

Campus Times

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Smoking Ban Coming to Campus in July

BY MADELINE BLACKBURN
CONTRIBUTING WRITER

UR will be effectively tobacco-free, come next July.

The new policy, as announced on Aug. 29 by University President Joel Seligman, will scrap current rule on the River Campus, which bans smoking within 30 feet of all buildings, and restrict smoking to designated shelters on campus. The policy shift will also apply to the Eastman School of Music and all other University properties.

The tobacco-cessation initiative is the University's boldest move to curtail smoking among students in nearly a decade, and is the first policy aimed toward restricting smoking on the River Campus since smoking was prohibited in all undergraduate housing in 2003.

The school's Medical Center has been smoke free since 2006.

Throughout the University's announcement, President Seligman emphasized tobacco consumption as a public health concern and as a habit that contrasts sharply with the University's mission statement.

"After consultation with medical experts and University faculty, staff and students, broadening our indoor smoke-free policy to restrict all tobacco use at the University makes the most sense for our community," Seligman said. "This is an important step in ensuring a healthy learning and working environment that is consistent with our mission. The University is committed to promoting good health and well-being, and with this policy we will also provide encouragement and resources to those interested in quitting."

When interviewed by the Campus Times, Ralph Manchester, Vice Provost and Director of the Department of University Health Services (UHS), spoke enthusiastically about the policy's potential to alleviate health concerns throughout the River Campus. He stressed that working toward the policy was a collaborative effort between students and administration.

"We've been working closely with several students groups that have been actively campaigning for a smoking cessation policy over the past several years, and we're now at the point where the policy is set to happen," he said.

Senior Tristan Ford, a representative from the University Health Services Advisory Committee,

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AARON RAYMOND / CONTRIBUTING PHOTOGRAPHER

Yellowjacket Weekend Highlights

Senior Som Liengtiraphan jumps for joy during Yellowjacket Weekend upon receiving a free t-shirt. Read more and view our photo spread of the weekend on page 3.

Blackout Touts Minority Clubs

BY SAM PASSANISI
OPINIONS EDITOR

Freshmen flocked to the Hawkins-Carlson Room last Sunday night for Blackout, an annual event hosted by the Black Students' Union (BSU) to showcase clubs and organizations for minority students on campus.

Over 20 organizations attended, including seven multicultural fraternities and sororities in addition to leadership organizations and dance groups.

Blackout was first hosted by a collaboration between BSU and the Minority Student Advisory Board in 1999. The event is now planned and carried out solely by BSU, senior and the group's vice president Susan Ojukwu said.

"It is a chance to welcome minority freshmen and introduce them to organizations that are run by people who look like them," she said. "All of these organizations have missions that involve engaging with and uplifting communities of color."

Junior and BSU president Caryl English welcomed freshmen to the event, noting that it is the first formal opportunity for

freshmen to get acquainted with multicultural groups on campus.

English invited the executive boards of various clubs to the stage, where they introduced themselves and their groups' activities. The organizations ranged from Circle K International, a community service group founded in 1936, to No Disclaimers, a spoken-word poetry club founded in 2014 by UR alumna SeQuoia Kemp.

Numerous dance groups also

Following this series of presentations, former BSU president Shelly Clements '88 delivered the keynote address to the audience.

Clements, a labor relations specialist for the New York State Union of Teachers, charged students to make change in society, but also gave tips on how to be successful academically.

"The strong ask for help, and they go to office hours," she said.

Clements was chosen to speak "so that freshmen students can see that they can make it through this university and become people of status," Ojukwu explained. "She also serves to mobilize us as current students to do more in our community, to work together, and achieve more."

Past Blackout keynote speakers have included University Dean Paul Burgett, Dean of Admissions and Financial Aid Jonathan Burdick, and Wade Norwood, Chief Strategy Officer for the Finger Lakes Health Systems Agency.

To conclude the event, freshmen took part in a candlelight ceremony on the front steps of Rush Rhees Library, during

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JUSTIN TROMBLY / MANAGING EDITOR

Susan Ojukwu '88 delivers the Blackout keynote address.

came to the stage, including Axum, a mixed African dance group; Salseros, a salsa and bachata performance group under the umbrella of the Spanish and Latino Students' Association (SALSA); Xclusive, the University of Rochester's step team; and M'Frisah, a co-ed dance group founded in 2011.

Freshmen Vie for Senate Seats in SA Election

BY DAVID SCHILDKRAUT
CONTRIBUTING WRITER

Seeing candidates she knows running in the Student's Association (SA) freshman elections this week has first-year Meghan Cerino in high spirits.

"I'm excited to have the opportunity to vote for my peers who I think will make a difference in the UR community," she said while on her way to hang out with her hallmates.

The general feeling among Cerino's classmates, however, stands in stark contrast to her enthusiasm.

Some are completely unaware there are freshman elections for SA Senate and Class and Hall Councils on Thursday and Friday. Many who are aware of the elections are unfamiliar with the who is being elected for what, and have very little knowledge of the process as a whole.

The only people who seem to know what's going on are the candidates and those close to them—a concerning state of affairs even to freshmen who aren't in the loop.

"I hope that those that are voting are informed enough to make educated decisions on who will represent the freshman class this year," freshman Mike Tufano said before admitting, "I'm not well informed."

When asked about the lack of familiarity with the freshman fall elections, junior Jake Braniecki, SA Elections and Rules Committee Chair, stressed the importance of freshmen getting involved.

"These people are going to represent you and your voice to the administration," he said. "The most important thing is to read people's platforms. If you have any questions, you should reach out to the candidates."

He continued, "I hope people realize our Senate has a lot of power to do things people want to get done," adding that students should attend Senate meetings.

The Class of 2020 will elect four freshman senators to the Senate on Thursday and Friday. They will also have the opportunity to elect both a Hall Council and a Class Council cabinet.

SA officials said interest in Senate has been high this year, despite the freshman class' general unawareness of the elections, with solid showings across the three mandatory SA info sessions.

Prospective candidates were required to express their candidacy by noon on Sept. 8 by providing

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LEAH NASON / PHOTO EDITOR

STUDENTS BURST ONE ANOTHER'S BUBBLES FOR SOLDIERS

UR Students participated in Alpha Delta Phi's third-annual Bubble Bowl in support of their philanthropy focus, Stop Soldier Suicide.

PUBLIC SAFETY UPDATE

Student Faced with Armed Robber (1)

AUGUST 30—A University undergraduate was the victim of a robbery on the Rails-to-Trails path. An individual approached the student, threatened and displayed a handgun, and demanded her cell phone. The student complied with the suspect's demands and handed over the property. The suspect then fled the area. No injuries resulted from the encounter.

Suspicious Man Lurks Around Phase (2)

SEPTEMBER 9—There was a reported sighting of a suspicious male lurking around the cemetery fence behind Phase. DPS and RPD responded and checked the subsequent area.



MAP COURTESY OF UR COMMUNICATIONS

Information provided by the Department of Public Safety.

THIS WEEK ON CAMPUS

TUESDAY | SEPTEMBER 13

EXHIBIT: THE TRANSFORMATIVE LENS

RUSH RHEES LIBRARY, 9:00 A.M.-5:00 P.M.
The Transformative Lens exhibit will feature photographs taken by Ansel Adams, a photographer who was hired by the University to take photos for a brochure, and the story behind the effects of his work.

VARSITY SOCCER VS. BUFFALO STATE

FAUVER STADIUM FIELD, 7:00 P.M.-9:00 P.M.
Watch the 'Jackets take on the Bengals in soccer.

WEDNESDAY | SEPTEMBER 14

STUDENT DEGREE RECITAL

EASTMAN SCHOOL KILBOURN HALL, 7:00 P.M.-8:30 P.M.
The Eastman School of Music will be showcasing the musical talents of Wenjie Lu, who will be performing on the piano.

EXHIBIT: AFGHAN WAR RUGS

MEMORIAL ART GALLERY, ALL DAY
The Modern Art of Central Asia exhibit brings, for the first time ever, 45 rugs from distinguished private collections of Afgan war rugs.

THURSDAY | SEPTEMBER 15

FIELD HOCKEY VS. BROCKPORT

FAUVER STADIUM FIELD, 7 P.M.-9 P.M.
Watch the 'Jackets take on the Golden Eagles in field hockey.

HEALTH TALK: HIV/AIDS AND STDs

OFF CAMPUS, 12:00 P.M.-1:00 P.M.
Community health specialist at Trillium Health, Keturah Clark, will give a talk on "HIV/AIDS and STDs: Are You at Risk?" The talk will cover the dangers of acquiring STDs/HIV, give tips for lowering one's risk, and provide prevention and treatment options.

FRIDAY | SEPTEMBER 16

STUDENT DEGREE LECTURE RECITAL

EASTMAN CIMINELLI LOUNGE, 6:30 P.M.-8:00 P.M.
The Eastman School of Music will be showcasing the musical talents of Tarin Supprakorn, who will be performing on the piano.

FIRST NIAGARA FRINGE FESTIVAL 2016

EASTMAN SCHOOL KILBOURN HALL, 7 P.M.-8 P.M.
The acclaimed "Critic's Picks" performance MERGED IV returns to the First Niagara Fringe Festival 2016 for the fourth year in a row. People of all ages are welcome to attend, and tickets can be purchased online for \$10.

Freshmen to Vote in First Election

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the Elections Committee with a portrait and platform.

The SA Elections and Rules Committee has put in place specific rules governing the elections. Violations of these rules result in point violations, which can lead to a partial or full ban on the campaigning ability of a candidate or, for serious violations, result in a candidate being disqualified from the race.

Current senators are enthusiastic about the upcoming election.

The freshman class is full of

talented, kind people," Senator Nick Foti, a sophomore, said. "I'm excited to have them at the table since they will bring a new, unique perspective."

A full list of all 19 freshman candidates and their platforms is available online at <http://sa.rochester.edu/savote/election-senate.html>.

Voting begins at 10 a.m. on Thursday, Sept. 15 and runs until 10 p.m. on Friday, Sept. 16. Voting can be accessed at sa.rochester.edu/savote.

Schildkraut is a member of the Class of 2020.

CORRECTIONS

An article in the Aug. 23 Orientation Issue titled "Trump v. Yeezy 2020: A Bernie Voter's Look Back at 2016" (Humor, Page 12) incorrectly stated the author as "Humor Staff." The author is actually Eric Franklin, a member of the Class of 2017.

The front page photo in the Aug. 23 Orientation Issue mistakenly did not include a photo credit. The photo was taken by Presentation Editor Jamie Rudd, a member of the Class of 2017.

The crossword puzzle in the Aug. 23 Orientation Issue was erroneously paired with clues to a different puzzle. That puzzle, created by Opinions Editor Sam Passanisi, a member of the Class of 2017, is correctly reproduced in this issue.

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Yellowjacket Weekend



PHOTOS BY
AARON RAYMOND
CONTRIBUTING PHOTOGRAPHER



BY JAQUELINE SANCHEZ
CONTRIBUTING WRITER

Students flocked the Wilson Quadrangle last Saturday afternoon to participate in the unofficial kickoff of the school year—YellowJacket Weekend.

The lively four-day celebration, that began on Friday, Sept. 2, and concluded on Monday, gave students the opportunity to mingle with their classmates and broaden their campus involvement.

Activities included the Fall Activities Fair, the “Feel the Sting” t-shirt giveaway, the YellowJacket Weekend carnival, and various student performances, sporting events, and movie showings.

Freshman students felt particularly welcomed by the celebratory weekend.

“I really liked the Carnival,” Selena Angel said. “There was so much to do, and I didn’t get to go to my state’s fair, so this reminded me of home.”

Sanchez is a member of the Class of 2020.



College Day Promotes Healthy Habits



LEAH NASON / PHOTO EDITOR

Peaches are just one of the many fresh fruits and vegetables available weekly at the Rochester Public Market.

BY JULIA CURTIS
CONTRIBUTING WRITER

Students explored nutritious, affordable alternatives to the usual on-campus dining options at the Rochester Public Market's annual "College Day at the Market" on Saturday.

