UR raises tuition rates for 2015-16

BY SAAD USMANI  SENIOR STAFF

This past weekend, UR administration announced the tuition, room and board rates for the upcoming 2015-2016 year. Tuition for undergraduates will increase approximately 2.8 percent to $47,430, room and board will rise by 4.8 percent to $18,294, and the overall cost of attendance will rise by approximately 3.3 percent. Tuition rates for the Eastman School of Music will also rise by approximately 3.5 percent.

A provost Peter Lennie said, “The budget planning begins in the schools, including recommendations about tuition, are discussed and reviewed by President Seligman and other senior administrators, and then the budget is submitted to the Board of Trustees for approval.”

To counter the increase and its effect on students who receive grants or scholarships from the school, UR has also committed to an additional 5.9 percent increase in financial aid for the students. Dean of Admissions and Financial Aid Jonathan Burdick noted, “As it happens, our spending on financial aid this year was a little more than 100 million, so the increase in the said budget for next year will be a little more than six million. That includes increased money for both current and new students; the plan is that the Class of 2019 will be about the same size as the Class of 2018.”

Senior Vice President for Administration and Finance and Chief Financial Officer Ronald J. Paprocki was quick to point out that although this is an increase from the last year, it is one of the lowest in years, and there are widespread efforts to control costs.

“[The tuition increase] for undergraduates in Arts and Sciences and Engineering is the lowest since 1973-74,” Paprocki noted. “In addition to the prioritization and cost control activities in the individual schools, there have been UR-wide efforts to control costs. These include contract revisions in purchasing that save money on goods and services purchased by the University. Adjustments in health benefits programs for employees and introduction of Wellness programs to control healthcare costs, energy management programs that have reduced the University’s utilities costs, and refinancing of the University’s debt to reduce interest costs.”

Paprocki said that the additional funds will go toward student services and programs as well as upgrading facilities and establishing new faculty. According to Lennie, some of the additional money will be going toward funding academic programs such as the planned Data Science major, new languages and more research opportunities. Some of the money will be used in the forthcoming renovation of the Frederick Douglas Building.

Usmani is a member of the class of 2017.

SA adopts new bylaws

BY JASON ALTABET  SENIOR STAFF

On March 19, SA Senate passed new bylaws governing the Student’s Association. The bylaws, which dictate everything from committee duties to election procedures, were the product of weeks of discussion and debate.

The SA President, SA Vice President, heads of all Campus Judicial Council and several senators drafted and revised the 16-page document. While the changes originally began as an effort to improve the appeals process, Senate quickly expanded their effort into a full-fledged overhaul of student government bylaws.

SA President Antoinette Esce explained, “The old bylaws were written a while ago, and not only were they messy, inconsistent and incomplete, they didn’t reflect the best practices of SA Government. For example, nowhere in the bylaws did it say what vote was needed to remove a senator.”

With the new bylaws, all senators are to be voted on by the entirety of the student body. The top three vote-earning sophomores, juniors and seniors will receive positions, and the next top five seniors, no matter their class affiliation, will also serve. Freshmen senators will continue to be elected by the freshmen class. “The change prevented the constant problem we’ve had of uneven races,” Esce explained. “25 people would run in the

SAE SCANDAL IN OKLAHOMA

The pros and cons of college traditions: Gracie Peters looks at the Oklahoma University SAE fraternity scandal.

SAE OPINIONS

ADITI ANNIVERSARY

Student cultural club ADITI celebrates their 30th anniversary on campus.

PAGE 7 OPINIONS

EASTER FUNNY

An open letter from the Easter Bunny, responding to criticism of the holiday.

PAGE 13 HUMOR

% Increased in Tuition

Art, Sciences and Engineering

Fiscal Year

Gráfico proveniente de Rodolfo Parada

The UR Board of Trustees approved tuition rates for the 2015-2016 school year at a meeting this month. Overall cost of attendance will rise by 3.3 per cent.

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**Students attempt to evade Public Safety**

**By Angela Lai News Editor**

1. On Wednesday, March 18 at 12:51 a.m., DPS officers responded to a loud noise complaint outside Lovejoy Hall facing the Residential Quadrangle. As officers approached, they observed six people talking loudly outside of Lovejoy. When the group observed the officers, they quieted down and two left and entered the building. As officers came closer to the group, the remaining four got up and entered the building. The officers yelled for the group to stop, but they kept walking. Officers followed the group inside and again advised them to stop, and three of the four did. The fourth kept walking and had to be told again to stop and talk to officers before doing so. The group consisted of three undergraduates and one visitor from another school. The group was advised about the noise complaint, and told that they should stop and talk to officers when they are advised to. The group was sent on their way.

Smoke but no fire in Schmitt Organ Hall

2. On Thursday, March 19 at 11:11 p.m., Department of Public Safety (DPS) officers responded to the fire alarm in Eastman School of Music’s Schmitt Organ Hall. As officers approached the area, they observed thick smoke coming from Schmitt Hall. Officers could not pinpoint where the smoke was coming from. The Rochester Fire Department responded and began checking the area as well. The smoke had stopped coming in the room. While exhaust fans were brought in to ventilate the area, a cause was found for the smoke. A Heating, Ventilation and Air Conditioning (HVAC) unit on the third floor was found to have a seized motor which caused the belt to burn up. Facilities was notified for repairs on the HVAC unit. There were no injuries and nothing was damaged besides the HVAC unit, which needs repairs worth $1500.

Students stay in Rush Rhees Library after closing

A Officers responded to intrusion alarms for Rush Rhees two times over two days after the library was closed. The first was on Saturday, March 21 at 2.13 a.m. DPS officers entered the building and started checking the area. Officers saw an individual near the circulation desk. The individual was identified as an undergraduate. The student stated he thought the library was open until 3 a.m. and apparently missed the closing announcements. The student was cooperative and escorted out of the building. The second alarm was on Sunday, March 22 at 12:13 a.m. As officers approached the building from the Eastman Quadrangle, they observed two individuals inside the building. Officers entered and made contact with the two and identified them as undergraduates. The two stated that they did not hear the closing announcement and were not aware of the closing times. The two were cooperative and advised of the closing times and escorted out of the building.

Lai is a member of the class of 2018.

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Fast-food workers’ speaking tour begins

BY ANGELA LAI
NEWS EDITOR

Fast-food workers and UR students launched Metro Justice’s city-wide Fast Food Workers Speaking Tour at the University last Thursday, March 19. Former fast-food worker and current Metro Justice union organizer Kim Ramos, fast-food worker Emily Sullivan, Metro Justice organizing director Colin O’Malley and one of the city’s political chair of Douglas Leadership House Charlie Goodlet led the tour. They advocated for an industry-wide $15 per hour wage and the right to unionize without fear of employer retaliation.

As part of the tour, workers are visiting churches and colleges in the Rochester area to promote an upcoming rally where people will march from UR’s Eastman Quadrangle at 5 p.m. on April 15 as part of the nationwide Fight for $15 campaign. In doing so, they would join demonstrators fighting for a $15 minimum wage on April 15 in cities nationwide. Organizers anticipate that the rally will be a huge day for the movement.

Metro Justice council member Jake Allen noted, “It’s not going to be just fast-food workers [...] The Fight for 15 provides an opportunity to galvanize a larger movement of low-wage workers’ across different industries. O’Malley and Allen also credited UR’s Students for a Democratic Society (SDS) as one of the local movement’s strongest supporters, with students reaching out to fast-food workers, participating in the media committee and turning out in large numbers to strikes.

The movement argues that the fast-food industry makes billions of dollars in profits, it can and should increase its workers’ wages to $15 an hour—a “living wage” as opposed to current “poverty wages.” The idea of a “poverty wage” is particularly relevant in Rochester, which the U.S. Census ranked as the nation’s 12th poorest city in 2013.

North Korean refugee speaks at LiNK event on campus

BY RACHEL KAPLAN
STAFF WRITER

Liberties in North Korea (LiNK) hosted LiNK alumnus and North Korean refugee Justin Kim at an event on March 24, where he addressed LiNK members and other UR students. Kim spoke about his experience growing up in oppressive North Korea, his attempts to flee the country and his resettlement in Rochester. Justin's presentation was followed by a question-and-answer session by the audience, during which audience members were invited to ask Justin more details and personal stories about his life.

LINK is a non-political international organization that seeks to rescue and help the resettlement of North Korean refugees, as well as to educate and gain support for humanitarian efforts under the oppressive North Korean political system. UR’s LiNK chapter exists as a subcommittee under Korean American Students’ Association (KASA), which is funded by the Students’ Association (SA).

