenya, and beyond. In addition, they operate the Global Sports Mentoring Program.

The program operates in conjunction with Peace, and Society spurned the performance of women in sport. The program sends ambassadors to countries besides the United States to work with global communities such as in Egypt, India, Kenya, and beyond. In addition, they operate the Global Sports Mentoring Program.

The program operates in conjunction with Peace, and Society spurned the performance of women in sport. The program sends ambassadors to countries besides the United States to work with global communities such as in Egypt, India, Kenya, and beyond. In addition, they operate the Global Sports Mentoring Program.

The program operates in conjunction with Peace, and Society spurned the performance of women in sport. The program sends ambassadors to countries besides the United States to work with global communities such as in Egypt, India, Kenya, and beyond. In addition, they operate the Global Sports Mentoring Program.
Are NFL Rule Changes Making the League “Soft”?

By CESAR GARCIA
CONTRIBUTOR

If you have been watching the NFL, you will have noticed that something is slightly off from last year's season. Why was there no penalty flag? How was that a foul? Now, imagine you are a referee.

The helmet rule change has been met with a lot of objections from players, yet it seems reasonable from an outsider's perspective. The rule change, from an outsider's perspective, makes sense given the stories of head and spinal injuries that have surfaced from the NFL.

The rule change, from an outsider's perspective, makes sense given the stories of head and spinal injuries that have surfaced from the NFL. However, this sentiment is not reflected by the players. The safety on a team's defense is a defensive back that will often wait in space until the play unfolds to deliver the biggest hits. For that reason they're often called the "enforcer." Though it makes sense to protect quarterbacks, the rule does not protect other players as it results in many penalties, fines, and even injuries.

The final rule change, the new catch rule, has no regard to health and safety but is simply a clarification on an ambiguous and controversial former rule. The NFL scratched any previous legislation on the catch rule and narrowed it down to three easy qualifications. The player must have control of the ball, have both feet or a body part in bounds during the catch, and he must be making a football move or have the ability to make such a move.

These three qualifications are an attempt to make the lives of referees easier as controversial catch rulings have been subject to ridicule over the last few seasons. Unlike the safety-based rules previously mentioned, this rule makes no gameplay change for the players but simply defines what is needed to justify a catch. All three of the rules have the potential to cost someone a play, a win, or a championship, but they are part of an ever-evolving NFL community.

Imagine you are Clay Matthews running full speed at someone. It would be rather hard to change your trajectory at the last second while trying to change a muscle memory you have been training for years.

The rule change, from an outsider's perspective, makes sense given the stories of head and spinal injuries that have surfaced from the NFL. However, this sentiment is not reflected by the players. The safety on a team's defense is a defensive back that will often wait in space until the play unfolds to deliver the biggest hits. For that reason they're often called the "enforcer." Though it makes sense to protect quarterbacks, the rule does not protect other players as it results in many penalties, fines, and even injuries.

The final rule change, the new catch rule, has no regard to health and safety but is simply a clarification on an ambiguous and controversial former rule. The NFL scratched any previous legislation on the catch rule and narrowed it down to three easy qualifications. The player must have control of the ball, have both feet or a body part in bounds during the catch, and he must be making a football move or have the ability to make such a move.

These three qualifications are an attempt to make the lives of referees easier as controversial catch rulings have been subject to ridicule over the last few seasons. Unlike the safety-based rules previously mentioned, this rule makes no gameplay change for the players but simply defines what is needed to justify a catch. All three of the rules have the potential to cost someone a play, a win, or a championship, but they are part of an ever-evolving NFL community.

Imagine you are Clay Matthews running full speed at someone. It would be rather hard to change your trajectory at the last second while trying to change a muscle memory you have been training for years.

The rule change, from an outsider's perspective, makes sense given the stories of head and spinal injuries that have surfaced from the NFL. However, this sentiment is not reflected by the players. The safety on a team's defense is a defensive back that will often wait in space until the play unfolds to deliver the biggest hits. For that reason they're often called the "enforcer." Though it makes sense to protect quarterbacks, the rule does not protect other players as it results in many penalties, fines, and even injuries.

The final rule change, the new catch rule, has no regard to

### Are NFL Rule Changes Making the League “Soft”?###

By CESAR GARCIA
CONTRIBUTOR

If you have been watching the NFL, you will have noticed that something is slightly off from last year's season. Why was there no penalty flag? How was that a foul? Now, imagine you are a referee.

The helmet rule change has been met with a lot of objections from players, yet it seems reasonable from an outsider's perspective. The rule states that if a player, on offense or defense, leads with his helmet to commence contact, they will be penalized or even ejected from the game.