The day featured special deals and discounts for students, as well as a college-themed dish to sample—the on-a-budget staple of ramen noodles, with local vegetables added in for good measure.

The Public Market's College Day was the largest student-oriented event held by local farmers' markets, but not the only one. Westside Market and South Wedge Market also held prominent College Day events and featured similar discounts and deals.

Rochester Urban Fellows junior Ori Yehezkely, sophomore Kavya

Banam—both of whom attend UR—and senior Aaron Bellomo, who attends Roberts Wesleyan College, worked in conjunction with the markets to plan and promote the events.

Evan Lowenstein, the Communications and Special Projects and Events Coordinator for the Public Market, explained that the goal of the event was to encourage students to visit.

"Once they come once, they tend to come back," he said.

Lowenstein also emphasized how much the market has to offer. "It's not just a resource for shopping and great deals, it's a cultural experience," he said.

Junior and Tiernan Resident Advisor Ojiugo Igwe took full advantage of the annual event and made College Day at the Market a hall program for her residents.

Though Igwe does not regularly

shop at the Public Market, she has been to this event in the past, and believes it makes for a great hall bonding experience. Tiernan Hall was one of many groups who picked up a list of one-day-only discounts for students at the market office.

Along with the farmers' market, the Public Market also holds weekly Food Truck Rodeos, Community Garage Sales, and an Artist Row exhibition that will take place on Sunday, Sept. 18.

The Public Market is open year-round, but the UR Green Line shuttle that provides transportation there is seasonal. The Green Line makes stops at the Public Market every Saturday through Nov. 5, with buses looping from 8:30 a.m. to 2:20 p.m., and the Market is open on Saturdays from 5 a.m. to 3 p.m.

Curtis is a member of the Class of 2017.

Smokers Restricted to Shelters

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explained that UHS surveys show that most students support these new policies. Of the 1,333 students who participated in the surveys, 61 percent said they'd support an entirely smoke-free campus, and 74 percent said they'd support designated smoking areas.

When students ranked whether they preferred the current policy, going completely smoke-free, or creating designated smoking areas, the latter was the most popular choice, Ford said.

Junior Samantha Stoma, an active member of Rochester's Relay for Life chapter, spoke in similarly favorable terms about the University's new policy.

"It's a great public health advancement that follows a steady precedent set by other top Universities and businesses," she said, "As information becomes more available about the adverse effects of tobacco products and the addictive nature of these products, the University-wide ban seems like a progressive step."

Despite evident support for the cessation policy, a few University students expressed concerns that the policy may alienate University staff, international students, and members of the community who see smoking as a personal choice.

A Students' Association (SA) IMPACT petition written by junior Jackie Ibragimov, "Rescind New Legislation to Ban Smoking on Campus," had garnered 14 of the 250 necessary signatures to be considered before the SA Senate, as of Sept. 10.

The smoking policy, in the author's words, will alienate the international student community and result in covert smoking throughout campus. Ibragimov also wrote that the new policy will strip students of their rights to smoke in Greek housing, even though smoking has been prohibited in campus housing since 2003.

In a lengthy response, junior Ciara McGillivray, along with other students commenting on

Ibragimov's petition, chafed at the assertion that smoking is a private right rather than a public health issue.

"Unfortunately, in writing this petition, you completely disregard all of the positive aspects that this ban will have for the entire University community," she wrote. "Additionally, it looks like you ignore some key aspects of the new legislation, while also providing false information."

"The point of the ban isn't to punish smokers, it is to improve the health of everyone at the University of Rochester," she wrote, adding later, "It's simply good public health. It's protecting the health of non-smokers. It's promoting the health of smokers. It's smart, and it's already been passed. Getting this legislation passed has been in the works for years, and it's been difficult (trust me, I've sat in on a few of the meetings). But it's not going away."

Ford expressed similar frustration with criticism of the school's policy as exclusionary and with the fact that the majority of criticism directed toward the policy was based on misinformation.

"Senate wasn't very receptive to the idea and our discussions weren't very constructive," he said of his efforts to bring smoking-cessation initiatives before the body. "One senator at the time declared that secondhand smoke would never give him cancer."

Juan Pablo Castaño, a junior international student and former SA senator, acknowledged that while smoking has been an intermittent habit of his, the University is a community of many students—many of whom are opposed to smoking throughout campus.

"It'll be inconvenient," he, "But I get it. We have to do what's best for the Rochester community."

Blackburn is a member of the Class of 2018.

Junior Deisy Abarca Espiritu contributed reporting to this piece.

Blackout has Great Turnout

BLACKOUT FROM PAGE 1

to resounding cheers and applause from the audience.

The crowd included students from around the U.S. as well as a number of international students.

Freshman Ruba West, from Nigeria, applied to UR because he wanted to attend a small college in the United States. West intends to major in chemistry. Freshman Stephanie Cintron, who is from Puerto Rico, is a pre-med student and said that she is considering joining the Medical Emergency Response Team (MERT).

Overall, the event appeared to be a great success, with students eager to get involved at UR.

Freshman Michaela Pratt, from Washington, D.C., said

she plans to audition for Indulgence dance crew.

"Everyone seemed like they genuinely care about each other and want to help each other," Pratt said approvingly of Blackout.

Freshman Miles Perry, who is from Rochester, worked at UR's Hajim School of Engineering in high school. He is eager to join BSU and Douglass Leadership House, having already met several students from those organizations in previous years. He also plans to attend meetings for the Pan-African Students' Association and Xclusive Step Team, as well as join the Students' Association Government.

"I want to do a lot," Perry said.

Passanisi is a member of the Class of 2018.

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OPINIONS

EDITORIAL OBSERVER

How to be happy



BY JULIANNE MCADAMS
COPY CHIEF

The advice I am about to give about course planning at UR will, of course, not apply to everyone.

I'm not trying to make any freshmen anxious by sharing my regrets. Yes, regrets are a thing, despite the personal development they foster, etc. etc. But, if you're reading this and have not decided what to major in, and if you find yourself unprepared during the standard "hi-what's-your-name-where're-you-from-what-are-you-studying" interaction, then pay attention.

As a senior, I don't think anyone who knows me would hesitate to say I've made the most of my time at the University.

I've always spread myself pretty thin—invisibly thin—but I don't think I've ever come across as anything but a tireless ball of pep in whom optimism dominates. My cheery disposition reigns. I'm not just a ray of sunshine, I'm a heat wave.

And, until quite recently, I was wholeheartedly, mind-numbingly, existentially unhappy.

Not in a depressed way, no. It was more like a constant, underlying dissatisfaction. It was like a fight with myself to reach a state of peace. This is to be expected when you're only getting three hours of sleep every night, you've reached your penultimate year of college and still have no idea what to major in, and your parents are spending \$60,000 a year for you to, essentially, find yourself.

Freshman year, I hit the ground running.

I've taken at least 22 credits almost every semester, peaking once at 26. I have five paid jobs, including my roles as a Meridian (tour guide) for admissions, a peer advisor for the English Department, a barista at Connections, a Writing Fellow, and a LEAP tutor through the Rochester Center for Community Leadership. I take piano lessons at the Eastman School of Music (which has, without fail, continued to be my lowest grade). I was president of Undergraduate English Council and have also served on the e-boards of running club and LOGOS, UR's arts and literature publication. I've been a news editor and the managing editor for the *Campus Times*, which can feel like more work than all of the above combined. I've had three internships, one of which I completed while abroad in Austria.

I'm good at writing long, cover-letter-style paragraphs.

The University prides itself on its uniquely open curriculum. At UR, you do what you love: Be a chemical engineer with a Take Five program in Russian literature. Or a theater major with a minor in computer science. Hate math? Never take a math class again! This overarching philosophy was why I came here—I was attracted by those pretty admissions speeches about the artsy, brilliant nerds who get to come here.

I was good at AP English and AP Psychology in high school, so I decided I'd double major in communications and psych. By sophomore year, I had decided I wanted to be worldly, so I switched out psychology for international relations. By the end of sophomore year, I had changed my mind again: I would be an anthropology and creative writing double major. But by the time I got there, all of my friends had already declared their majors.

I was a junior, about to go abroad, and still unsure.

So why did I still not know what the heck I was doing? It's simple. I was title-oriented, not course material-oriented. I had chosen each path based on its name. Psychology. International Relations. Anthropology. Communications. I had always been an advocate of not being obsessed with the future, not thinking about life in terms of endpoints or career paths.

Yet that was exactly what I had done. Rather than taking classes that specifically interested me, I'd picked labels that sounded attractive. I'd stifled opportunities to be exposed to a liberal arts program—one of the traps of an "open curriculum."

If you're not absolutely sure what your field of study will be, the solution is simple, but hidden: take whatever classes you want.

Seriously, anything. Look at the course listing online and sign up for the ones that sound the most interesting.

It doesn't matter how random they seem to you. Instead of panicking freshman year about how to take classes that would fit into what might become my major, I wish that I had taken a film course, or a history course, or a new language. Who knows? Maybe they would have influenced a different choice of concentration.

But hey, hindsight is always 20/20, and I don't want anyone to read this and panic about their life choices. The point is to think about the decisions we make in terms of what will give us the most enriching academic experience, and not strictly as a means to an end.

At the end of the day, if you're spending as much money to attend as you are and you're not excited about what you're learning every day, you're doing something wrong.

McAdams is a member of the Class of 2017.

EDITORIAL BOARD

Gun plan isn't bulletproof

On Sept. 8, University President Joel Seligman emailed the student body the results of the University Security Commission's research on the question of arming Department of Public Safety (DPS) officers. Perhaps unsurprisingly, it recommended that some, not all, DPS officers be armed. In the proposed plan, officers patrolling Strong Memorial Hospital would carry guns, while those on the River Campus and at the Eastman School of Music, with the exception of senior command officers, would not.

The final decision on the matter remains for Seligman to make, but the proposal, for all its flaws, is a good one.

The Commission's recommendation echoes an important distinction that arose last semester, following the news that DPS was considering arming some of its officers: life for officers and staff at the Strong Memorial Hospital is demonstrably more dangerous than life for students and officers on the relatively sheltered River Campus.

DPS officers have confiscated numerous weapons there, and the hospital's staff has expressed concerns about their own safety in a "volatile environment" where there is an "increasing number of people with weapons [...] on a daily basis." The Commission's report, in fact, contains two photographs of weapons confiscated by DPS officers, an assortment that includes knives, box cutters, handguns, a rifle, and what appears to be a long sword.

This distinction demands that the University acknowledges the

safety concerns of Strong's staff and of the DPS officers serving them.

The recommendation that officers at Strong Memorial be armed is, of course, contrary to the wishes of many students and faculty, but it's certainly not abnormal to employ armed security personnel in a major metropolitan hospital.

The Commission has made an effort to answer Emergency

The report recommends a review within five years. What's to stop the University from adding armed officers on the River Campus?

Department staff's concerns while still limiting the number of armed officers who will be on the River Campus, thus addressing student and faculty concerns, too.

As for whether officers on the River Campus should be armed, the Commission appears to concur with the students who voiced their opposition last semester, and with the 100 faculty members who petitioned against arming DPS officers.

The term "mission creep" describes a project which expands beyond its original scope after initial successes. As it stands, the Commission's recommendation contains no safeguards against mission creep. The report recommends a review within five years to "determine the status of the recommendation and if further changes should be made."

Suppose that after arming 38 officers at Strong Memorial, Emergency Department staff and DPS officers really do feel safer and better able to do their jobs. What's to stop the University administration from adding armed officers at the River Campus?

The recommendation should include a hard limit on the number of DPS officers that can be armed, and should include a provision that DPS officers on the River Campus will never be armed—a condition that students and faculty have made their support for abundantly clear—so long as the current climate remains.

One worrying aspect of the Commission's report is its benchmarking of peer institutions. The report contrasts UR with 30 peer institutions, 26 of which employ armed safety officers or are in the process of doing so. In doing this, the Commission seems to say, "This is the way things are going. More and more institutions of higher education are arming their security officers. The University of Rochester is in a dwindling minority."