During the event, Kim discussed his childhood in North Korea, growing up on a potato farm and attending elementary school for only a few years, until he was considered old enough to work on the farm, cook meals in his home and take care of his family. Kim recalled that he was not given the choice or the opportunity to work or to attend school. He was told that he would not be entitled to a formal education, and that his place was on the farm.

“While I learned from my childhood is to obey your government and obey your dictators,” Kim said.

Kim also discussed his multiple failed attempts to leave North Korea and immigrate to South Korea. Kim said that he joined the tour because he feels that it is important to share the stories of North Korean refugees to raise awareness and support for their cause.

More information about LiNK can be found on their website at link-cornell.org.
Bylaws will reorganize Senate committees

BYLAWS FROM PAGE 1

at-large race and only two in a class race and we’d end up electing people who received only 70 votes from their class!

The other big change was the overhaul of roles in SA. “There’s a much better idea now of who is tasked with what,” senator Vanessa Sanchez said. “Legislative is really in charge of having discussions, making the decisions about what should happen, and tasking the executive with actually following through and doing it.” Each legislative committee will contain legislative advisors, at least two senators and a committee chair. The steering committee, which decides the agenda for each week’s Senate meetings, will now be run by the Speaker, the chairs of all Senate committees, the President and Vice President of the SA, the Chief Justice and the Deputy Chief Justice of the All-Campus Judicial Council. While senators are allowed to attend, the previously mentioned positions will be the only voting members. Non-voting members can be expelled from the meeting if so decided by the presiding members.

Vanessa Sanchez views this inclusion of non-voting as a potential problem. “A lot of the time, big decisions are made at steering and I think excluding Senators as voting members at those meetings is potentially problematic [...] but they’re trying to take steps to make sure those larger discussions don’t take place there.” The express purpose of the executive branch will be to implement all legislation and SA Bylaws. Together, the directors and aides will put together the proposals that the legislative body passes, with the entire process being overseen by the President and Vice President. There shall be Directors of Academics, Alumni and Advancement, Campus Services, Community Engagement, Public Relations and Student Life. These directors shall be appointed by the presidential team. Overall, Exce says that SA will function more efficiently in achieving the goals of students. "These old (Senate) committees were simultaneously trying to perform both legislative and executive functions and it was very difficult. Now, the deliberative, research and feedback work will be under the Senate Committees and they’ll have partners in the Executive Directors, who will be official parts of the President’s cabinet. Splitting up the role of the committees means more [...] effective output from passionate and specialized people.”

A ket is a member of the class of 2017.

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Burton from page 3

Other Burton residents began to find vomit left in bags in the hallways, or deposited in trash cans in the floor lounge. Contomanolis also noted that some of the “vomit” may simply have been food waste that was dumped in the dumpster.

In February, residents of Burton 2 began to find tampons duct-taped to the bathroom stalls. At this point, ResLife became certain that the vandalism was intentional. By the end of February, the vomit and tampons had disappeared from the bathrooms and had been replaced by feces left on the bathroom floor.

As part of an effort to curtail the vandalism, ResLife organized 24-hour patrols by RAs in Burton.

RAs from all buildings on the Residential Quad began making rounds of Burton 2, checking the bathrooms on an hourly basis in the weeks leading up to spring break. Finally, beginning on March 6, Burton 1D card access was restricted to residents of the building. Bowden said that if it does not seem to help, the building might be reopened to all students.

Bowden noted that there was no vandalism over spring break or until March 18th, when tampons were again found taped to the bathroom stalls. On March 22 and March 23, feces were found in the bathroom.

When asked about the punishment for the culprits, Contomanolis said that the culprits would be immediately and permanently banned from University housing, and that their ID card access to University buildings would likely be revoked as well. The suspects would undergo a conduct investigation and could be expelled for hazing, and would be expected to pay for all costs that ResLife has accrued over the course of the semester.

ESW workers have been called several times after regular hours to deal with the biohazard caused by feces or vomit in the bathrooms. “It’s been a terrible, terrible burden on [ESW workers],” Bowden said, adding, “I think the most frustrating thing for my residents is that it’s being gone on for so long.”

Pasanisi is a member of the class of 2017.

Burton from page 3

Bylaws will reorganize Senate committees

Fight for $15 rally planned for April

An overall poverty rate of 35.4 percent.

Economists often question the benefits of a higher minimum wage, as the increase in pay needs to come from somewhere, with potential side effects including higher costs of food, lower incentives for employers to hire more workers and the decreased creation of new jobs. In response to these arguments, O’Malley cited an estimate that the cost of items on the McDonald’s dollar menu would increase by just a few cents to compensate for the increase in pay, and added that an Australian university found that the most comprehensive U.S. studies on minimum wage found few effects on hiring. Even with these concerns, the two-year-old nationwide Fight for $15 campaign has already had an impact. Seattle, San Francisco and Oakland raised their minimum-wages to $15, $12.25 and $12.25 an hour respectively. However, the Institute for the Study of Labor found that each 10 percent hike in the minimum wage led to one to two percent drops in youth employment. Additionally, a Forbes contributor noted that restaurant owners were closing at higher rates than usual as the implementation date of the minimum wage approached.

The effects of a higher minimum wage may affect large fast-food chains differently. Even Regards, a Rochester fast-food worker who feels the effects of low pay. Despite being an assistant manager at Wendy’s, Sullivan explained that money is “super tight” and that her work schedule makes it difficult to spend quality time with her kids.

SDS communications chair Jordan Foley-Evans added, “So many people who are affected by this are our age and are trying to do the same things that a lot of us, as students at the University of Rochester, have the privilege of doing.”

Lai is a member of the class of 2018.

Person(s) lay waste to restrooms

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New app from URMC to collect data on Parkinson’s disease

**Yik Yak controversy continues**

Yik Yak is a member of the class of 2017.

Kim describes escape from DPRK

Kim is a member of the class of 2016.

You are invited to attend a TOWN HALL MEETING with President Joel Seligman.

All River Campus undergraduate and graduate students of the College are invited to attend.

Tuesday, March 31, 2015
7:00 – 8:00 PM Gowen Room, Wilson Commons
Refreshments will be served
I used to hate rap music. I still do, to be honest. It has never been a genre that I have particularly enjoyed or appreciated. However, my opinion on rap changed dramatically during my high school years.

At the beginning of my junior year, I started listening to rap music for the first time. I had always been exposed to music from various genres, but rap was something completely different. I remember being captivated by the lyrics, the rhythm, and the overall energy of the music. It was a new experience for me, and I found it to be intriguing.

Over time, I began to appreciate the lyrical content of many rap songs. The honesty and rawness of the lyrics resonated with me, and I found myself connecting with the artists on a deeper level. I realized that rap music is not just about the beats and rhythms; it is also about the stories and emotions that the artists express.

As I continued to listen to rap music, I noticed improvements in the quality of the music. The production values increased, and the beats became more intricate and layered. The lyrics also became more focused and thoughtful, with many artists exploring themes such as social justice, personal growth, and identity.

Rap music has come a long way since its inception. It has evolved from a genre that was once regarded as vulgar and incomprehensible to one that is now widely respected and appreciated. It has also become a platform for artists to express their thoughts and ideas, and to give voice to underrepresented communities.

In conclusion, while I still do not consider myself a fan of rap music, I have come to appreciate its complexity and depth. It is a genre that has evolved over time and continues to push boundaries and challenge conventional thinking. Rap music has become a powerful tool for expression and change, and it is exciting to see where it will go in the future.
Abbas was the one obstructing Fraternity members at traditions. Many traditions are rituals on honorable values are good and spiritual holidays built his or her birthday. Religious or giving gifts to someone on These could include giving There are also good traditions. "The Institution of Slavery" the words that complement it: connotation dependent on part. Yet, each has its own are synonymous, for the most THURSDAY, MARCH 26, 2015
29x86
yet right for an agreement. (He his support for a demilitarized Netanyahu backtracked. He
played with fire. And Israel may connected better with Israel's Jewish minorities who recent the Ashkenazi elite. Eventually, though, his luck might run out. Thus, if this election represents a turning point, it will come from the United States' reaction to disproportionate attention to illegal human rights abuses usually involve countries that are unstable or autocratic and thus presumably less susceptible to pressure. International recognition of Palestine and pressure on Israel have grown due to the Abbas's actions, which include blocking peace negotiations, even after Netanya

ÔÇôgrafting the lyric to the song with pride: "There will never be a tree which is it in your power. You can't sign with me..." One student tried to push the video away, but knew that the whole situation was upsetting and inappropriate—but the student with the camera continued to film. By now, this event is common knowledge. The young men in this video were not born racists. No one is born with bigotry flowing through his or her veins. Hatred, chauvinism, sexism and homophobia are all taught and passed down from generations.