The rule change, from an outsider's perspective, makes sense given the stories of head and spinal injuries that have surfaced from the NFL. However, this sentiment is not reflected by the players. The safety on a team's defense is a defensive back that will often wait in space until the play unfolds to deliver the biggest hits. For that reason they're often called the "enforcer." Though it makes sense to protect quarterbacks, the rule does not protect other players as it results in many penalties, fines, and even injuries.

The final rule change, the new catch rule, has no regard to health and safety but is simply a clarification on an ambiguous and controversial former rule. The NFL scratched any previous legislation on the catch rule and narrowed it down to three easy qualifications. The player must have control of the ball, have both feet or a body part in bounds during the catch, and he must be making a football move or have the ability to make such a move.

These three qualifications are an attempt to make the lives of referees easier as controversial catch rulings have been subject to ridicule over the last few seasons. Unlike the safety-based rules previously mentioned, this rule makes no gameplay change for the players but simply defines what is needed to justify a catch. All three of the rules have the potential to cost someone a play, a win, or a championship, but they are part of an ever-evolving NFL community.

Imagine you are Clay Matthews running full speed at someone. It would be rather hard to change your trajectory at the last second while trying to change a muscle memory you have been training for years.

The rule change, from an outsider's perspective, makes sense given the stories of head and spinal injuries that have surfaced from the NFL. However, this sentiment is not reflected by the players. The safety on a team's defense is a defensive back that will often wait in space until the play unfolds to deliver the biggest hits. For that reason they're often called the "enforcer." Though it makes sense to protect quarterbacks, the rule does not protect other players as it results in many penalties, fines, and even injuries.

The final rule change, the new catch rule, has no regard to health and safety but is simply a clarification on an ambiguous and controversial former rule. The NFL scratched any previous legislation on the catch rule and narrowed it down to three easy qualifications. The player must have control of the ball, have both feet or a body part in bounds during the catch, and he must be making a football move or have the ability to make such a move.

These three qualifications are an attempt to make the lives of referees easier as controversial catch rulings have been subject to ridicule over the last few seasons. Unlike the safety-based rules previously mentioned, this rule makes no gameplay change for the players but simply defines what is needed to justify a catch. All three of the rules have the potential to cost someone a play, a win, or a championship, but they are part of an ever-evolving NFL community.

Imagine you are Clay Matthews running full speed at someone. It would be rather hard to change your trajectory at the last second while trying to change a muscle memory you have been training for years.

The rule change, from an outsider's perspective, makes sense given the stories of head and spinal injuries that have surfaced from the NFL. However, this sentiment is not reflected by the players. The safety on a team's defense is a defensive back that will often wait in space until the play unfolds to deliver the biggest hits. For that reason they're often called the "enforcer." Though it makes sense to protect quarterbacks, the rule does not protect other players as it results in many penalties, fines, and even injuries.

The final rule change, the new catch rule, has no regard to health and safety but is simply a clarification on an ambiguous and controversial former rule. The NFL scratched any previous legislation on the catch rule and narrowed it down to three easy qualifications. The player must have control of the ball, have both feet or a body part in bounds during the catch, and he must be making a football move or have the ability to make such a move.

These three qualifications are an attempt to make the lives of referees easier as controversial catch rulings have been subject to ridicule over the last few seasons. Unlike the safety-based rules previously mentioned, this rule makes no gameplay change for the players but simply defines what is needed to justify a catch. All three of the rules have the potential to cost someone a play, a win, or a championship, but they are part of an ever-evolving NFL community.

Imagine you are Clay Matthews running full speed at someone. It would be rather hard to change your trajectory at the last second while trying to change a muscle memory you have been training for years.

The rule change, from an outsider's perspective, makes sense given the stories of head and spinal injuries that have surfaced from the NFL. However, this sentiment is not reflected by the players. The safety on a team's defense is a defensive back that will often wait in space until the play unfolds to deliver the biggest hits. For that reason they're often called the "enforcer." Though it makes sense to protect quarterbacks, the rule does not protect other players as it results in many penalties, fines, and even injuries.

The final rule change, the new catch rule, has no regard to health and safety but is simply a clarification on an ambiguous and controversial former rule. The NFL scratched any previous legislation on the catch rule and narrowed it down to three easy qualifications. The player must have control of the ball, have both feet or a body part in bounds during the catch, and he must be making a football move or have the ability to make such a move.

These three qualifications are an attempt to make the lives of referees easier as controversial catch rulings have been subject to ridicule over the last few seasons. Unlike the safety-based rules previously mentioned, this rule makes no gameplay change for the players but simply defines what is needed to justify a catch. All three of the rules have the potential to cost someone a play, a win, or a championship, but they are part of an ever-evolving NFL community. Therefore, it continues to receive criticism from all sides, the NFL is one of the largest sports communities in the world and will continue to have viewership and influence no matter how “soft” players believe the league is becoming.

Garcia is a member of the Class of 2022.