Perhaps that's true, but it doesn't mean UR must arm its officers. The University should make no decisions based solely or largely on the progress of other institutions—rather, it should keep its thumb on the pulse of its own student body and environment, the truest indicators of whether change is actually needed.

Fischer and others have touted DPS' respectful relationship with students and its prioritization of de-escalation and nonviolence. Why threaten that now?

The above editorials are published with the consent of a majority of the editorial board: Aurek Ransom (Editor-in-Chief), Justin Trombly (Managing Editor), Sam Passanisi (Opinions Editor), Angela Lai (Publisher), and Jackie Powell (Sports Editor). The Editor-in-Chief and the Editorial Board make themselves available to the UR community's ideas and concerns. Email editor@campustimes.org.

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Perspectives on the UR smoking ban

Smoking should be banned—but it's a hard habit to break

BY XIANGYI XU

Walking outside Susan B. Anthony Residence Halls, I smelled something.

There were two people sitting on the bench, smoking. With one hand each on the back of the bench, they looked like they had just been fired by their employers. Smoking people always give me the impression that they've just failed at something. As I walked past them, my nose reacted with disgust.

I was diagnosed with allergic rhinitis when I was still in elementary school, meaning I sneeze a lot, even if I don't have a cold. Every time there's a building under construction, I can't stop sneezing.

Allergic rhinitis is not fatal, but it's not fun when people say "bless you" seven times in a row. Smoke, in this case, is one of the most common allergens. Thus, whenever my dad would smoke at home, I would push him into a room that had windows. Although I took medicine to control my allergic rhinitis this year, it won't stop it completely.

By enforcing the policy of non-smoking on college campuses, the administration helps people who have issues with smoke. Thanks to the policy, I will no longer be in a campus job interview where I can't stop sneezing because smoke had gotten into my nose a few minutes earlier.

But what if it's just a placebo? I would love to assume that this policy will be well-applied

to all campuses, but one thing that all of us should be aware of is that addiction to nicotine is hard to overcome, just like addiction to caffeine. A person who drinks a latte every morning to keep their energy up would not suddenly want to stop drinking coffee.

Even if they does, they will crash in the morning. They might not be able to focus on their MTH 161 class. They could miss the part about how to calculate the derivative of a function, which may directly affect their ability to learn the upcoming anti-derivative chapter, as well as the applications of differentiation. In addition to just having a bad score on their upcoming midterm, they might struggle with the following MTH 162, 164, and 165 classes.

The same thing happens with nicotine. There's no way we could expect everyone who smokes to stop smoking next July. People need time to get used to life without smoking during class breaks. Adjustment requires time.

Of course, some outdoor smoking shelters will be installed on the River Campus, and there will be some free tobacco-cessation programs that could help smokers get rid of their addiction to nicotine. But what will mostly likely happen is that people will discover myriad ways to smoke secretly—inside or outside the building.

A few days ago, a friend told me that a freshman was smoking beside Lovejoy Hall. That's obviously fewer than 30 feet away from a campus building. Even those who saw him smoking probably would not bother to report it.

After 10 minutes, the smoke dispersed and the guy was gone. Nobody would know

that he violated the University smoking policy.

The same thing could happen even after the July 2017 policy change.

Staff and students would be able to smoke outdoors if they remained hidden. It's virtually impossible to watch the entire campus, even with a surveillance system, and the University could barely do anything but send e-mails to community members reminding them to not smoke outside the designated areas.

As for students who want a non-smoking campus—it's just a placebo. Posting about how well a school is doing with a strict non-smoking policy makes them feel more comfortable and the campus seem more environmentally friendly, when people never really stopped smoking.

So what can we do to reduce people's usage of tobacco and create a smoke-free campus if an ultimatum from the administration wouldn't work?

One thing we should be conscious of is that nothing can be eliminated forever. It's impossible for all smokers to stop using tobacco, even if they are given a long period of time to adjust. Self-control is at the core of smoking cessation.

We may not be able to do anything about smokers who have used cigarettes for 20 years. But what we can do is to educate our kids about the dangers of smoking. Parents could more effectively prevent their children from stepping onto the no-return boat of smoking.

There will, of course, still be people trying to smoke because they want to be cool. There is no absolute zero in the world.

Xu is a member of the Class of 2020.

It's not the University's place to decide whether we can smoke

BY JAKE SEHNERT

The River Campus will be tobacco-free beginning next July. The ban covers cigarettes and e-cigarettes, cigars, pipes and vape pens, and smokeless tobacco. As a result, the University will construct smoking shelters across campus, and will put up signs around buildings and outdoor areas to remind students of the new policy.

Vice Provost and Director of University Health Service Ralph Manchester said that, in addition to preventing secondhand smoke, the policy will lead to "a reduction in student and staff smoking rates, a decrease in health care costs, and less litter on the campus." The University will also be providing services to help ease the transition and help students taper off their addiction.

One of the primary issues with this policy is that it is the result of a lack of enforcement. Most campus buildings already feature signs that say smokers must be at least 30 feet away from the structure. This is an important rule so that non-smokers on campus do not have to be exposed to secondhand smoke. Students, however, smoke right next to buildings all the time, and not once have I ever seen or heard of Public Safety addressing this rule. If this rule was more carefully enforced, secondhand smoke would not be a factor in this decision.

I also note that smokeless tobacco is included in the ban. People using smokeless tobacco

don't pollute the air, so banning it has little to do with its effect on others. All tobacco products do produce litter, of course. Heightening fines, providing more waste bins, and increasing enforcement would combat this issue.

Disregarding secondhand smoke, the policy rests solely on its protection of students' health. Although banning smoking may indeed lead to many health benefits, this is not an appropriate reason to institute the policy. Living in the U.S., people have the right to make decisions which may not be good for them. I personally do not smoke cigarettes, but if someone else deems the benefit from smoking one to be greater than the cost, they should be able to smoke. I doubt those who support the tobacco ban would also support a policy banning red meats served in Douglass, even though eating red meat has also been linked with a shorter life span.

Also important is the issue of cultural representation. More international students use tobacco, and I am concerned this policy fails to take into account their opinions. The University overestimates its own ability to perform a cost-benefit analysis for individual tobacco users, rendering this policy inappropriate for campus.

I respect the University's right as a private institution to ban tobacco use on campus, but I do not endorse this policy because it rests on making decisions for others. There are more efficient ways to prevent the negative effects of tobacco use, and the University is not equipped with the tools to tell whether the subjective benefits of using tobacco outweigh the costs for its students.

Sehnert is a member of the Class of 2019.

Trigger warnings don't interfere with learning

BY JOSEPH ORMAN

Last fall, I had to read a book about the cultural occurrence of high abortion rates in Vietnam. The ethnography was graphic, detailed, and had the potential to be emotionally upsetting to many students in the class. My professor prefaced this material by explaining the nature of the material, that it was upsetting, to take our time with the material, and to talk with her during office hours if we needed time to decompress the material outside of class.

That's it. That's a trigger warning.

We read the book. We discussed it in class. We analyzed and wrote about it. In no way, shape, or form did this trigger warning impede our ability to engage with the book or affect the "Freedom of Speech" of the class.

The trigger warning served to give us the time to mentally prepare ourselves and obtain appropriate care before we engaged with the material, but did not prevent us from reading it. A trigger warning is not a big, black censor bar over anything potentially harmful—it's just a warning.

When you go skiing, do you look at the ratings for the difficulty of each run? A trigger warning is that, for discourse.

In no way has a trigger warning ever negatively affected my education, and I'm more than willing to listen and use trigger warnings myself because I understand that there are other people in my classes and on my social media that need them. A trigger warning is not your Freedom of Speech under attack—rather, it is a way for persons to engage in discourse in a more healthy and

productive way than by running blindly into material that might be emotionally and mentally harmful to them.

Further, the use of trigger warnings and safe spaces is critical to the preservation



of diversity and inclusion on college campuses. Academia has taken significant steps to try to ameliorate the diversity issue in undergraduate studies, and often says that diversity is necessary in order for students to become more well-rounded and aware of

the world around them.

Inclusion of students from diverse backgrounds, however, also means supporting these students by giving students spaces where they can obtain necessary self-care. As explained by University of Chicago alum Cameron Ndubisi in a Facebook post last month, "if you want a university with people who have experienced 'real-life,' then you need to create places where they can heal or eliminate the culture that harms them in the first place."

This is something that many privileged people do not understand, and reflects on the saying that "When you are accustomed to privilege, equality feels like oppression."

It should also be addressed that the private university is, in itself, a "safe space." Here at UR, we have the Genesee River, Public Safety officers, and a lack of University

transportation to many parts of the city to protect us from the "real world" and keep our students comfortable.

It is hard for me to see anti-safe space and trigger warning rhetoric as anything but insensitive gatekeeping of academia from a group of liberal scholars who are used to having their positions and privileges unquestioned. For academia to continue to adapt to a more equal society, we must abandon the elitism surrounding rhetoric concerning trigger warnings and safe spaces, and recognize the importance of self-care.

As someone who wishes to become a professor of social sciences in the future, I will be using trigger warnings in my class, and I guarantee you that the Constitution won't spontaneously combust when I do.

Orman is a member of the Class of 2017.

FEATURES

The Secret Life of Librarians

BY SOPHIE ZHANG
CONTRIBUTING WRITER

College students spend a considerable amount of time studying in the campus libraries—Rush Rhees, Gleason, Carlson, and more. But most of the time, they are unaware of the keepers of the knowledge hidden in those stacks: the librarians.

Most students at UR go on a library tour with a librarian through their WRT 105 classes freshmen year. But they likely don't know anything beyond that surface-level introduction. Here's a deeper dive into what our librarians do.

Librarians help students and faculty members to find the resources they need on a regular basis.

Librarians are good resources for students who wish to find a particular book in the library, to search scholastic materials online, or to access a specific database. Each professional reference librarian at the University oversees several academic majors and, therefore, knows of special tools that might help students find the materials they need more quickly and accurately.

Librarians also interact with the faculty members to help them locate textbook articles, protect copyrights for their research, and access journals for a new research area of their interests. In general, librarians help faculty and students on campus to find the academic materials they need in a much quicker and more efficient



LEAH NASON / PHOTO EDITOR

A visitor seeks help at the Q&i desk in Evans Lam Square from librarian Kevin Scantlen '15 and library assistant and senior Zachary Smith on Saturday.

way, as well as provide additional academic perspective and support.

Librarians teach classes upon invitation.

Sometimes, upon a faculty member's invitation, librarians will help plan curricula for the class, and later teach students how to cite references properly, how to communicate with the audience scholastically while writing an academic paper, and how to explore the database in order to extract specific information. Additionally, librarians work closely with the Writing, Speaking, and Argument Center and the Center for Excellence in Teaching and

Learning (commonly known as CETL) as student support.

Librarians are in charge of library collection development.

Every librarian has a certain budget to purchase books for library collections. For example, Moriana Garcia, the outreach librarian of the Department of Computer Science, often needs to select virtual databases for the library.

Of course, buying books and databases for the whole school is different than buying books for an individual. Garcia needs to take several factors into consideration when making a purchase: Does the database platform have

multi-user access? How many different formats of the same book are available? Is the platform compatible with the school system?

Librarians also read book reviews from different sources and give reviews for reputable publishers; therefore, they are able to establish professional relationships with book vendors and publishing houses.

In addition to the main tasks mentioned above, librarians can be involved with special tasks. Garcia is currently designing a support system for undergraduate biology students to search for sequence data. She is working with librarians from the Medical Center to learn bioinformatics.

Librarians are also involved in planning for new library spaces, including the new Evans Lam Square in Rush Rhees Library.

Despite all the hard work and behind-the-scenes effort librarians put in to ensure functionality of the library system, most students on campus are still unaware of the volume of resources and amount of support the University has to offer.

To improve on that front, the University created the personal librarian program, which works with Freshmen Fellows and outreach librarian positions to help students become more aware of the library resources.

When asked about the reason behind choosing a career as a librarian, both Garcia and Kathy McGowan, the outreach librarian of the Department of Women's Studies, mentioned how much they love interacting with students and working in an academic environment.