Abbas was the one obstructing peace negotiations, even after Netanya spent political capital negotiating a settlement freeze and other unrequited concessions.) Now that Palestine has been recognized by the International Criminal Court, the stakes are higher than ever. And this mindset doesn't hit so far from home. This concerns me. This should concern all of us. I find it increasingly difficult to believe that, as a generation, we are fine with simply accepting things as they are here. That's how it's always been." Of course, this is not always the case. Over the past eight months or so, young people have stood up and protested against police brutality, spawning the "BlackLivesMatter" movement to break down racial barriers. This is progress, but it is not progressive enough.

We need to take preventive measures. At Oklahoma, university officials condemned the actions of the local Sigma Alpha Epsilon chapter. The school expelled the two most prominent figures in the video and shut down the frat. But rest assured, the footage continued. Of course, officials believe that such obtrusive racism is unacceptable, but these actions are designed to teach racist students to get rid of their xenophobic tendencies—it is already too late for them. This is how to eradicate something is to stop it before it starts. There is no vaccine for bigotry. There is no way to do is change the culture and educate younger generations. Here is my advice. If you are in a situation where you are told to do something because "everyone else has to do it," and it makes you uncomfortable, then say something about it. Just because events are considered ÔÇťtraditionalÔÇŁ does not mean that they're right. Use good judgement. Speak up. Enough with the bad habits.

Peter is a member of the class of 2018.
Israel: ‘a beacon of progressivism’

BY RACHEL GOLDBERG AND REBEKAH PASTER

In today’s world of a 24-hour news cycle, Twitter and other social media platforms, misinformation and half-truths have the ability to spread around the world faster than ever before. Lately, we have been troubled by the spreading of inaccurate information about Israel. As proud advocates for social justice, we can say that Israel shares the same values of freedom, inclusion and respect that our campus community regards so highly.

According to Freedom House, a U.S.-based non-governmental organization that conducts research on democracy, Israel is one of only two free countries in the Middle East and North Africa. Israel has the best record on gay rights in the Middle East, and Tel Aviv, Israel’s largest city, was recently named the world’s top gay destination by gaycities.com. On March 17, Israeli voters elected a record number of minority citizens to serve in the Israeli parliament, the Knesset, in an election administered by the Justice...Israel shares the same values of freedom, inclusion and respect that our campus community regards so highly.

of Israel’s Supreme Court, who is an Arab Christian. These are just some of the countless reasons given by Senator Elizabeth Warren, a progressive icon, who praises Israel for being the only liberal democracy in the Middle East and one of America’s closest allies.

In the proud tradition of Israel’s successful peace deals with Egypt and Jordan, Israel remains committed to peace with its Palestinian neighbors, hoping to one day live side-by-side in peace with a Palestinian state. Toward this goal, the Israeli government has time and time again offered countless concessions for peace and continues to support an immediate return to negotiations without preconditions. Alongside Israel’s government, the Israeli people continue to build bridges with their Palestinian neighbors in hopes of bringing about a sustainable peace. For example, the Israeli non-profit Save a Child’s Heart, regularly provides free, life-saving heart surgeries to Palestinian children. Hospitals throughout Israel also provide free medical care to Palestinians in both the West Bank and Gaza, as well as to victims of the Syrian Civil War. Even the daughter of Ismail Haniyeh, the Hamas leader who has repeatedly called for the annihilation of Israel and all its citizens, received life-saving medical treatment last October.

In 1948, the United States was the first nation to recognize Israel, and the relationship between these two democracies continues to strengthen with bipartisan support. Israel is the only Middle Eastern nation that protects the freedoms and rights of all of its citizens, regardless of gender, religion or ethnicity. While Israel—like the United States or any other democracy—has its flaws and makes its fair share of mistakes, our community should celebrate Israel as a beacon of progressivism. The nation is a dedicated ally of the United States as well as a support of the efforts of those and only those who seek to rise above divisive rhetoric to bring about a sustainable peace for all people in the Middle East.

Goldberg is a member of the class of 2015. Paster is a member of the class of 2016. Goldberg and Paster are members of UR Israel Council.

Got an opinion?

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ADITI celebrates its 30th anniversary

BY TANIMA PODDAR
FEATURES EDITOR

The Association for the Development of Interest in the Indian Subcontinent (ADITI) is celebrating its 30th year on campus this year. In 1985, it was founded with the purpose of “promoting and expressing the cultural and ethnic diversity of the Indian Subcontinent and South Asia.”

Over the years, the club has produced, sponsored, and participated in various artistic, academic, and social events. However, what makes the club so special is the enthusiasm and hard work of its members. Sophomore James Tobias said that he joined ADITI this past September “just for something to do,” but “[he] quickly saw how great it is and how awesome all its members are... then [he] was hooked.”

Junior and current ADITI Vice President Akanksha Varma said it was the need to stay connected and spread the culture that she was so proud of.

“I am an international student from Mumbai, and I love my culture. ADITI was, and still is, my outlet for expressing that culture on campus and spreading awareness about it,” she said.

The similar passion to stay connected with one’s culture after coming to a foreign land could be seen in several others of its members as well.

“I joined ADITI to buttress and expand the social awareness for my South Asian community,” sophomore Vitraag Mehta said.

“Considering myself to be patriotic and determined of my community, ADITI facilitated me to reconnect with my community in a faraway distant land. I believe that in a foreign nation, it’s your duty and privilege to represent yourself as a brand ambassador of your nation that your roots come from, and I take pride in representing my nation through a wonderful avenue such as ADITI,” he adds.

ADITI provided a way to channel the homesickness of these international students in a positive direction.

With numerous events to plan each year, the club depends heavily on the cooperation and coordination of its members.

With an executive board of ten members, five to seven active junior executive board members, and 150 general members, what makes the club unique from other organizations on campus is the amount of teamwork it displays.

Tobias correctly sums up the closeness of the club by recognizing “the intimate sense of community among its members.”

The sense of bonding and family is something that is thriving in the club because of its members. “We are a very close-knit group,” sophomore and ADITI technical director Yashika Patil said.

Sophomore and co-cultural chair Parakh Patel adds, “I would call the executive board my second family. We hang out and have a lot of bonding ends up being a lot of fun and we even dance!” she added.

With a two major events—South Asian Expo in the fall and Mela in the spring—keeps its members occupied throughout the year along with sponsoring other events such as going to eat Indian food together, watching movies together.

For Harleen Girgla, a senior who joined ADITI as a freshman and is currently serving as the president of the club, some of her favorite experiences have been “during the clean-ups for our events with our members.”

 “[We] always play some Bollywood music, get together and clean together—it actually ends up being a lot of fun and we even dance!” she added.

Arora sincerely believes that joining ADITI’s E-board has been “one of the best decisions” she has made since coming to UR.

Apart from these two major events, ADITI is also renowned for organizing a formal dinner every spring with fun themes such as “Bollywood Bash” and “Royal Rath.”

They perform “Garba,” a popular Indian dance, with Raas, a South-Asian dance group on campus, to celebrate Navratri, a well known Indian festival.

“Be The Change Day” is ADITI’s annual community service event, which was organized with Delta Phi Omega and Sigma Beta Rho. Apart from these events, ADITI co-sponsored a public debate with UR Debate Union last November titled, “Should Arranged Marriages Be Banned in South Asia,” which proved to be extremely successful.

With fundraisers for its 2013 Bangladesh factory collapse and floods in Kashmir in 2014, senior and co-publicity chair Lydia Berman, who joined the organization in her freshmen year and has served on the ADITI executive board for the past three years, feels that “[it’s] great when ADITI [comes] together with students and other campus organizations to plan fundraisers.”

 “[T]hese unique fundraisers have allowed us to expand and enrich our cultural programming as well as [to] strengthen our relationship on campus and in the Rochester community,” she said.

According to Tobias, his favorite memory in the club was “tunnel painting for the South Asian Expo at 2:00 in the morning.”

Senior Ashok Kamani, the business manager, said his “favorite event was the South Asian Expo because this entails so many different performances in a very enjoyable environment, and it is very similar.”

Still celebrating their latest success, “Mela 2015,” which was held on March 21 in Upper Strong, Mehta said that “singing and encoring my way through Mela, I couldn’t have asked for a more fun-loving experience this entire semester.”

