Seligman hosts town hall meeting

BY JULIANNE MCDAMS

UR President Joel Seligman held a town hall meeting on Tuesday, March 31, to discuss past and current developments in University infrastructure. Seligman also discussed the recent announcement of a tuition increase for the coming year and the recent controversy surrounding offensive dialogue on Yik Yak.

After his presentation, Seligman received audience questions; if he could not address an individual problem, he encouraged students to email him so that he could put them in contact with the appropriate people. Students’ questions dealt with issues of racial tension, sustainability, tuition and community engagement.

Seligman discussed the University’s Capital Campaign and its achievement in raising $1.2 billion. He then listed several initiatives of the University, which include but are not limited to: 17 new majors; the Eastman School of Music’s continual top rankings; new buildings such as Goergen, LeChase and Retnere, improvements in dining; the renovation of the Fredrick Douglass Building; and the Paul J. Burgett Intercultural Center.

According to Seligman, a new student dorm that would be closer to athletic facilities and that could house some athletic resources of its own is currently in the planning stages.

Seligman also mentioned in-progress and recent projects, including the Golisano Children’s Hospital, Saunders Research Building at URMC, College Town’s new retail establishments, Mt. Hope Lofts, the new parking garage and plans to renovate the River Campus Libraries and add a new Humanities Center.

Seligman said that UR plans to focus on four major areas. “We are ready for the next level,” he said, referring to a University initiative called “The Next Level,” which aims to continue improving the University, especially with the goal of $1.2 million. President for Administration Officer Ron Paprocki. “We have been very generous,” said President for Administration Officer Ron Paprocki. “We expect them to continue to be, but other University friends [..] have been very generous,” he said.

The Meliora Challenge has raised funds to create 320 scholarships and 93 endowed professorships across different schools in the University. Many of these scholarships are already available to students, and many more are expected before the end of the campaign.

Golisano Children’s Hospital has been one of the biggest beneficiaries of the campaign, costing over $650 million. Other buildings attributed to the campaign includes the J. Burgett Intercultural Center.

Seligman said, “I wanted to do something that had meaning at U of R.” The mural depicts Susan B. Anthony as a young woman on the left, and as an older version of herself on the right. Rutherford said that her design for the mural extends onto the facing wall, with images of dandelions, birds, and a young college-age woman representing Anthony’s legacy.

While on campus, Rutherford has worked with Sage Art Center and with Undergraduate Advisor of Studio Arts Allen Topolksi. She said that several art classes have visited her to talk about the mural, and that two UR students have stopped by to help her paint.

“My class has been working as an artist in Rochester for the past eight years, and that she has been painting murals and other public art for the last four. Her other projects have included an installation at the Rochester Public Market and two murals at the city’s Highland Hospital.

“Rochester has a really strong art community,” Rutherford said, citing other local artists Rizzo, St. Monci and Mr. Prvrt as among her primary inspirations.

Rutherford is also a member of the international public art initiative “WALL, THERAPY,” which has produced over 100 murals in the Rochester area alone.

While Rutherford does not currently have any future plans to work at UR, she said that she would be interested if another opportunity arose.

Passanisi is a member of the class of 2017.
DELTA UPSILON BROTHERS GO HOMELESS FOR THE HOMELESS

The brothers of Delta Upsilon raised awareness of homelessness and gathered donations for Habitat for Humanity, all while living for 48 hours on the front steps of Wilson Commons in a shelter made of cardboard boxes.

THIS WEEK ON CAMPUS

THURSDAY
APRIL 2

AMERICAN HISTORIES OF WORLD WAR II
WILSON COMMONS GROEN ROOM, 7:00 P.M. - 11:00 P.M.
Brooke Blower, associate professor of History at Boston University, will give a talk on the American World War II experience by tracing the backstories of a diverse group of noncombatants and their paths into global war.

FRIDAY
APRIL 3

INTIMACIES AND ASSEMBLAGES SYMPOSIUM
WELLES BROWN ROOM, 8:00 A.M. - NOON
The half-day symposium will feature keynote speaker Jeffrey McCune of Washington University with a talk on “Black Sexuality Beyond the Closet,” as well as several others. Call (585) 278-5477 or emailフィラデルフィアロチェスター大学から大学に送信してください。

SATURDAY
APRIL 4

NEW DIRECTIONS SYMPOSIUM
WILSON COMMONS GROEN ROOM, 9:00 A.M. - 1:00 P.M.
The symposium is sponsored by the Frederick Douglass Institute for African and African-American Studies and will feature speakers on topics like “The (In)accessibility of Slavery.”

SUNDAY
APRIL 5

OPENING ART RECEPTION: THE VOYEUR
RUSH PHIL-ARTS MUSIC LIBRARY, 6:00 P.M. - 9:00 P.M.
Chelsea Campbell’s Senior Thesis Show “The Voyeur” attempts to capture the pleasure of cinema, the pleasure of looking at people that are supposed to never look back at us, through drawn images. The reception is free and open to the public.

Annual Nick Tahou’s Run
SIGMA PHI EPSILON HOUSE, 11:00 A.M. - 1:00 P.M.
Join Sig Ep for their annual Nick Tahou’s Run. The race starts at the Sig Ep house. Participants will run to Nick Tahou’s Hots, stuff their face with a garbage plate and run back. All proceeds go to the Mount Hope Family Center.

Joyous Traditional Hymns
EASTMAN QUADRANGLE, 10:00 A.M. - 11:00 A.M.
The carillon will ring a peal followed by a number of hymns associated with the holiday season. The carillon concert is free and open to the public. Bring your own seating.

Easter Mass
INTERFAITH CHAPEL SANCTUARY, 10:00 A.M. - 11:30 A.M.
The Catholic Newman Community is hosting Easter Mass. There will also be a later mass from 7:00 p.m. to 8:00 p.m.

BY ANGELA LAI
NEWS EDITOR

1. On March 29 at 10:59 a.m., a Department of Public Safety (DPS) officer on patrol in Riverview Building B found several doors and other areas that had had eggs smashed on them. The officer found the interior of the elevator, the 4th floor laundry room door, two other doors and carpeting on the 4th floor with eggs smashed on them. No one was seen in the area, and an exact time for the incident could not be determined. The area needed to be cleaned, but there was no damage from the eggs.

False identities at Hillside Market

2. On two separate incidents, DPS responded to reports of students attempting to use another student’s ID to purchase food at Hillside Market. The first was on Sunday, March 29 at 9:00 p.m. A student was stopped by staff when they realized the student was in possession of another student’s ID and was trying to make a purchase. Staff confiscated the ID that the student was trying to use.

3. On Thursday, March 26 at 3:46 p.m., DPS officers responded to a fire alarm at the Sigma Phi Epsilon house. Rochester Fire Department also responded when officers entered, they found no smoke in the building, but there was a smoke machine outside on the porch. Residents of the building stated they found the smoke machine and wanted to see if it worked. The area was clear of smoke, and the alarm was reset. The group was warned about using smoke machines in the building.

Want to make the headlines?

Join the Campus Times.

Contact news@campustimes.org for details.
New research could improve cancer treatments

BY FARHAD DAVRENOV
STAFF WRITER

A UR research team led by Director of the UR Center for RNA Biology Dr. Lynne E. Maquat has found that blocking a certain cellular quality-control process, called nonsense-mediated mRNA decay (NMD), could make chemotherapy more effective to treat breast cancer.

NMD is a quality-control pathway responsible for protecting the cell from potentially harmful proteins that could potentially cause disease. In fact, over a third of genetically-inherited diseases, and acquired diseases, are characterized by this NMD pathway.

What makes NMD particularly relevant to chemotherapy treatments is its role as a molecular “valve” that adjusts gene expression to different environments. In the presence of certain chemicals, NMD activity will decrease. Conversely, in different environments, NMD activity will increase.

Their research involved the use of doxorubicin, a drug used to treat a variety of cancers, and its effectiveness on breast cancer cells under different conditions.

In the first condition, breast cancer cells were exposed to doxorubicin alone. In the second, breast cancer cells were simultaneously exposed to doxorubicin as well as an NMDi, a drug that attenuates the actions of NMDi. Under the second condition, the breast cancer cells showed a greater response to the drug, e.g. more cancer cells were killed.