"It's satisfying to help someone," Garcia said. "Also, a librarian needs to learn new things and evolve all the time because modern technology advances every day. And the learning isn't restricted to just one field—librarians are always learning new tools and different things from the job."

"[The] University provides a stimulating environment," McGowan noted. "It is definitely a privilege to work on a beautiful campus like the University of Rochester."

Zhang is a member of the Class of 2017.

How Mandatory is Mandatory?

BY RUKI PRATHIVADHI-
BHAYANKARAM
CONTRIBUTING WRITER

As part of its yearly Orientation program, the University offers educational programming on alcohol consumption, drug use, and, in par-

It was clear that the most common reason for skipping these lectures was the belief that the lectures were uncool and the information beneath them.

ticular, sexual harassment and assault to incoming freshmen. Understanding the severity of the issues these lectures cover begs the question of why freshmen sometimes choose not to attend these "mandatory" lectures.

In the case of sexual assault, one in four gender noncon-

forming people, one in five women, and one in 16 men are sexually assaulted while in college, according to the National Sexual Violence Research Center. More than 90 percent of sexual assault victims do not report the assault. A majority of these assaults are committed by peers, with less than 30 percent of assaults committed by strangers.

According to freshmen whom the *Campus Times* spoke to, it was clear that the most common reason for skipping these orientation lectures was the belief that the lectures were uncool and the information beneath them.

Some students, on the other hand, did not believe themselves to be above the lecture material, but rather claimed they did not know the events were taking place, as a result of miscommunication.

"The lectures seemed boring, and I just didn't feel like going at the time," said one freshman, who had skipped

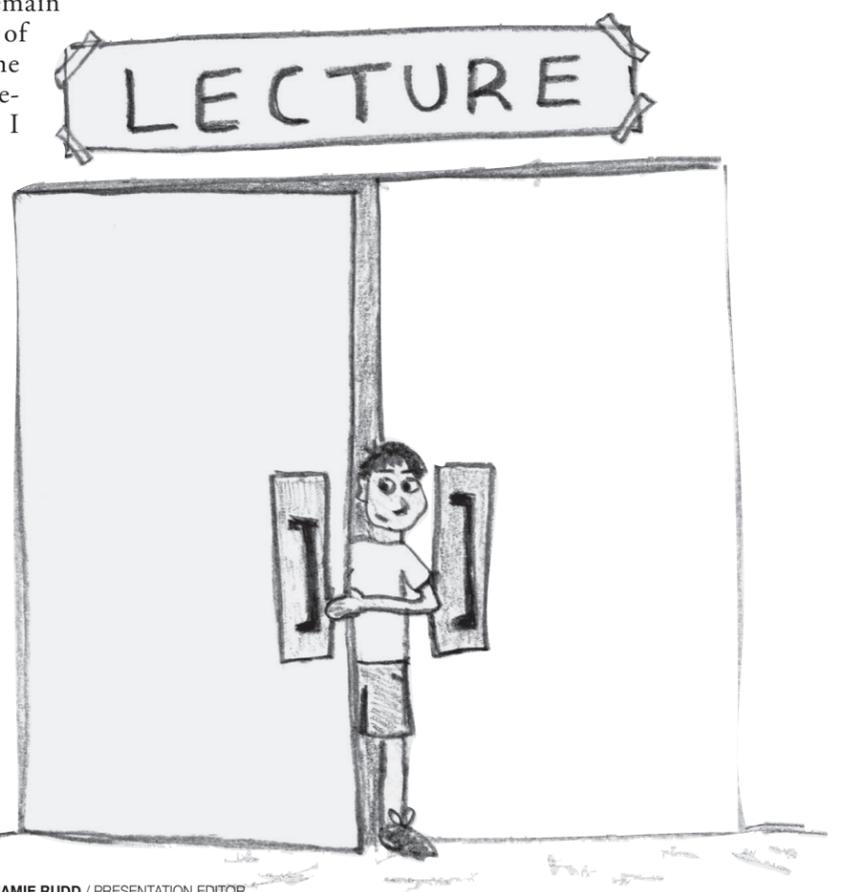
an event and asked to remain anonymous, out of fear of retribution. "It was one of the first free days before school started, and I would have much rather spent my time doing something else."

Are there any consequences for not attending these lectures?

RAs claim that, if certain students on their hall did not show up to multiple mandatory lectures, they were supposed to be reported to the "supervisor" for a "one-on-one talk," but students' own accounts refute this.

Mandatory, then, doesn't actually appear to be that mandatory after all.

Prathivadhi-Bhayankaram is a member of the Class of 2020.



JAMIE RUDD / PRESENTATION EDITOR

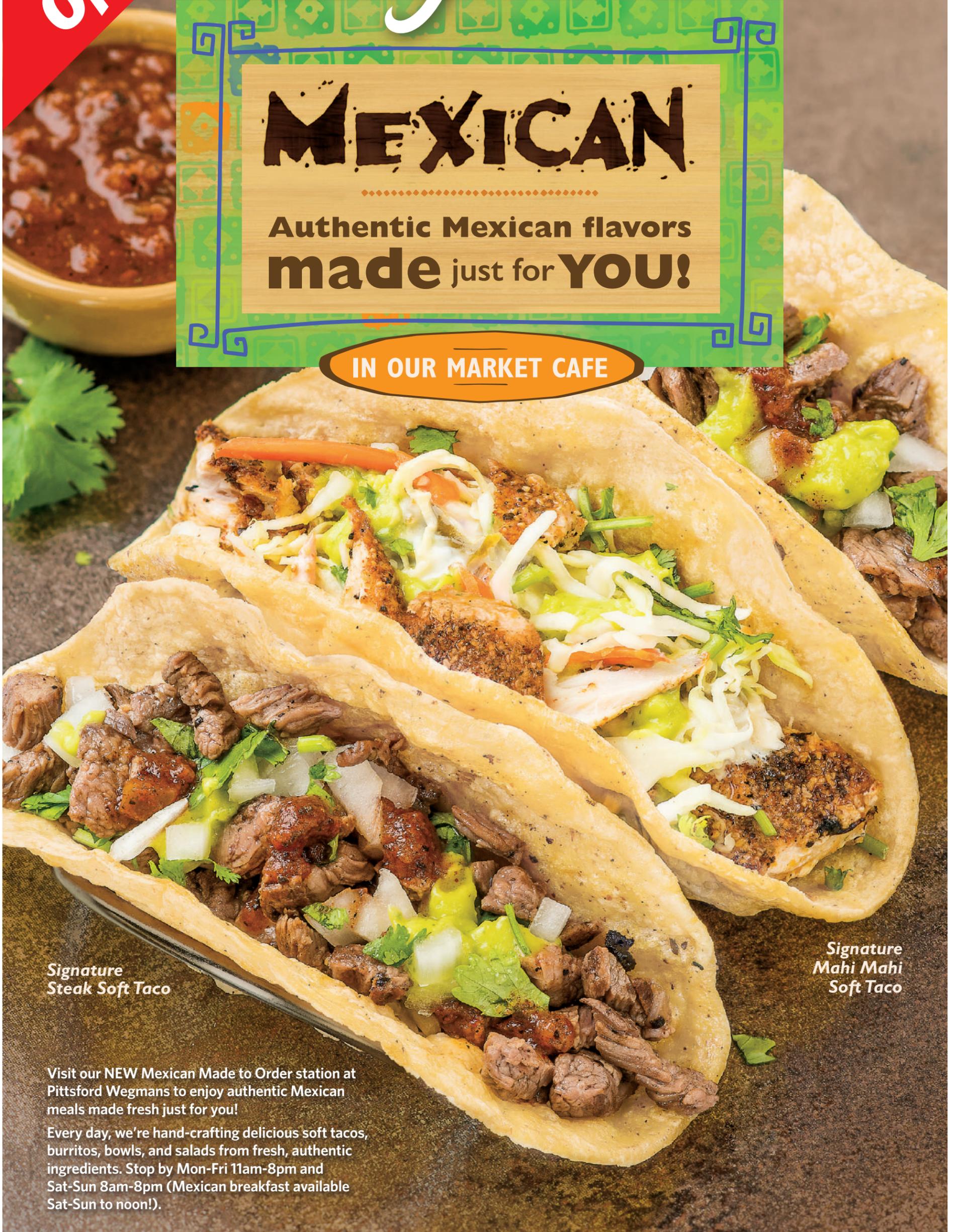
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PUZZLE

Crossword Puzzle

BY SAM PASSANISI '17

DIFFICULTY EASY

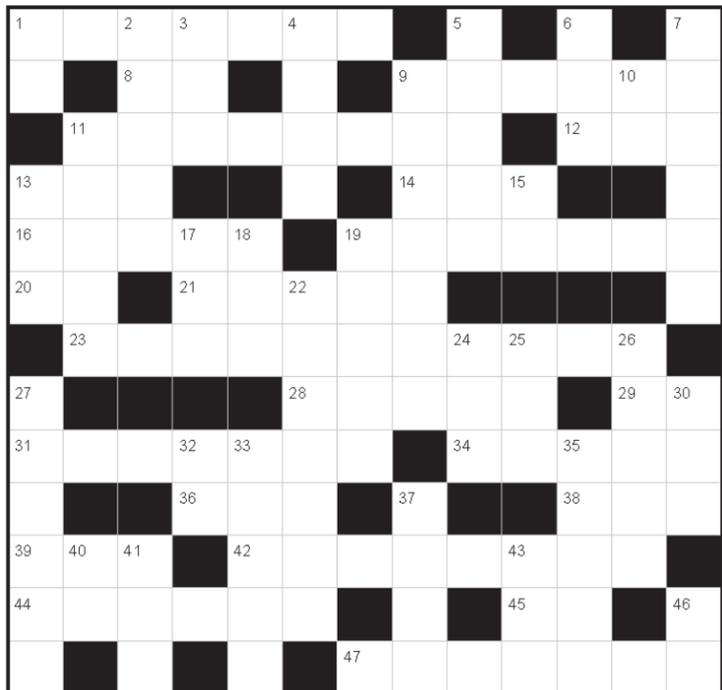
ACROSS:

- 1. Lacking an excuse
- 8. Make oneself scarce
- 9. Might trade places with a prince
- 11. UR President
- 12. Holy sister
- 13. Japan, at the Olympics
- 14. American treat
- 16. Foundation for gyros
- 19. Elder Holmes brother
- 20. French "the"
- 21. One member of a flight
- 23. Samuel L. Jackson shark thriller
- 28. Odin's pantheon
- 29. Freshman hall monitor
- 31. Stradivarii, for one
- 34. Hrothgar and company
- 36. Not yet known, abbr.
- 38. Head-turning avian
- 39. Rush Rhees lobby re-brand: ___ Square
- 42. Bombard with sound waves
- 44. Volcanic national park
- 45. U.S. territory
- 47. Genre for Leone and Eastwood

DOWN:

- 1. Negative response
- 2. James Bond, for one
- 3. Modern laughter
- 4. Popular sale tactic, for short
- 5. Emotional state at the disco, perhaps
- 6. Same as 13 Across
- 7. Decorative, perhaps too

- much so
- 9. Tutankhamun's stationery
- 10. Great Britain no longer a member of this org.
- 11. Observed (with a little eye, perhaps?)
- 13. NASA's rocketry lab in L.A.
- 15. Ambulance destination, abbr.
- 17. Arts, Sciences, and Engineering, for short
- 18. American motor oil company
- 19. Distance measured in these, on U.S. road maps
- 22. Leave behind
- 24. Muslim holiday greeting: ___ Mubarak
- 25. Spanish matron's prefix
- 26. "___ not men? We are Devo!"
- 27. How a mad scientist might laugh
- 30. U.S. deaf community's hand language—and a major at UR
- 32. Lieutenant, for short
- 33. "A Doll's House" playwright
- 35. ___ Dame, for fans of college football and gothic architecture
- 37. Transportation for Tarzan
- 40. Small battery
- 41. Savory food additive
- 43. Skilled, or suited to a task
- 46. NGO with headquarters at The Hague



Interested in making Puzzles for the *Campus Times*?
E-mail us at features@campustimes.org

Off Campus, On Point



LEAH NASON / PHOTO EDITOR

Juniors Thomas Andolsek and Chris Palace walk to campus from the latter's house near College Town on Friday.

