U.S. Senator visits UR to discuss prevention of sexual violence

BY SAM PASSANISI
NEWS EDITOR

U.S. Senator Kirsten Gillibrand visited the University of Rochester on Monday to participate in a roundtable discussion on ending sexual violence. In a meeting with UR staff and students, Rochester officials and visitors from neighboring colleges, Gillibrand discussed a new bill that would provide stricter sanctions against campus sexual violence.

Representing the UR studentry were SA President and senior Antoinette Esce, SA Vice President and junior David Stark, representative for Consent is So Frat sophomore Tate Richards, and members of Men Opposing Violence Everywhere (MOVE) senior David Markakis and senior Michael Silverstein. Also in attendance were Rochester mayor Lovely Warren and Chief of Police Michael Ciminelli.

Gillibrand reintroduced a bill called the Campus Accountability and Safety Act (CASA) in the Senate last Thursday, prompted by support from students and colleges. The bill was first introduced on June 30, 2014 but was not enacted. CASA expands on and revises the 1965 Clery Act, a piece of legislation aimed at colleges and universities. The Clery Act requires institutions of higher education to report crimes on their campuses to the U.S. Department of Education. Clery Act reporting is tied to federal funding of college programs.

"[CASA] creates historic new transparency requirements," Gillibrand said. The bill would require a biannual survey of students at all colleges in order to gather information about campus climates. All schools would also be required to establish a memorandum of understanding (MOU) with their local law enforcement agencies, detailing the procedures for reporting and investigating sexual violence. Rochester Chief of Police Michael Ciminelli noted that his agency has already established an MOU protocol with UR Public Safety. The MOU protocol ensures that law enforcement will be notified in the event that a rape or sexual assault occurs on UR’s campus.

One aim of the bill is to help improve the reporting of rapes and other sexual crimes. Citing a U.S. Senate study in which 40 percent of all college campuses said they had never reported a sexual assault under the Clery Act, Gillibrand discussed the need for greater transparency.

"A lot of campuses have gotten this wrong over a long period of time because it’s not worth their while to get the reporting right," Gillibrand said, adding, "We can’t imagine that there were no sexual assaults on that 40 percent of campuses, but we can imagine that the climate may be so bad there that there is no reporting, or that schools are shoving it under the rug." CASA increases fines for universities failing to report sexual assaults from $35,000 to $150,000 per violation of the Clery Act, which Gillibrand said she hopes will “flip the initiative” from the federal government to university administrations.

“When I look at this issue, the reason I know campuses aren’t taking it seriously is the way they look at the crime,” Gillibrand said. She noted that schools are more likely to take disciplinary action against a student for academic dishonesty than for sexual assault.

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Finally, Gillibrand said she hopes the bill will provide some federal funding of college programs.

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HARI KONDABOLU BLENDS COMEDY AND POLITICS

SA, the Association for the Development of the Indian Subcontinent and Campus Activities Board sponsored an evening of comedy with Hari Kondabolu on March 4 in the May Room.

This Week on Campus

Religion and Science

Interfaith Chapel, Brennan Room, 6:15 PM - 7:30 PM
Come to an interfaith conversation about how religion and science inform our understanding of the cosmos, humanity and human and cosmic origins. There will be free pizza, snacks and beverages.

Our Health in Black and White

Urcm Helen Wood Hall, 11004, Noon - 1:00 PM
Speakers from around the community will give a presentation on health disparities in the Finger Lakes Region and the work of our community’s African-American and Latino Health Coalitions.

Copland and Dvorak

Eastman Kodak Hall, 7:30 PM - 9:30 PM
The Rochester Philharmonic Orchestra and violinist Augustin Hadelich will perform works by Smetana, Copland, Dvorak and late Rochester composer David Diamond. Tickets are available online at rpo.org.

Eastman Studio Orchestra

Eastman Kodak Hall, 8:00 PM - 10:00 PM
The Eastman Studio Orchestra combines the personnel of the Eastman Jazz Ensemble with a full complement of orchestral performers. This event is free and open to the public.

The Ceramic Art of Wayne Higby

Memorial Art Gallery, All Day
This nationally touring retrospective of Higby’s work brings together 55 ceramic pieces from 1967 through 2012. Included are innovative raku-fired vessels and studies for the largest hand-cut architectural installation in the world.

Women’s History Month Film

240 East Avenue, 3:00 PM - 5:00 PM
Come see a screening of “Advanced Style” at the Little Theatre, 240 East Avenue, Rochester. Admission is $5. Special speakers, including local educators and women’s rights advocates, will lead audience discussions after the film.

Public Safety Update

Students found dancing in Gilbert attic

BY ANGELA LAI
NEWS EDITOR

1. On Feb. 28 at 5:12 p.m., a student reported hearing what sounded like footsteps above her room in Gilber Hall. The area in question was the attic area in Gilber. Department of Public Safety (DPS) officers responded to check the area. Upon arrival, officers found a group of students in the attic. The group stated that they were practicing a dance routine and they wanted a private place to do so. The students stated the door to the attic was ajar and that that was how they got in. There were no signs of forced entry. The students were warned and sent on their way. The attic space was secured by officers when they left.

Suspicious male caught stealing from Barnes & Noble

2. On March 1 at 4:21 p.m., staff at the Collegetown Barnes & Noble bookstore reported a suspicious male who might be taking items from inside the store. DPS officers responded and located the male, who was still in the store. Officers found the male carrying several items and it appeared he had other items hidden on his person. The male was cooperative, and officers conducted a search of him. Officers took over $690 worth of clothing, food and miscellaneous items off of the male that he had hidden on him. The male was identified as having been banned from UR property in the past. The male was then placed under arrest for burglary, petit larceny and trespassing. The male was taken to DPS Headquarters to be processed for the arrest and then taken to jail by Rochester police.

Students leave belongings, are suspected of living in Gleason

3. On Feb. 26 at 6:20 a.m., staff in Gleason Library reported the possibility of students living in the library. Staff reported finding a large amount of personal items inside two cubicles in the area. The items included pillows, blankets, two laptop computers, clothes, shoes, food and other personal items. Officers collected all of the items and secured them at DPS Headquarters until the owners could retrieve them. Four undergraduates were identified as the owners of the property. The four responded to the DPS office to collect their belongings. The four students were not aware they could not leave their personal items in the library for as long as they wanted. They were all advised of the library’s policies and they collected their belongings.

Lai is a member of the class of 2016. Information provided by UR Public Safety.

Want to make the headlines?

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Serving the University of Rochester Community Since 1873

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Repairs in store for Hutchison, Hylan, Dewey entrances

BY AUREK RANSOM
COPY EDITOR

UR Facilities & Operations will be replacing entrance doors on several River Campus buildings during UR’s spring break. The repairs are slated for the external entrance to the tunnels in Dewey Hall, the main entrance doors of Hylan Hall on the Science Quad, and the first-floor entrance to Hutchison Hall that faces Willis Hall. Construction is scheduled to begin on Saturday, March 7 and continue as necessary, ending on Sunday, March 15.

Assistant Director of Facilities Kevin Gibson said that the replacements are part of Facilities’ routine maintenance of River Campus property. According to Gibson, the selected doors are “badly weathered” and have had “issues requiring ongoing maintenance.” Gibson added that the doors were selected based on their “age, location, condition and history of service requests [and] required repairs.”

“The new installations will feature upgraded hinge mechanisms, upgraded insulated glass, upgraded lock cylinders and the addition of card access for improved security,” Gibson said. Despite the increased security measures, Gibson noted that “there are no immediate safety or security issues” and that the repairs “will feature upgraded hinge repairs.”

Students have expressed concerns regarding the doors.” Gibson stated that the noisiest part “issues requiring ongoing maintenance,” Gibson added, despite the “loud drilling” and “cutting of the metal frames.”