Berman admits that “planning Mela this year was exciting, but also very nerve-wracking.”

“But, then again, according to Girgla, “working with people who are dedicated and passionate about South Asian culture makes it all worth it.”

Moving forward, Varma adds that “the hope for the club is to be able to continue the great momentum and energy we had so far.”

Poddar is a member of the Class of 2018.

“WHAT ARE YOU GOING TO MISS THE MOST ABOUT WINTER?”

NATALIE SANTACESARIA ’16
“Nothing, I hate winter.”

LEAH SCHWARTZ ’17
“Boots and sweaters.”

MICHAEL MYERS ’16
“Skiing.”

JORDAN SNAJCIUK ’15
“Look of the frozen Genesee.”

MANAN HORA ’18
“Snow falling.”

NICK WACHTER ’17
“Not feeling guilty about taking the tunnels.”
Jodi Says: Come again?

Multiple orgasms? That’s not even real: the female orgasm isn’t even a real thing, just a myth! Just kidding, that’s not true at all.

Of course, having multiple orgasms is a pretty rare phenomenon, experienced more often by women than by men. It’s a common misconception that only women can have multiple orgasms, even though it’s accurate that women are much more likely to. But if you do go off thinking we with lady parts are off living the orgasmic dream—
one in three of us has trouble orgasming altogether. And also, don’t feel left out, because men can have multiple orgasms too.

Multiple orgasms can seem like a phenomenon that you may or may not be lucky enough to experience, but, in fact, it can be a skill. This is the point where all of your ears should perk up and all your eyes widen.

Yes, you can learn how to have multiple orgasms; male or female, it’s possible. Of course, I imagine it’s a lot like learning any skill—experiencing, but come on, can a mere mortal do it? It’s worth a shot. Like learning the science of optics, learning to have multiple orgasms will require a solid foundation of understanding.

A normal, single orgasm has a certain pattern: first steeply increasing arousal, then a plateau, followed by orgasm, ending with a retreat towards resting arousal levels. In the case of multiple orgasms, that retreat is interrupted by continued stimulation.

Arousal stays at its plateau level, and orgasm can be reached again, and again, and again…

“Sex & the CT”

LET SEX & THE CT HELP YOU GET AWAY FROM SEXUAL YEARS.

So, how do you avoid that post-orgasm drop off? What about the refractory period?

For this part, it’s crucial to recognize the difference between orgasm and ejaculation. Orgasm describes the height of sexual pleasure, marked by rhythmic muscular spasms. Orgasms are most often accompanied by ejaculation, but they can happen independently.

Ejaculation is the actual process of expelling a fluid. For men it’s semen, for women it’s something else hasn’t settled on a name for yet.

To be clear, I’m not necessarily referring to squirting when I refer to female ejaculation. Women can ejaculate without squirting, and when they do, it’s not much. The trick to multiple orgasms, for most people, is to orgasm without ejaculation. You can imagine how this bypasses the refractory period issue.

In order to orgasm again, the body doesn’t have to prepare more fluid, it only has to get ready for another spasm, seriously cutting down the refractory period.

So how can you separate your orgasm from ejaculation? The answer is kegels. Sex/life hint: the answer is always kegels.

Practicing kegels regularly will strengthen your pelvic floor muscles and help you control them better.

Then, if you want to have multiple orgasms, when your first orgasm rolls around, squeeze those pelvic floor muscles like the dickens.

With practice, this can allow you to prevent yourself from ejaculating while you orgasm. That way you can ride the orgasm and then just keep going.

Of course, multiple orgasms are rare. Maybe they would be more common if more people knew how to try for them, but who knows. It’s an art, not a science, so treat it as such. It’s all about the journey!

Armstrong is a member of the class of 2016.
Mela showcases a fashion medley

BY HIBA IQBAL
CONTRIBUTING WRITER

BY CARINA WONG
CONTRIBUTING WRITER

This past weekend, ADITI held its annual cultural celebration event, “Mela.” This year’s event was of special importance because it marks ADITI’s 30th anniversary.

Different forms of dance incorporate this plethora of vivid colors for several reasons. According to sophomore Priyanka Patel, captain of the Raas Team, the lively costumes mirror the happiness stemming from the celebration of Navaratri, “a festival of nine days and nine nights” that honors all nine forms from the celebration of Navaratri, “a festival of nine days and nine nights” that honors all nine forms. This year, the 30th Mela celebration did not fall short of its esteemed reputation, offering an abundance of culture through dynamic, eye-catching performances.

According to junior Bollywood-style dancer Sakanya Roy, her lengthy sequined skirt was flowing “so that with every spin it [would] take up the stage and [exaggerate] the subtle hip movements.”

The dancing was bold and powerful. Each dance had its own charm; some focused on subtly intrinsic hand movements while others were more energetic and full of motion.

All of the performances had vibrant colors infused into the costumes, from scarlet and deep azure to sunny yellow and royal purple.

“High energy is no exaggeration,” explains that “each person has a partner with a matching color called ‘jodi,’ who you interact and flirt with.”

If the dancing were not taxing enough, the Bhangra dancers also emphasized on stage.”

“In the dancing, happiness. “When it comes to how the dance is mainly structured,” says that “each person has a partner with a matching color called ‘jodi,’ who you interact and flirt with.”

High energy is no exaggeration, seeing as how the dancers squared and jumped across the stage an innumerable number of times. “If the dancing were not taxing enough, the Bhangra dancers also highlighted the importance of their clothing, amplifying every movement and giving them greater command of the stage. Of course, no look is complete without makeup. The Bhutanaryan dancers were sporting the heaviest look of the event with a bindi on the center of their foreheads, dramatic cat-eye eyeliner and cherry red lipstick. Half of their hair was swept up in braided buns encircled by rings of white and red flowers. The white jasmine flowers are a trademark hair accessory in India due to their sweet fragrance. Elaborate gold jewelry was the finishing touch. According to senior and Bhutanaryan dancer Amrita Sampath, the “makeup is very strong because there are a lot of [facial] expressions, and we want those expressions to be emphasized on stage.”

This year, the 30th Mela celebration did not fall short of its esteemed reputation, offering an abundance of culture through dynamic, eye-catching performances.

“T Claudia Wong is a member of the class of 2017. Wong is a member of the class of 2017.
UR Tech: Solved Games

BY LUCIAN COPELAND  STAFF WRITER

If you sit down and play a virtual game of checkers on your computer, there’s a good chance it’ll let you win. After all, computers aren’t very sored losers, and for poor hal9000-light sitting on your desktop, the most you have, the better it’s performed. But it certainly didn’t need to lose.

In fact, for some computers, they could make it impossible for you ever to win. No matter how many long years you devoted to the game, how many strategies you tried, you could even practice for centuries and still not win.

In fact, it’s irrelevant how good you are; beating a sufficiently sophisticated computer at checkers has become mathematically impossible.

Checkers was added in 2007 as the latest of a long series of “solved games.” These are games for which every possible game has been calculated until there are none left, and a conclusive way to either win or tie has been found for every scenario.

The most simple example of a solved game is tic-tac-toe; you may have figured this out in your late childhood, as the appeal of the simple cross of Xs and Os disappeared once you figured out how to make every game a tie.

Computers can do the same thing, but of course at many billions of times the speed and thus have achieved the solutions of games as comparatively complex as Connect Four, Hex and Nine Men’s Morris.

There are several hierarchies to solving games, however, that segregate the form and method of the solution. Ultra-weak, weak and strong solutions are all very distinct and are approached in very different ways.

Ultra-weak solutions determine whether a game will result in a win, loss, or tie given perfect play from both sides—contrary to the name, many mathematicians feel this is the purest form of proof, given the conceptual and algorithmic understanding they require to solve.

On the other hand, weak solutions are defined for games in which only one player makes mistakes.

Strong solutions include a winning strategy for any stage of the game regardless of prior mistakes.

These latter solutions typically have no pure mathematical solution and must be solved through the brute force of computing power.

Given the strict conditions for each solution type, it’s been hotly debated as to whether a solved game can apply to systems that contain a random element.

Many solved games adhere to Zermelo’s theorem, which states that any two-person turn-based game without chance or a tie condition must contain a perfect strategy. But some research teams have challenged that definition by claiming a statistical game can be solved simply due to their overwhelming number of possible moves—in the case of a technology such as quantum computing will be required before the game can ever be approached, although, he was quick to note that if there was one thing he learned from his work on checkers, it was “never underestimate the advances in technology.”