Even more effective was the pretreatment of the cancer cells with NMDi, followed by the application of doxorubicin. Cell death was particularly pronounced in this application. A possible explanation was that the pretreatment primed the cells to become more responsive to the drug. Weakening the NMD pathway with NMD treatment allowed the environment in the cell to change enough so that it could react more rapidly to the doxorubicin.

Maquat and her fellow researchers do not yet have any plans to test this new research in patients. But their research demonstrates the potential for NMD treatment as an adjunct to chemotherapy.

Tiernan Project will not renew special interest housing status

BY ANGELA LAI
NEWS EDITOR

The Tiernan Project, which was established in 1974 as UR’s special interest housing for those interested in community service and is currently located on Burton 2, will not be a special interest housing group in 2015-16. It originally occupied all of Tiernan Hall with around 165 members before its relocation following the implementation of freshman housing in the building 2001-02.

Laurel Contonomolis, executive director of Residential Life and Housing Services, explained that Tiernan Project “was one of the main focal points for doing community service at the U of R, while it was housed in Tiernan. At that point in time, Contonomolis recalled, the Rochester Center for Community Leadership had not yet been formed and there were not many other community service programs.”

Before, freshmen were grouped into Gilbert, Tiernan, Lowey, Hoewing and Susan B. Anthony Halls, freshmen and upperclassmen shared residential halls and freshmen could apply to live in special interest housing.

Director of Housing Operations Karen Ely noted, “With the change to freshman housing, they couldn’t recruit out of the freshman class because all the freshmen were required to live together. That hurt the numbers of active members within Tiernan.”

UR student diagnosed with meningitis

BY SAM PASSANISI
NEWS EDITOR

In an email sent to the University community on Tuesday, Vice Provost and Director of University Health Services (UHS), Dr. Ralph Manchester said that a River Campus student had been hospitalized with bacterial meningitis.

According to the Centers for Disease Control (CDC), meningitis involves an infection of the meninges, the membranes that cover the brain and spinal cord. The disease is treatable with antibiotics, Manchester said, but added that the disease is serious and should be treated immediately.

Meningitis infections can be bacterial, viral, fungal, or parasitic in nature. Bacterial meningitis, the type that was diagnosed at UR, is caused by the bacterium Neisseria meningitidis. The symptoms of the disease include a headache, fever, a sore neck, and nausea or vomiting. Victims may also become dizzy or sensitive to light.

Manchester noted that the infection is transmitted by “the exchange of respiratory and throat secretions,” citing coughing and kissing as two common vectors for the spread of the disease. He also asserted that students that Neissera are not as infectious as most strains of influenza or the common cold.

Students thought to have had prolonged contact with the infected student are being given preventive treatment by UHS. Passanisi is a member of the class of 2017.
UR meets Mel Challenge

FUNDRAISING FROM PAGE 1 challenge include LeChase Hall and Retriner Hall, both named after top donors. University officials do not expect a decline in the rate of donations due to the announcement of the goal completion. When asked if donors would continue to donate at the same rate, Paprocki replied, “We certainly hope so. We have strong momentum and hope to sprint to the finish. Current students at UR have already seen many of the effects from The Meliora Challenge and will continue to see them as the years progress. Eastman students have seen the renovation of Kodak Hall and the newest addition to the campus, Eastman East Wing and Hatch Recital Hall. “We hope to fund additional professorships and scholarships at Eastman as well,” Paprocki said.

The University emphasizes the importance of every gift making a difference in the campaign. “Each generation of students has benefited from philanthropy like puzzles, you can become involved in groups on campus, and you need sometimes it takes a little bit of time and some interest. As the prominence of community service programs has grown on campus, however, Ely observed that “there are just so many wonderful opportunities that emphasis on community service has been replaced by every other choice and option students have.” Also, involved students with an interest in community service may not necessarily want to live on a floor emphasizing it if they also want to be freshman Fellows or prefer Riverview and Brooks Crossing.

“Years and years ago,” Contomanolis said, “we had an environmental living center that […] sort of faded out and finally, we decided that we were going to close their doors.” Eventually, Greenspace came with similar missions “but with an updated sustainability focus.” Special interest housing groups with fluctuating interest, then, “can come back; they can morph into something new,” Contomanolis added. “Maybe sometimes it takes a little bit of time and some interest on the parts of students. We don’t discourage students from forming special interest housing groups—in fact, we think it really strengthens our community. But it’s got to be student-driven and then you got to be a lot of students, who want to step up to the plate.”

Sanguinetti is a member of the class of 2015.

Chemo could improve

CHEMOTHERAPY FROM PAGE 1 a full explanation of these observations, but it may already be possible to increase the efficacy of chemotherapy. Drugs already on the market are known to inhibit NMD, and using these in conjunction with chemotherapy could result in a better response by cancer patients.

In recognition of her work with NMD, Lynne Maquat received the 2015 Gardner International Award. Informally known as the “Canadian Nobel,” it is the top prize for biomedical research from Canada.

She is the first scientist from upstate New York to receive the prestigious award. 82 of the previous 313 winners have gone on to receive a Nobel Prize in Physiology or Medicine. Maquat took time to profess her goals of greater representation of women in science. “With this award, I hope to inspire other young people, especially girls, and especially young women, to think about a career in science. If you like being creative, if you like puzzles, you can become a scientist and think about problems that have significance to all of us.”

Davison is a member of the class of 2017.

Tiernan Project hall will not return next year

TIERNAN FROM PAGE 3 Project.

In 2002-03, the Tiernan Project had 54 members on Crosby 2. In 2003-04, that dropped to 52 in and Tiernan Project moved to Burton 2, where it has stayed since. The number of members hovered around 35 for the next several years before dropping to 17 in 2011-12 and now, in 2014-15, to 10 members.

Declining interest “has been a pattern with the club,” Tiernan Project president and junior Sarah Pristash said. “We met with ResLife and expressed some concerns that […] our recruitment hadn’t gone well enough to fill the hall next year.” Though Tiernan Project originally applied for special interest housing next year, it eventually concluded that it would close its doors.

Pristash said, “We’re finishing the year out strong. We’re not cutting back on anything that we were initially doing. We’re still having our big event of the semester, which is the spaghetti dinner for underprivileged children in Rochester; we’re going to keep doing service events and people are welcome to come and join.”

If Tiernan Project does not keep its SA recognition, Pristash said that applying as a club “could be difficult because there are a lot of community service groups on campus, and you need something to distinguish yourself for SA to grant you recognition. What has distinguished us for so many years has been that we live together.” Additionally, Tiernan Project does not focus on a particular type of community service and has an event each week.

As the prominence of community service programs has grown on campus, however, Ely observed that “there are just so many wonderful opportunities that emphasis on community service has been replaced by every other choice and option students have.” Also, involved students with an interest in community service may not necessarily want to live on a floor emphasizing it if they also want to be freshman Fellows or prefer Riverview and Brooks Crossing.

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Davison is a member of the class of 2017.
In defense of Southside

BY AUREK RANSOM

Southside, or the group of residence halls formerly known as GLC, is the recipient of all manner of criticism and complaint. The hall’s entrance has collected our collective consciousness as the haven of the damned, the last respite of those with a bad housing lottery number. I have heard it referred to as “literally the moon.” Contrary to popular belief, Southside life is enjoyable and boasts a number of comforts notably absent from many other residential facilities.

The argument that Southside is too distant has no sound basis. I concede that Southside is moderately far and that, in the middle of a Rochester winter, it is a foolish student who misses a bus and walks to class. (I am often that student.) The conventional wisdom correctly holds that the Phase complex is at least as far from Hutchison Hall as Southside. Ironically, those who opine that Southside is too far away are often those who clamor for suites in far-off Phase.