Gibson noted that “there are other items on our campus.” He added, “We are excited to be making significant advances in the facilities and potential upgrades by touring areas of our campus.” Gibson stated that, in addition to the concerns of weathering and wear, the heavy pedestrian traffic through these sets of doors was a factor in their selection. “Condition and history of maintenance,” noted, remain the “primary drivers” of the decision to replace, Gibson said.

An email from Facilities stated that the noisiest part of the construction will be on Saturday, March 7 and Monday, March 9 for the Hutchison Hall doors, and between March 9 and 10 for the Hylan Hall doors. These construction periods will include “loud drilling” and “cutting of the metal frames.”

Facilities’ projects are numerous and varied, and door replacement occupies only a small portion of the time Facilities devotes to both long-term projects and daily maintenance. “Door replacement projects fall into both long-term projects and daily maintenance,” Gibson noted. “Other items in this category are window replacements, elevator modernizations, masonry repointing and roofing.”

Gibson noted that Facilities “always appreciates hearing input and feedback from our students” and mentioned the Walk for Facilities event, held in November 2014, in which “students and administrators had the opportunity to meet and discuss the condition of our facilities and potential upgrades by touring areas of our campus.” Gibson added, “We are excited to be making significant advances in the upgrade of [the doors] and other items on our campus.”

Ransom is a member of the class of 2017.

Construction plans move forward for Data Science Institute

BY ANGELA LAI
NEWS EDITOR

UR recently selected Welliver, a provider of construction services based in the Finger Lakes region of New York, as the manager for preconstruction services for the new Institute for Data Science. In October 2013, UR’s Board of Trustees approved the Institute for Data Science as the signature project of the 2013-2018 University Strategic Plan.

Data science refers to the extraction of meaning or knowledge from large-scale data, and it draws from and applies to many different fields including biostatistics, brain and cognitive sciences, computer science, mathematics, physics, public health and many others.

Pamphlets for the Institute for preconstruction services based on constructability for the actual building, which will be over 50,000 square feet, located next to the Hopeman Engineering Building and is projected to be completed by December 2016 or January 2017.

Stephen Dare, the Senior Associate Vice President and Interim Chief Operating Officer of University Advancement for Academic Relations, is in charge of fundraising for the project.

“Last spring we started talking to individuals; President Seligman has been very involved,” he said. While he was unable to divulge the current numbers, he said they have made “significant progress” toward the $50 million goal and that they may be able to make some announcements in the weeks to come.

Kennedy & Violich Architecture, Ltd., an architecture firm based in Boston, won the design competition for the building this past October. University Architect Jose Fernandez explained that the competing firms were asked to focus on a couple of major things.

“We wanted a building that would fit within the context of the campus,” he said. "The

PAGE 3
New dining hall will have a ‘full meal solution’ at each station

DOUGLASS FROM PAGE 1
will not be a administered under Dining Services but rather through the University. According to Schaaf, a space for intercultural celebration has been in the college’s plan for a while, but there was not a space available for it until now.

Plans for the new dining center include a “micro-restaurant”-style set up. An email sent by Dining to the studentody describes this concept as “a full meal solution available at each station.”

Aubrey said that the new dining hall will not be focused on small plates as in Danforth. “It will be full stations where if you wanted to, you could go to one station and get your entree, side, [and] everything all at one station,” Aubrey said.

The micro-restaurants will include a kosher station with a focus on comfort foods and whole proteins; a street foods station; a dessert station “styled after your favorite coffee shops,” according to Aubrey.

The third and fourth floor intercultural spaces will work with dining to incorporate food culture into the “street food” micro-restaurant.

Schaaf said the idea for the layout of the building is to make all of its different parts flow better than they currently do. He admitted that the Frederick Douglass Building currently feels like “one building stuck on another,” but that students will, with the new layout, be able to move smoothly from one floor to another without going outside, as is currently necessary to move from the dining center to Grab & Go.

This week, the dining committee, led by Schaaf, is finishing the design of the individual food stations. The next step is finalizing the seating plan and organizing materials. “Then, we’ll have things to show people in terms of what it’s really going to look like,” Schaaf said.

According to Schaaf, the construction of College Town and the movement of the University bookstore to a different location gives Dining Services the capacity to expand the building as much as possible. In the past, Douglass has remained closed on weekends to make room for student events. With a separate floor dedicated to this in the future, Douglass dining center will have the capacity to remain open for brunch on the weekends along with Danforth.

UK Dining Services receives several logistical benefits from the renovations. An expanded catering program will bring in more revenue, and this revenue will circulate back into the program. Similarly, the food offered at the new Grab & Go will be completely house-made, meaning UR will not need to rely on other providers for products.

There will also be more job openings and opportunities for current dining employees to switch locations. “Our chefs are really excited to be able to play with some new equipment and new foods,” Executive Chef Tony Pignagrande said. Pignagrande has been working with the planning committee to ensure that the new facilities, including the kitchen layouts and equipment, make sense and work well behind the scenes during food preparation.

“This renovation will allow us to make all of our locations better,” Pignagrande said. He explained that while Douglass will have a new draw, Dining Services plans to keep things updated in Danforth and Wilson Commons, as well.

“We’re always thinking about that,” Pignagrande said, addressing potential crowding of the new dining hall when it first opens. “When everybody goes to a location, it’s not the ideal dining situation [...] We need to make sure we offer something new and exciting in other locations as well.”
As we approach spring break, the halfway point in the semester for students, faculty and staff alike, it seems apt to reflect on the progress so far of the Editorial Board and, more generally, the Campus Times itself.

Coming into this year’s iteration of the CT, we looked around at our new staff, took note of the many fresh, eager and excited faces and set our sights high. As a paper, we were ready to face the new year, and to rise to the challenge of writing, reporting and living the news.

While our circumstances may have been a bit different from those of the stereotypical journalist—from apart from the present need for coffee and the looming fear of deadlines—our spirit has not wavered.

For the desire to get to the bottom of things, to dig deep into diverse issues, to separate fact from fiction and relay to the public the undying truth in all its glory sparks the fire of a journalist’s soul. The truth fuels journalists, pushes them to reach their goals and shines as the foundational motivation at the core of their craft.

It seems to me that things may no longer appear as hyperbolic as they’ve been painted. Our lives are not accentuated by dramatic scores, nor is the scope of our work cinematic in breadth or content. But, undeniably, we have risen to the challenge of meeting this central creed of journalism, this essential tenet of the truth.

But we are not ones to neglect recognizing our own faults. At times, in trying to serve our community, we have scrambled to translate conversations about campus life. We regret to say that, in some cases, ideas have been exhausted, with old ones recycled and brand new ones yet to be proposed.

The sad reality is that in our darkest hours, even universally agreed upon stances have sufficed for acceptable arguments. And for our sometimes misguided or squandered efforts, we hope to bounce back after break, bring a spark of life to the flickering candle of our creativity and return to the basics of hard-nosed, cutting-edge journalism.

We have and continue to strive to achieve.

A certain film, whose soundtrack has often played throughout the CT’s office in times both jovial and trials commented on the ephemeral nature of life, with the title character saying: “Life moves pretty fast. If you don’t stop and look around once in a while, you could miss it.”

Acknowledging that our time with the CT is dwindling, we hope to make the best of our future endeavors and become “ever better.” But the only way we can do that is with your support. Tell us how we can improve! we have let know what we’re doing right and what we can do better.

Melora.

As an Undergraduate Council member, Douglass renovations: keep them distinct from Danforth

At about 10 a.m. Monday morning, the student body received an email from Dining Services. The email, titled “Did you miss it?” described the latest iterations of proposed changes to Douglass Dining Center, currently located on the second floor of the Frederick Douglass Building (FDB).

Fewer than ten students attended the meeting. To imply that some students may have missed it would be a gross understatement.