Ultimately, chess may join the ranks of tic-tac-toe in games that have been predicted inside and out, never to be played originally again.
A letter from the Easter Bunny

BY CHRIS HORGAN
HUMOR EDITOR

With Easter quickly approaching, it’s that time of year again.

Recently, I have gotten some accusation that I am, in fact, a fraud. That I was not, in fact, Julius Caesar. That I invented chromosomes and the theory of plate tectonics, among other things. That I was under the impression that you’ve never heard of me before. That I invented it for the incoherent babble that is the class of 2017.

On cheesecake

BY ERIK CHIODO
HUMOR EDITOR

I’ve been thinking about something lately…what is your favorite food? I think about this every day. But really, I didn’t know what to write about for this week’s article, so I asked for a random word. September. I had just a few options, namely “Cheesecake.” So, that is what I am going to write about. I always found it odd how cheesecake came about. Many people believe that for most new things that are created, they happen as a result of human, seemingly insignificant errors. I wonder how cheesecake was invented. A typical cheesecake consists of cheese, eggs and sugar with a base made from either pastry or sponge cake. At least as the toppings, the possibilities are endless. Fruit, whipped cream, nuts, chocolate syrup you name it. Just put it on cheesecake, and odds are it’s going to taste amazing. But, back to my original thought. I could see the first cheesecake being made as a practical joke.

Imagine, a guy has the urge to play a prank on his friend. His friend loves cake. So, he decides to bake a cake where the filling is made of cheese instead of the typical vanilla sponge. Everybody sits in on the prank is sitting at a table, or wherever people back in the day ate their cakes, and they present him the cake. He takes a bite and looks up in shock. Everybody looks at him awaiting his response. He exclaims, “This is the best thing I have ever tasted.” Everybody proceeds to take bites of this creation. The strange but delicious food pyramid should be able to change. For example, you break up with your girlfriend, or boyfriend and are a complete mess. You’re telling me that I have to make sure to eat my veggies and fruits for that day? Forget that! I would rather binge-eat some freakin’ cheesecake, watch “Project Runway” and feel better, than eat fruits and veggies and sit in a corner bawling my eyes out. The choice is obvious. I guess what I’m trying to get at is that the food pyramid recommended by the government does not account for people’s emotional states. I personally believe that, in times of crisis and struggle, cheesecake should represent at least 70% of people’s diets.

We know that I’ve generously bestowed upon you while you read this, the only natural thing to do is find your nearest cheesecake provider and grab a slice. Chiodo is a member of the class of 2017.

On squirrels

BY ERIK CHIODO
HUMOR EDITOR

While walking to class, have you ever noticed the squirrels meandering around? Since I was a little kid, I have always wondered what it would be like to be a squirrel. How do they communicate? Where do de-squirrels live? Do they have small bartering economies where they trade nuts for sticks or vice versa? Squirrels always look like they know exactly what they’re up to no good. Whenever you walk near them, they stare at you with some sinister look on their face. Are they under the impression that you’ve acknowledged their presence, they run away. Where do they go when society seems to have gone underground? Do they hide in the trees? How do they divvy up the food? I’ve always been fascinated by understanding extraterrestrial life and understanding the thought.

Horgan is a member of the class of 2017.

Business ideas that didn’t work

BY CHRIS HORGAN
HUMOR EDITOR

1. Andrew Carnegie planned to come out with a steel-themed monopoly game but just decided to do it
2. A kissing booth featuring Judas
3. Shaquil O’Neal opened up a photography studio but could never take a good shot.
4. Brunatus attempted to open a massage therapy center. His fat took over the establishment, thus giving the slogan, “I’ve got your back.”
5. Sticking with the Romans, Julius Caesar attempted to start a home development business but lost all of his clients after they realized he couldn’t build it in one day.
6. Marie Antoinette tried running her own bakery, but she eventually lost her head.
7. Elvis Presley went on some quest missions as a CIA agent. It was a bit too much for me, but could never escape because his departure was already announced.
8. Charles Darwin created a species of intelligent animal which the trainer could evolve too, just to keep things consistent. However, this idea never took off.
9. Horgan is a member of the class of 2017.

On chocolate

BY ERYK CHIODO
HUMOR EDITOR

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On squirrels

BY ERIK CHIODO
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Poking fun at the news

BY CHRIS HORGAN  
HUMOR EDITOR

1. A Nevada bill that would allow sick pets to use medical marijuana was introduced in the state legislature. Said one contemplative pet chicken to another, “Well, we’ll just have to wait and see!”

2. A man in Pennsylvania attempted rolling dog waste to a similar area.

3. The plan failed.

4. A new study predicts that the maximum life expectancy for life on Earth is 7.5 billion years.

5. Declaring your major is a bit slower to claiming the free license on the ground today, what should I do with it?  
   -Sincerely, Stuckle Buckle Bearstorm

6. A similar response coincides with the news that chickens can now be baked anyways.

7. A new study predicts that humans by 2045.

8. It’s that time of year again. The squirrels are frolicking, the brown water of our lovely Genesee is flowing in full force, the Quidditch team has returned to practice, and freshmen, still driven, fill 3,000 gallon tanks with water from a spout.

9. Whether or not people like it, he’s going to get the benefit of the spout.

10. A new study suggests that children who lead inactive lives are likely to become middle-aged couch potatoes.

Declaring your major

BY NATE KUHRT  
STAFF WRITER

It’s that time of year again. The squirrels are frolicking, the brown water of our lovely Genesee is flowing in full force, the Quidditch team has returned to practice, and freshmen, still driven, fill 3,000 gallon tanks with water from a spout. Whether or not people like it, he’s going to get the benefit of the spout.

A new study suggests that children who lead inactive lives are likely to become middle-aged couch potatoes.

Humor editor intervention: Horgan needs to contribute

Dear Chris:

Common problems solved

I am afraid not. But, you should see this skill as a gift. You should try this on your classmates.

Chris: This is a tricky scenario, so I actually had to do some research on this one. I turned out, according to a few reports, attending RIT would significantly reduce your chances of graduating from UR. If you are really 50-50, you could always try flipping a coin. Heads you attend UR; tails you don’t attend RIT. I, one thing that makes UR different from a lot of schools is its Rochester location, so you should take this into account when picking between the two schools.

Chris: I found someone’s wallet full of money and a driver’s license on the ground today, what should I do with it?

- Sincerely, Stuckle Buckle Bearstorm

Chris: For one, don’t message them on Facebook or email them, that’ll be what they’re expecting. It’s too predictable. Right now, you have the upper hand, and you don’t want to lose it.

Horgan is a member of the class of 2017!
One-Act Play Festival showcases diverse talent

By Jeff Howard
A&E Editor

From Friday, March 20 to Sunday, March 22, the Union’s annual one-act play showcase featured four short plays, each directed and written by UR students actors and writers.

The first play, “One Night Stand,” followed the interactions between a guy and a girl who met at a college party and ended up sleeping together. The play, directed by sophomore Srinanjit Kaur Grewal and written by freshman Emily Scarpula, was creative and engaging. Junior Lena Jenney and sophomore Edwin Agula played the consciences of Janie, played by sophomore Emma Walsh, and Nate, played by senior Michael Mayor. While at times the exploitive-heavy dialogue felt like a story of simplification of how college kids speak, the play grippingly portrayed the confusion and heartbeat of young love. In addition, the play used its minimal stage props to effectively recreate the feeling of being at a college party. As it began the lights dimmed a purple glow, Fle-Rida bumped in the background and the actors held on to their red solo cups. When the play ended and Nate woke up in bed alone, melancholy pop music played him as he bent over with the weight of a broken heart. He didn’t say a word from this point on, but he didn’t have to: the audience felt his pain.

The next play, “Sweet,” took a turn for the weird. The act, directed by sophomore Jordan Poycyn-Evans and written by senior Jahnavi Iyer, followed Reese, played by freshman Ari Geller. Reese was prepared for a normal date at the home of his love Alex, played by sophomore Juliana McAdams. However, the situation quickly became unsettling as Reese was held hostage in Alex’s house by an escaped mental patient and his psychotic sidekick. While it wasn’t a very surreal show, it was certainly uncomfortable. Senior Rachael O’Neil, played Sidney, one of Reese’s captors, and did an excellent job of acting like a convincing psychopath. Each time Sidney’s smile got tighter and tighter, and she yelled at Reese not to swear, she felt less like a character and more like a genuine crazy person. As a whole though, things went from strange to downright horrifying as cattle prods, chainsaws and blood-curdling screams entered a scenario which was all too real to be a nightmare.