Southside enjoys the service of two bus lines, Silver and Blue, decreasing the average walking distance for the informed commuter. Knowledge of the bus schedule is a boon to any of its residents. The buses are generally reliable, and their ranged routes provide color to an understated. The rooms are larger than average students, and the new changes would affect those interested—except in a case of a tie—meaningful for its awareness of the expected

about how Southside is isolating. I assure you, reasonably motivated students can find the strength to move themselves—or drag it necessary—to central campus whenever they want. The distance is not restrictive.

A medium-sized courtyard between Valentine and DeKiewiet provides a modest outdoor space for fair-weather days. Valentine houses the only lounge in the Southside area, but it contains a piano (which, admittedly, screams to be tuned), a large TV and a ping pong table. DeKiewiet’s basement is home to the under-appreciated Southside Market, a quasi-Hilfiger that offers a basic selection. What it lacks in glamour it makes up for in convenience and earnestness.

Southside, however, lacks in any upperclassmen living area. Speaking as a freshman alumna, this makes a world of difference. Lake most upperclassman halls, elevators allow residents to avoid the pain of hauling laundry through the stairwells. (Cheers, Res Quad.)

The furnishings in Southside are top-notch. The joy of having a semi-private bathroom cannot be understated. The rooms are larger than most, with one exception—the smallest room in the triple suites—that is redeemed by its privacy and the suite’s furnishings. The unique calm that Southside offers can be felt irrespective of room assignment.

In light of the imminent housing lottery, I encourage rising sophomores to consider Southside. The dearth of applicants guarantees a broad selection of suites and the accommodations of Southside life should not be ignored. Southside is not the scourge of campus residence halls, and it deserves a fair shake.

Ransom is a member of the class of 2017.

At 11:26 p.m. on the otherwise typical Monday evening in March, RA Senate passed a new set of bylaws to thunderous applause. The sound of the gavel came after over two hours of tedious, often intense debate on each disputed point in the proposed bylaws. And, while at times the discussion amounted to little more than petty bickering, anyone watching the deliberations could sense the careful attention to detail given to each word in the new bylaws.

For the most part, we believe this was the case. We believe that the authors of SA’s new bylaws were thorough in their research and noble in their cause.

The revamping of the branches of government, empowerment of Senate and creation of the “executive directors” were much-needed overhauls of a behemoth bureaucracy, whose labored ways had clearly taken a toll on our senators and students alike.

On other hotly debated topics, we argue wholeheartedly with SA’s decisions. A focal point of debate in several Senate meetings leading up to the passage of the bylaws was the fate of the Steering Committee, which SA felt was no longer necessary—to central campus and in the throes of lengthy and complicated Senate meetings. If the changes prove to be a solution, as many of members of SA claim they were, it doesn’t make sense that they excluded (or at least made no attempt to include) the student body in the process. We believe that it would have been appropriate to have been as transparent as possible before the bylaws were passed so that students could have heard what the proposed changes were and how they themselves would be affected by them.

SA attempted to publicize the bylaw changes through its election interest meetings, during which the nuances of the new system were explained to those interested in running for SA. This makes sense, but exposes a flaw in the organization’s reasoning: the new changes would affect potential representatives more than average students, and SA exposed the changes to a wider audience.

While SA members might feel the effects of the new system more acutely than the average student on campus, our government still owes it to us to tell us about what they’re doing, especially if it is significant as altering the entire structure of our student government. Admittedly, most students are probably content going about their lives without a care for the activities of their student government, and the concept of SA adopting new bylaws is likely meaningless to them. SA felt that students would not care or understand the new changes does not mean that it should have opted to take this course of action outside of the public eye and in the throes of

trials and tribulations in the Gowen Room

The good and bad of SA’s new bylaws

There are two features of the current SA election that give it more significance than one might be inclined to award a student government election. The first feature is that it is a by-election—at least among senators—in this election highlights the troubling times our student government is in. Of the 14 sitting senators who are eligible to run in this year’s election, only three are returning to the campaign trail.

While there are many explainable reasons for the turnover, the message still rings clear: SA has issues. What this means for the future of SA’s organization and the empowerment of senators in particular being pushed to the forefront of our government, it is crucial that the student body not only vote with care, but vote in general. Historically, voter turnout in SA elections has been embarrassingly low. For example, in the 2013 presidential and vice-presidential elections, only 1,509 students out of an undergraduate population exceeding 5,000 students casted their vote.

We don’t want to sound preachy, but it is pivotal that students vote and do so wisely. While SA is in flux, it is up to everyone to set it straight.

The authors of this editorial are members of the Opinion Board. Email editor@campustimes.org.

Ransom is a member of the class of 2017.

By Aurek Ransom

Editor-in-Chief, Adam Kadir (Managing Editor), Justin Tromby (Opinions Editor), Jeff Howard (A&E Editor) and Aurek Ransom (Copy Editor), The Editor-in-Chief and the Editorial Board make themselves available to the UR community’s ideas and concerns. Email editor@campustimes.org.

The above editorials are published with the consent of a majority of the editorial board: Aaron Schaffer (Editor-in-Chief), Adam Kadir (Managing Editor), Justin Tromby (Opinions Editor), Jeff Howard (A&E Editor) and Aurek Ransom (Copy Editor), The Editor-in-Chief and the Editorial Board make themselves available to the UR community’s ideas and concerns. Email editor@campustimes.org.

What’s that green stuff coming out of the ground? I think it’s called… grass? —Gerald Ford

That brings us to our second point: whatever the student body elects as its leaders will have to grapple with the consequences of ushering in SA’s new bylaws. Because SA will be operating under a brand new system of government and organization, the actions of senators in particular being
SA ENDORSEMENT
THURSDAY, APRIL 2, 2015

Campus Times

endorses

Grant Dever and Melissa Holloway

for

SA president and vice president

Similarly passionate about their commitment to UR students, the two tickets for Students’ Association (SA) president and vice president arrived at their decision to run in radically different ways.

SA presidential candidate and junior Ethan Bidna indicated his belief that SA has drifted from its purpose as a student-driven organization to one driven by the goals of Senators themselves, something he hopes to change in the upcoming year. He picked sophomore Erinmarie Byrnes as his running mate: “Erinmarie’s record […] speaks for itself,” he said, referring to the success of her experiential learning initiative. The two, according to Bidna, are going into the electoral process “with the same goals, [the] same frustrations and [the] same solutions.”

“SA can be a force for good,” Bidna concluded.

On the other hand, presidential candidate and junior Grant Dever and vice presidential candidate and junior Melissa Holloway said that they only decided to run last week.

“I did a lot of soul-searching,” Dever said. “I definitely feel a sense of duty to the Rochester community.” Holloway joined the ticket because of their friendship and previous work in student government. The pair is planning to “be super progressive,” Holloway explained.

A clear vision, a long history of work with SA and a strong commitment to SA reform are key to the Bidna-Byrnes ticket, while knowledge of the SA system and a desire to communicate and empathize with the student body shine through in the Dever-Holloway ticket.

This year’s candidates are motivated, dedicated and enthusiastic about the prospects for the upcoming year, and the staff of the Campus Times carefully balanced our endorsement decision upon the substance of the candidates’ campaign platforms, their visions for the upcoming year, their experience in student government, their leadership abilities and, ultimately, our opinion on which candidates we want to represent us as students. While we were impressed with Bidna and Byrnes’s plans to hold Senate accountable to the student body and their desire to focus on student initiatives, the personable and genuine attitudes of Dever and Holloway should make SA the accessible, welcoming place they promise it will be.

They emphasize a constantly evolving platform, something we trust them to firmly establish through student feedback; easy access to SA and a change in Senate culture.

“We want people to have more faith in the SA government,” Holloway said. Dever stressed the need to make SA a “better working environment for people.”

Ultimately, after our interviews with the two pairs, we are confident in the Dever-Holloway ticket and their ability to represent the interests of the student body, building initiatives that are based on student desires, maintaining quality relationships with administrators and representing student interests. They are a friendly and personable team, qualities we believe will serve them well in the role of president and vice president, as well as benefit us, the students at the University of Rochester.

That said, Bidna and Byrnes are not weak candidates. They have strong ideas, a clear understanding of SAs weakness and a drive to change them.