The email noted that the majority of Douglass’ changes will occur during Summer 2015 and Summer 2016, such that a renovated Douglass would open on the first floor of the FDB by Fall 2016.

We applaud Dining’s recent communication about the new Douglass to the student body, and we encourage them to go further. The main suggestion is to consistently update the student body—through email and other effective channels—about the new Douglass Dining Center, Facebook on the construction progress and on Dining’s progress in implementation relative to their timeline.

Many of the intended changes to Douglass sound great. For example, Dining has communicated their desire to have the new Douglass model be composed of “micro-restaurants,” a concept that sounds much more appetizing, efficient and filling than Danforth’s model, which places importance upon small plates—and, in turn, small portions. It is no secret that many students go to Douglass with the singular purpose of not going to Danforth. We thank Dining for recognizing this and choosing to have Douglass follow a distinct path from that of Danforth.

Dining’s commitment to expanding options—primarily with the expanded allergen-free and kosher stations and “street” and “exhibition” stations—will give students more choices when deciding what to eat. Dining has a responsibility to cater to student needs, and we truly appreciate that they are taking our dietary desires seriously.

That said, it’s a shame that the new Douglass will open after current juniors have graduated. In addition, Dining has opted to incorporate Facebook on the construction process and on Dining’s progress in implementation relative to their timeline.

Unfortunately, the ultimate reason for the Mel Express’ potential closing seems to be the cost of construction.

We believe that most students do not realize what they are missing, and that they likely never will. We hope that answers the question at the heart of Dining’s email.

The above editorials are published with the consent of a majority of the editorial board: Aaron Schaffer (Editor-in-Chief), Adam Kadir (Managing Editor), Justin Trombly (Opinions Editor), Jeff Howard (A&E Editor) and Aurek Ransom (Copy Editor). The Editor-in-Chief and the Editorial Board make themselves available to the UR community’s ideas and concerns. Email editor@campustimes.org.

BUSINESS EDITOR

By Adam Kadir
Managing Editor

It may be just the sewage vent across the street that’s been spewing constantly for the past week, but something is smoky outside ITS.

You can even smell it inside the airport by Connections. You can smell it around the block. It’s gotten so bad that you can smell it when it’s not even there. Or, maybe the area outside ITS is just now redolent of it in my mind.

Of course, I’m talking about cigarette smoke. Cigarette smoke is polluting the air outside ITS, right where students wait for buses and pass by on their way to the library.

Outside the door to ITS is a sign advising the University policy prohibiting smoking within 30 feet of a building. Because this rule is unenforced, everyone who chooses not to put death sticks in their mouths still has no choice but to breathe in the murderer’s fumes they pass through. I have seen smokers light up literally right next to signs telling them that they can’t smoke within 30 feet of a building. Such blatant disregard for University policy doesn’t just undermine the University’s overall authority in enforcing its own rules; rather, it endangers the health of anybody walking within 30 feet of a building.

In theory, the 30-foot rule is a good idea. Regrettably, I can’t speak as to whether it is a good idea in practice because it is simply not put in practice. According to minutes from an SA Senate meeting, on Feb. 17, 2014, Senator Jonathan LoTempio reported that Director of Public Safety Mark Fischer had said at a previous Public Safety Open Forum that “enforcing the [30-foot] policy would undermine [Public Safety’s] legitimacy.” Enforcing the rules does not undermine a policing body’s legitimacy; Public Safety exists to enforce rules. The logical conclusions of Fischer’s statement are harrowing and dangerous.

There are several practical solutions to fix the problem of secondhand smoke. The one most in line with current University policy is to enforce the 30-foot rule. Currently, the rule is toothless. And thirdly, the policy is more of what you call a guideline than an actual rule. But we can’t just walk it by and let smokers kill us. There needs to be a punishment for breaking the rule, and, for that, there needs to be enforcement of the rule. To address the latter first, the most obvious choice of who would enforce the rule (though I’d definitely be up for the job) would be Public Safety.

You might think it would require an increased Public Safety presence to enforce the rule all the time. First of all, depending on the punishment, any increase in staff would pay for itself. If you fine people caught smoking within 30 feet of a building, you would at first get a huge influx of cash from people ignoring the rules and other health, and then the need for Public Safety officers would decrease as the fear of DPS is instilled in the addicted minds of smokers. The system would work much like parking tickets.

The more problematic side of this solution is the definition of 30 feet. One issue in the current setup is that there is no way to know exactly how far away 30 feet from a building is. To avoid controversy, the fairest way to delineate this zone would be to, as tactfully as possible, draw lines around the perimeter of every building. Make it clear, and the rule will be legitimate.

Ideally, smoking would be banned outright on campus. Unfortunately, this is unlikely to happen any time soon. So, until then, I must accept that my peers and professors are allowed to do what they want with their bodies. All I ask is that my fellow people, who are, in some respects, living long, and I not have to breathe in cigarette smoke every time we approach a building.

Kadir is a member of the class of 2017.
The case against op-eds

BY STEPHEN WEGMANN

As with everything he does, it’s think it’d be really cool to write my friend said this to me: “Yo, I percentage points more bad weather that are somewhat walk around on slushy, snow-filled sidewalks. In my mind, whining about externalities of bad weather that are somewhat present is like a few percentage points more interesting than just talking about the weather itself.

In its entirety, my grumbling about the snow has ceased since my friend said this to me: “Yo, I think I’d really be cool to write an op-ed for the Campus Times about how we should have better snow clearing services.” Initially pissed at his statement, I realized how silly this mentality was. This attitude prioritizes complaining and positive reinforcement for complaining—the public recognition and self-satisfaction for having written the article—over constructively spending time to create positive change. I worse about this disposition? I’ve witnessed it all around campus, shared not only by my acquaintance, but also by a number of other students who have written CT op-ed articles. As a fairly regular reader of the Campus Times, I’ve taken the initiative to keep track of these aforementioned articles: “The dirty facts about UR’s dining,” “The case for sleeping (in public) (kinda),” “Change Grab and Go for the Bernet,” “Blind: let’s use pen and paper?”

What a waste. I’m sure some of these articles are very good, but the articles I mentioned above, most of which are actually neither bad pieces of feedback nor lacking entertainment. But, despite containing some creative and intellectual value, I’m also sure these students wrote these articles based on a bored motivation: narcissism. Authors of opinion pieces complaining about a physical-, facility- or service-related issue have approximately zero desire to actually make any change in the issue. Furthermore, they’re not even trying to convince other students that they’re right; almost all students can agree they’d prefer fewer restrooms in the library and regularly improved dining services. These authors write articles for the attention and visibility, which in turn allows them access to more in-tune complainers with whom they can co-ruminate about their first-world problems. So, what’s the matter with the authors being selfish—aren’t they just providing entertainment and positive reinforcement for the readers of these articles? While I certainly believe that these articles are engaging and interesting to read, they create a unforeseen problem for students advocating for concrete improvements to inadequacies. In other words, these students actually make the job of student government members more difficult. Because of some of the articles posted above, I’ve had significant speed bumps in progress in my conversations with administrators. Earlier this year, at the end of a productive meeting with a department, they brought up a CT op-ed that offended them. This brought about three results for me: an uncomfortable and tough to handle situation, the degradation of the feedback I had given them, and damage to the rapport I had established with that department. Looking back at the sub-optimal progress of initiatives with this department, I am left to wonder whether or not a useless CT op-ed prevented students from receiving superior services.

I charge [op-ed] authors to think twice about complaining about a UR-related issue that could be much more efficiently dealt with through SA Government.

While I don’t think Campus Times should completely eradicate its Opinions section (that would be too ironic for my taste), I challenge its authors to think twice before complaining about a UR-related issue that could be much more efficiently dealt with through SA Government.