Arguably one of the highlights of the night was the play “Buyer,” directed by sophomore Aishwarya Krishnamoorthy and written by graduate student Karl Smith. The play focused on “The Buyer,” a devil figure played by senior Leah Mould. “The Buyer” saw clients and offered to solve any problem they had—for a price. The main focus of the play was on two of “The Buyer’s” particular clients—a lost girl who just wanted to help others, and a devoted mother who just lost her son in a motorcycle accident. The Buyer followed through on her promise to make her client’s problems go away—but she created newfound terror in the process. Just like Sidney captured lunacy, “The Buyer” captured pure evil with her cackling laugh and knack for terror.

The last play of the night, “The Misery of Time’s Will,” was the most serious of the four. Directed by sophomore Murie Gillett and written by sophomore Saad Usmani, the play followed the story of Farah, played by senior Gouri Mahalaw and her son Ali, played by sophomore Rahul Santra.

In Roshni’s world, her son had died in a Taliban raid. However, in reality Ali was captured by the Taliban and turned into one of their soldiers. The play offered a humanizing and heartbreakingly unique perspective on how Muslim youth turn to religious extremism. The most poignant part of the play was its climax, where Ali was shot down by a police officer in his own home, with his mother by his side. As Ali lay in his mother’s arms, Roshni was faced with the immense grief and conflict of being reunited with a son who has turned to darkness, but she was unquivering in her love for her son. In a scene where the media is saturated with news of terrorist extremism, “Misery” challenged its audience to view the issue from a different perspective.

Overall, the one-act plays were tremendously diverse, engaging and well-thought out. One of the students acting in “Blithe Spirit,” premieres at Drama House Thursday, March 26 at 8 p.m. If the one-act plays were any indication, it’s going to be one hell of a show.

Howard is a member of the class of 2017.
On ‘To Pimp a Butterfly,’
Kendrick Lamar stomps out the ‘sophomore slump’

BY JUSTIN TROMBLY
OPINIONS EDITOR

On the evening of March 15, hip-hop’s last classic album, had come. “To Pimp a Butterfly” was here.

What ensued was an all-night affair: the download, the wait and, at last, the listen. And what a listen it was.

At first, I didn’t know how to react to this album. It was density, the darkness, the weight. It was overwhelming. It was unlike anything I’d ever heard Lamar do before. I tried reading notes; trying to read along with the lyrics. But, at a certain point, I couldn’t keep up. I had to let the music take control. And, with Kendrick behind the wheel, any doubts that I might’ve had about how he could top his last album were left crawling on the pavement, dying in his tire tracks.

“To Pimp a Butterfly” is a grandiose exercise in music; while Kendrick is a rapper by trade—or a “writer,” as he calls himself—this album is unmatched by any popular rapper in recent memory. For Freddie K. Dot and others who find themselves lying awake at night, his sharpest technical skills to date as well as a versatility unmatched by any popular rapper in recent memory. Kendrick takes the listener on a journey that, while occasionally tinged with his trademark rhyming arc, is at its core a spacey, jazzy affair. Despite being hypered up on amphetamines over a chaotic jazz orchestra, punctuated with his rapid-fire scat rap rhymes with the ever-entertaining “this dick ain’t free!” It’s hilarious and tops out in addressing relationship woes to invoking themes of commercial corruption and race.

On “u,” the counterpart to the pre-released single about self-love, “i,” we find Kendrick screaming, locked in a hotel room, crying out “loving you is complicated” before tearing himself apart. His voice is paired, cracking at times, and the self-hatred is even more palpable when coupled with the dark, bass-heavy instrumental. The song takes a turn for the worse with a beat change. We hear a maid knocking at Kendrick’s door as airy vocals creep in the background. The transition between the two, in which the beat cuts in and out and shifts from ear to ear, is unsettling, but nothing compared to Kendrick’s second-half delivery. Here, backed by melancholy horns, he sob, his voice raw and wallowing. “You even Facetimed instead of a hospital visit...then he died. God himself will say you ‘fucking failed,’” he weeps, blaming himself for neglecting his friends and family. And when he interrupts his tirade to take a gulp from a liquor bottle, the sounds of the liquid swirling and the glass clinking cutting into the beat, the song is at its most poetic. “Momma,” a song about returning home to find solace, sticks out as another example of his abilities. Laced with internal rhyme and enjambment, the song sees Kendrick taking on the role of a child, sounding like a helpless teen. The coming-home vibe is furthered by the drums on this track, which, at times, sound like a toddler banging on pots and pans in the kitchen. “Butterfly” also features a host of heavy themes, primarily dealing with being black in America. Its method of introspection relies on framing issues that face blacks, both in and outside of their communities, by looking at Kendrick himself. In his narrative of dealing with fame and its consequences, we’re able to gain insights on some of the most profound but overlooked issues of our time: hypocrisy in both governments and gurus, institutionalized racism, police violence, gang violence and exploitation.

Kendrick’s black culture manifests—his celebration and condemnations—reveal itself in full on the album’s final track, “Mortal Man.” After comparing himself to legendary social leaders, the song ends, and Kendrick reads in full a spoken-word poem that had been delivered in bits throughout the album. Affixed to the end of almost every song on the album is Kendrick’s poem; with each song comes the addition of new lines, each foreshadowing the themes of the next. The poem tells the story of his transformation. It’s a unique element that helps bring an edge of cohesion to what is often a manic album.

What follows next is a conversation with none other than 2Pac. It sounds organic, and, given the relative obscurity of the source audio, I’m sure it panicked at least a few fans still holding out hope that Los Angeles’ finest might return from the grave.

Kendrick lays out his vision at the end of this conversation, sharing another poem with his idol. With an extended metaphor about the “caterpillar” and the “butterfly,” Kendrick explains his project’s title as well as its overarching message—of being blind, breaking free of the prison of circumstance, recognizing the greatness within us all and showing others the path to enlightenment. But when Kendrick asks 2Pac for his perspective, he’s answered only with silence. “Pac? Pac? Pac?” he cries. It’s a powerful ending to an album that provokes more questions than it answers.

“To Pimp a Butterfly” is sweeping. It is sonically and thematically rich, revealing new ideas and details with each listen. While it has and certainly will continue to polarize fans, I have no doubt that this will go down as one of the most significant and visionary rap albums in history. In a word, it’s a masterpiece.

Trombly is a member of the class of 2018.
2994 is the first band from the future. According to the group’s tumblr page, they traveled back in time from the year 2994, wanted to live in 2004, but got stuck in 2015. Now, they need our help. 2994 is composed of three rappers—Temet Nosce, Shyboy and Catullus++. Only two of the band’s three members are people—Catullus++ is a Toshiba laptop.

This is all a little outlandish, but not so far fetched for internet culture these days. Internet artists such as Nok from the Future and Blank Banshee are hiding their faces behind metallic masks and riding on catch phrases like “I quit real life.” All things considered, 2994 isn’t making headlines with its quirk, especially considering the band has just one song and it’s not on Soundcloud. This is unfortunate, because 2994’s one song is really, really good.

The band’s lone track, cryptically titled “CTCAR,” has just over 1,000 views on YouTube. Its music video is a cyber-collage of crumbling colisea, AIM windows and Google Image results for the phrase “concept car,” over which Temet Nosce and Shyboy joyride through the city on a golf cart. While the video draws from the Yung Lean and Sadboys aesthetic (see Yung Lean’s “Hurt” music video), 2994’s sound taps into something new and remarkably poignant. On “CTCAR”, Temet and Shyboy rap over a brittle trap beat with celestial synth chords. While the beat sounds like it was made on Fruity Loops, Temet and Shyboy are a different story—their voices are autotuned to the point of sounding alien, making it hard to make out most of what they’re saying. It doesn’t matter, though—their grotesque voices drip with the sorrow of two acid-drenched humanoid souls, and through the quasi-incoherence they say what words can’t. When the group’s words can be deciphered, they’re puzzling—take Shyboy’s line “I don’t smoke / I don’t fuck / I don’t drunk / I don’t move”—and they surely hurt.

To listen to “CTCAR,” look up “2994 band” on YouTube. Howard is a member of the class of 2017.
March Madness: Breaking down the Sweet Sixteen

BY JESSE BERNSTEIN  STAFF WRITER

March Madness is in full swing, people. One-seeds and two-seeds have gone down, controversial calls have been made and “One Shining Moment” is shaping up to be as wonderful as ever. In the meantime, let’s take a look at the sixteen remaining teams and resed them.