BY CAITLIN DAVIE
CONTRIBUTING WRITER

Despite there being some downsides to living off campus, students who do seem largely satisfied with their housing.

The cost of living seems to be of little issue to those living in the surrounding area.

Bethany Lennox is a graduate student who lives in Goler House, which is across from the Medical Center. She found that she only paid around \$600 per month for rent, electricity, water, parking, and mail, a figure she found "not that bad, especially considering the location."

Many students considered it a good idea to share the cost of living with roommates, which makes it much more affordable to have your own space. This can include electricity, water, groceries, and more, depending on who is sharing the space.

When considering living off campus, many students wonder how transportation would work. Many people said they walk or bike to work and school.

Brenn Whiting is a senior who lives near the corner of South Ave and Elmwood. She thinks it's necessary to account for travel time in her schedule, but usually enjoys walking and biking

to school. She does not, however, enjoy the commute during the winter, claiming the sidewalks are not always plowed in her area.

While some find the idea of trudging through a long walk in the snow to be off-putting, others like the commute.

Senior Matthew Trombley lives across the street from Riverview, on South Plymouth Ave, and said he loved how the walk in the winter cold was able to wake him up in the morning. He warns, though, that students "just have to be prepared and [be] aware for whatever weather could happen that day."

The commute also affects how much time someone spends on campus. Contrary to what some may think, an increased distance seemed to have little effect on students' extracurriculars. Joseph Linden, a senior who has been living off campus for two years now, found that he's more likely to stay on campus when the snow is too heavy in order to avoid multiple trips in the snow.

Trombley is also active on campus, and thought the distance had no effect on his involvement.

Lennox admitted to not being able to attend certain events due to bus scheduling and available parking, but she still spends

a majority of her time on campus. She found living by herself made her more actively seek out her friends in order to spend time with them. It seemed that for some, distance was actually a small motivation to spend more time on activities and social events.

It was also clear that students thought it important to not only stay active in school affairs, but to be involved within the neighborhood as well.

Lennox thought it was vital to know what events are going on in the surrounding area. One benefit of living further away, she said, was that "a lot of mini festivals or store openings or community events might be happening right down the street, and you wouldn't know a thing about them if you lived on campus."

Trombley shared a very similar point of view. He advises others living off campus to "become part of the community you are living in."

"I don't just mean the UR community, but the Rochester City community," he continued. "Rochester is a great and diverse city with a lot happening and going for it, so enjoy it while you are here."

Davie is a member of the Class of 2019.

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HUMOR

Arson Bill gets Burned

BY ERIC FRANKLIN
CONTRIBUTING WRITER

Late Friday night, the U.S. House of Representatives brought down a bill to ban Arson® brand lighter fluid in a straight party-line vote.

The bill, sponsored by Congressman Smokey the Bear (I-OR), was fiercely opposed by the N-Bar-A (National Barbecue Association), which spent more than \$5.09 million across nine states and nearly 100 congressional districts. The N-Bar-A aired TV and radio ads to hold wavering representatives' feet to the fire until they committed to voting against the bill.

As the bill was debated in the House over the last few weeks, it quickly became a hot button issue, igniting passions almost as well as its subject ignites wood, clothes, plastic, plexiglass, and most types of stone. Originally formulated for use in flamethrowers in World War II, the controversial lighter fluid burns at 5009 degrees Fahrenheit, leaves no chemical trace, melts all recognizable fingerprints within a one-mile radius, and cannot be extinguished with water or traditional fire extinguishers.

Proponents of a ban argue that these qualities were originally intended to inflict death and destruction in war, and has no civilian use besides the commission of arson.

"They aren't even pretending it's safe—it's literally named after a felony!" said "Antwan Morrello," a pro-ban congressman who would only speak under a pseudonym, for fear of being targeted by the N-Bar-A.

Arson® proponents, on the other hand, have made salient arguments that have gained traction with congressional Republicans, to whom they coincidentally donate vast sums of money every election cycle. (What a small world!)

Heath Myser, President of the N-Bar-A, released a statement in advance of Friday's vote, making a final plea for Congress to reject the bill.

"From the earliest days of our great Republic, people have lit and cooked over open fires. And despite the increased destructive capability of modern, accelerant-fueled fires, coupled with the declining importance of the open flame in sustaining the average American's life, we are confident that the Founders always intended for average, untrained civilians to light the largest fires as technologically possible whenever they damn well please."

When asked to respond to the argument that all legitimate uses of Arson® could be

carried out by a less dangerous lighter fluid and that advocating such unfettered access to Arson® only enabled criminals to kill and destroy without adding a commensurate benefit to the law-abiding Arson® owner or the community at-large, Myser replied, "Only the mentally disturbed would even think of using Arson® to commit arson, and if the criminally insane want to burn your house down, there's nothing the collective effort of an entire society could possibly do to stop them. You'll never prevent all arsons, and you know what they say: 'Go big or go home.'"

"Until you can prevent all arsons," he continued, "it's not worth infringing on even one innocent barbecuer's right to enjoy an afternoon at the grill. Besides, if someone really did want to burn down your house with Arson, wouldn't you feel safer if everyone around you had Arson to go burn down their house?"

Curious to meet an average Arsonist (short for Arson® Enthusiast, as the company's official Facebook page dubs its customers), this reporter wandered into the nearest forest and played a literal game of "Hot or Cold," which quickly led to the distinctive eyebrow-singing heat typical of an Arson®-lit fire. Beside the fire sat "Sparky McKindling," an avid Arsonist who would only speak under a false name because of irrational fears that the National Security Agency cares enough about his relatively average life to keep him under constant surveillance. Queried about why he liked Arson®, he replied, "You know what they say! 'Some men just like to watch the world burn.' I forget who said that. Probably Superman. Or maybe his alter ego, Ronald Reagan."

But when asked whether he would consider using a regular lighter fluid, or even be subjected to extra safety measures, like a background check, if it could possibly reduce the number of people killed by Arsonists, he grew defensive.

"People should be responsible for their own safety and stop trying to put it off onto freedom-loving Americans. For me, the best feeling in life is being next to a big ol' fire; big, warm hot dog in my hand, just sitting out there until both of them are finished. If other people like the feeling of not being the victims of Arson, more power to 'em, but that's their responsibility. As for me, it's like ol' Reagan said: 'Give me liberty or give me death!'"

As long as Arson is legal, he just might get both.

Franklin is a member of the Class of 2017.

The Importance of Flossing

BY SCOTT ABRAMS
SENIOR STAFF

Why doesn't the general public floss?

Think about that question very carefully before you respond. Maybe it's due to the inherent gross quality of the act itself. Maybe it's because most people really don't like their dentist and refuse to floss out of pure spite. Maybe people just can't bring themselves to add one step to their evening routine.

All of the above serve as reasonable, intelligent answers concerning this global crisis (go Scott!), but they don't really solve the problem at hand. Flossing will always be gross, society has ingrained in us hatred for dentists, and most will not spend the extra two minutes per day improving their health.

This is the story of an awakening.

When I was 17 years old, I visited my dentist. Because Dr. [REDACTED] was busy with another patient, I was brought to have my teeth cleaned by one of the hygienists. Now, when one has had the combination of a palatal expander, three retainers (which I should really think about wearing one of these days), and years of braces, let's just say that you really get around—the different hygien-

ists and assistants.

But this woman was brand new. An incredibly friendly, if self-assured, Midwestern woman, I'm sure she thought she'd seen it all. But all of that changed when a certain teen-aged stud opened his mouth.

You see, I have nice teeth. Like, REALLY nice teeth. People have literally stopped me on the street, in line at the grocery store I worked in, and at beach parking lots to tell me so.*

So imagine the shock this woman was in for when she saw these beauties.

"Your teeth should be in catalogues!" she cried, her Midwestern accent causing the statement to come across as the single most sincere compliment ever given to me. "How often do you floss your teeth?"

"Um," I began to stutter, afraid of seeing the inevitable disappointment flash in her eyes, "maybe once every... few days?" I lied. Like most of the world, I rarely flossed. I hated going to the dentist because the flossing would make my teeth bleed.

"Oh, that's a shame. Flossing can extend your life up to two years." She smiled, and we made our way to take x-rays of those beautiful teeth.

Even though she had clearly moved on, I couldn't quite get

over that interaction. The disappointment that showed on her face after my admission of guilt haunted me so much for the rest of the day that, when I washed up that night, I decided I needed to make a change.

I've never seen that hygienist again. Every six months, upon my return to the dental waiting room, my face brightens looking for the woman who changed my life, but I always leave disappointed. Some people come into our lives for a reason, and Barb (she just kind-of looked like a Barb, if you know what I mean) came to awaken me to the possibilities of dental hygiene.

In related news, I can never bring myself to use mouthwash. Ew.

I'm exaggerating a bit for the story's sake. My teeth are nice, but, like, not that nice. Like an approachable kind of nice, you know? But I'm not exaggerating when I say that people are obsessed with them. I really just don't get it. Sometimes I wonder if I have body dysmorphism for my teeth. Don't get me wrong—I know I have good teeth. But I'm definitely not seeing what everyone else is seeing. It's kind of like Breaking Bad. I know that, objectively, it's really good, but I can never really get into it.

Abrams is a member of the Class of 2018.

The Crossfit Cult

BY SARAH JONES
CONTRIBUTING WRITER

The summer before I entered eighth grade, my dad made the executive decision to immerse our family in a cult.

Just kidding (kind-of).

Really, we just joined a crossfit gym nearby, but after nearly seven years of involvement in crossfit culture, I can't help but be skeptical of its cultlike qualities.

The first red flag arose when my little brother, who was nine at the time, simply stated, "I believe we have just joined a cult," after my parents signed the waivers for our membership in the crossfit community. He wasn't wrong.

Now, I know what some of you are thinking: "A crossfitter talking about crossfit, how original." And yes, like many stereotyped crossfitters, I think it is super fun and super cool and super awesome, and I do occasionally talk about it obsessively. However, after nearly seven years of experience, I have begun to realize how absolutely profound the culture surrounding crossfit is.

For starters, most crossfitters demonstrate rather sadistic qualities that are only considered "nor-

mal" within the realm of the crossfit community. Not only do they get satisfaction from the intense pain they feel during workouts, but they will even go so far as to compare bruises and blister sizes after particularly grueling workouts as if it isn't a total health hazard to repeatedly hit yourself with unnecessarily heavy weights.

At one point over the last



ANGELA LAI / PUBLISHER

seven years, I actually heard a guy claim that, "the bigger the bruise, the better," as if that somehow indicated a correlation between bruise size and the amount of weight he could lift. Not only is that wildly inaccurate, but it is also, and quite unfortunately, not even close to the dumbest thing I have heard within the walls of that gym.

Crossfit is also probably the only place where you will witness someone getting congratulated for peeing their pants. Obviously, that's a little out of context, but the idea is that if you're pushing yourself so

hard that you literally urinate, then apparently you're doing something right. Or you just really had to go to the bathroom.

Now, if you choose not to conform to the crossfit standards as a crossfit member, you aren't kicked out of the system. You're just subjected to highly condescending lectures from those around you. Coaches will try to talk to you about your nonconforming behaviors, claiming that, really, you're only hurting yourself by eating that Pop-Tart and skipping the seventh workout this week. And that if you just put 50 more pounds on the bar and struggle a lot harder, you'll get so much better, even if you are just recovering from a minor neck surgery.

Overall, crossfit claims to be a program designed to better one's quality of life, and while, yes, I do believe that I have gained some strength and learned some techniques that have bettered my athletic performances, I do find it entirely bizarre that there are very few crossfitters out there who willingly acknowledge or even recognize the many peculiar, and rather concerning, flaws in the community.

Jones is a member of the Class of 2019.

ARTS & ENTERTAINMENT

Friday Night Live Spotlights Performers of All Genres



BEN SCHMITZ / CONTRIBUTING PHOTOGRAPHER

Shawn Chen, a sophomore, performs guitar and sings at Friday Night Live in Starbucks last Friday, as part of the weekly concert event hosted by the Student Programming Board.