We do want your feedback, so before picking up the pen to complain about how the pizza in the Pit isn’t Brooklyn quality, or about how you couldn’t log in to Blackboard at 4 a.m., consider using the SA Government IMPACT petition site or shooting someone a quick, direct email. Who knows—maybe you’ll actually get a smoothie bar!

Wegmann, a sophomore, is Chair of Senate Academic Committee. Wegmann is a member of the class of 2017.
Net neutrality: neutralizing exploitation without noticeable effects

Farkhod Davrenov

Freedom, equality and opportunity—standard ideals of American politics. Ideals as vague as they are loved, they were invoked again with the Federal Communication Commission (FCC)’s passage of stronger net neutrality rules on Feb. 26. These rules are actually fairly uncontroversial. Multiple internet service providers (ISPs) have already been following them. Don’t block access to websites if the content is legal. Don’t intentionally slow down some content or speed up others. Make your operations transparent to everybody so no one can unfairly benefit from that knowledge. Don’t implement pay-to-play “fast lane” services. Basically, the rules ensure that ISPs cannot unfairly give preferential treatment to some groups and discriminate against others. There are other important details but, generally, these rules are right in line with the ideals of a free society.

The caveat is that in order for these rules to have any legal weight, the government has to vastly increase its power over the Internet. Broadband is now subject to Title II regulations, akin to other utilities, and their overuse can cause a multitude of issues.

FCC Chairman Tom Wheeler emphasizes the light touch they will use in their regulatory practices. He says that the Internet will be regulated no more than free speech is regulated by the First Amendment. Maybe that is true; but the government really won’t fully exploit all of its new powers. And maybe the alcoholic goes to the bar so he can eat some peanuts and watch the game. But, really, what is the alternative? Do we reject the regulatory practices of the government in favor of the exploitative practices of the ISPs? Do you trust the government more than you hate your ISP? At least with the government involved, it’s the company getting screwed and not the consumer.

Ultimately, it doesn’t even matter who does what or even what they do. All that matters is how people are affected. And in this sense, the FCC’s decision on Net Neutrality might not even matter. Think about the differences in your Internet experience before and after the proposal passed. Will you even notice whether or not you have a better internet experience? Nobody likes their ISP, but it is not like they were being particularly obnoxious. Most people’s browsing habits are completely unaffected by these net neutrality rules. In the short term, no one will notice any difference. Whatever effects we might see will arise gradually and perhaps unpredictably. The FCC is betting that the state of the future Internet will be healthier with government regulations and protections than without. It is a call back to the monopolies of the early 20th century. The lack of competition allowed them to do whatever they desired, which often included exploiting workers and customers for greater profit. The FCC is heading off a potential for ISP companies to further ingrain their exploitative tendencies.

Davrenov is a member of the class of 2017.

Got opinions?

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Students learn about eating disorders and their effects

BY MEGAN KIBLER
STAFF WRITER

Your heart is pounding, even faster than it was while you were running your final stretch on the treadmill. You finally open your eyes and allow yourself to take in the resulting number on the scale. You are half a pound lighter than you were yesterday. You reward yourself with a smile and perhaps a meal consisting of more than a piece of bread and jam. But this moment of achievement is temporary—you know that you could be lighter. You can do better.

So, despite a complete lack of energy and a painful, unceasing case of hunger, you decide to step back onto the treadmill as an alternative to dinner.

This is a typical scenario for someone with anorexia nervosa, an eating disorder that, according to the National Eating Disorders Association, involves “self-starvation and excessive weight loss.” Another eating disorder is bulimia nervosa, which is “a cycle of bingeing and self-induced vomiting designed to undo…the effects of binge eating.” Binge eating disorder, a disorder recently acknowledged by the latest edition of the DSM-5, involves “frequently consuming large amounts of food but without measures to prevent weight gain.” All of these disorders can cause life-threatening conditions; in fact, eating disorders have the highest mortality rate out of any mental illness in the U.S. Eating disorders do not just affect females—one in ten cases involves men.

“There was no reason I wanted to see that number on the scale but I was in it; it took me over,” said Maggie Bertram, the Associate Director of Training and Education for Active Minds, a national organization whose primary goal is to combat stigma associated with mental illness. Her empowering tale—which included multiple humorous asides—of reclaiming her life after surviving anorexia was the main goal of “Day Without Mirrors,” an event that was created by UR’s Active Minds chapter.

Eating Disorders do not just affect the victim; they not only make it difficult for others to relate to and understand the sufferer, but unfortunately it can be very challenging for someone who currently has an eating disorder to break the cycle. Harnicher said that oftentimes people are not even aware that they have the disorder. So, this not only makes it difficult for the victim of the disorder but for their friends as well. What is the magic cure, then, for a disorder that is undetectable to the victim?

“Emphasizing the role of friends and having support,” said junior Raey Geeze, a member of the Active Minds e-board in charge of education and publicity. “They get an idea of how things can be better.”

“An important message is that people aren’t alone in this—people suffer in silence, but don’t have to,” agreed sophomore Abby Monsoor, an Active Minds member.

Making the decision to seek treatment can be difficult, but it is the first step in combating a serious and potentially fatal problem. Harnicher’s strategy involves “helping them recognize that it is not a weakness to seek help…and show them how courageous it is and praise them for it.”

Eating Disorder Awareness Week, which had included multiple events hosted by UR’s Active Minds chapter, was a mental health screening opportunity, involving taking a survey comprised of yes and no questions. People who completed the survey could receive feedback from a UHS counselor and a possible referral for other resources if eating disorder symptoms had been detected. The “Day Without Mirrors” exhibit was created by covering up the mirrors in the restrooms in Wilson Commons and posting various quotes that encouraged a more positive body image. These included reminders such as “Work with your body and not against it.” There were even markers for those who wished to leave their own words of encouragement.

“A big theme of this week is not just focusing on eating disorders but also promoting body positivity in general,” said senior and UR Active Minds president Hayley Harnicher. “The main goal is to have a reminder that beauty doesn’t come from what you see in the mirror.”

This same theme was emphasized in an event called “My Favorite Features,” which involved asking people to name various traits that they valued in themselves and trying to stay away from physical traits and instead focus on ones related to personality and talents.

Promoting body positivity is a great strategy for prevention, but unfortunately it can be very challenging for someone who currently has an eating disorder to break the cycle. Harnicher noted that oftentimes people are not even aware that they have the disorder. So, this not only makes it difficult for the victim of the disorder but for their friends as well. What is the magic cure, then, for a disorder that is undetectable to the victim?

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Senior Niki Wezensky had a similar experience in trying to help a roommate who was showing early signs of an eating disorder. Wezensky was not forceful or demanding, and made it clear that “I was there for her, but that I also wanted her to be healthy.” She remembers keeping track of her friend’s eating habits and encouraging her to see a therapist.

Ultimately, though, it is up to the victim to make the final change. Although Bertram attributed a lot of her success in recovery to her friend’s loyal support, she recalled her lowest point after being notified of potential kidney failure.

She knew she had a decision to make.

“There was nothing left below me, and I flipped the switch and went to treatment the next day.”

Having been a very dedicated student, she had been concerned about missing classes, but she emphasized the importance of taking care of yourself first and foremost. “Pressing pause is easy in college…it doesn’t matter how long it takes you.”

We are blessed at this university to have multiple avenues of support. If you need to talk to someone, remember that counselors at UHS are always available, and that, as a student, you are allowed ten free sessions. The CARE Support team is always available. And, if you feel strongly about promoting mental health, Active Minds holds general meetings on Mondays at 7 pm in Havens Lounge.

Above all, remember to promote your story and not be afraid to speak up and acknowledge your own potential. “Don’t silence your voice…you have the power to change the world,” Bertram concluded. “Be there for your friends.”

Kibler is a member of the class of 2017.
BY JODI ARMSTRONG
STAFF WRITER

Most swear words fall into two categories: words referring to genitalia and words that harbor people’s rudely, racist or religious. Both are disappointing to me; then again, maybe my moral standards for profanity are not as high as they should be.