“SA has a listening problem,” Bidna said early in their interview. “SA has moved away from its mission statement, which is helping students.” With that in mind, their platform emphasizes moving a wide range of student body-initiated issues through Senate. Bidna’s involvement in writing the new SA bylaws means that he has an intimate understanding of the way that the new structure will allow them to do their jobs. If elected, they plan to continue meeting with students, updating the IMPACT website and opening multiple channels of feedback.

Both teams emphasize outreach to diversify the number of students participating in SA. As Byrnes noted, a new nomination process for senators aims to provide a wide range of students “equal information and a fair chance.” Dever and Holloway, on the other hand, particularly discussed outreach to incoming freshman and international students.

“We want to reach out to students and make them […] feel like the University of Rochester is their home,” Dever said.

Both teams also discussed the need to set expectations for Senators to increase the variety of students with whom they interact.

“We need to [remove] those barriers between the [SA] government and students,” Dever said, speaking to the weak connection between Senators and their constituents.

The Bidna-Byrnes team expressed a similar concern.

“We have to push senators to go and collect feedback from people who aren’t in their usual circles,” Byrnes said.

The similarities in some aspects of their platforms aside, we believe that Dever and Holloway embody their goals for the upcoming year: they are accessible and approachable, exactly the qualities they expressed a desire to promote for next year’s SA, and exactly the qualities that we want our future representatives to have.
Romantic relationship, and also a
that were able to survive your
your neurotic sense of humor all
his constant lecturing, and get
Your voice projects above the
the ears and memories of hundreds of Rochester runners.
but after a career spanning nearly
half a century, men’s, track and
field and cross country coach John Izzo finally plans to retire.
Long before he became Coach
Izzo, John Izzo was a runner.
Izzo, John Izzo was a runner.
He first experienced was at Rochester's
Jefferson High School, and he
later ran for the Golden Eagles at
SUNY Brockport. While at the
latter, Izzo qualified for the
national meet twice and took
home two New York State Championship titles in the
600- and 800-yard run. After
graduation, he taught history at
Brockport High School, where he
first became “Coach Izzo” to the
high school's cross country team in
1969 and later the track and
field team in 1973.
But, he also managed the drama
club for many years at Brockport High School.
He had a stint as
a racetrack driver. He is known
for making up songs on the spot
and can play the guitar. He once
fell during a BMX competition,
broke both wrists and still finished
the race. He has been working
on a mystery novel for as long as
anyone can remember. For a brief
time, he drove a tractor trailer to
help pay his way through college.
Despite his many titles over the
years, “Coach” was the only one
that stuck. For more than 46
years, he has served as a mentor to
hundreds of athletes.
When asked what they
think makes Izzo's coaching so
successful, both current members
and alumni of the program say it
is his attention to members of the
team on an individual basis.
If I were to use one word to
describe Izzo's training method,
it would be "gracious," says co-
captain senior Mark Riffle. “In
Coach's race plans, he stresses that
everyone has their own job to do.
If you do your job, a bigger things
will come from it.”
Coach never directed his
attention solely to the fastest
runners. Alumnus Andrew
Keene '14 recalls one race in
particular, an 800-meter run.
“Most coaches would offer the most
congratulations to their fastest
athlete, but Izzo was the opposite,”
Keene said. “He was really excited
for everyone, but by far the most
excited for a teammate who
finished last on our team, but ran
a huge [personal best].”
Others echoed this sentiment.
During his final race at UR,
James Meyers '13 recalls Izzo
approaching him and giving him
pre-race words of encouragement.
“Coach Izzo comes up to me
and looks me dead in the eye,
completely serious, and just says
'Let's do this one last time,' and
then just pats me on the back,”
Meyers said. “We didn’t win that
day...but after the race, Izzo said,
'I am proud of you and the runner
you have become.’…It was at that
moment that I knew I had made
all the right decisions in my life
to get where I was right then.’
Dedicated to each team,
member's improvement as an
athlete, Izzo often extends his
workdays beyond the typical
nine-to-five. Izzo frequently meets
athletes outside of practice hours
if classes interfere with the regular
practice times.
Alumnus Dan Lane '11
recounted a five-mile workout he
had to run late in the evening after
a chemistry lab. “I was about three
and a half miles through, and I
saw Coach Izzo's car driving laps
around the part of the cemetery I
was running,” Lane said, “When
I asked him what he was doing
out there, he said he just wanted
to make sure I was doing okay
and cheer me on...He gives his
athletes everything he has.”
Lane added that Izzo has
tremendous respect for his athletes’
desire to excel both on and off the
track. “He used to say that his
athletes’ priorities should first be
personal health and happiness,
then family, then academics, then
running, and you could always
tell he meant it,” he said, “If you
had to put an all-nighter to finish
a lab report, he would cut down
your workout. If he thought
you were sick, he would drive
you to the doctor himself...He
recognized that there was a huge
world beyond running for us and
wanted us to get the most out of
it.”
The culmination of all of this is a
team that is consistently willing
to give all it can to the sport,
as attested by the nine national
champions, 21 All-Americans and
numerous national qualifiers
and Academic All-Americans Izzo has
coached over the years. His athletes
strive to do their best under all
conditions and circumstances,
leaving no race run half-heartedly.
“He’s a patriarchal figure to
many of the members of the team.
If you need anything—he’s here for
you,” Riffle added.
Coach Izzo leaves behind a
legacy of success and countless
“Izzo stories”; his affection for
alliteration, long hours he's spent
keeping athletes company
during emergency hospital visits,
memorable pre-race pep talks and
many more.
“He makes running about
more than just many steps in a row;
he makes it about willpower,
courage and teamwork,” concluded
Meyers. “Coach Izzo’s athletes live
and breathe the sport because of this.”

BY ALYSSA ARRE
FEATURES EDITOR & PHOTO EDITOR

Jodi Says: How to fall in love

1. Try falling for a friend.
They know you, they love you.
You know them, you love them.
The best possible thing to happen
that you’re attracted to. That’s all
your life where you're in a happy
relationship. Be happy. Maybe
you're not totally in love yet,
but you're happy to be with them.

2. Fall for someone you’re just not
into anymore.
After a good long time as the

3. Fall for someone completely
impractical.
Call this the "reckless abandon"
step. Desperately search for love
and the meaning of life. Get
charmed by your best friend's little
sister, your professor or someone
you meet abroad. Mistake the
impracticality of the situation for
intense, movie-style romance. Let
this person inspire you with their
impracticality of the situation for

4. Give up.
Stop trying to date. Learn not to
mind that you’ll be alone forever.
Have an awesome time being
friends with whoever you want
and flirt with everyone. Become
closer to everyone you know
because you have more time and
focus available for them. Stop
trying to fast-forward to a part of
your life where you’re in a happy
relationship. Be happy. Maybe
somebody you'll find true love.
Maybe not.

Armstrong is a member of the
class of 2015.
UR Tech: Easter eggs in the Digital Age

BY LUCIAN COPELAND

Spring is swiftly approaching, and so is Easter. But, Easter eggs don’t just appeal to sugar-addicted toddlers and commercialized animals.

In the spirit of spring, let’s explore some of the more software-oriented Easter eggs that have invisibly wormed their way into everyday applications over the years.

Many of the best Easter eggs are in your Internet browser, where minigames and hidden features have abounded for years (unless you’re an IE user, in which case you’re probably too joyless to enjoy them anyway). These “features” are often released on April Fool’s day, but a few of them have become permanent staples of their host program.

Google is incontestably the king of Easter eggs, stuffng so many mini-games into their browser, Chrome, that it’s almost impossible not to have encountered at least one. Hit the spacebar when you’re offline and the dead-link dinosaur will leap into a running game; launch Maps and you can start a game of Pac-Man in your neighborhood streets or; type “zerp rush,” “recursion,” “ashen” and “do a barrel roll” into the search bar to get a variety of amusing results.

Firefox may not have the same plethora, but there’s still some sugar-addicted toddlers and even eggs don’t just appeal to Easter. But, Easter eggs aren’t just fun for children; they’re also educational.