BY BEN SCHMITZ
CONTRIBUTING WRITER

Student musicians are not hard to find here at the UR. But not all students like to hear or be heard as part of a larger, flashier group—sometimes, they just want to perform, alone or with others, in a more intimate, quieter setting.

Friday Night Live (FNL), a weekly event organized by the Student Programming Board, suits that desire exactly. Hosted in Starbucks from 10 to 12 p.m. on most Fridays throughout the year, the coffeehouse-style concert series showcases every vari-

ety of student solo act and small band, featuring a new performer most weeks, as well as the occasional returning act.

This past Friday's performance featured Shawn Chen, who sang and played acoustic guitar to the tune of Ed Sheeran and Coldplay, among other popular artists. It is remarkable how much some gentle, live background music adds to the atmosphere of Starbucks. The contrast between this laid back atmosphere and the crowded, hectic, line-out-the-door Starbucks during peak hours is startling in the best of ways.

FNL offers a venue for per-

formers across many genres, with the only general criteria for landing a gig being that the performance must be quiet enough to be appropriate in the relaxed coffeehouse setting.

Senior and Student Programming Board's coffeehouse chair Elizabeth Crummins said that Starbucks is small, and, in that venue, "people are more often than not trying to hold a conversation while they listen to the performer, so it's important that that ambient noise isn't drowned out."

She stressed that, within those criteria, "any type of music" is welcome.

Sorry, UR heavy-metal enthusiasts — you'll have to find another venue.

Although it isn't quite as restrictive as the volume criterion, Crummins asks that "each performer/group has at least an hour's worth of music in order to book a show."

"The way I book the performers varies," she added. "Sometimes they reach out to me, sometimes I book performers bbg who have had successful shows in the past, sometimes I reach out to groups I have seen perform on campus, and sometimes I reach out to musically-inclined friends or open it up to anyone who

follows [Student Programming Board] on social media."

But, above all, Crummins emphasized that the venue is an open one.

"If you're a performer or group who wants to share their music but haven't been able to perform on campus thus far, FNL might be your chance," she said. "We love when we are able to give some exposure to aspiring musicians, and the friendly atmosphere of Starbucks with people stopping by to order food and drink is perfect to draw in new listeners."

Schmitz is a member of the Class of 2019.

Play meets politics in newest Hartnett exhibit

BY ISABEL DRUKKER
A&E EDITOR

Two small, sweet looking toy bunnies sit atop a North American shaped platform, their bright colors shining in a friendly manner. But their positioning is critical.

Artist George Lorio's show "Toy Politics" opened in Hartnett Gallery on Thursday, following a short lecture given by him in the Gowen room. Pieces included in the gallery are constructed using retro toys that in themselves are old, nostalgic, and inanimate. The politics they comment on are anything but.

"Storytelling reflects my notion of what we should be thinking of as a society," Lorio said, addressing the students and faculty who attended his lecture.

Lorio is a frenetic speaker,

raising his voice and almost shouting at his audience only to quickly quiet his tone and mutter a remark about Trump and "his" wall a second later. Incorporating his lecture guests, Lorio not only described his own work but defined the terminology for beginner art students. He waved goodbye to those who left the show early and, when he lost his train of thought, he would bring both of his hands to his head and cling to his remaining hairs.

His lively speaking and encouragement of audience participation, paired with the images of dominoes, toy cars, and wooden bunnies, almost suggested an environment equipped for young children. The politics his art speaks on, however, does not.

"They're aren't the types of images that you're going to put over the sofa or the coffee

table," Lorio laughed. "They're a little off. A little off the edge."

Pieces selected by the Hartnett Gallery committee were mainly constructed with toy cars, dominoes, and wooden block letters. Only upon closer inspection do you notice the incorporation of American flags, cannons, bombs, smoke, the word "killing," among others evocative of violence.

"I think the images are dealing with content that is now," Lorio said. "It's just an easy way of slipping it in. I'm realizing it is a wonderful seduction to look at toys."

Originally from New Orleans, Lorio said his career took him to the University of Texas in Brownsville, where his teaching experiences opened his eyes to both the political corruption across the Mexican border and the discrimination towards Latinx people in the

U.S.

When asked what piece in Hartnett Gallery says this the most, Lorio mentioned Nopal con Espinas and his own experience about learning the Texan, Native Texan, and Latinx Texan cultures.

"[There's this] public discourse that we need a wall," Lorio said. "We have to keep 'them' out, because whatever. It's terrible. And so, the idea of Nopal is so magical [to me]. When I was down there building this, I would ask people, 'Is there any folklore connected with Nopal?' And they said, 'No, we eat them. We eat them with eggs.'"

Lorio's work depicts Texas and the rest of the U.S. as a land that is rich in patriotism, conflicted by cultural diffusion, and ruled by laws restrictive to immigrants but liberal with weaponry.

For example, the University of Texas currently permits anyone on campus to carry a concealed handgun. Lorio's years in Texas as a professor motivate him to speak out about the dangers of this legal entitlement. He does so through a language of wooden toys, bright colors, and WMD imagery.

"If you build relationships with people instead of bombing them," Lorio said, "you might end up friends."

Currently, Lorio has work on display nationally, notably in the show "Fascism" in Pittsfield, Massachusetts, and in another in Terra Haute, Indiana, in honor of Eugene V. Debs, whom Lorio called "the great American socialist."

Lorio's work in "Toy Politics" is on display in Hartnett Gallery until Sept. 25.

Drukker is a member of the Class of 2017.

CT RECOMMENDS

'SNOWPIERCER'

BY MUHAMMAD HADI
CONTRIBUTING WRITER

"Snowpiercer," a 2013 Korean production starring Chris Evans, raised some eyebrows—for all the right reasons.

Bong Joon-ho's fantastic post-apocalyptic book adaptation is a delight for both the casual movie watcher and critics. Evans is joined by the amazingly talented Tilda Swinton, the South Korean wonderman Song Kang-ho, and Ed Harris. This dystopian story takes place in a single train. Forced to find solace in a man-made, infinite ice age (otherwise known as Rochester in January) in an exceptionally long train, the ill-treated tail-sectioners revolt against the dictator-type driver/engineer/owner/father of the train, hoping to break out of their rigid, policed, mundane quality of life.

For a science fiction thriller, and for anything else, "Snowpiercer" excels at gripping the viewer by the arms every inch of the ride. The linear but beautifully deep story is fascinating enough to pull the viewer into the world of social disorder, and the fact that almost all of humanity is extinct only helps imprint the urgency and the frustration of characters onto the viewer.

From the bloodbaths in a single corridor, to the tense exchanges between the oppressors and the oppressed, Snowpiercer boasts exceptional cinematography. The whole concept of being on a train was replicated flawlessly, complete with constant swaying and the unholy screech of wheels on tracks. Gore is ample, but necessary to progress the plot forward. There are times when it feels like the director challenges you to laugh, yet the core plot of the movie, as well as the savagery accompanying the dark humor, renders the viewer incapable of it.

With an amazing cast, Snowpiercer easily breaks through the veil between actual fiction and the unquestionable truth. Granted, there are some discrepancies throughout the movie. The science behind a never-ceasing train, hurtling through perpetually falling snow and ice, is questionable, but the underlying themes of inequality, social order, and wild axe-swinging are what truly occupy the viewer's mind. The cast does the script great justice, with Hollywood giants Evans and Swinton giving Oscar-worthy performances, convincing the viewer of the horrors of life in the giant metal tube, the unarmed against the riot gear-toting, Gestapo-like guards.

A wonderfully artistic piece, Snowpiercer never felt rushed, or too slow. A perfect pace, by a superb director, has pushed this movie into my top five.. Aesthetically astounding, and armed with a chaotically stunning script, Snowpiercer should most definitely be on your to-watch list.

*Hadi is a member of
the Class of 2019.*

'CHANNEL SURFING'

With Erivideos Lwana, Unexpected Calm



BY JEFF HOWARD
COLUMNIST

Eritrea is a nation in Africa that borders Ethiopia, close to the Red Sea. The nation gained its independence from Ethiopia in the 1990s, and from the moment it did so its people promptly elected a new leader, Isaias Afwerki, into power.

Eritrea's leadership has been likened to North Korea by various Western news sources. Its foreign policy is isolationist, and it has a notorious record with the Human Rights Watch. The people of Eritrea are conscripted into the nation's military for an indefinite amount of time, and the government executes citizens who dissent.

But Eritrea is also known for its stunning natural beauty and inviting, proud citizens.

Erivideos Lwana is a YouTube featuring a vast archive of concerts, soap operas, and interviews, all of which have been televised on Eritrea's one government-sponsored TV channel. None of the videos have any English. Still, they provide a fascinating glimpse into a nation whose culture is a surreal mix of a developing world, cultish nationalism, and western influence.

My favorite videos to watch on the Erivideos Lwana channel are the live concerts because, even though I cannot

understand the lyrics, I can still appreciate observing the culture as well as internalizing the African and Middle Eastern style of music. Eritrean concerts are peculiar in the way the environment is so bleak yet the concertgoers sit together with a sense of cautious reverence for the show. Imagine an airplane landing strip, surrounded by desert, and, instead of a plane on the strip, there is a large stage with lots of metal scaffolding on which the musicians play. Before the stage, for the audience, are rows of fold-up chairs, the type that might be arranged in a 12 by 8 rectangle at an outdoor park concert in the U.S.

Erivideos Lwana might not be for everybody, but it is, at the least, an intriguing and genuine glimpse into a nation that often flies under the radar. For me, watching Erivideos Lwana is a calming activity, one that allows me to dissociate from my life for a little bit and observe a whole host of others. With nativism, isolationist foreign policy, and alt-right sentiments seeping into the modern American political landscape, watching Erivideos is not so much an exercise in differentiating my experience from that of another culture, but of observing the similarities.

Personally, I've always had an interest with oppressive regimes. If you're the type who, like me, finds watching North Korea documentaries on YouTube fascinating, Erivideos Lwana might be a channel for you.

*Howard is a member of
the Class of 2017.*

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Former D-I Middle Blocker Martinez Embodies Meliora

BY TI TRACY
CONTRIBUTING WRITER

Standing at over six feet tall, sophomore Clara Martinez dominates the net, casually swatting balls and blocking viciously spiked hits, all with a smile. Martinez's past in the sport is impressive, having played professionally since she was 14 and on a Division I team for a year.

Her background, however, is not only in volleyball. Growing up around a grandfather working in engineering, she was drawn to mechanical objects, built radios in her spare time, and became fascinated with computers and their electronics. After struggling to balance her two interests during her freshman year of college, the middle blocker made the difficult decision to choose academics over sports.

Growing up in Spain, Martinez was exposed to, and excelled in, multiple sports. She earned a black belt in judo and gained experience in several other martial arts and sports before first being exposed to volleyball at the age of 13. Martinez considers her involvement in sports to be a turning point in her life: having to work with others, supporting a team and, in turn, being supported by them has had a positive effect on her.

She instantly fell in love with volleyball and jumped at every chance she got to play, even staying out late to play with older teams. Her talent was quickly noticed and she was recruited by the Spanish national team, where she played and lived with her teammates—all her age. Even while she was a member of the national team, Martinez played club volleyball on



PHOTO PROVIDED BY CLARA MARTINEZ

Sophomore middle blocker Clara Martinez stands celebrating victory as a part of the Spanish national team.

holidays and during the off-season.

"The difference between being great and ordinary is just the extra," Martinez said.

It is no surprise that she pursued and was recruited by multiple Division I teams in the U.S. Ultimately, she chose Bowling Green State University in Ohio, and travelled to the U.S. in the hopes of advancing her career in volleyball as well as pursuing a degree in electrical engineering.

Arriving at Bowling Green, Martinez discovered how difficult it was to be an athlete first and a student second—a common practice at many Division I schools. Practice and training were absolutely mandatory, even

when they conflicted with classes.

Martinez recalled practicing until 10:30 at night, working on homework late into the night, and getting up for an 8:30 a.m. class, catching naps in any free time.

The taxing schedule didn't stop her, though.