As for the genitalia category—your assholes, cunts, dicks and cock—all this stuff just make sex seem like a bad, dirty thing. That’s a shame, because it’s part of our nature. Should it be classified as a utility similar to electricity, or would we consider it a luxury?

A swear is a lazy criticism. The easiest way to criticize someone is to attack their sexuality, not inherently dirty or offensive; it’s part of our nature. Should it really be an insult to call someone a dick? Dicks are great! Now, I may be idealistic, and I do wish these words weren’t used as they are, but I am not so naive as to suggest that everyone should stop using them altogether. Maybe we should all just try to be more aware of their subtle psychological effects and use them with more caution.

My opinions are not so lenient regarding the second category of swears. Birch, slut, whore and even prude, faggот, dyke and tranny—these all are just nasty words. And while their focus is centered on women, gays, transgender people and básico anything other than cis-straight white men, these words are used everywhere and are harmful to everyone.

To attack a person with these swears because they are gay, gender nonconforming, a woman who has sex with a woman or a woman who doesn’t is just wrong. I think most people agree about that. But what about using these words in contexts outside of their meaning? You call your buddy a faggot because you’re crushing him in Mario Kart, not because you think he’s gay and have a problem with gay people. Lots of people are willing to remain the use of swears in this type of scenario. Even in that context, I would argue that these type of swear are still harmful, though in subtler ways.

A swear is a lazy criticism. The easiest way to criticize someone is to attack their sexuality. This focus on sexuality adds to the pervasive sense of negativity, shame and insecurity around sex. Being comfortable, confident and proud of your sexual identity and choices is extra hard when your sexuality is attacked. This is an easy way to criticize someone.

When we hear these words constantly, even when they aren’t directed at us, it is a reminder of how we must be straight, monogamous or whatever else, in order to avoid being a subject of hate. When we hear these words constantly, even when they aren’t directed at us, it is a reminder of how we must be straight, monogamous or whatever else, in order to avoid being a subject of hate.

“Sex & the CT” LET SEX & THE CT HELP YOU THROUGH YOUR AWKWARD SEXUAL YEARS. Constantly under attack.

Even if you manage to keep your sexuality in a positive light in your own mind, as soon as you piss someone off, the first thing they do is call you a nasty name. Just cut someone off driving in your Subaru Outback. "Dyke!" What? WHY? How could my sexual orientation be at all relevant to my driving habits? Or related to what car I drive, for that matter? To ignore someone’s true flaws—for example, their terrible driving—characterizing them with something as characteristic and harmless as their sexual identity is hurtful and lazy and not at all helpful. It’s not going to make them a better driver. It will only make you a less kind person.

UR Tech: The Grumpy Cat

BY LUCIAN COPELAND
STAFF WRITER

Grumpy Cat is making the rounds on Comicon this week. Adorned on a banner carried by a plane circling the giant ISPs headquarters, the unhappy feline is accompanied by words celebrating the FCC’s recent ruling on net neutrality and hinting at the continuing struggle to come: “COMCAST: DON’T MESS WITH THE INTERNET.”

Speaking at the Mobile World Congress, Nokia CEO Rajeev Suri feels that the ruling would prevent new, information-intensive technologies from getting the support they need to function properly. Chief among his concerns were self-driving cars, in which Nokia has significant investments. “There are services that simply require a different level of connectivity” he said, “You cannot prevent collisions if the data that can prevent them is still making its way through the network.” Other concerns voiced included service to hospitals, where doctors could have difficulty receiving the massive amounts of data many modern medical devices require.

But such concerns may be lost in the public’s demands that the internet should now and forever remain free for all. No matter how much they spend on legal attacks, ISPs cannot simply use them with the力を抜く技術として安定して使用できます。
Chrome extensions you should know

BY RAAGA KANAKAM
FEATURES EDITOR

Google Chrome is one of the most popular Internet browsers out there. It’s commended for its lightning speed, easy-to-use search engine and multiple cool features such as voice search and syncing across devices. Furthermore, using it in conjunction with a Gmail account makes for an amazingly smooth use of everything offered by the mail service.

Chrome is also great because it has seemingly infinite useful, productive and entertaining extensions.

Here’s a list of six Chrome extensions that a student might find useful.

1. Save to Google Drive

Google Drive is an incredibly popular resource for college students everywhere. Having all your documents in an easy-to-reach place that can be accessed anywhere and can also be shared and edited in real time is a huge time-saver when it comes to work, both school-related and extracurricular-related. This extension allows you to right-click on any link or image and save it directly to your Google Drive, which can be accessed later. This is hugely useful when working on a project that requires extensive research and bookmarking twenty websites becomes overwhelming.

2. StayFocused

Sometimes school work is just boring. You can get the most caffeinated beverage from Starbucks and the quietest nook, but sometimes nothing can keep you from checking Facebook or Reddit. You’ve run out of self-control. What do you do? This extension offers multiple options for blocking, from setting a daily timer that blocks a website after a time runs out to the “Nuclear Option” that blocks all the websites you want for a set time. Think you’re going to succumb and disable the time? Think again. You can set an option to require entering a long and difficult passage to get access to the settings.

3. Print Friendly & PDF

Printing is expensive. Printing a web page with tons of useless links and images is expensive and frustrating. Luckily, Print Friendly exists. It removes all the extraneous links on a webpage, and also has an option to remove pictures and anything else you don’t want by simply clicking on it. Additionally, it can also save a page as a PDF, which can be useful when doing research.

4. Session Buddy

Session Buddy is not hard to get carried away with browsing sites online and procrastinating.

5. AdBlock

Pop-ups are annoying. Having to watch a one-minute ad before a You-Tube video is annoying. Advertisements in general are rather annoying and cause a webpage to load much longer. AdBlock wipes all these away. This extension will block ads in virtually every avenue, including videos and flash games. Advertisements are used to generate revenue for websites, so if you want to support your favorite website, it also gives the option to disable the extension on websites that you want. Best of all, this extension is also available on Safari, Opera and Firefox.

6. Memorize!

Who says you can’t study even while being lazy? With Memorize!, you can input a list of questions and answers, which will pop up in intervals that you can set. Answer the question, and that question gets removed from the set, and the extension will continue to pop-up at intervals until you get all the questions correct or you stop it. It’s a neat way to study while procrastinating.

Kanakam is a member of the class of 2017.

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Let’s play on words

BY CHRIS HORGAN  
HUMOR EDITOR

1. The electric wiring in my house is unsatisfactory, so I felt guilty giving the repair man an offer he couldn’t refuse.
2. Angels make poor friends because they aren’t down-to-Earth people.
3. Scheduling events for a friend is a good way to make their day.
4. Before Jesus walked on water, he did a few dry runs.
5. Scientists spend so much time theorizing why snails don’t get homesick.
6. A DEA agent is claiming that 16 and 17-year-olds may start to vote in local elections.

Poking fun at the news

BY CHRIS HORGAN  
HUMOR EDITOR

1. A blind dog was rescued after being lost in the cold for over 2 weeks.
2. How many strikes does it take to cancel classes? 5. A man sold a watch he couldn’t have done it without him.
3. A birthday party was held for a NYC couple that has been married for 82 years.
4. When asked about her husband’s attack case, the wife responded by claiming, “I married for 82 years. I need time studying why snails don’t get homesick, so I felt guilty giving the repair man an offer he couldn’t refuse.
5. Insanity: doing the same thing over and over again and expecting different results. Insanity: doing the same thing over and over again and expecting different results.
6. A Vermont town is considering allowing 16 and 17-year-olds to vote in local elections.

Seligan makes judgement call not to cancel classes

BY MAX KINDER  
CONTRIBUTING WRITER

As of 3 p.m. on Tuesday afternoon, Seligman, who has decided not to cancel classes for the snowfall that is predicted to hit the Northeast in a snowstorm, has not heard from the weather.com, snowfall is expected to hit on Mar. 6, but Seligman has no fear.