1. Kentucky—Let’s get this out of the way first. The Wildcats have the best record in the country during the regular season. They were one of the best teams in the country. The same day of competition, in the 200-yard freestyle relay, the powerful performance in the preliminary race earned the foursome of Bailey, Simpson, and Luan spots in the finals, where they clocked in with a time of 3:15.23. Bailey and Neu hit the water once more during Friday’s events, with Neu competing in the 1-meter diving event and Bailey competing in the 200-butterfly event. Both athletes narrowly missed the Records, setting up a strong performance in the Preliminary rounds in their respective events. The Jackers’ final chance to score points in the prelims is Saturday, March 21. Here, once again, Simpson, Bailey, Simon and Luan teamed up for a freestyle relay, but this time the 400-yard freestyle. In the Preliminary round, the girls had a strong swim, coming in with a time of 3:28.01, which earned them a place in the finals. The Jackers qualified for the third set of Preliminary relay finals, and then finished 15th with a time of 3:28.52 and winning the “Jackers” four points.

2. Duke—This Team, Is. In. Insane. Jabahl Olakofr, Tyus Jones, Justise Winslow, Quinn Cook... even Grayson Allen got in on the action against San Diego State. Mike Krzyzewski has done more with less talented teams, and the Blue Devils could very well find themselves in the Final Four.

3. Wisconsin—Frank Kaminsky might be one of the best players in the country, and a national championship. Bernstein is a member of the class of 2018.

4. Arizona—They can go pound-for-pound with the blue bloods, talent wise, but I just think this team has a tendency to choke. Sean Miller is one of the best coaches in the country, but his team has had tendencies to underachieve. We shall see. 3. Wisconsin—Frank Kaminsky might be the best player in the tournament, and Be Ryan might be the best coach. That's a good combination, and they've been annihilating teams left and right, but if Travis Jackson isn't at full capacity, it leaves some big question marks for this team. 2. Duke—This Team, Is. In. Insane. Jabahl Olakofr, Tyus Jones, Justise Winslow, Quinn Cook... even Grayson Allen got in on the action against San Diego State. Mike Krzyzewski has done more with less talented teams, and the Blue Devils could very well find themselves in the Final Four.

5. Notre Dame—First of all, the best offense Notre Dame has had in years. Jerian Grant is an absolute stud, and if he's on, this team looks absolutely unstoppable. Though their tournament competition hasn't been super strong, they were one of the best teams in the country during the regular season.

Swimming and Diving excel at championships

Neu competed in the 3-meter diving competition, placing 21st overall. On Thursday, the Jackers earned their second 10th place finish of the meet, this time in a team event. In the 200-yard freestyle relay, the powerful performance in the preliminary race earned the foursome of Bailey, Simpson, Simon and Luan spots in the finals, where they clocked in with a time of 3:15.23. Bailey and Neu hit the water once more during Friday’s events, with Neu competing in the 1-meter diving event and Bailey competing in the 200-butterfly event. Both athletes narrowly missed the Records, setting up a strong performance in the Preliminary rounds in their respective events. The Jackers’ final chance to score points in the prelims is Saturday, March 21. Here, once again, Simpson, Bailey, Simon and Luan teamed up for a freestyle relay, but this time the 400-yard freestyle. In the Preliminary round, the girls had a strong swim, coming in with a time of 3:28.01, which earned them a place in the finals. The Jackers qualified for the third set of Preliminary relay finals, and then finished 15th with a time of 3:28.52 and winning the “Jackers” four points.

This action-packed meet concluded the season for the UR Women’s Swimming and Diving team. With a record of 6-3 for the year, the team hopes to build upon this winning record for the next season.

March Madness is one of the best defensive teams remaining in the field. However, they’ve beaten Dayton and Albany—not exactly what you would call “powerhouses.” This team remains a bit of a question mark. 10. Utah—This team will live and die by Delon Wright, who has really separated himself from the pack as one of the best guards in the country. The Ute’s defense is positively stingy, but if Wright isn’t on, the offense struggles. If he stays hot, this is another team that could make a serious run. 9. Michigan State—Every year, there’s one thing that we have to be reminded: Tom Izzo is a magician. In beating a very strong Virginia team for the second year in a row—behind a masterful performance from Travis Trice—the Spartans proved to everyone once again that they’re absolutely a threat and are likely to make it out of their region. 8. North Carolina—Phoenix, Williams are a formidable trio, but this team has looked shaky as of late, and Wisconsin does not appear to be messing around. If this team can use their superior athleticism to their advantage, it’ll be a good game, but if Wisconsin can use that advantage against the Tar Heels (as they’re wont to do), it’s going to be a long day for North Carolina. 7. Wichita State—I make a solemn oath to you, readers, not to make a single “shocker” pun here. Truthfully, I don’t think even needs to be made—this team was great last year, and most of the core came back. Tekele Cotton, Fred Van Fleet, Ron Baker—this is a strong, strong team, and, if they can stay consistent, they might be looking at another Final Four run. 6. Gonzaga—Kyle Wiltjer might be one of the best players in the country, and earning her a spot in the finals, where they looked shaky as of late, and Wisconsin
ATHLETE OF THE WEEK
Kayla Kibling - Softball

1. When did you start playing softball? I started playing softball in fourth grade, and before that, I had played little league baseball since second grade. Even before organized baseball, my siblings and I learned the game from playing catch and hitting in the yard with our dad.

2. What do you consider to be your greatest strength as a player? I think my greatest strength is my determination to always get better. There's always going to be some aspect of the game I need to work on, and I'm willing to listen to my coaches and make the needed adjustments because I want to continue to get better.

3. How will being recognized as Liberty League Athlete of the Week so early in the season impact you? It will definitely motivate me to consistently play at a high level while continually working to get better throughout the season.

4. What do you most hope to accomplish this season, both as a team and individually? Our ultimate team goal is to win and host the Liberty League tournament and go to Nationals again this season. Individually, I hope to play the best that I can to help my team achieve our main goals.

5. What was the biggest take away from the team's spring break trip to Florida? I think we gained some confidence and experience playing in Florida. We played against some very talented teams during the UAA tournament and from that we learned which areas of the game we need to work on individually and as a team. This will help us to be successful throughout the rest of our season.

6. Who would you consider your biggest competition? Your biggest competition is yourself. Your coaches, teammates and opponents can push you and challenge you to succeed, but ultimately you can only accomplish your goals if you believe in yourself.

THURSDAY, MARCH 26, 2015 / SPORTS

In nail-biter women’s lacrosse falls to Geneseo

The University of Rochester Women’s Lax team lost a very close game to Geneseo yesterday by one goal to the #16-ranked Geneseo Knights, with a score of 10-9. The Knights will move to a 3-0 overall record while the ‘Jackets move to 4-3. With a number of players delivering for the ‘Jackets, the game was very much a balanced team effort. Emily Watson, Lauren Basile, Maddy Levy and Jamie Wallisch each chipped in two goals apiece, with Levy scoring in the last minute of play. Cassie Mahler also added one goal for UR.

“This game represented the team working together and believing in each other’s abilities to succeed,” sophomore Jamie Wallisch said. “I’m so proud of our team and am looking forward to the game ahead.” The overwhelming support the ‘Jackets have received another will only lead to further success in the future.

Wallisch picked up three ground balls in addition to the one ground ball from Watson, four from Danielle Daacovo and three from Charlotte Berg. Watson also had eight draw controls. Maire Prosak played in goal all 60 minutes, making four saves and allowing ten goals. For Geneseo, Liz Felix and Kaye Hart led the Knights with five and four goals, respectively.

Karen Botnzyczk scored the other goal for Geneseo and Tia Basile tacked on two assists. This is the ‘Jackets’ second consecutive loss. Although they didn’t come out on top, Rochester still had enough to gain from both games. Although they didn’t come out on top, Rochester still had much to gain from both games.

“There’s a lot to be proud of and a lot to look forward to going into conference play,” sophomore Mara Karpff said. “One-goal losses are definitely motivating, and I think that the game yesterday [Geneseo] put us in a great position going into conference play this weekend.”

Looking forward, the ‘Jackets are very confident in their ability to win games. “Geneseo is a ranked team, which proves to me that our team can play at the highest level against the best teams in the country,” Karpff added.

The ‘Jackets will take on St. Lawrence University this Friday at 4:00 p.m. at Fauver Stadium to kick off their conference schedule, and will play Clarkson University at home at 2:00 p.m. the following day. Lewis is a member of the class of 2017.