"When people say 'I don't have time,' that's a lie, you will make time for what you want to do," Martinez said.

She made time to practice more, play more, and study harder, but between the tough academics at Bowling Green and Martinez's grueling schedule, it seemed impossible to continue playing for her coach. After

an emotionally taxing season, Martinez felt that she had been pushed too hard, and quit.

Martinez wasn't alone; five other members of the team also quit after that season. Of those, only two graduated, with others eventually suing the coach with claims of emotional abuse.

She came close to quitting volleyball altogether and abandoning a sport that she not only loved from childhood, but which prompted her first tattoo—inspired by a championship she participated in at age 16.

After her taxing freshman year, Martinez took a year off from school, and played for a professional team in France with her best friend. During

this time, she began searching for a school where she could continue to pursue her engineering degree, and eventually decided on UR. Here, Martinez was able to continue playing volleyball alongside of her school work, this time as a member of the University's Division III team.

For Martinez, who lives by the mantra "pay the cost to be the boss"—which she first picked up from her strength and conditioning coach at Bowling Green—playing Division III volleyball was a jarring, but refreshing, experience.

At UR, she was struck at first by seeing players show up late to practice because of conflicts with classes, and by how many engineering and science majors were among her teammates—physical training, business, and marketing majors were the norm at Bowling Green. Martinez quickly made UR her home, though, and she has become an integral part of the UR volleyball community, bringing valuable experience from her background as a professional player and a ferocious work ethic.

As someone who has always pushed herself, and who doesn't let anything stop her, it is not surprising to hear her casually remark that "the one thing I'm missing is a tattoo of the rings," referring to the Olympics. Martinez missed out on the opportunity to compete in the games due to lack of funding for volleyball in Spain.

As a woman who is constantly fighting to find the perfect balance in life while succeeding in all her endeavors, Martinez is, to many, the embodiment of "meliora."

Tracy is a member of the Class of 2018.

Student Athletes Sound Off on New Locker Rooms

BY GRANT KILMER
BY CHRIS COOK

Grant Kilmer

Being a part of a collegiate-level sports team definitely has its advantages. Here at UR, we have access to state-of-the-art equipment and world-class trainers whenever we need them.

These resources are easily accessible to us whether we're getting a great workout in or getting the necessary treatment to get back on the field. The new dorm building, along with new equipment rooms and sports medicine areas, can only enhance the benefits of being an athlete here.

Placing it behind Fauver stadium will give it a central location that will be crucial to athletes. Being close to the baseball field, football field, and the Goergen Athletic Center will only increase the "athletic" vibe on that part of campus. This will help bring all of the athletes together and give the student athletes a greater sense of community.

Along with this, the new locker rooms will help solidify the idea of what it is like to be a collegiate athlete for prospective student athletes coming to campus. The baseball team has to share its current locker room, so we only get to use it during the spring season.

This will not be the case anymore. We will be getting our own locker rooms. There is an undefined feeling that a locker room

gives an athlete, like that of a second home. It is where you can hang with all your teammates. It is where you will have hilarious conversations or moments that you will never forget.

The new dorm building will do much more than serve as a place for people to sleep. It will benefit the University in more ways than can be described by a mere blueprint.

Kilmer is a member of the UR Baseball team and the Class of 2019.

Chris Cook

As a member of the track and cross country teams, this is exciting news. As a senior, this news is a bit annoying.

Either way, a significant number of students use these locker rooms for at least part of the year, so this is an important change that is currently underway on campus.

While I sing praises about getting a new and much-needed space, I also wish that it didn't have to happen this year. Due to the construction, we will not be able to

host any meets on our home track, and we may not be able to train on our track during the outdoor season. This means no Alumni Invitational and no senior farewell at our final home meet.

I understand that this had to happen to some senior class, but this was also UR's year to host the conference championship meet. It makes me upset that we will not get to have the experience of trying to win a championship in the senior class' final season at our beloved home track, in front of a

crowd of home fans and friends. Instead, we will have to travel elsewhere and train at RIT.

But this is the most negative of my opinions about the project. It is far overdue and solves several problems in one convenient building.

Things may not be perfect this year, but I am still excited to return as an alumnus and see the space that future teams will use and enjoy.

Cook is a member of the Track and Field team and the Class of 2017.



AYUMI YUASA / CONTRIBUTING PHOTOGRAPHER

Construction is underway for the new freshman residence hall and locker rooms. The building is slated to open next fall.

ATHLETE OF THE WEEK

Fisher, On the Mend, is Better than Ever

BY JAKE SEHNERT
CONTRIBUTING WRITER

UR Women's Field Hockey has gotten off to a stellar 4-0 start for the sixth year in a row. A 4-1 win in their home opener against Ithaca marked the Jacket's twelfth straight win at home, continuing their dominance at Fauver Stadium. In the midst of this hot stretch, senior attacker Callie Fisher led with six points this season, including a game-winning goal against St. Mary's in OT last Sunday.

How did it feel to score the game-winning goal in overtime against St. Mary's this past Sunday?

Scoring the overtime goal was a huge relief! Our whole forward line was marked tightly throughout the game, so our scoring opportunities were rather limited. It was a long weekend of games—I think everyone was relieved we could return to Rochester 4-0.

You have six points in only three games this season. What has enabled you to get off to such a hot start?

This year, I battled back from a knee injury and, luckily, got cleared right before season started. This has been a huge motivating factor for me, especially when I think about how 2016 is my last season. I want to work as hard as I can for myself and the team, and, as a result, I have developed an "it's all or nothing" mentality.

The team has gotten off to a 4-0 start. What has allowed the team to play so well and win these close games?

The depth on our team this season is unparalleled by previous seasons. We have a strong freshman class that has contributed a lot, as well as many strong and skilled returners. With all of the skill on our team, it has allowed us to constantly sub in fresh legs, which gives us a big advantage against our competitors.

Who or what is your biggest motivation for playing field hockey or, overall, reaching for success in your academic career?

My team and coach motivate me to work hard and strive for success on the field. In a way, field hockey motivates my desire to succeed academically and elsewhere. It has shown me that hard work translates to success. Every minute of practice shows itself on the field. Academics are very similar [...] in that, the time you put in studying and taking notes directly affects how successful you are on a paper or exam.

Would you rather compete in a fashion show against Kanye, or have to break up with Drake?

Hmm, that's a tough one... I don't particularly like Drake as it is, but I'd rather compete with Kanye at a fashion show. I think I could give him a run for his money.

Sehnert is a member of the Class of 2019.



Senior midfielder Callie Fisher strives to maintain possession of the ball.

PHOTO COURTESY OF UR ATHLETICS

Yankees and Red Sox Rivalry Renewed

BY SAM CALLIS
CONTRIBUTING WRITER

In the interest of full disclosure, I am a fan of the New York Yankees, and I despise the Boston Red Sox with every fiber of my being. That said, the greatest rivalry in sports is, without question, between those two teams.

There has been a veritable blood-feud between the Bronx Bombers and the Sox since Boston sold Babe Ruth to the Yankees in 1919. Throughout the last century, the enmity between these two teams became legendary. Unfortunately, for fans of exciting baseball, the last few seasons have seen a somewhat more reserved level of competition between the Yankees and their archrivals.

After several years of basement-dwelling, the Red Sox inexplicably won the World Series in 2013 and then immediately returned to mediocrity for the following two seasons. The Yankees, meanwhile, dominated in 2009 and then choked repeatedly in postseason play through 2012. This fall from grace came when the last remnants of the New York dynasty of the '90s through the early 2000s began to grow old and retire. The regression is also the product of numerous albatross contracts that continue to cripple the Yankees through this season.

With the 2014 retirement of Derek Jeter and the upcoming retirement of David Ortiz, the Yankees and the Red Sox found themselves in need of reinvention at the dawn of the 2016 season. The Red Sox had a clearer path than the Yankees; they had one of the most, if not the most, celebrated farm systems in major league baseball.

Young prodigies such as Mookie Betts, Jackie Bradley, Jr., and Xander

Bogaerts have already proven that they can perform at a major league level. Despite the previous two mediocre seasons, the Red Sox had a lot to look forward to this year, including the development of their young future stars, Andrew Benintendi and Yoan Moncada.

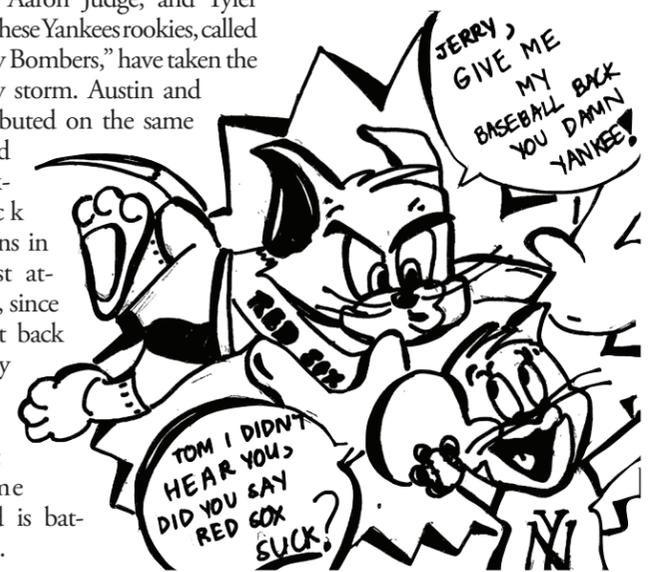
The Pinstripes, on the other hand, found themselves weighed down by the contracts of Mark Teixeira, Alex Rodriguez, and CC Sabathia. Going into this season, the Yankees had the ludicrous bullpen of Andrew Miller, Aroldis Chapman, and Dellin Betances (dubbed "No Runs DMC" by fans), and little else to be excited about. When the trade deadline approached, however, the Bombers shipped Miller, Chapman, and veteran slugger Carlos Beltran to Cleveland, Chicago, and Texas, respectively.

Their ensuing haul of prospects transformed the Yankees farm system into one of the best in the league. The Yankees also committed to a youth movement of sorts and brought up several young players including Gary Sanchez, Aaron Judge, and Tyler Austin. These Yankees rookies, called the "Baby Bombers," have taken the league by storm. Austin and Judge debuted on the same day and hit back-to-back home runs in their first at-bats, and, since his debut back in early August, Sanchez has hit 13 home runs and is batting .344.

Since the All Star Break, the Yankees are 30-21, and are now only a game out of the second wildcard spot, and four games out of the division pennant. In fact, the American League East is now in the tightest division race since the MLB switched to the four-team division system. September promises to be a slugfest between the Yankees, Red Sox, Orioles, and Blue Jays, with every game having postseason implications.

The most exciting aspect of all of these changes is, without a doubt, the prospect of the New York and Boston rivalry heating up. The Yankees now have a similarly bright future, as the Red Sox can and will certainly begin to develop some hostility in the coming weeks, which could lead to a vicious division battle next season. Baseball is enriched and cherished when both the Yankees and the Red Sox are performing well, and the game will be a whole lot better with its most iconic rivalry renewed.

Callis is a member of the Class of 2017.