“We’re right up there academically with UCLA, so why not match them in their diligence for attending class,” boasted Seligman. “I am more than a president; I am a teacher too, and my goal is to teach these students not only how to navigate through life but how to navigate their way to class.”

Seligman then broke out into laughter as he recounted the time he sent out an email the morning of a ten-inch snowfall telling students that they were encouraged to bring their snowshovels to class.

“To be honest, it was more of an economic move,” admitted Seligman. “That morning, we had set up shovels stands for students to buy shovels or else they couldn’t graduate on time. We made a killing.”

Students are already up in arms about the lack of cancellation. Many have begun to protest outside of Wilson Commons but have to be wary of the 30 foot distance they must keep from the doors, so as not to affect their negativity too far, per school rules. This situation seemed eerily similar to actions taken by former Mayor of New York Michael Bloomberg, who was also notorious for holding off on school cancellations even during huge snow storms. After doing a little digging, it was discovered that Bloomberg and Seligman are among the group who meet up at Harvard Alumni events every year. A photo is reported to have surfaced of the two men showing off what appears to be a snow-controlling machine, but that picture can no longer be found.

“This sucks,” said Eric Johnson, a senior from New York City. “I haven’t had a snow day in 19 years of being in school. Just when I thought I had left the 80s, I fall into the hands of another.”

As always, students are encouraged to voice their opinions through paperwork that can be found in Littauer at the CCAS desk. However, in order to fill out a form you must have a cumulative GPA of 4.1 or higher and be enrolled in at least 30 credit hours at the time of submission. 

Horgan is a member of the class of 2015.

Getting ready to conquer the cold in the rather chilly city of Rochester

BY NATE KURBT  
STAFF WRITER

This past week, I left my dorm in the early hours of the morning bundled up to find a strange phenomenon; a bright ball lighting the sky without any apparent explanation.

Thankfully, since the University of Rochester is known for its optics, I was able to meet with a professor immediately. He had recently completed some research to conclude that it was called the Sun.

For those of you who were a little bit unsure how to handle the balmy 32 degrees and sunny skies like me, have no fear; after going home for spring break, Rochester will still feel really cold when you get back! Given that a groundhog sees its shadow we get six weeks of winter, I can only imagine what it would mean if the groundhog behind Sue B. wouldn’t get out of the snow.

Here are a few tips to battle through the awkward weeks of winter after spring break:

1. Someone once said, “Fake it till you make it.” I can only assume he was talking about the seasons and telling us college students in Rochester that if we pretend it isn’t spring long enough, it will actually be spring. Therefore, ditch the winter coats and bring out the shorts and t-shirts. If you get cold, just think about how you are taking advantage of lake days is advantage of opportunities…not taking advantage of lake days is the opposite. Also, wearing flip flops will make your feet so cold that you will probably start to hurt or potentially turn black. This pain will distract you from how cold the rest of your body is. As for the puddles on the Phase bridge, a canoe could also help for the puddles. Unfortunately, canoes don’t come cheap, and fitting them into your dorm room wouldn’t be easy.

2. Make sure to take in the sunlight on the quad while it lasts. After hibernating for the past several months tucked away in the basement of the stacks in order to not get distracted by the lack of nice weather (or midterms if you’re into that sort of thing), you probably need to re-adjust your summer body. Also, staying down in the snow is probably a great form of cryotherapy and definitely won’t feel unpleasant at all.

3. Now that you are ready to conquer the cold, you should be ready to embrace fully the Rochester spring and the sort of days the school used to trick us with on accepted student days.

Horgan is a member of the class of 2017.

CT portable outlet

BY SAM PASSANISI  

Plug your phone into the outlet for a quick boost.
Josh Peck: a childhood hero grown up

BY JULIANNE MCADAMS
SENDUS STAFF

Campus Activities Board (CAB) hosted a Q&A with Josh Peck on Thursday, Feb. 26, bringing the UR community back to their grade school days of watching ‘Drake and Josh’ and ’The Amanda Show.’ Although times are changing, and we only see the remnants of Josh Nichols in Peck’s Vine, Snapchat and action movies with Chris Hemsworth, everyone attending the show immediately got a good taste of their childhood when someone asked Peck if he was calling her a liar, and he immediately responded with the quote that any true fan would know: “I ain’t callin’ you a truther.”

Peck was incredibly friendly and entertaining, immediately jumping into a stand-up routine. (Literally jumping to stand up, in fact. He’s a wonderfully hyperactive dude.) It was hard to know what to expect of his personality before seeing him, because Josh Peck as Josh Nichols and Josh Peck for a few secondsting on social media do not translate to Josh Peck on stage at a university for an hour.

“I’m just trying to get frost bite and even scissor-kicked around night, as he swayed, gestured matched the colorfulness of the glitter. Miles’ on-stage actions highlighted the band’s more tender side, and ‘Boy,’ their most upbeat. ‘Can You Tell’ sound is punchy and easy to match the instrumentation. Every instrumentation the same. Every solo was played, it would be extremely difficult to tell the difference. Every instrumentation the same. Every instrumentation the same. Every instrumentation the same.

On Thurs Feb. 20, ’Nickelodeon’ star Josh Peck held a Q&A session in Strong Auditorium.

Ra Ra Riot provides reasonably entertaining show

BY JORDAN POLCYN-EVANS
CONTRIBUTING WRITER

Ra Ra Riot, an indie rock band from Syracuse, N.Y., performed at Douglass Dining Center on Saturday, February 28th. Popular UR band Scope and Figure was the opening act, and brought the energy and exciting presence that the band is known for. The band had been selected to open the concert through an online contest. After Scope and Figure’s set, Ra Ra Riot took to the stage and began running through their repertoire of concise, finely crafted songs. Their overall sound is punchy and easy to dance to but has a softer vibe due to Wes Miles’ high register croon that creates a lighter, smoother sound that perfectly matches the instrumentation. The band consists of Wes Miles (vocals), Matthea Santos (bass), Mike Bonacci (guitar), Rebecca Zeller (violin), and Kenny Bernard (drums). Each member played individually, except Bernard especially, as he tore through each disco drum groove like a hot knife through butter. The band looked fantastic on stage. Each member wearing a different solid color t-shirt, and their style was complimented by equally as colorful lighting. Zeller played an eye-catching bedazzled violin that looked as though someone had dipped it in a bucket of glitter. Miles’ on-stage actions were the anecdotes. Peck, about things he appreciates, which was a nice break from his outrageous joke-telling. He would go from being funny and acting ridiculous to making a serious point about what he was feeling. At times, it seemed like he was trying too hard to be funny, but it really seemed like he was trying to show that he will always be hyperactively telling jokes and making people feel comfortable.

The interviews were the anecdotes. Peck, after humbly excusing himself from sounding like a jerk for mentioning celebrities, proceeded to tell stories about Al Pacino, Taylor Swift and Tom Cruise. Peck did a hilarious and impressive impression of Pacino telling him he’d seen every episode of ‘Drake and Josh’ and that his kids were big fans.

Peck also met Tom Cruise on the set of ‘Red Dawn.’ He described an awkward interaction involving eating some ice cream alone in his car after work. Cruise saw him sitting alone in a parking lot outside a Dairy Queen and invited him to come eat ice cream with his family, but Peck rejected this to spend some quality time with ‘chubby kids.’

Peck made many references to his chubbier self, refusing to dance around the fact that he is really grateful to have been a part of so many people’s childhoods and that he gets to watch his ‘awkward teenage years’ on TV. Peck had a genuine way about talking back out and grunge things up a bit. Another problem was that if you listened to a recording of Ra Ra Riot’s performance that night, and then listened to the studio versions of the songs they played, it would be extremely difficult to tell the difference between the two. Every instrumentation was identical to the album version, every instrumentation the same.