You never know when you might find a scrap of poetry or an Easter egg hidden in the depths of the command line. You can still access some of these today; if you own a Mac or Linux computer, simply open up the Terminal, type in “emacs” followed by “esc-x,” and then try typing an old game like “snake,” “pong” or “tetris.” Or, try weirder options like “doctor” to get a virtual psychiatrist, or “wow” to get random quotes from the Zippy comic strip.

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How well do you understand the carillon bell?

BY HANNAH GALLAGHER
CONTRIBUTING WRITER

People spend a whole lot of time hating on the carillon bells, but as a carillon player myself, I take offense to that. Sure, they can be annoying, but, from a practical perspective, the bells offer benefits to everyone on campus. So, for the carillon listeners out there I have compiled a pragmatic list of conveniences to convince you that these boudacious bells are worth falling for.

Keeping your GPA up
We have to admit that the Society knows how much a student’s GPA matters to them and would hate to see that plummet because one is sleeping in too often. That’s why we make sure that the bells can be heard loud and clear everywhere on campus as early as 8:00 AM. Yes, that’s right, 8:00 AM! Sleeping until noon on a Saturday is something you can find on a SUNY campus but not at our esteemed university.

No one who has a watch?
For many students, it’s Big Brother’s alarm bell reminding you where to be at what time. “Crapp... I’m late!” are commonly heard lyrics on the quad when the bells strike the hour. You can’t get away from the ringing, even if you wanted to. They are like the fundraisers as you enter Wilson Commons: you can’t ignore them even if you try.

Time is in your control
You have an assignment due at 4:00 PM? The carillon is even better than the “Song of Time.” Just sprint up to the bell tower, play the beginning cadence, then have the low C clang once. Wow! Stu Dent, a freshman, is our main constituent, currently pulling all of the strings. If what’s best for the student is not running, then we won’t run. Actually, we have just been told by a single person that if we were elected it would be detrimental to the Students’ Association government. Therefore, we would like to take this opportunity to announce that we will be removing ourselves from the election.

Fascinating information, re-read our platform.
“Chiodo is a member of the class of 2017, Horgan is a member of the class of 2017.”

Editors announce presidential run

A glorious review

BY JASON ALTABET SENIOR STAFF

“Winter is coming, Winter is here.” So says Jon Snow at the beginning of the “Game of Thrones” companion piece. “Winter is coming,” screened in Hoyt auditorium on March 23. From visionary director and writer Alex Kurtzman, it can be seen as a reinventing of the “Game of Thrones” universe featuring the characters we have all grown to know and love. The five-scene story brought us around the world of Westeros: from the Wall, to the Riverlands and even to the great capital city of King’s Landing. Overall, the action-packed offshoot had its ups and downs, but nevertheless delivered a worthwhile experience for fans hiding in their time until the next season hits HBO Go.

Even in today’s age of social media, it can be said that we have a hobby like this come out while the original is still filming episodes. Mr. Braun, director and writer of the movie, didn’t reply to requests for comment on this odd circumstance. Nevertheless, Mr. Braun forewent the current acclaim of characters like Jon Snow and Jamie Lannister, instead utilizing new talent: his co-star, Scartlett Stone, playing companion and sometime lover, was played by Scarlett Fay, better known for her roles in “Detectives in Distress” and the 2012 hit “Tickle Hell Tickled Pip Stop” as the iconic Electric Toothbrush Tickler. This running switch, however, was Evan Stone replacing Peter Dinklage in “Game of Thrones.” Even at first hard to tell, a further—and extremely thorough—analysis of Mr. Stone’s scene uncovered that while in the original it looked like he was naturally four feet tall, the actor had in fact glued fake legs and shoes to his knees. Even though Mr. Stone was not as naturally inclined to the role, the choice wasn’t too hard to understand.

Mr. Dinklage is clearly a gifted actor, with 10 awards and even 30 nominations to his name. Mr. Stone, however, can boast over 60 nominations and 21 wins, including his achievement of the highly coveted New Stud award for his work in “Space Nuts.” Despite the litany of talent, some have still criticized the movie for straying from George R.R. Martin’s original vision for the characters of Westeros. Rewrites included a “dumbing down” of Brienne of Tarth, a lack of dialogue on stage and a scene where Varys reveals his enigmatic status, a subject of immense discussion at the box office. Further controversy emerged when Mr. Braun revealed that Margery Tyrell was to be fact a lesbian or bisexual, a character trait use speaking which was revealed in the trailer of the Winds of Winter and was considered a major spoiler for book readers attending the Hoyt screening.

Despite the controversy, Mr. Braun’s film was a thoroughly fascinating take of the Westerosi universe so carefully constructed by George R.R. Martin. While I will agree there were a number of plot holes exposed throughout the film, I can say with certainty that all the exposed holes were filled by the end of the movie.

Altabets is a member of the class of 2017.
ETHAN BIDNA & EMERILLY BRINES
Rochester is full of passionate, engaged students. With 59 student organizations, the Student Senate, the initiatives, and the 65+ Impact programs authored in the program’s infancy, it’s clear that Rochester students have something to say. Our student government should support this enthusiasm, encourage engagement, and be a resource to all those who want their voices heard.

After all, the most important part of student government is the student. In this next year, we need a leadership who respects student needs, who will help shape and direct the new student voice.

The structure of our SA has improved, and the sound of these changes will rely on the capabilities of its leadership.

Through the three years of SA involvement, his work as a senator. His leadership of the new bylaws affecting the structure of SA government, and the continued support he’s given to the initiatives, his breadth of knowledge has taken him on a journey to a deeper involvement with the community.

Students have benefited from the opportunities created by his initiatives, and his commitment to the community has been a driving force in the organization.

He is a leader who listens to student concerns regarding from pre-existing advising systems to resource allocation, and developed relationships with administration to bring about meaningful changes such as student access to post-admit and exposure on experiential learning courses. Together, we are confident that he will be a SA President and we have the skills necessary to make SA government the vehicle that passion will become reality.

We want to students to be SA when they have problems. We want to show them that SA can be a place where they can be heard, and their voices can be a part of the decision-making process that affects their experiences.

His work as a senator has shown us that he understands the importance of student representation in the decision-making process, and his contributions have been invaluable.

His passion for student government and his commitment to making it a positive experience for all students.

He will be a SA President next year, and we are confident that he will be able to continue his work as a senator in the next three years together and that hope that you all see him as a potential SA President for the class of 2017.

NIHA DIVAN
Hi everyone! My name is Nihal Divan and I am a member of the Student Senate for the past three years. This past year, I served as a Secretary in the Student Senate and worked hard to improve our initiatives with new ideas and worked to make sure that all of your voices are heard. I will work to make sure that the atmosphere of the campus can be improved and that change is implemented where it is necessary. I am, therefore, running again for the SA Senate in next year. Since you all, and I have no doubt that this knowledge will be of great use for Senatorial initiatives. I have a passion for being involved in the campus community and I want to make sure that all of your voices are heard. I have been making efforts to bring about meaningful changes such as student access to post-admit and exposure on experiential learning courses. Together, we are confident that he will be a SA President and we have the skills necessary to make SA government the vehicle that passion will become reality.

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ANDREW RHEINHOLD
I’m ANDREW Rheinhold. I’m a math and economics major at the CAMPUS of 2013. If you have any questions, please come to my office.

PROACTIVE: I will regularly speak with and survey students on campus in order to facilitate the change they see in their classes. I’ll also work, listen, and advocate for policies that benefit students and the SA Government.

Director of the CAMPUS of 2013. I will work towards improving student satisfaction and communication with students.

TANIA PODDAR
My name is TANIA Poddar and I am currently a sophomore. I look forward to improving this campus with my experiences and ideas.}

On campus, I have been involved in several groups, from student organizations to city planning. I am a@gmail.com member of the BC Alliance for Student Equity and a dedicated planner for the Rochester chapter of SAVES.

I am a student of history and politics. I have been a member of the BC Alliance for Student Equity and was involved with the planning of SAVES.

I am very passionate about making this campus feel as welcoming as possible. I look forward to improving the campus experience and making it a place where students can feel comfortable and happy.