BY JESSE BERNSTEIN
STAFF WRITER

Assisting legend Steve Nash retires

This past weekend, the NBA waved goodbye to one of its truly unique players as virtuoso point guard Steve Nash announced his retirement after 18 seasons. Drafted by the Phoenix Suns out of West Coast Conference (WCC), from Santa Clara, Nash played sparingly his first few seasons before being traded to the Dallas Mavericks. After a few years, Nash and fellow Maverick Dirk Nowitzki became one of the most formidable shooting duos in the league, and, at this point, Nash regularly appeared on the All-Star and All-NBA roster. After the ’03-’04 season, Nash returned to Phoenix, where he paired with Mike D’Antoni, Amar’e Stoudemire and Shawn Marion to form one of the most fluid, potent offenses in the history of the sport.

Nash’s skills as a passer and as a shooter were on full display every night for those Phoenix squads, and put up 40-50/90 seasons while also leading the league in assists per game five times in seven years. Most impressively, Nash won back-to-back MVP awards in the ’05/’06 and ’06/’07 seasons. Although Nash was experiencing his best years in his 30s, the Suns could never make it out of the stacked Western Conference, engaging in some memorable tangles with San Antonio and Los Angeles in the playoffs.

After a few down years, Nash was traded to the Los Angeles Lakers, where he spent a few injury-plagued years playing for some disappointing teams. He wasn’t even able to step on the court season before retiring last Saturday. Nash has compiled an impressive list of philanthropic projects, donating funds and time to causes in Uganda, Paraguay, Phoenix and his home country, Canada.

In 2007, Nash received the highest honor a Canadian citizen can receive, the Order of Canada, for his contributions in British Columbia. On the heart of this letter, I’m speaking to kids everywhere who have no idea what the future holds so throughout my entire story. “At the heart of this letter, I’m speaking to kids everywhere who have no idea what the future holds. I want to continue to get better. This will definitely motivate me to consistently play at a high level while continually working to get better throughout the season. What do you most hope to accomplish this season, both as a team and individually? Our ultimate team goal is to win and host the Liberty League tournament and go to Nationals again this season. Individually, I hope to play the best that I can to help my team achieve our main goals. What was the biggest take away from the team’s spring break trip to Florida? I think we gained some confidence and experience playing in Florida. We played against some very talented teams during the UAA tournament and from that we learned which areas of the game we need to work on individually and as a team. This will help us to be successful throughout the rest of our season. Who would you consider your biggest competition? Your biggest competition is yourself. Your coaches, teammates and opponents can push you and challenge you to succeed, but ultimately you can only accomplish your goals if you believe in yourself. Would you rather go parasailing with Jon Stewart or Conan O’Brien? I think I would go with Jon Stewart. His show is hilarious, and he was in ‘Big Daddy,’ which is a great movie. What do you consider to be a great movie? ‘Big Daddy,’ which is a great movie. Which is your greatest strength as a player? In the history of the sport.

“Winning the All-Star and All-NBA roster. After the ’03-’04 season, Nash returned to Phoenix, where he paired with Mike D’Antoni, Amar’e Stoudemire and Shawn Marion to form one of the most fluid, potent offenses in the history of the sport.

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Sophomore Ryosei Kobayashi stretches to save a ball.

Two of those ten of their contests within the Florida environment change "fun and relaxed," and the warm Springs. Sophomore Tiffany continued their Floridian tour 2-1 at home, the Lady 'Jackets and Finlandia University. College, Salve Regina University and the Lady Yellowjackets (UAA) championships in Sanford, University Athletic Association squad began their season with the Sunshine State, as the men's season kick-starters and season-enders. Thankful to be out of the freezing weather for a week, the UR athletes ventured from the colder climates of Rochester, NY to locations like Florida, North Carolina, France and Spain. The baseball and softball squads took their talents to the middle of the Sunshine State, and the women's softball squad began their season with the University Athletic Association (UAA) championships held in Alakonte Springs. Sophomore Tiffany White said her teammates "play best when [they] are having fun and relaxed," and the warm Florida environment change "was a good way to bond [and] enjoy the beautiful sunshine that [will] be nonexistent in Rochester for awhile upon our return." UR Softball won six out of ten of their contests within the championships. Two of those losses were to eighth-ranked Emory, allowing for the Lady 'Jackets to finish third at the championships. Top-three finish came after sweeping Brandeis and NYU and splitting match ups against Washington University in St. Louis and Case Western Reserve. Junior shortstop Kayla Kibling had an exceptional performance, putting up a .512 batting average along with six doubles and 12 runs. Additionally, senior Brittany Grage batted five home runs and drove in 19 RBIs along with striking out 25 batters throughout the Lady 'Jackets' runs in Florida. The men's baseball team also finished the UAA championships in third and went 4-4 throughout the tournament. They are now tied with Case Western Reserve as they share the third-place mark within the UAA standings. Although the 'Jackets didn't finish the tournament with about 500, they ended their UAA play with a very convincing 12-0 over NYU. Difference-makers who emerged from the tournament consisted of junior Nolan Schultz and senior Josh Ludwig. Schultz accumulated two home runs and ten hits during the Sanford stay, while Ludwig put up five doubles and drove in nine runs.

Additionally, she has impressive pitching performances from senior Josh Schuman, junior Michael Mondron and freshman John Ghyzel, who together achieved 28 strike-outs throughout the championships. After a tough opening loss to Ithaca College, UR Women's Lacrosse also traveled to Florida, but this time to Clearwater. The team played two games against Lynchburg College and Swarthmore College, and returned from their spring play unscathed after turning their 0-1 record into a 2-1 record. Sophomore Jamie Wallisch continued the momentum the gained last season, with a combined nine-goal performance in Clearwater. Along with Wallisch, junior Elizabeth Watson and sophomore Mara Karpf scored two apiece. Freshman defender/midfielder Madeline Mulliland commented on the two away games, stating that playing in Florida enabled the Lady 'Jackets to ‘experience with [our] lines and routines to see what chemistry would develop on the field.’ She continued to say that being in Florida was only “a great opportunity on the field” but allowed the team “to grow off the field as well.” The opening games ultimate frisbee teams took their spring break to Myrtle Beach, South Carolina for the High Tide Tournament. The women's teams tied for third place while the men's squad won the consolation tournament.

Junior Nina Fogel expressed the importance of this tournament for both squads. "This tournament enabled us to try out new things" and allowed for "our younger members to take leadership on the field." Fogel continued reflect upon the season for the women's squad and said how they have been "plagued by injuries" and a change in coaching, but she is proud of the way in the her her teammates have stepped up. While the above teams all took their spring break excursions in the beginning and/or middle of their seasons, the UR Women's Soccer team took their talents to Barcelona, Spain and Nice, France for some sight-seeing and offseason international play. Their adventures began in Barcelona as they were introduced to Spanish foods, traveled to the El Barri Gotic—the Gothic Quarter—and saw an FC Barcelona game at Camp Nou. The soccer team then continued their Spanish adventures with some time at the Picasso Museum followed by their first match against a team from San Andreas. The competitive against the Spanish team was intense, as freshman midfielder Hayley Oruciu scored to end the match in a tie. The Rochester women had their second match in France against OFC Nice, which also resulted in a draw of 3-3. Not only did the lady 'Jackets immerse themselves in diverse culture, but they learned a great deal about how the sport they love is portrayed and practiced around the world, according to journal entries posted to the UR Athletics website by members of the team.

Spring break was a time for the Jackets to either begin or end their seasons with pride. Their spring break trips allowed the athletes to refuel their drive to keep up their intensity in both training and competition, whether their seasons are underway or come closer to beginning. Powell is a member of the class of 2018.

Leslie named All-American and Division III Rookie of the Year

Although the UR Women's Basketball season concluded almost a month ago, freshman Alexandra Leslie has still continued to rack up awards. Last week, the Lancaster, PA native was named the Division III Rookie of the Year by d3hoops.com. Out of about 5,000 Division III female basketball players in the country, Leslie was the only individual chosen for the award.

"When I got the award, I really couldn't believe it," Leslie said. I was so excited and didn't understand the scale of it—my coaches had told me we were good. "The award is the latest in a number of honors Leslie has received following her standout freshman season. Her shooting percentage of .831 was second highest on the team, a notable feat, considering that she took almost three times as many foul shots—148—as she did field goals. Impressive, she was also named UAA Rookie of the Year, First Team All-UAA and was the only freshman in the country to an All-American Honorable Mention by the Women's Basketball Coaches Association. Additionally, she has become the first freshman and only the eleventh player in Rochester history to be named to the All-American team for women's basketball. Leslie named All-American and Division III Rookie of the Year