Despite their occasional plainness, Ra Ra Riot is a solid band and put on an enjoyable show. Miles mentioned toward the end that the music video for ‘Dying is Fine’ was filmed in Rochester, which reminded everyone of their semi-local beginnings. The band started from humble beginnings playing house parties at Syracuse University, and have since become regulars on the alternative music charts (something that fellow college-born band Scope and Figure might want to keep in mind).

Ra Ra Riot performed a fun, colorful concert, and are back out and grunge things up a bit. Another problem was that if you listened to a recording of Ra Ra Riot’s performance that night, and then listened to the studio versions of the songs they played, it would be extremely difficult to tell the difference between the two. Every instrumentation was identical to the album version, every instrumentation the same.

It would have been great to see some variety. Ra Ra Riot sounded on Saturday, and then listened to the songs sounded the same. That isn’t to say that they’re not playing house parties at Syracuse University, and have since become regulars on the alternative music charts (something that fellow college-born band Scope and Figure might want to keep in mind).

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Unfortunately, as great as Ra Ra Riot sounded on Saturday, they failed to bring any variety. With a few exceptions, most of their songs sounded the same. That isn’t to say that they’re not good songs, but after an hour the floating melodies and tender chord progressions made me want Scope and Figure to come
Josh Peck visits UR
FROM PECK PAGE 12

he used to be overweight and now looks nothing like the boy we all watched grow up on TV. At other events, Peck has apparently told that ice cream story, based on what I’ve found online, which makes me wonder what other stories he recycles.

| Peck | would go from being funny | and acting ridiculous | to making a serious | point about what he | was feeling.

regardless, the story was a direct response to being asked what his strangest celebrity encounter was, so it’s fit. Speaking of celebrities, Peck had a Twitter interaction with Taylor Swift which went something like the following:

T: Your Vines are lol
J: Oh yeah Taylor Swift, well you’re cheer captain and I’m on the lacrosse team.

Things got weird during the last question of the night. One guy went up to Peck and asked what he would have wanted to say to people in his life if he walked out of Strong that night and “just instantly passed away.” Peck edged around that question, for obvious reasons.

Instead of offering up some serious story, he said there were a lot of girls he should have said something to, which, as an answer to that question, definitely suggested something deeper, but it would have been unpleasant to end with any further explanation.

Peck is currently working on a TV show where he plays John Stamos’ son, which is fitting, what with the facial hair and dreamy eyes. Who would have thought watching “Full House” and “Drake and Josh” as a kid that Uncle Jesse would become the new Mr. Nichols.

McAdams is a member of the class of 2017.

I’ll Be Your Pilot
Tonight: ‘The Slap’
BY SAM GILBOARD
STAFF WRITER

One must approach “The Slap” with an already boiling sense of dilemma. This is a show of misbehaving kids, breastfeeding beyond infancy, and, of course, one well-placed smack across a brat’s face. It’s hard to imagine where this show is heading after the first episode as the titular event occurs and seems to be swept under the rug by all those involved. But my goodness, what a pilot episode it is! In the span of 51 minutes, the audience is given at least two indecent displays of affection between an adult and a minor, a handful of sexist remarks from a Greek-accented Brian Cox and all the post-adolescent milling around one can ask for.

What more can you give an audience that is already saturated by reports of domestic abuse in the media?

In the beginning, we meet Hector Apostolou, played with an extreme likability by the only actor deserving of praise, Peter Skarsgard. It’s his 40th birthday, and he is juggling the rejection of a job promotion and feelings for his children’s teenage babysitter. Thandie Newton plays his wife, Aisha, and will be immediately disliked for the disregard she shows her husband and her family. She’s frustrating, and her sudden outbursts can ask for just another reason to pull your hair. Enter Hector’s old country parents, played by Brian Cox and Marta Tucci. They have never approved of Hector’s unwillingness to stand up to his wife and are a constant headache for Aisha.

Hector is friends with two couples. However, when the dominating, cocky Harry (Hector’s cousin, played by Zachary Quinto) confronts and slaps one of his friends’ (Hector’s cousin’s, played by Bojana Novakovic) children, hell breaks lose among the friends. Hector, looked upon as the collective’s leader, must spoil his birthday so that everyone leaves his house without a scratch. Well, everyone except the poor kid. This is where any semblance of a story post-slap occurs. What is the aftermath? What about all the other stuff going on? What about all that breastfeeding?

“The Slap” is a brave concept for a television network that is known for its shows named after Chicago public services and “The Office.” The show is based off an American version of the show, which is based off a 2008 novel.

But for all the intensity it shows in its pilot episode, little can be expected for future episodes. If the most we can look forward to is the bohemian couple’s decision to press charges against Harry, then there is little to be praised about this show. “The Slap” showed the world its cards for a television network that is known for its shows named after Chicago public services and “The Office.” The show is based off an American version of the show, which is based off a 2008 novel.

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There you have it folks, a woman in sports breaking a record held by a man in a competition that most believe according to gender stereotypes, to be “a man’s competition.” So where did Rousey come from exactly? Ronda Rousey grew up in Riverside County, California and is the daughter of AnnMaria De Mars, the first American winner of the World Judo Championships. Due to her mother’s influence, Rousey began her athletic career participating in judo in which she won a bronze medal at the 2008 Beijing Olympics. She became the only American since the sport’s induction to the Olympics competition to walk away with a medal. Her skill in judo took her career to mixed martial arts where she originally fought for Strikeforce, which was bought in 2011 by the popular UFC. Additionally, she was given the nickname “Rowdy” by her family and friends to honor professional wrestler “Rowdy” Roddy Piper. In 2014, Rousey began acting and made her debut in Sylvester Stallone’s “The Expendables 3,” and will continue her acting career with an appearance in “Furious 7,” which will arrive in theaters later this year.

It is hard for me to comprehend why it took the world so long to recognize this unforgettable female heroine within the world of sports. A reason for this could be that women are often stereotyped as “a man’s world” and thus to comprehend is why it took the world so long to recognize this unforgettable female heroine within the world of sports. A reason for this could be that women are often stereotyped as “a man’s world” and thus

Ronda Rousey: 14 seconds of feminism

BY Jackie Powell

Until about a week ago, you could have asked me who Ronda Rousey was and I wouldn’t have been able to give legitimate answer. As a journalist with concentrated interests in female involvement and impactful activity within the world of sports, this story that headlined ESPN for around 48 hours fascinated me. I wondered, who is this Ronda Rousey and why haven’t I heard of her story until now? Eagerly, I checked every headline regarding the Ultimate Fighting Championship (UFC) Bantamweight Title Championship and what still managed to dumbfound me was why we were seeing this dynamic media explosion for an athlete who’s been active since 2007 and is an Olympic medalist.

The conclusion I came to was that Rousey defeated her opponent Cat Zingano in a mere 14 seconds. This defeat broke a record that was set by UFC fighter Andrei Arlovski as he took 15 seconds to defeat opponent Paul Buentello at the UFC 55.

Women’s Lacrosse faces tough competition against Ithaca

BY Emily Lewis

Last Sunday, the Ithaca College Bombers defeated the UR Women’s Lacrosse Team with a score of 14-8 in the Jackets’ first official game of the season. Senior Lauren Basil finished with three goals, while junior Elisabeth Watson and sophomore Jamie Wallisch had two apiece. Junior Cassie Mahar chipped in one goal and one assist for the ‘Jackets as well. In goal, Maire Watson grabbed six ground balls and caused three turnovers.