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Dance competition provides high-energy entertainment

BY SAAD USMANI

Senior Staff

On Saturday, March 28, UR Ballroom Dancing hosted their first ever dance show at Douglass Dining Hall. Entitled “Dancing with UR Start”, the show was a tribute to the popular dance show “Dancing with the Stars.” Though it started out relatively slow, the show gave its audience a spin by the end of it.

The show had three administrators and dance instructors acting as the judges for the show: Dance Instructor Maryna Svyaskiy, Dean of Students Matthew Burns and Assistant Director of Wilson Commons Student Activities Lydia Crews. The dances themselves were dispersed all around the dancing spectrum, with sails being the favorite, followed by American tango, swing, jive and lastly the Viennese waltz.

There were nine different performances, and each had their own distinct flair to it. Junior Amy Entin and sophomore Ben Dees probably gave the most interesting rendition of the American tango with them dancing to the Pirates of the Caribbean. A tango while dressed as pirates (or crewmembers, I couldn’t tell which). It was obvious that both of these people had never really tipped their toes in the dancing pool in their life, so it was a bit interesting to see that unfold. Regardless of how they did, I applaud them for going up there and trying. It takes guts to perform in front of an audience (and three judges) if you’ve never done it before.

The first half was a bit rough, but that’s alright. As soon as the second half there was a bolt of energy that struck those performing— they were actually having fun. Standouts included a very fun jive performance by partners Shane Saxton, Kevin Anderson senior and Chetavie Muallo, and also to the performance by seniors Rafael Marmolejos and senior Allie Saba who provided an ultra-spicy salsa that incorporated an element of plot into the dance which no one else did. Overall it seemed that the dancer’s nerves had relaxed, because the second half was a much more exhilarating experience.

The judges themselves gave fairly positive remarks on all of them— I actually expected Dean Burns to be the “Simon” of the group, but he defiantly delivered with his comment about one of the performances saying “That was so hot, it was a code of conduct violation.” Maryna Svyaskiy, the organizer, probably gave the most helpful and honest criticism of each performance, and Assistant Director Crews acted as the most supportive of each performance.

Like in all competitions, there are winners and there are losers. Dees and Entin won third place, with Saba and Marmolejos won second place—and, you guessed it, Ali and Rennal took home the top prize of the evening. Though, if you would ask me the top choice, it was a winner that night. Let’s hope that UR Ballroom Dancing will up the ante next year, maybe with administrators performing too. Seriously, who wouldn’t want to see Dean Burns and President Seligman dance a passionate tango?

Living in the musical moment is the best motivator for me as a musician. It allows absolute freedom to express who I am and what is important to me. Similarly, the intent of the third annual “HeART of Disorder” exhibit, an award-winning art exposition sponsored by Active Minds, was to showcase a range of student artwork that was inspired by internal struggles faced by students on a regular basis, including anxiety, depression, unrealistic body image and various other mental maladies. It was a celebration of overcoming mental illness stigma in a very personal and creative way, involving paintings, poems and live performances involving music and interpretive dance routines.

The exhibit feature powerful examples of the subtle yet profound effects of the written word in poetry by Hannah Ephraim. One of her pieces emphasized the importance of having social support in trying to cope with the effects of depression. She described her inspiration from her mentor, Dr. Joseph Coulson, as “this voice echoes/around the walls/ in which I write, inclining me/toward my own gold stars.” Her work was insightful and made a very important point about fighting against isolation when seemingly trapped by a mental illness, a theme that resurfaced in other pieces.

A poetic narrative after a suicide attempt was described with an impeccable rhyme scheme in Ancalare Sullivan's work, “Mustard Seed Heart.” This featured a patient who had attempted suicide in the hospital, and the mental trajectory that she followed to convince herself that life is worth living. Sullivan described the creation of the work as “my journal from suicidal depression to recovery and it offered me an emotional release." The poem was beautifully crafted, and although the bulk of it involved content of internal struggles, she offered a solution: “Please wake up tomorrow/We all have so much to give/to listen to the echoes of your heart/because it’s telling you to live.”

Visual interpretations of struggles with mental illness struggles included a photograph by Amy Scarpelli, showing a girl in a bright pink dress attempting to get around a wall made of plastic wrap. This depiction emphasized the weakness of the self-constructed barrier that separates people with social anxiety from others in a very clever way.

There was a poem titled “You cannot stop me from seeing the possibility of interaction, just an irrational stopping point,” Scarpelli said. It was meant to show how the black and white photograph of Marknek’s black and white photograph. “Demons,” showing a smiling, seemingly content girl. Yet, the background was several other images of the girl, revealing expressions of anguish and pain. Marknek cleverly demonstrated how often the effects of mental illness are forced to be trapped inside a person, and ultimately how this can do more harm than good.

Live performances ranged from SeQuoia Kemp’s delivery of poetry dedicated to her grandmother. This offered a very touching experience with which I was able to connect. As Kemp described the loving relationship she had with her own grandmother, I was reminded of my own relationship with my Grandma and how I can still fondly remember her despite the boundaries of death. In this performance, there was an uplifting improv performance by NJR Latin Band, featuring an upbeat, Santana-like sound with solid guitar and percussion work. Vocal Point gave a powerful performance with a great blend. And the dance interpretations, featuring a performance by Shhir Belly Dance Ensemble, featured fluid, well-synchronized movements that seemed to gracefully demonstrate individual deals with their own personal burdens, yet able to come together in the conclusion of the dance.

Overall, the expo showcased an excellent array of artwork that not only aimed to emphasize the triumph of the human spirit, but also to tear down the stigmas associated with it, but also was very effective in convincing others about the multiple outlets available for emotional relief. It truly embodied what the definition of art should be—a place of solace for unlimited expression that paves the way for unlimited growth as an artist and as a person.

Kibler is a member of the class of 2017.

TOOP brings the spook with ‘Blithe Spirit’

BY MEGAN KIBLER

Staff Writer

“Blithe Spirit” tells the story of Charles Condomine and his housekeeper Richard, who invite a medium named Mme. Arcati to a dinner party in order to perform a seance. After a violent trance, the night ends in disappointment because Mme. Arcati is not able to accomplish much—that is, until Charles sees the ghost of his dead husband Oliver. It turns out that Oliver intends on staying for a while. To make matters worse, only Charles can see him, and thus hilarity ensues as Charles tries to deal with two unhappy husbands.

Now, Noel Coward originally wrote Blithe Spirit about a man and two women, but it seemed that the dancer’s nerves had relaxed, because the second half was a much more exhilarating experience.

The dynamic that soprano Jordan Polycyn-Evans, Charles, had with senior Shane Saxton’s Richard was not only enjoyable, but also believable. Without hesitation, the two of them portrayed a couple that was dating like any other relationship out there. The addition of junior Steven Winkelman as the roguish Oliver shifted the dynamic, but in so doing portrayed a different kind, but still valid, same-sex relationship.

However, it has to be said that Emma Guiffoyle, a junior, stole the show with the role of Mme. Arcati. Through her physicality and vocalizations, not to mention her costume, Guiffoyle kept the laughs coming with every line. Some of my favorites were “Everything is beautiful in its own way,” and “You’re a wonderful girl, and I don’t mean that to be a compliment.”

When Mrs. Bradman snapped at her husband, it became clear that marriage was not very well end up like them. Lastly, junior Kay McCorlde as the maid Edith found the perfect timing in every one of her actions.

In a day when same-sex relationships are legalized in the District of Columbia, and more than 20 tribes, we can begin to imagine a day when LGBT people no longer face discrimination. TOOP has joined in that conversation with Blithe Spirit, not only by gender-bending the roles, but more importantly, by portraying them credibly. The audience is able to see a story that envelops the Condomine household because it is a house like any other.

Kibler is a member of the class of 2017.
An interview with the Yellowjackets

BY JEFF HOWARD

As one of UR’s acappella groups, the Yellowjackets capture the true meaning of “performers,” with their highly choreographed shows and wacky antics, the group really resonates with each semester. This semester, the Yellowjackets have big plans up their sleeves with their upcoming show, “The Tonight Show starring the Yellowjackets,” which premieres Saturday, April 4 at 8pm in Strong Auditorium.