LAST WEEK'S SCORES

- SEPT. 4TH**
MEN'S SOCCER VS. KEAN - W 1-0
MEN'S SOCCER VS. KEUKA COLLEGE - W 8-1
FIELD HOCKEY VS. ST. MARY'S COLLEGE OF MARYLAND - W 2-1 (OT)
- SEPT. 7TH**
WOMEN'S SOCCER VS. BUFFALO STATE - L 0-1
- SEPT. 9TH**
WOMEN'S VOLLEYBALL VS. ST. JOHN FISHER COLLEGE - W 3-0
WOMEN'S VOLLEYBALL VS. SUNY POLY - W 3-0
FIELD HOCKEY VS. SUNY CORTLAND - W 2-1
- SEPT. 10TH**
MEN'S GOLF AT ST. JOHN FISHER COLLEGE INVITATIONAL- FINISHED 1ST OF 6
WOMEN'S VOLLEYBALL VS. UTICA COLLEGE - W 3-0
WOMEN'S VOLLEYBALL VS. SUNY GENESO - L 2-3
FOOTBALL VS. CATHOLIC UNIVERSITY OF AMERICA - L 14-27
MEN'S SOCCER VS. HOBART COLLEGE - W 2-1
WOMEN'S SOCCER VS. UNION COLLEGE - L 0-1
- SEPT. 11TH**
FIELD HOCKEY VS. JOHNS HOPKINS UNIVERSITY - W 4-1

THIS WEEK'S SCHEDULE

- SEPT. 13TH**
MEN'S SOCCER VS BUFFALO STATE - ROCHESTER, NY - 7PM
- SEPT. 14TH**
WOMEN'S VOLLEYBALL AT BROCKPORT - ROCHESTER, NY - 7PM
- SEPT. 15TH**
FIELD HOCKEY VS. BROCKPORT - ROCHESTER, NY - 7PM
- SEPT. 16TH**
WOMEN'S VOLLEYBALL AT ELIZABETHTOWN - ELIZABETHTOWN, PA - 8PM
- SEPT. 17TH**
WOMEN'S VOLLEYBALL VS. ROWAN UNIVERSITY - ELIZABETHTOWN, PA - 12PM
WOMEN'S VOLLEYBALL VS. MESSIAH COLLEGE - ELIZABETHTOWN, PA - 2PM
FOOTBALL AT ALFRED STATE COLLEGE- ALFRED, NY - 1PM
MEN'S SOCCER VS. RIT (HILLSIDE SHIELD GAME) - 7PM
WOMEN'S SOCCER VS. WILLIAM SMITH COLLEGE - ITHACA, NY - 2PM
FIELD HOCKEY AT ONEONTA STAT E- ONEONTA, NY - 2:30PM
- SEPT 18TH**
WOMEN'S SOCCER VS. TBD - ITHACA, NY

WHAT TO WATCH FOR

URMS V. RIT @ 7PM ON SEPT 16TH
The Yellowjackets will take on their city rivals the RIT Tigers in the annual Hillside Shield charity game. All the proceeds will go to the families who benefit from the human services provider, Hillside Family of Agencies.

LAST WEEK'S HIGHLIGHTS

URVB TOURNAMENT

The Women's Volleyball team hosted their invitational on Friday and Saturday and came in third overall, beating St. John Fisher College, SUNY Poly, and Utica College in three games and falling to SUNY Geneseo in five. Brockport College won the invitational, and URVB will challenge the Golden Eagles at Brockport this Wednesday.

FB VS CATHOLIC UNIVERSITY OF AMERICA

The Catholic University of America prevailed over the University of Rochester 21-14 at Edwin Fauver Stadium on Saturday afternoon.

FIELD HOCKEY V. HOPKINS

UR Field Hockey earned a victory over Johns Hopkins University on Sunday afternoon. The Yellowjackets pulled away early in the second half with back-to-back goals by Claire Dickerson. The Yellowjacket's record is now 5-0 going into their game against Brockport on Thursday.

MEN'S AND WOMEN'S TENNIS WINS FLIGHT TITLES

Junior Andrew Nunno won the B flight singles competition and the doubles A tournament with Senior Sam Lee-man at the St. Lawrence Fall Classic on Sunday. At the William Smith Mary Hosking Invitational, Freshman Sravya Gudipudi secured tin he A flight singles title, while senior Mariana Flores Kim won the D singles competition.

SPORTS

Men's Crew Starts Season with Fresh Faces

BY SHAE RHINEHART
FEATURES EDITOR

At five in the morning, when much of the campus still rests in the darkness, the UR Men's Rowing team begins their day.

With early mornings, intense workouts, and limited opportunities for racing, the UR Men's Rowing team certainly isn't for everyone; but for the students who choose to participate, it's well worth the effort.

"Nothing beats sitting on the dock with eight of your best friends after a hard morning row, watching the sun come up," said senior Ethan Dimmock. "That never, ever gets old."

"I wake up because I love the sport," said junior Daniel Villar. "It also allows me to eat an ungodly amount of food."

Although the workouts can be taxing, rowing also serves as a mental break for students.

"The sport as a whole is very rewarding both mentally and physically; it's great to go out on the water and not worry about schoolwork," freshman Denes Szekeres said.

With the retirement of their past head coach, John Bernfield, the club team has seen their entire coaching staff replaced in the past month. With



LEAH NASON / PHOTO EDITOR

Members of the 2016-2017 Men's Rowing team.

new Novice and Varsity coaches, expectations have risen for this coming season.

"In the past, we have been able to show that we have potential, but this year I want our rivals Ithaca and RIT to know that we can beat them," Villar said. The team's eventual goal is to have a Varsity Heavyweight 8 make the Grand Finals at the American Collegiate Rowing Association (ACRA) Championships.

"I am looking forward to filling the shoes of the outgoing coach,"

said Brendan Evans, head coach for the Men's Rowing team. "I am also excited to see how dedicated the rowers are at reaching our ultimate goal at ACRA's."

While the basis of the program will be run the same, "the new coaches are placing a greater emphasis on bringing the entire team up together," said Dimmock. "Our goal is still to win boat races and our training remains much the same, but our coaches recognize that we need to have more than one fast crew."

"In the past, there wasn't clear communication about the workings of the team," Villar said. "This year, with a new executive board, and a coaching staff that is especially dedicated to the improvement of the team, I expect our team's organization and management will improve greatly."

The team also hopes to purchase a new, high-performance racing shell for the spring 2017 season.

Although the Men's Rowing team has been a part of the University for more than 30 years, it remains a club team—unlike its female varsity counterpart. The men's team operates at the same level as the Women's team, and is run very similarly to a varsity program, but is still only funded as a club sport. To the rowers, this is the major difference.

"We have to worry about money and such when the women don't," Villar said. "There have been cases of people not being able to row because they cannot afford the sport. Being in this hybrid system gives us more freedom over the NCAA rules, and we don't pay as much as other rowing clubs do."

Despite the differences between the men's and women's teams, the University has been supportive of their affairs.

"The support the team has from all facets of the University is overwhelming," Evans said. "The use of the team's state-of-the-art training facility at Brooks Landing and the continued support from alumni, current rowers, and the athletic department will help us reach our goal."

Because Rochester winters freeze the river, the competition season lasts only a couple months. The bulk of the year is spent training for just a handful of races. Despite the limited opportunities for payoff in this sport, the athletes consistently stand by it.

"Rowing at UR the past three years has been hands-down the most defining experience of my college career," Dimmock said. "I am enormously proud and humbled by being part of something so much greater than myself, in both a program with over 40 years of tradition to a sport that demands exceeding oneself in the pursuit of a common team goal."

For those interested in supporting the team, their first racing opportunity will be at Head of the Genesee during Meliora Weekend on Oct. 8. Racing will take place from 9 a.m. until noon, with the Men's Varsity 8 race scheduled for 11:30.

Rhinehart is a member of the Class of 2019.

URMS and URWS Succeed on Different Sides of the Ball

BY TREVOR WHITESTONE
CONTRIBUTING WRITER

UR Men's Soccer (URMS) pounded out wins during the Flower City tournament last weekend and against Hobart College on Saturday. The 'Jackets came out victorious in all competitions while showcasing a strong blend of offensive firepower and defensive prowess.

The Yellowjackets (3-0-0) opened their season by prevailing 1-0 over Kean University (4-1-0) on Sept. 2. It was a hard-fought contest that saw junior Alex DiPerna score the decisive goal at 59:02 on a header off a deflection.

UR was able to maintain a good degree of control throughout the game, outshooting Kean 12-4, including 6-1 on goal. They also attempted nine corner kicks while their opponent attempted none. The score remained at a slim margin for the final 30 minutes, and Kean produced a brief scare in the seventy-first minute, when they narrowly deflected the ball off the right post.

Perhaps motivated to put their next foe away for good early in the tournament, the 'Jackets served up an onslaught in the first half of their final tournament game on Sept. 3. They opened the scoring at 7:35 on a breakaway by Mario Yanez Tapia, one of six first-half goals by the team against Keuka College (2-1-0) that eventually led to an 8-1 victory.

These goals came in waves, with two coming in a span of 1:07 and another three coming over a span of 5:33. The team achieved a strong statistical edge in the first game, and showcased complete domination in that regard against Keuka.

URMS outshot the visitors 21-4,



HANNAH HENSON / CONTRIBUTING PHOTOGRAPHER

Senior defender Hannah Geitner keeps her eye on the ball against Buffalo State.

including a staggering 15-1 on shots-on-goal. Freshman Mitch Volis scored two goals, with one each by junior Aleks Dombrowski; a group of freshmen: Zach Lawlor, Aidan Miller and Cristian Baltier; and DiPerna, who was named tournament MVP.

Dombrowski, sophomores Bryce Ikeda, Lucas Loecher, and Milan Fatschel, junior Peter Martin, and freshman Gabe Sarch all tallied assists for the day.

"We have a tight-knit group, all committed to our shared vision," co-captain Jeff Greblich, who earned Best Offensive Player honors in the tournament and scored the game-winning goal against Hobart on Saturday, said.

"I think this attitude [will] bring us success and will continue to push us in upcoming games. [...] We have to remind ourselves to continue to develop and grow as a team and to not become complacent."

URMS will attempt to extend their stellar play against Buffalo State on Tuesday.

UR Women's Soccer (URWS), hosts of the same tournament, lost in their opener on Friday afternoon, but managed to secure a 1-1 tie against

Geneseo (1-0-2).

The Yellowjackets (0-2-2) found themselves in an early hole as the Knights found the goal in the fifth minute. UR, however, produced a steady run of offensive pressure in the late minutes of the half, culminating in the equalizer at 37:05, which came on a blast by sophomore Hannah Wadsworth from the right wing, with the assist from sophomore McKenzie Runyan.

With just 30 seconds left to play, the 'Jackets mounted one final attack.

Freshman striker Jorie Freitag threaded the ball to sophomore Kerri Eden, who had positioned herself close to the goal. Eden drove a shot to the low left post, but the Geneseo goalkeeper made a save just in the nick of time. Quickly attempting to capitalize on the rebound, Eden took another shot, but it was blocked by a defender seconds before the final horn sounded.

There were encouraging signs out of the tie, but nonetheless, URWS outshot their opponents 15-5, displaying their ability to maintain pressure on the opposing defense.

The team's next tournament game,



PHOTO COURTESY OF UR ATHLETICS

Best offensive player and Senior Jeff Greblich remains focused against Hobart.

on Sunday against Montclair State (4-0-1), ended with a similar result to the first, resulting in a scoreless tie in a game that went into double-overtime. The Red Hawks presented a stout defense, ranked thirteenth in that category, according to Kenneth Massey's online ratings.

Though they failed to score, the 'Jackets were able to match their opponent's strength on that end of the ball, thanks in large part to sophomore goalkeeper Samantha Hlavac, who was named the tournament's Best Defensive Player. This was due to her 158 minutes of spotless goalkeeping, including 110 minutes in the final game, along with her five saves.

The stats depicted an evenly matched game, as the hosts were narrowly outshot 12-11, and had a 5-2 edge in the category during the overtime periods.

The Yellowjackets then played their third straight home game to open the season, against Buffalo State (3-0-1). The hosts produced another 10 shots this time, but none found the back of the net for the second straight game. The Tigers, meanwhile, scored the difference-maker early in the second

half, accounting for the 1-0 final score.

Again, there were late opportunities for URWS, including a header shot by junior Hayley Orciuch that sailed just too high, as well as an attempt from the penalty spot by sophomore McKenzie Runyan that was saved with five minutes remaining.

The same narrative took place for UR at Union on Saturday, as the Dutchwomen (1-0-3) scored early. Missed offensive opportunities overshadowed a clean defensive front put up by the Yellowjackets.

Despite mixed results so far, the 'Jackets are optimistic. Senior Midfielder Jean Chakmakas referred to the team's early play as "very strong defensively," and mentioned that they have "continued to prove at positioning in each game."

The senior is "confident that the team will finish more on scoring opportunities going forward." URWS will have their next chance to break through offensively when they play at the Upstate Collegiate Cup in Ithaca this weekend.

Whitestone is a member of the Class of 2019.