Although the season opener did not end as Rochester would have hoped, in spite of the loss, the ‘Jackets were able to get a feel for what it is they need to improve upon—from offensive execution to team strategy adherence—in addition to a sense of what they are doing well in the present. Led by five captains—seniors Lauren Basil, Emily Hogan, Madeline Elia, Megan Arnold, and junior Megan Fujisaki—with constant and continuous effort and commitment in practice, the future of the season looks promising. The five of them not only communicate well to their teammates, but also provide a positive atmosphere for all involved.

The growth that is taking place on and off the field for the ‘Jackets will certainly help them win games as the season goes on, and hopefully will lead to an eventual Liberty League playoff berth. The ‘Jackets will travel to Florida for spring break this coming weekend to take on both Lynchburg and Swarthmore Colleges.

Swimming and Diving to be in National Championships

BY Ben Shapiro

UR will be well represented this year at the NCAA Division III Swimming and Diving National Championships, as four swimmers and one diver will make the trip to Shenandoah, Texas on March 18. UR’s women’s 200-meter freestyle relay team was selected thanks to their school-record time in the event during the University Athletic Association (UAA) championships last month. The team is made up of senior Lauren Bailey, junior Vicky Luan and sophomores Emily Simon and Khamai Simpson, all of whom also competed in NCAA Nationals last year in the same event, earning honorable mentions for their performance.

Sophomore diver Danielle Neu will also be making her second appearance at Nationals, qualifying after placing fifth in the three-meter and eighth in the one-meter events at the NCAA Regional Championships on Friday, Feb. 27 and Saturday, Feb. 28 at SUNY Geneseo. Neu will return to Nationals after earning an All-American honorable mention a year ago. In addition to qualifying for Nationals, Neu was also named Liberty League Athlete of the Week for her performance at Geneseo. Neu will also be making her second appearance at Nationals, qualifying after placing fifth in the three-meter and eighth in the one-meter events at the NCAA Regional Championships on Friday, Feb. 27 and Saturday, Feb. 28 at SUNY Geneseo. Neu will return to Nationals after earning an All-American honorable mention a year ago. In addition to qualifying for Nationals, Neu was also named Liberty League Athlete of the Week for her performance at Geneseo.

While racing against the nation’s best is tough, no matter how you look at it, there is plenty of reason for optimism as UR’s best head to Texas for the culmination of their season.

Swimpin is a member of the class of 2016.

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Morrow (left) rounds the bend as he attempts to get a lead on his competitors during his leg of a relay.

Morrow in 2014. At sprint with a time of 7.13 season, Morrow broke the UR meet his sophomore year, this Despite only running in one hurdler from Rochester, New York. During his freshman year, Morrow placed 11th in State Championships in 2014. At Saturday’s NYSTC Indoor

Junior R.J. Morrow is a hurdler from Rochester, New York. During his freshman year, Morrow placed 11th in State Championships in 60-meter hurdles, running his season record of 8.81 seconds. Despite only running in one meet his sophomore year, this season, Morrow broke the UR school record for the 60-meter sprint with a time of 7.13 seconds, previously set by Jeff Hrebena in 2014. At Saturday’s NYSTC Indoor

Championships at RIT, Morrow won the 60-meter hurdles title, with a personal best and ECAC qualifying time of 8.55 seconds. 1. When did you first get into track and field? I started running in 2006. 2. Who do you look up to most? I look up to my whole team and coaching staff. No matter what happens at a meet, we still support each other and stick together. 3. What is your mindset as you prepare for a race? My mind is only focused on the finish line and getting there first. I try to ignore all the distractions around me. 4. How did you feel after setting your new personal record and qualifying for ECAC? I was very shocked. I couldn’t believe I had won! It was great to know that my hard work paid off. 5. How is your confidence level going into the ECAC Championships? I am very confident about this weekend. I’m going to give it my best effort, and I can’t wait to see the results. 6. Would you rather go ice-fishing with Morgan Freeman or Nicolas Cage? Morgan Freeman as long as he talks. Eleven times out of ten.

**LAST WEEK’S SCORES**

**SATURDAY, FEB. 28**

- Men’s Basketball vs Emory University L 69-88
- Women’s Basketball vs Emory University W 74-64
- Men’s Tennis vs Colgate University L 2-7
- Women’s Lacrosse vs Ithaca College L 8-14
- Women’s Tennis vs Case Western Reserve University L 0-9

**THIS WEEK’S SCHEDULE**

**FRIDAY, MAR. 6**

- Men’s Track and Field at ECAC Division III Indoor Championships - New York, NY - 11:00 AM
- Women’s Track and Field at ECAC Division III Indoor Championships - New York, NY - 11:00 AM

**SATURDAY, MAR. 7**

- Softball vs Bethany College - Clermont, FL - 9:00 AM
- Men’s Track and Field at ECAC Division III Indoor Championships - New York, NY - 10:00 AM
- Women’s Track and Field at ECAC Division III Indoor Championships - New York, NY - 10:00 AM

**SUNDAY, MAR. 8**

- Softball vs Finlandia University - Clermont, FL - 11:00 AM
- Men’s Golf at UAAC Championships - Red Tail GC, Orlando, FL - 10:15 AM
- Baseball vs Brandes University - Sanford, FL - 5:00 PM
- Women’s Lacrosse vs Lynchburg College - Cleanwater, FL - 6:30 PM
- Women’s Tennis vs Carnegie Mellon University - Claremore, CA - 5:00 PM
- Men’s Tennis vs Carnegie Mellon University - Claremore, CA - 8:00 PM

*DENOTES HOME GAME
The team was able to tally 147 points, a finish that was 37 points ahead of second-place Ithaca College. Points came from a variety of events and finishes, highlighted by a first-place finish by R.J. Morrow in the 60m hurdles and a 1-2-3 finish from Jon Kuberk, Boubacar Dilio and Jeffrey Hebrems in the long jump. In addition to some top finishes, many members were able to secure spots fairly high on the podium, and every member of the team stepped up their performance for the monumental meet. “Ultimately, we had 50 guys who competed for each other and believed in one another,” senior captain Max Sims said. “The week leading up to the meet, the atmosphere around practice was that this was our year. We’ve had some injuries along the way, but the guys stepped up when we needed them.”

The team was able to capture every single point possible with numerous personal records and school records on both days, and by the time of the final events of the day, UR was ecstatic about the outcome they knew was inevitable.

That’s right—entire cities are going to be built just to meet the most basic requirements for hosting a World Cup. By the way, most of these buildings are going to be used for the World Cup, then abandoned.

The scheduling is a nightmare as well. The World Cup is traditionally played in the summer in order to work around professional soccer leagues all over the world, but as FIFA’s internal reports put it, holding the cup in Qatar would be a “health risk” to everyone involved. Summer temperatures in the Middle Eastern country usually hover around 105 degrees Fahrenheit, and while Qatar originally said they would invest in a highly complex air conditioning system for the stadiums, the technology still doesn’t actually exist—so that’s a no go.

The list goes on and on. FIFA president Sepp Blatter had a brilliant solution, recommending that gay fans should “refresh themselves” with activities while in the country. After that, other problems that would normally be a big deal seem pale in comparison. For example, no alcohol is allowed to be sold in stadiums, so any fan looking to get the heat (or the way) it’s still usually above 80 on a normal November/December day in Qatar) will have to look for other options. In all, a lot of the revenue, the scheduling will conflict with NFL games, which, unless the qualifying standard for the ECAC, indoor track and field championship in New York City this upcoming weekend. Included in these qualifying finishes were runner-up performances from Alyssa Arre in the mile, Samantha Kitchen in the 800-meter and Victoria Stepanova in the 3000 meter.

The third place finish in the meet matches the outcome from the 2014 NYSCCT indoor track and field championships and cements the UR Women’s Track and Field team as a continually strong competitor in the conference. The team has had significant conference success and is hoping to qualify members to compete at the NCAA Division III championships with impressive performances at the ECAC championship meet this weekend.

The consistency of great performances in championship meets in the past couple years positions the team for a very strong outdoor season and a bright future.