Jeff Howard: What’s it like to be a Yellowjacket?

Luke Mezler: It’s really special. I’m a junior now and it was a big part of my freshman year; it was such a cool brotherhood to be a part of. It’s definitely been a mosh pit of elite musical experience I’ve had of my life. It’s cool to make music with your friends and really challenge yourself.

Abhishek Sharma: agreed with Luke. I think being in the Yellowjackets has been the most formative experience of my college career. Having the ability and even the responsibility of giving back to our communities and being part of the Yellowjackets has allowed me to do a lot of cool things.

Chris Ostwald: I think it takes a lot of hard work and dedication and commitment. You get a lot out of it. It’s something I couldn’t get out of working with any other group of people, or any other endeavor.

JH: So, you guys have “The Tonight Show with the Yellowjackets” show coming up this weekend. Tell us what that’s all about.

AS: We’ve all grown up watching these wonderful shows like “The Tonight Show,” “The Daily Show” and “Steven Colbert.” This is basically our take on what all that represents. It’s about being funny in a way that’s relatable to the audience. We’re doing a lot of cool videos and banter for the audience.

LM: Dean Burns is going to be a special guest at our show, doing a celebrity interview a la Jimmy Fallon.

JH: What’s it like to audition for the Yellowjackets?

AS: We’ll walk you through what it’s like. A person comes in, we greet them, and they’re prepared a piece for us. We warm them up and get their vocals ready, and then we test their vocal range. That’s just one aspect of it. We get to find out who they are, ask them funny questions, see how they act on their feet. After the callback it’s all seeing how the person would fit in with the group and who we together view the world and how we view what it’s like to be a Yellowjacket on this campus.

CO: We’re auditioning members, not just singers. We look for fit in, meshing in with the group. We rehearse at least 10 hours a week and have 5 gigs a week. Between that we spend as a collective unit and what we’re testing for is that audition is whether we’re willing to spend 15-20 hours a week with that person for the next 3-4 years.

JH: Any of you guys on “The Sing Off?”

AS: I was. It was an incredible experience. It came right off the heels of the “United We Sing” project in Kenya. We worked with a choir there and taught them music, Lady Gaga and such. We learned a lot about the power of music as a social tool and an a means of bringing hope and inspiration in places where it’s needed the most. Being in Hollywood was like the complete other end of the spectrum. Hollywood is Hollywood. Being on set, being on stage and singing for an expansive amount of people in front of famous judges was an amazing experience. It brought out the best of us as musicians and as people, we learned so much form the experience. It really dictated the way we run rehearsals now and pick new songs to learn. It’s all about that intense rigor and striving to be more and more perfect.

LM: I’m also involved in “The Bus” program at School 58. It’s an elementary school a cappella group and a high-school a cappella group. It’s really cool. It’s once a week and some of the guys and me just head over and have a great time teaching them songs and singing. We have a concert coming up in May.

JH: Do you guys take notes on what other a cappella groups are doing?

AS: In England we were lucky enough to go to Imperial College and hang out with “The Techtionics,” which is their premier a cappella group. They came two years ago to UR and we housed them, so this was our chance to visit them. For me, the coolest experience was seeing how they viewed texture in music and how they separated their voices different from us. Not just how cool and right they were, but how they viewed musicality. It was cool to talk to their director and get some pointers. One of the arrangements we’re doing now has some of those textural ideas.

LM: Anything else you guys want to plug?

AS: Basically, the show is going to be so fun. There’s going to be a lot of zany, weird things. Come, experience it for yourself, it’s gonna be a great show.

Howard is a member of the class of 2017.

UR gets a sneak peek at ‘Game of Thrones’ season five

BY SCOTT ABRAMS

Warning: Spoilers for the first four seasons, as well as mild spoilers for the fifth, to follow.

On April 1st, 300 lucky audience members were treated to an advanced screening of the first episode of the fifth season of “Game of Thrones.” The result? After nearly a year of waiting, the first episode is... fine.

It’s neither among the best nor the worst episodes the show has produced in the past five years. As well, the show still feels very similar, with the same strengths and weaknesses it’s always had.

The material featuring Lannisters remains its strongest, picking up with Cersei (Lena Headey) and Jaime (Nikolaj Coster-Waldau) recovering from the death of their father, Tywin (Charles Dance). The show always has fun with Cersei, perhaps because headey brings much greater nuance to the “evil queen” archetype than most portrayals would. Indeed, her scenes remain highlights.

The show still feels very similar, with the same strengths and weaknesses it’s always had. The material featuring Lannisters remains its strongest.

Conversely, the show’s weakest moments, at least in my estimation, are those featuring Jon Snow (Kit Harrington), who remains the show’s dullest character. Additionally, the episode featured a surprising amount of humor, some of which landed, while others did not. In particular, there’s an edit around the show’s midpoint which is supposed to show the iconic geographical distance between two characters, but comes across seeming especially forced given the solemn tone of most of the show.

However, the episode is filled with strong moments, many of which point to changes on the periphery. While the show’s first four seasons focused on expanding the world of the show, this season seems to be contracting it, allowing characters from formerly separate storylines to interact (Peter Dinklage and Daenerys Targaryen (Emilia Clarke), among others). The episode is filled with strong moments, many of which point to changes on the periphery. While the show’s first four seasons focused on expanding the world of the show, this season seems to be contracting it, beginning on paths toward one another.

So, while this episode might not have been perfect, it was still solid. And it promised a thrilling season ahead.

Abrams is a member of the class of 2019.
BY JESSE BERNSTEIN  
STAFF WRITER

Four schools and four spectacular coaches have made their way to the NCAA Men’s Basketball Final Four this weekend in Houston. All in all, upstart-wise, this has been a pretty mild tournament, and there are three one-seeds in the Final Four. However, the sheer amount of talent on the floor this weekend is more than enough to provide a high level of intrigue. Let’s take a look at the matchups and make some predictions.

Michigan State (7) vs. Duke (1): Tom Izzo and Mike Krzyzewski are two of the best coaches in the history of college basketball. Though neither of them are trotting out their strongest rosters, the chess-match-appeal of this game is insane. It should be a chess-match, if not more so. Both teams are powerhouse rosters, and their more heralded teammates, this game could be ugly. Michigan State’s defense is strong, but not that strong, especially if the offense isn’t playing well. The game is going to come down to who can score for Michigan State. It’s been a revolving door of Trice, Valentine and Dawson this year, with each of them alternating who gets to have the big night over the last few months. They all need to be on for their games for this to be competitive. I think Izzo is an incredible coach, and what he’s done with this team is very impressive. But this is the end of the line. 72-59, Duke.

Kentucky (1) vs. Wisconsin (1): I’m going to make this very clear—Duke can lay claim to a little bit more in this tournament. However, this seems unlikely, as the Wolverines have the athletes that Kentucky does, and they’ve looked morot on many occasions this season. Duke is a very good team, but Kentucky has history in the crosshairs. Calipari will stake his claim as one of the best coaches in the country. 75-68, Kentucky. 

Bernstein is a member of the class of 2018.

Final Four emerge from Madness

BY MILAGROS GARCIA  
STAFF WRITER

After an unsteady start at the University Athletic Association (UAA) tournament in Sanford, FL, the UR baseball team had a good comeback this weekend against Bard College. After winning three of their four games in doubleheaders on Friday and Sunday, the team gained their fourth win on Wednesday against Keuka College.

During this weekend’s tournament, the Jackets stood 4-4, winning their first game of the season 6-2 against Babson University, and beating New York University 12-0. Overall, the UR tied with Case Western Reserve University for third in the tournament.

The Jackets lost to SUNY Brockport 0-3 in their home opener on March 24 and to SUNY Cortland 13-11 the following day. But this Saturday, the Jackets stepped up their performance and scored a dominating 12-5 victory over Bard College, winning the first game 12-4 and losing the second by a small margin of 2-4.

The ‘Jackets got ahead in the first inning thanks to junior Josh Ludwig adding an RBI ground out. Schmidt led the Yellowjackets pitching attack, giving up the runs scored alongside Hamilton, who also chipped in with two RBIs. Junior pitcher Michael Mondon also made a huge impact, pitching the full game with eight hits, five runs, and five strikeouts.

Unfortunately, the Yellowjackets were not as successful later that day. Bard scored four in the first inning and held off Rochester for the remainder of the game to snag their first Liberty League win.

Sunday was a different—and stronger—for the Jackets. Who won their first game in doubleheader against Bard 16-9.

The game got early scoring in the first two innings, the fourth and fifth innings Bard attempted to answer, scoring nine of their own. The game went well into the 9th inning, but the Jackets kept their lead, scoring two runs in both the 6th and 7th allowing the Yellowjackets to win 16-9.

UR tied with Case Western Reserve University for third in the tournament.

BY NATE KUHRT  
STAFF WRITER

This past weekend, the University of Rochester Men’s club ice hockey team fell to St. Bonaventure 9-3. With an early season win and a few hard losses, this makes the team’s season record 1-3.

Although the past few games have not gone Rochester’s way, as a team they have great potential and has come a long way. When the team was founded in 2011, there were only about 15 members. Now, in its 6th season in the National College Lacrosse League (NCLL), the team has grown to 25 members and has stepped up their competition to a new level.

Even with players constantly battling injuries, making multiple key players unavailable for play, the games have been highly contested. Rochester plans to make several strategic changes as they look to become a to be a serious playoff contender. “Looking forward we need to execute a better clear, because on the offensive side we have the weapons to score,” junior captain Shayan Rehman said, recognizing the skills offensive powerhouses sophomore Greg Shimman and freshmen Mitch Sawyer, Haden Nake, Ryan Henry and Ryan Bartell as key players. “But the problem is (actually) getting the ball to the offensive side. We look to correct this issue for the coming games.”

Clearing the ball is a very common issue for many teams in lacrosse. Due to the limited number of players allowed in a given position of the field, creating individual defensive mismatches is a very difficult tactic to execute. With a slight adjustment to their offensive game, this team, combined with a deep freshmen class full of strong players, UR lacrosse shows a lot of potential.

The team will take on Geneseo, Brockport and Lemosny this next weekend at home, and looks to make the most out of the weekend, setting up a very bright future both for the remainder of this season and for as upcoming years.

Sinsky singled down centerfield and gained two RBIs through Meyerson and Schmidt; Munoz doubled in a run and Schulz, gaining two RBIs as well. In the fourth John Rizzo of Keuka gained two RBIs, who won their first game in their doubleheader against Bard 16-9.

The team got ahead early scoring in the first two innings, the fourth and fifth innings Bard attempted to answer, scoring nine of their own. The game went well into the 9th inning, but the Jackets kept their lead, scoring two runs in both the 6th and 7th allowing the Yellowjackets to win 16-9.

UR tied with Case Western Reserve University for third in the tournament.

The talent of these two teams is pretty evenly matched, and Duke can lay claim to a little more experience on their roster—however, they don’t have the athletes that Kentucky does, and they’ve looked morot on many occasions this season. Duke is a very good team, but Kentucky has history in the crosshairs. Calipari will stake his claim as one of the best coaches in the country. 75-68, Kentucky.

BY MIAGROS GARCIA  
STAFF WRITER

Baseball shows commanding force in homestand

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Kudar is a member of the class of 2017.

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Stories from the Field
BY JESSE BERNSTEIN  
STAFF-WRITER

This past weekend, the NBA waved goodbye to one of its truly unique players as virtuoso point guard Steve Nash announced his retirement after 18 seasons. Drafted by the Phoenix Suns out of West Coast Conference (WCC), from Santa Clara, Nash played sparingly his first few seasons before being traded to the Dallas Mavericks. After a few years, Nash and fellow Maverick Dirk Nowitzki became one of the most formidable shooting duos in the league, and, at this point, Nash regularly appeared on the All-Star and All-NBA roster. After the ’03-’04 season, Nash returned to Phoenix, where he paired with Mike D’Antoni, Amar’e Stoudemire and Shawn Marion to form one of the most fluid, potent offenses in the history of the sport.

His skills as a passer and as a shooter were on full display every night for those Phoenix squads, and put up four 40/50/90 seasons night for those Phoenix squads, and put up four 40/50/90 seasons while continually working to get the needed adjustments because I want to continue to get better. It will definitely motivate me to consistently play at a high level while continually working to get better throughout the season.

4. What do you most hope to accomplish this season, both as a team and individually? Our ultimate team goal is to win and host the Liberty League tournament and go to Nationals again this season. Individually, I hope to play the best that I can to help my team achieve our main goals.

5. What was the biggest take away from the team’s spring break trip to Florida? I think we gained some confidence and experience playing in Florida. We played against some very talented teams during the UAA tournament and from that we learned which areas of the game we need to work on individually and as a team. This will help us to be successful throughout the rest of our season.

6. Who would you consider your biggest competition? Your biggest competition is yourself. Your coaches, teammates and opponents can push you and challenge you to succeed, but ultimately you can only accomplish your goals if you believe in yourself.

7. Would you rather go parasailing with Jon Stewart or Conan O’Brien? I think I’d go with Jon Stewart. His show is hilarious, and he was in ‘Big Daddy,’ a great movie.

Douglas is a member of the class of 2017.
Before the sun rises, sophomore Katelyn Murphy is already awake and active—lifting kettlebells and amino cans, running sprinting and stretching—all so she can make the most of her day. Wake-up is even earlier: by 3:15 a.m., she’ll have her backpack ready, all her gear packed, and be on her way to ROTC midshipmen are some of the earliest risers, harriest workers and most intensely trained individuals on campus. Not only do they balance physical training (PT) and extra—early morning classes for several times a week, but these students also have to arrange time to manage all of their regular school work. For athletes, there is an entirely other dimension added to their exhaustive, packed schedule. “It’s definitely difficult to manage,” varsity soccer midfielder, midshipman and freshman Nicolette Kober said. “In season, it was actually so much easier to get my work done because I had literally no time to do anything except soccer, ROTC and study, whereas now, in the offseason and I do more things so I’m not working as much.”

When he was a freshman, Mackie Gage was also a member of the varsity track and field team, and like Kober, found it to be quite a strenuous commitment in combination with ROTC. The training, classes and afternoons practices is not only a stress on time-management, it can also be physically taxing. Last year, sophomore Katharine Baum was a member of the women’s varsity lacrosse team but chose to stop playing before the end of the season. During the spring season, she would have ROTC crossfit or running workouts on Tuesday and Thursday mornings, sometimes an extra physical training (PT) session on Friday for Marines and then, every afternoon, would have two or more hours of lacrosse. “That was when things started to get a little crazy,” Baum said. “I don’t think my body had a lot of time to recover. I could tell that I was probably burning out. I really didn’t know how the long-distance running of ROTC combined with the shorter spring training in rugby strengthened his overall endurance, giving [him] an edge on other people, he described. “So much of athletic training is mental—pushing yourself harder and learning to take advice and criticism. "Lacrosse helped me, in general, with being able to listen and follow directions quickly, and the mental aspect of ROTC was an asset [from the stresses of school],” Baum said. Similarly, Murphy uses track as “a kind of rest.” “It helps me decompress, and it also gets me away from ROTC and like Kober, found it to be really supportive of me doing ROTC,” Baum said. “She understood a lot of the time that ROTC was going to come first. After all, ROTC was going to come first. After all, I don’t want to put money on it, it wouldn’t be with either of these two.”

Is it possible that either of these teams will claw their way in? Absolutely. With the baby-faced assassin leading his Warriors to franchise record after franchise record, they have locked up the top of the Western Conference. While the same cannot be said for the rest of the playoff seeds. Despite the Spurs living around sixth or seventh place for almost the whole season, the veteran franchise has the opportunity to secure a few key wins and slide all the way to second place. That means the difference between the second and third seed are a mere two-and-a-half games, and with about 10 games remaining, matchups and home-court advantages are up for grabs. Regardless of how the matchups end up locking in, we are, without a doubt, going to see an exciting finish to the Western Conference basketball. While all we can do is sit back and watch, we need to simply remain to remember the magnitude of what is before us.